

Samuel Garcia
Assistant Professor of Counseling/Counseling Curriculum Development Specialist
Sul Ross State University Rio Grande College
205 Wildcat Dr.
Del Rio Texas, 78840

(830)703-4823
samuel.garcia@sulross.edu

Last updated: (10/16)

EDUCATION:

- 2014 **Doctor of Philosophy in Counseling Education and Supervision**
ST. MARY'S UNIVERSITY – SAN ANTONIO, TX
- 2008 **Master of Education in Counseling**
SUL ROSS STATE UNIVERSITY – UVALDE, TX
- 2004 **Bachelor of Arts in Social Science**
SUL ROSS STATE UNIVERSITY – UVALDE, TX

PROFESSIONAL EXPERIENCE:

SUL ROSS STATE UNIVERSITY – DEL RIO, TX 2015 – Present
Assistant Professor | Counseling Curriculum Development Specialist

Design and implement new cutting edge counseling programs/processes. Interface with the RGC faculty in organizing syllabi and course outlines; develop and launch new insights that encourage new ideas and innovative courses; evaluate and revise curriculums in line with up-to-date trends prescribed by the Texas Higher Education Coordinating Board (THECB) and Council for Accreditation of Counseling and Related Educational Programs (CACREP) requirements.

Formulate and implement traditional, hybrid and online-format curriculums to streamline counseling degree within the existing Master of Education Program of RGC, which focuses on the development of counseling students to work with largely diverse cultural populations.

Assist the counseling faculty coordinator, colleagues and administration with the development and implementation of an in-house counseling program at three Sul Ross State University Rio Grande College sites and provide supervision to graduate counseling interns.

Serve in the Quality Enhancement Program Committee and assist in the development of a plan to focus and enhance student-learning particular to the population served in the southwest region of Texas. Areas of concentration and research were focused on experiential learning and critical thinking skills development.

Capitalized the opportunity to manage risk and served in the Concealed Hand Gun Ad-Hoc committee to establish a policy to manage the recent legislative approval of concealed hands guns in Colleges.

Courses Developed and Piloted– Counseling and The Neurosciences, Mindfulness-Based Approaches to Counseling, Crisis, Trauma and Disaster Counseling, Advance Strategies in Couples and Family Counseling, Marriage, Divorce and Family Mediation, Bilingual and Bicultural Counseling, Gerontological Counseling, Substance Use, Abuse and Addiction, Counseling At-risk Youth, Community Treatment Planning and Advocacy and Consultation for Professional School Counselors.

OMNI THERAPY CENTER – DEL RIO, TX.
Licensed Professional Counselor-Supervisor

2012 – 2015

Expertly managed the overall operations of the counseling center, involving data analysis and management, service evaluation, and intern supervision.

Employed clinical expertise in rendering therapy-related consultation to the medical community, mental health colleagues, city and county entities, and students within the field of counseling.

Conceptualized and executed a *pro bono* and fee schedule program for clients within the rural area of Val Verde County as well as the surrounding counties within an 80-mile radius.

Partnered with local, state, and federal agencies in promoting and bringing awareness on mental health topics, which impacted various multicultural populations and family dynamics

Conducted comprehensive workshops to various medical, mental health, and academic entities that effectively promoted mental health wellness among military veterans suffering from Post-traumatic stress disorder.

HILL COUNTRY

MENTAL HEALTH AND DEVELOPMENT DISABILITIES – DEL RIO, TX.

2011-2012

Clinical Caseworker - Ph.D. Candidate Counselor Education and Supervision

Provided optimal performance in delivering the following: Individual, group, and family counseling services to military veterans facing symptoms of post-traumatic stress disorder (PTSD) under a Texas grant.

Offered psychotherapeutic services and counseling to military and civilian personnel for substance abuse and addiction issues.

Administered counseling services by assorted methods, such as cognitive behavioral therapy (CBT), cognitive processing therapy (CPT), exposure therapy, narrative therapy, eye movement desensitization and reprocessing (EMDR) therapy, and mindfulness therapy.

Responded to various situations requiring on-call crisis management service and assistance, including clients contemplating suicide.

Took charge of reviewing client history and characteristics; updating of local's and resources broad's referral list; and administering follow-up care in collaboration with the Interdisciplinary Treatment Team.

Closely coordinated integrated care with other team members and staff psychiatrist regarding the client progression and medication outcomes.

Attended to client intrinsic conflicts, negative behavior, and perceptive presentations by facilitating clinical informal and formal evaluations, while formulating treatment plans through the incorporation of the Diagnostic Statistics Manual for axis diagnosis.

FORT SAM HOUSTON–SAN ANTONIO, TX.

2010-2011

Counselor, Internship PhD Candidate Counselor Education and Supervision

Presided over clients' structured assessment with behavioral health issues, such as PTSD, combat-related issues, traumatic brain injury (TBI), substance abuse, and suicide ideation.

Identified potential influencing social and biochemical factors and internal conflicts by assessing personal and social information through the client support system.

Promoted the St. Mary's doctoral internship program and the organization's Wounded Warriors Program through networking and

institutional outreach to the Directors of the Army Substance Abuse Program (ASAP).

Worked in partnership with Fort Sam installation chaplains in rendering counseling and treatment to military and civilian members suffering depression, substance abuse, anger management, and work performance problems.

ST. MARY UNIVERSITY—SAN ANTONIO, TX. 2010-2011
Counselor Intern, Neurofeedback Therapy Ph.D. Candidate Counselor Education and Supervision

Initiated client intake evaluation prior to the initial session to determine chief complaint. Gathered relevant demographic and psychological background information to determine neurological trigger influences.

Completed brain mapping assessments to ensure proper brain electrode placement and heighten accurate neurofeedback therapeutic outcome. An electroencephalography was used to verify electrode placement brainwave continuity.

Initiated traditional Neurofeedback protocols as well traditional evidence-based counseling and peripheral biofeedback methods. Abided by ethical guidelines throughout each session to ensure the delivery of quality care.

Earlier Positions Held:

TRINITY MEDICAL SUPPLIES, INC. – DEL RIO, TX 2000-2005
CHIEF OPERATING OFFICER | CORPORATION INCORPORATOR

FORT DUNCAN MEDICAL CENTER – EAGLE PASS, TX 1995-2000
CARDIOPULMONARY DIRECTOR

SANTA ROSA MEDICAL CENTER – SAN ANTONIO, TX 1993-1995
CARDIO PULMONARY DIRECTOR

U.S. ARMY/DARNELL ARMY HOSPITAL – FORT HOOD, TX 1985-1990
NON-COMMISSIONED OFFICER IN CHARGE/TECHNICAL

TRAINING AND CERTIFICATION:

2016 Screening, Brief Intervention, and Referral and Treatment (SBIRT) Trainer

2016 Behavioral Health Consultant

- 2016 Motivation Interviewer Certification
- 2015 Licensed Professional Counselor Supervisor
- 2013 Pastoral Counselor
- 2011 Counseling Cognitive Processing Therapist Certification (State of TX. Region 8)
- 2011 Psychiatric Rehabilitation Skills Certification

PROFESSIONAL ASSOCIATIONS:

- 2015 American Counselor Association – Member
- 2015 Association for Spiritual, Ethics, and Religious Values in Counseling – Member
- 2015 Texas Counselor Association – Member
- 2015 Texas Association for Multicultural Counseling and Development – Member
- 2013 Chi Sigma Iota – Member

PUBLICATIONS:

- Garcia, S.** (2015). Moral development and the power of influence. *Trinity Tribune*, 9, 4-5.
- Garcia, S.** (2015). *The clinical approaches of licensed mental health professionals with divinity education with clients who hold different religious and cultural values: A ground theory approach.* (Unpublished doctoral dissertation). St. Mary's University. San Antonio, TX.
- Garcia, S.** (2014). The freshman college student: A career path. *Trinity Tribune*, 8, 8-9.
- Garcia, S.** (2013). Post-traumatic stress disorder and the marriage. *Trinity Tribune*, 5, 6.
- Garcia, S.** (2012). Perceptions: The lens of life. *Trinity Tribune*, 4, 1-2.
- Garcia, S.** (2012). *Narrative therapy process in substance abuse group counseling.* St. Mary's University. San Antonio, TX.
- Garcia, S.** (2011). Neuropsychology and the soul. *Trinity Tribune*, 3, 13-14.
- Garcia, S.** (2009). *Significance of the initial therapeutic session on sexual assault victims.* St. Mary's University. San Antonio, TX.

RESEARCH AND PROFESSIONAL PRESENTATIONS:

- Garcia, S.** (2015). *The Future of Cutting-Edge Counseling: A survey of Mindfulness-Based Approaches.* Texas Counseling Association 59^{t h} Annual Professional Growth Conference, Corpus Christi, TX.

Garcia, S. (2015). *The Authentic Counseling Practice: Embracing Cultural Richness and Integrity*. Texas Counseling Association 59th Annual Professional Growth Conference, Corpus Christi, TX.

Garcia, S. (2015). *PTSD Among Clients of Mexican Descent*. Texas Counseling Association, 59th Annual Professional Growth Conference, Corpus Christi, TX.

Garcia, S. (2011). *Religious and multicultural perspectives*. Texas Counseling Association 55th Annual Professional Growth Conference. Fort Worth, Texas.

CONSULTING AND OTHER INVITED PROFESSIONAL PRESENTATIONS:

Garcia, S. (2016). *Solution Focused Brief Therapy in Counseling*. Methodist Healthcare Ministries Behavioral Health Provider Training. San Antonio, TX.

Garcia, S. (2016). *Cognitive Behavioral Brief Therapy and the Neurosciences in Counseling*. Methodist Healthcare Ministries Behavioral Health Provider Training. San Antonio, TX.

Garcia, S. (2016). *Motivational Interviewing and the Neurosciences in Counseling*. Methodist Healthcare Ministries Behavioral Health Provider Training. San Antonio, TX.

Garcia, S. (2016). *Personality Disorders and Dialectical Behavioral Therapy*. Methodist Healthcare Ministries Behavioral Health Provider Training. San Antonio, TX.

Garcia, S. (2016). *Eye Movement Desensitization and Reprocessing Therapy, Exposure Therapy and the Neurosciences in Counseling*. Methodist Healthcare Ministries Behavioral Health Provider Training. San Antonio, TX.

Garcia, S. (2016). *Cognitive Processing Therapy and Post-Traumatic Stress Disorder*. Methodist Healthcare Ministries Behavioral Health Provider Training. San Antonio, TX.

Garcia, S. (2013). *Post-traumatic stress disorder issues in the work place*. Texas Workforce Commission: Southwest Regional Meeting: Veteran's Resource. Uvalde, Texas.

OTHER AFFILIATIONS AND INVOLVEMENT:

- 2014 Del Rio Mayoral Campaign – Treasurer
- 2013 Texas 23rd District Veterans Mental Health/PTSD Symposium – Co-Organizer
and Lead Presenter