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EDUCATION

- 2002 Doctor of Philosophy, Educational Human Resource
Development, Texas A&M University, College Station, Texas
- 1991 Master of Science in Education with Counseling
Sul Ross State University-,Rio Grande College extension, Uvalde,
Texas
- 1988 Bachelor of Science in Education
The University of Texas, Austin, Texas
- 1984 Associate of Arts
Southwest Texas Junior College, Uvalde, Texas

PROFESSIONAL EXPERIENCE

- 2014-present Professor, Sul Ross – Rio Grande College
- 2009-2014 Associate Professor, Sul Ross – Rio Grande College
- 2003-2009 Assistant Professor, Sul Ross-Rio Grande College
- 1999 – 2003 Counselor, Uvalde Consolidated Independent School District,
Uvalde High School, Grades 9 - 12
- 1997 – 1999 Coordinator of Administrative Services, Uvalde Consolidated
Independent School District, District-wide
- 1991 – 1997 Counselor, Uvalde Consolidated Independent School District,
Batesville School, Grades Pk – 8th
- 1989 – 1991 Teacher, Uvalde Consolidated Independent School District,
Batesville School, Grades 2 and 3
- 1988 – 1989 Teacher, Austin Independent School District, Linder Elementary,
Grade 1

TRAINING AND CERTIFICATION

CERTIFICATIONS	DATE	TERM	AGENCY
Certified Elementary Self-Contained Grades (1-8)	6/1/88	Life	SBEC
Certified Elementary Biology Grades (1-8)	6/1/88	Life	SBEC
Certified Counselor Grades (PK-12)	3/19/92	Life	SBEC
CDA Professional Development Specialist Professional Recognition	2/7/15		Council for

PROFESSIONAL ASSOCIATIONS

Texas Counseling Association – Member since 1992

PUBLICATIONS

Published in the National Social Science Journal, Vol. 34, No. 1 2010,
“Effectively Utilizing PowerPoint in a Bilingual Lesson Plan.”

Article printed in National Social Science Proceedings, Volume 38 #2, 2008.

RESEARCH AND PROFESSIONAL PRESENTATIONS

Presented at “The 15th Annual Winter Growth Conference”, sponsored by private child-placing agencies and Child Protective Services 2005-2006. Sessions presented were:

- a) Crazy-Making Kids: Managing Your Anger With Difficult Children
- b) Mediatherapy: Building Family Bonds
- c) Sometimes It Just Feels Like Mutiny: Questions and Answers About Kids and Families

Presented at National Social Science Association (NSSA) Conference in Las Vegas on April 6-8, 2008, “Effectively Utilizing PowerPoint in a Bilingual Lesson Plan”.

Presented at the National Social Science Association Conference on October 16, 2012. The conference was held in Albuquerque, New Mexico and the presentation title was “The Difference in Career Aspirations and Expectations Between School Completers and Non-Completers.”

Presented at the Texas Counseling Association Conference on November 15, 2012. The conference was held in Galveston, Texas and the presentation title was “Texas Boom Towns of the 21st Century: Impact of the Eagle Ford Shale on Counseling and Mental Health.”

Presented at the Texas Counseling Association Conference on November 15, 2012. The conference was held in Galveston, Texas and the presentation title was “Counseling and Curanderismo: A Curious Collaboration.”

Presented at the Texas Counseling Association Conference on November 16, 2012. The conference was held in Galveston, Texas and the presentation title was “Trauma-Informed Counseling of At-Risk Hispanic Youth in the Border Region.”

Presented at the Texas Counseling Association Conference on November 16, 2012. The conference was held in Galveston, Texas and the presentation title was "Gay and Lesbian Life in the Mexican American Culture of South Texas: Implications for Counseling."

Contracted services with Middle Rio Grande Workforce and presented a workshop to early childcare providers titled, "School Age Activities" on June 9, 2012 on the SWTJC campus.

Presented at the Workforce Solutions – MRGDC Childcare Provider Workshop on February 2, 2013. This workshop was held in Uvalde, Texas and the presentation title was "Celebrating Diversity."

Presented at the Texas Counseling Association Conference on November 21, 2013. The conference was held in San Antonio, Texas and the presentation title was "Serving Texas Children: Implications of DSM-5 on Diagnosing and Treating Children and Youth." (November 21, 2013).

Presented at the Texas Counseling Association Conference on November 21, 2013. The conference was held in San Antonio, Texas and the presentation title was "Secret Illness – Hidden Wounds: Diagnosing and Treating Male Clients of Mexican Descent with PTSD."

Presented at the Texas Counseling Association Conference on November 22, 2013. The conference was held in San Antonio, Texas and the presentation title was "Let's Get Out of the Office: Home Based Counseling for Special Needs Children in South Texas."

Presented at the Texas Counseling Association Conference on November 22, 2013. The conference was held in San Antonio, Texas and the presentation title was "Tribal Tribulation."

Contracted services with Middle Rio Grande Workforce and presented a workshop to early childcare providers titled, "Celebrating Diversity" on February 2, 2013 on the SWTJC campus.

Presented at the Crystal City IMPACT Parent Conference on February 22, 2014. This workshop was held in Crystal City, Texas and the title of the presentation was "Bullying at School."

Presented at the Workforce Solutions – MRGDC Childcare Provider Workshop on April 4, 2014. This workshop was held in Del Rio, Texas and the presentation title was "Shaken Baby Syndrome, SIDS, Childhood Brain Development/Child Abuse."

Presented at the Workforce Solutions – MRGDC Childcare Provider Workshop on Saturday, September 14, 2014. This workshop was held in Uvalde, Texas and the presentation title was "The Importance of Movement in the Classroom."

Presented at the Texas Counseling Association Conference on November 13, 2014. The conference was held in Dallas, Texas and the presentation title was "Language

Choice as a Therapeutic Intervention: Strategies for Effective Bilingual Counseling and Supervision.”

Presented at the Texas Counseling Association Conference on November 13, 2014. The conference was held in Dallas, Texas and the presentation title was “Empowering Hispanic Youth: Relationship Violence Among Adolescents of Mexican Descent.”

Presented to SWTJC faculty and staff during Spring 2015 Welcome Back over Team Building/Communication. The title of the presentation was “Can’t We All Just Get Along?” January 13, 2015.

Presented at the Workforce Solutions – MRGDC Childcare Provider Workshop on January 17, 2015. This workshop was held in Uvalde, Texas and the presentation title was “Theme Days are Fun: Program Planning to Meet the Needs of the Whole Child.”

Presented at the Crystal City IMPACT Parent Conference on February 21, 2015. This workshop was held in Crystal City, Texas and the title of the presentation was “The Pros and Cons of Raising Kids with Social Media and the Internet.”

Presented to the Adult Basic Education (ABE) staff at SWTJC on April 23, 2015. This workshop was titled, “Training over Lesson Planning”.

Presented to the Adult Basic Education (ABE) staff at SWTJC on May 8, 2015. This workshop was titled, “Career Bridge Training”.

Presented at the Texas Counseling Association Conference on November 5, 2015. The conference was held in Corpus Christi, Texas and the presentation title was “The Future of Cutting-Edge Counseling: A Survey of Mindfulness-Based Approaches.”

Presented at the Texas Counseling Association Conference on November 5, 2015. The conference was held in Corpus Christi, Texas and the presentation title was “The Authentic Counseling Practice: Embracing Cultural Richness and Integrity.”

Presented at the Texas Counseling Association Conference on November 6, 2015. The conference was held in Corpus Christi, Texas and the presentation title was “PTSD Among Clients of Mexican Descent.”

GRANTS RECEIVED

Wrote and was selected for a 32 Pad Classroom Performance (CPS) grant sponsored by McGraw-Hill (\$4,000 value). 2006

OTHER AFFILIATIONS AND INVOLVEMENT

Southwest Texas Junior College Adjunct Instructor

Contracted services with Middle Rio Grande Workforce and observed SWTJC students working on getting their Child Development Associate (CDA) training certificate, 2012.

Contracted services with SWTJC as the Title V Grant External Evaluator for SWTJC, Fall 2013

Contracted services with SWTJC as the Lumina Foundation/EPOCA Grant external evaluator, Fall 2014.

Uvalde Memorial Hospital Board Member – November 18, 2014 - present, currently Vice President