

Curriculum Vita for Dr. Julie Stephan

EDUCATION **Ph.D., Counseling & Counselor Education, 2005**

University of North Carolina at Greensboro

- Emphasis: School Counseling
- Cognate: Human Development and Family Studies
- Dissertation: *School Environment and Coping Resources: A Predictive Model of Counselor Burnout* (committee members: Dr. L. DiAnne Borders, Dr. Craig Cashwell, Dr. Terry Ackerman, and Dr. Garrett Lange)
- Counselor education program ranked 2nd in nation (*U.S. News & World Report*)

M.A., Education: Counseling, 2001

University of Texas of the Permian Basin – Odessa, Texas

- School Counseling
- Community Counseling

B.A., History, 1995

University of Texas of the Permian Basin – Odessa, Texas

- 2nd major: English
 - Post-baccalaureate K-8 teaching certification
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PROFESSIONAL WORK EXPERIENCE

2011 – Present **Assistant Professor of Education**
Sul Ross State University – Alpine, Texas

2008 – 2011 **Professional School Counselor**
Odessa High School – Odessa, Texas

2007 – 2008 **Coordinator, School Counseling Track, Graduate Counseling Program**
Saint Xavier University – Chicago, Illinois

Coordinator of Clinical Placements, School Counseling Track
Saint Xavier University – Chicago, Illinois

2005 – 2008 **Assistant Professor, Graduate Counseling Program**
Saint Xavier University – Chicago, Illinois

Master's-Level Courses Taught

- Counseling Children and Adolescents
- Counseling and Consultation in Schools
- Human Lifespan Development
- Internship in School Counseling

- Introduction to the Counseling Profession
- Law and Ethics of the Counseling Profession
- Multicultural Counseling
- Orientation to Counseling: Legal, Ethical, & Professional Considerations
- Practicum in School Counseling
- Standardized Assessment in Counseling
- School Counseling and Organization
- Substance Abuse Counseling
- Theories & Techniques of Counseling I
- Techniques of Counseling

2003 - 2005

Graduate Teaching Assistantship (Instructor)

Department of Counseling & Educational Development
University of North Carolina at Greensboro

Distance Learning Courses Taught

Post-Master's School Counseling Certification Program

- Multicultural Counseling in the Schools
- Consulting with Parents & Teachers in Schools
- Group Counseling for Practicing School Counselors

Undergraduate-Level Courses Taught

- Helping Skills
- Career and Life Planning

2002

Adjunct Instructor, School of Education

The University of Texas of the Permian Basin – Odessa, Texas

Counseling: Education Graduate Courses Taught

- Career Counseling
- Seminar in Professional Licensed Counseling

Undergraduate-Level Course Taught

- Foundations of Education

1997 – 2002

English Teacher (Seventh Grade)

Crockett Junior High School

Ector County Independent School District – Odessa, Texas

- Taught student population predominantly Limited English Proficient (LEP) and of largely low socioeconomic status, with high percentage of students considered at risk of academic failure
- Received exemplary rating from administrators on the Professional Development Appraisal System (PDAS)
- Served as member of the CJHS Campus Improvement Team (CIT)
- Worked as a member of the Ector County I.S.D. Planning and Policy Committee
- Established membership in the Superintendent's Subcommittee on At-Risk Students
- Voted team leader of seventh grade academic core teachers (Team 2)
- Tutored campus' students (7th -9th graders) in reading and English
- Sponsored the National Junior Honor Society
- Appointed mentor teacher to beginning and new English and reading teachers

CLINICAL SUPERVISION EXPERIENCE

- 2010 – 2011** **Practicum/Internship Site Supervisor**
Odessa High School – Odessa, Texas
- 2005 – 2008** **University Supervisor, Graduate Counseling Program**
Saint Xavier University – Chicago, Illinois
- Supervision of master’s-level counselors-in-training
 - Group, triadic, and individual modalities
 - Experience in coordinating clinical placements
 - Facilitator, peer group supervision
- 2004 – 2005** **University Supervisor (Graduate Assistantship)**
Department of Counseling & Educational Development
University of North Carolina at Greensboro
- Supervision of master’s-level counselors-in-training
 - Internship supervisor of record
 - Individual and group modalities
 - Participated in three levels of supervision
- 2002 – 2005** **Supervisor of Practicum Experiences (Graduate Assistantship)**
Nicholas A. Vacc Counseling & Consulting Clinic
University of North Carolina at Greensboro
- Doctoral-Level Supervision (Individual)
- Advanced Counseling Theory & Practice
- Doctoral Peer Supervision (Group)
- Supervision of Internship Supervision
- Master’s-Level Supervision: Course-Specific Practica
- Counseling Theory & Practice
 - Counseling Children
 - Counselors Working With Families
 - Counseling Theory and Practice
 - Career Counseling
 - Counseling Diverse Populations
 - Counseling Over the Lifespan
 - Counseling in School Settings

COUNSELING EXPERIENCE

- 2008 - 2011** **Professional School Counselor**
Odessa High School – Odessa, Texas
- 2004** **Community Counselor (Doctoral-Level Intern)**
Youth Focus Residential Treatment Center – Greensboro, North Carolina
- 2003** **School Counselor (Doctoral-Level Intern)**
Clemmons Middle Preparatory Academy – Winston-Salem, North Carolina
- 2002** **Career Counselor (Texas Licensed Professional Counseling Intern)**
Odessa College Student Development Center – Odessa, Texas
- 2001** **Community Crisis Counselor (Texas Licensed Professional Counseling Intern)**
Center for Crisis Advocacy and Angel House Shelter – Odessa, Texas
- 2001** **Community Counselor (Master’s-Level Intern)**
High Sky Children’s Ranch – Midland, Texas
- 2000** **School Counselor (Master’s-Level Intern)**
Crockett Junior High School – Odessa, Texas
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CONSULTATION EXPERIENCE

- 2006 – 2007** **Counseling Consultant and Supervisor**
Big Picture High School – Chicago, Illinois
- 2002 – 2003** **Consultant - Behavior Management**
Northeast Middle School – Greensboro, North Carolina
- 2002** **Consultant – Behavior Management**
Southwest Elementary School – Greensboro, North Carolina
- 2002** **Educational Consultant - Student Teacher Instruction on Positive Discipline**
Department of Curriculum and Instruction, School of Education
University of North Carolina at Greensboro

GRANTS AND FELLOWSHIPS

- 2006 – 2007 **Competitive School of Education Research Grants (Versions A & B)**
Saint Xavier University – Chicago, Illinois
- 2005 **Ross Trust Graduate Counseling Fellowship**
American Counseling Association
- 2004 **Leadership in Counselor Education Fellowship**
Chi Sigma Iota International – The International Academic and Professional Honor Society for Counselors
- 2003 – 2004 **Doctoral Marion Pope Franklin Fellowship**
*Department of Counseling & Educational Development
University of North Carolina at Greensboro*
- 2003 – 2004 **Doctoral Graduate Scholar Fellowship**
The Graduate School, University of North Carolina at Greensboro
- 2003 **The Graduate School Summer Research Award**
The Graduate School, University of North Carolina at Greensboro
- 2002 – 2003 **Doctoral Excellence Fellowship**
The Graduate School, University of North Carolina at Greensboro

HONORS AND AWARDS

- 2005 **Outstanding Research Award (Doctoral Dissertation)**
*Upsilon Nu Chi Chapter, Chi Sigma Iota
University of North Carolina at Greensboro*
- 2005 **Front-page feature article in September edition of Counseling Today**
Monthly Newspaper of the American Counseling Association
- 2004 – 2005 **Glen E. Hubele National Counseling Graduate Student Award**
American Counseling Association
- 2004 – 2005 **Outstanding Doctoral Student Award**
*Department of Counseling & Educational Development
University of North Carolina at Greensboro*
- 2004 – 2005 **Outstanding Cohort Award (Doctoral-Level)**
*Counselor Education Student Association
University of North Carolina at Greensboro*

- 2003 – 2004 **Marion Pope Franklin Award (Doctoral-Level)**
Department of Counseling & Educational Development
University of North Carolina at Greensboro
- 2000 – 2001 **Outstanding Graduate Student (Master’s-Level)**
Education: Counseling Program
University of Texas of the Permian Basin
- 2000 – 2001 **Who’s Who Among Graduate Students in American Universities & Colleges**
Education: Counseling Program
University of Texas of the Permian Basin
- 2000 **Panelist, Senior Student Advisory Council**
Education: Counseling Program
University of Texas of the Permian Basin
- 1996 **Diplomat, The University President’s Ambassador Corps (Introductory Year)**
University of Texas of the Permian Basin
- 1994-1995 **Who’s Who Among Undergraduate Students in American Universities & Colleges**
University of Texas of the Permian Basin
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LICENSES / CERTIFICATION

- Nationally Certified Counselor
- Texas State School Counselor Certification (grades EC-12, expires 6/30/2014)
- Texas State Teacher Certification (English and history, grades 1-8, life certification)
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HONOR SOCIETY MEMBERSHIPS

- Chi Sigma Iota (International Counseling Honor Society), inducted in 2002.
- Phi Alpha Theta (International History Honor Society), inducted in 1995.
- Sigma Tau Delta (International English Honor Society), inducted in 1994.

PROFESSIONAL MEMBERSHIPS

International	Chi Sigma Iota, Academic and Professional Honor Society for Counselors (CSI)
National	American Counseling Association (ACA)
State	Texas Counseling Association (TCA)
Local	Permian Basin Counselors Association (PBCA)

PROFESSIONAL LEADERSHIP AND SERVICE

International

2005 - 2008	North Central Representative, New Faculty Interest Network (N-FIN) of the Association for Counselor Education and Supervision (ACES).
2007-2008	Chair, Awards Committee, Chi Sigma Iota International.
2006 - 2007	Senior Chair, Awards Committee, Chi Sigma Iota International.
2004 - 2005	Co-Chair, Awards Committee, Chi Sigma Iota International.
2004 - 2007	Associate Editor, Chi Sigma Iota <i>Exemplar</i> .
2004 - 2006	Page Designer, CSI Online Scrapbook (<i>Celebrating 20 Years of Excellence</i>).

Local -Texas

2011- Present	Senator, Texas Counseling Association (TCA).
2011- Present	Past-Present, Permian Basin Counselors' Association (PBCA).
2010-2011	President, Permian Basin Counselors' Association.
2009 - 2010	President-Elect, Permian Basin Counselors Association.

Saint Xavier University

<i>University-Level</i>	Member, University Institutional Review Board (2006–2008) Member, Ad Hoc Committee for the University Task Force on Emergency Planning (2005)
<i>School of Education</i>	Member, School of Education Library, Media, and Technology Committee (2005–2008) Co-Chair, School of Education Library, Media, and Technology Committee (2005–2007) Member, School of Education Advisory Council (2005–2008) Chair, School of Education Diversity Committee (2007) Member, School of Education National Council for Accreditation of Teacher Education (NCATE) Committee (2006-2007) Member, Ad Hoc Committee for the School of Education Professional Development and Summer Research & Service Grants (2005) Member, School of Education Dispositions Task Force (2005)
<i>Counseling Program</i>	Chair, Counselor Education Advisory Council (2005–2008) Mentor to adjunct faculty (2006-2008)

University of North Carolina at Greensboro

2004-2005	Member, Awards Committee, Upsilon Nu Chi Chapter, Chi Sigma Iota.
2003-2004	Chair, Awards Committee, Upsilon Nu Chi Chapter, Chi Sigma Iota.
2003-2004	Member, Awards Committee, Department of Counseling & Educational Development.
2003-2004	Member, Fundraising Committee, Upsilon Nu Chi Chapter, Chi Sigma Iota.
2003-2004	Member, Awards Committee, Counselor Education Student Association.
2003-2004	Member, Fundraising Committee, Counselor Education Student Association.
2002-2003	Co-Chair, Awards Committee, Upsilon Nu Chi Chapter, CSI.
2002-2003	Member, Awards Committee, Counselor Education Student Association.
2002-2005	Member, Counselor Education Student Association.
2002-2005	Member, Upsilon Nu Chi Chapter, Chi Sigma Iota.

PROFESSIONAL PRESENTATIONS

International/National

- Barrett, C. M., & Stephan, J. B. (2006, June). *Reciprocal coaching: Mutuality between school counselors and induction-year teachers*. Program presented at the National Career Development Association (NCDA) Conference, Chicago, IL.
- Wachter, C. A., Barrio, C. B., & Stephan, J. B. (2006, March). *Crisis counseling 101: Strategic assessment and intervention for school counselors*. One-day learning institute to be presented at the American Counseling Association (ACA) Conference, Montreal, Quebec, Canada.
- Stephan, J. B. (2005, October). *A predictive model of school counselor burnout*. Program presented at the Association for Counselor Education and Supervision (ACES) Conference, Pittsburgh, PA.
- Stephan, J. B., & Barrett-Kruse, C. M. (2005, April). *Interviewing the principal: Guidelines for school counselors*. Program presented at the American Counseling Association (ACA) Conference, Atlanta, GA.
- Stephan, J. B. (2004, April). *Group narrative therapy with adolescents: Collective reauthoring via reciprocal perspectives*. Program presented at the American Counseling Association (ACA) Conference, Kansas City, MO.
- Stephan, J. B., & Barrett-Kruse, C. (2003, March). *School counseling in a new millennium: Solutions to the top ten dilemmas*. Program presented at the American Counseling Association Conference, Anaheim, CA.

Regional

- Stephan, J. B. (2004, September). *PRIDE in the process: An Interpersonal Process approach to supervision*. Program presented at the Southern Association for Counselor Education Conference, Athens, GA.
- Stephan, J. B. (2003, September). *Experiential activities teaching Narrative Therapy: It can be done—Fun!* Program presented at the Southern Association for Counselor Education (SACES) Conference, Chattanooga, TN.
- Stephan, J. B. (2003, September). *Preparing first-generation college students for success*. Program panelist at the Southern Association for Counselor Education (SACES) Conference, Chattanooga, TN.

State

- Stephan, J. B. (2004, February). *High-stakes testing and counselors: Impact*. Presentation for the North Carolina Counselors Association (NCCA) annual conference, Charlotte, NC.
- Stephan, J. B., & Stec, J. H. (2004, February). *Practical consultation in school settings: Guidelines for practitioners*. Program presented at the North Carolina Counselors Association (NCCA) annual conference, Charlotte, NC.
- Stephan, J. B. (2003, February). *Collaborative group consultation with parents and teachers*. Program presented at the North Carolina Counselors Association (NCCA) annual conference, Charlotte, NC.

Local

- Stephan, J. B. (2010, December). *Recent court challenges to the ACA and ASCA ethical codes*. Presentation for the Permian Basin Counselors Association (PBCA); Midland, TX.
- Stephan, J. B. (2010, September). *Advocacy for Texas School Counselors*. Presentation for the Permian Basin Counselors Association (PBCA); Midland, TX.
- Stephan, J. B. (2009, September). *School environment and counselor coping resources: A predictive model of school counselor burnout*. Presentation for the Permian Basin Counselors Association (PBCA); Odessa, TX.
- Stephan, J. B. (2009, April). *Managing children's misbehavior proactively*. Presentation for the Andrews County Independent School District at Devonian Elementary School, Andrews, TX.
- Stephan, J. B. (2007, November). *Collaborative group consultation: Managing children's misbehavior proactively*. Guest lecture at Saint Xavier University; Chicago, IL.
- Stephan, J. B. (2005, March). *Collaborative group consultation: Managing children's misbehavior proactively*. Guest lecture at Georgia Southern University; Statesboro, GA.
- Stephan, J. B. (2005, March). *Collaborative group consultation: Managing children's misbehavior proactively*. Guest lecture at Quincy University; Quincy, IL.
- Stephan, J. B. (2005, March). *Collaborative group consultation: Managing children's misbehavior proactively*. Guest lecture at Loyola University; Chicago, IL.
- Stephan, J. B. (2005, March). *School environment and counselor coping resources: A predictive model of school counselor burnout*. Guest lecture at Loyola University; Chicago, IL.
- Stephan, J. B. (2005, February). *Fundamentals of bibliotherapy*. Guest lecture for CED Human Lifespan Development (With Dr. Jane E. Myers, Instructor). University of North Carolina at Greensboro, Department of Counseling & Educational Development.
- Stephan, J. B. (2005, February). *Collaborative group consultation: Managing children's misbehavior proactively*. Guest lecture at Eastern Tennessee State University; Johnson City, TN.
- Stephan, J. B. (2005, January). *School environment and counselor coping resources: A predictive model of school counselor burnout*. Guest lecture at Saint Xavier University; Chicago, IL.
- Stephan, J. B. (2005, January). *Fundamentals of the lifespan perspective*. Guest lecture for CED Human Lifespan Development (Dr. Jane E. Myers, Instructor). University of North Carolina at Greensboro, Department of Counseling & Educational Development.
- Stephan, J. B. (2004, October). *Helping children and adolescents*. Guest lecture for CED 310: Helping Skills (Michael K. Pisarcik, Instructor). University of North Carolina at Greensboro, Department of Counseling & Educational Development.
- Stephan, J. B. (2004, September). *Collaborative group consultation in schools: Managing student misbehavior proactively*. Guest lecture for CED 647: Consultation in Counseling Practice (Dr. Patty Von Steen, Instructor). University of North Carolina at Greensboro, Department of Counseling & Educational Development.
- Stephan, J. B. (2004, March). *Where do you stand? Intersections of multicultural identity in America*. Guest lecture for CED 310: Helping Skills (Jeanne H. Stec, Instructor). University of North Carolina at Greensboro, Department of Counseling & Educational Development.
- Stephan, J. B. (2004, February). *Helping children and adolescents*. Guest lecture for CED 310: Helping Skills (Casey A. Barrio, Instructor). University of North Carolina at Greensboro, Department of Counseling & Educational Development.
- Stephan, J. B. (2003, October). *Consultation and the school counselor*. Guest lecture for CED 647: Consultation in Counseling Practice (Dr. Patty Von Steen, Instructor). University of North Carolina at Greensboro, Department of Counseling & Educational Development.
- Stephan, J. B. (2003, April). *The silent companion: Nonverbal communication and its role in the workplace*. Guest lecturer for CED 210: Career and Life Planning (Melinda M. Gibbons, Instructor). The University of North Carolina at Greensboro, Department of Counseling & Educational Development.
- Stephan, J. B. (2002, July). *The job search process: Unraveling the mystery*. Guest lecture for PSYCH 214. Odessa College, School of Arts and Sciences.
- Stephan, J. B. (2002, June). *Career development and you: Harnessing the possibilities and your potential*. Guest lecture for PSYCH 202. Odessa College, School of Arts and Sciences.

- Stephan, J. B. (2001, July). *Facilitating problem solving in at-risk youth via narrative therapy techniques*. Guest lecture for EDUC 6387 (Dr. Cathleen Barrett-Kruse, Instructor). U.T. Permian Basin.
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SCHOLARLY WRITING

Refereed Journals

- Gibbons, M. M., Borders, L. D., Wiles, M. E., Stephan, J. B., & Davis, P. E. (2006). Career and college planning needs of ninth graders - as reported by ninth graders. *Professional School Counseling, 10*, 168-178.
- Sweeney, T.J., Myers, J.E., & Stephan, J. B. (2006). Introducing Developmental Counseling Theory to Adlerians. *Journal of Individual Psychology*.

Professional Newsletters

- Stephan, J. B. (2006, Fall). Envisioning change through the use of art in counseling. *The Chi Sigma Iota Exemplar, 21/3*, 7.
- Stephan, J. B. (2006, Summer). Creatively spurring client movement: Employing the Motivational Interviewing style. *The Chi Sigma Iota Exemplar, 21/2*, 11.
- Stephan, J. B. (2006, Summer). Awards presented in Montreal. *The Chi Sigma Iota Exemplar, 21/2*, 5-6.
- Stephan, J. B., & Barrett, C. M. (2005, Fall). Surviving instead of just surviving: Professional school counselors and beginning teachers. *The Chi Sigma Iota Exemplar, 20/3*, 5.
- Stephan, J. B. (2005, Spring). What does it mean to be an example? The ethical imperative to monitor self and others. *The Chi Sigma Iota Exemplar, 20/1*, 9-14.
- Stephan, J. B. (2005, Spring). Interviewing the principal: Guidelines for school counselors. *Newsletter for the Michigan School Counselor Association*.
- Stephan, J. B. (2005, Spring). Interviewing the principal: Guidelines for school counselors. *The New York State School Counselor*.
- Stephan, J. B. (2004, Fall). Interviewing the principal: Guidelines for school counselors. *The Chi Sigma Iota Exemplar, 19/3*, 1-5.

Other Professional Writing

- Stephan, J. B. (2005). *School environment and coping resources: A predictive model of school counselor burnout*. Unpublished doctoral dissertation, The University of North Carolina at Greensboro.

LITERARY AND EDITORIAL EXPERIENCE

- 2004 – 2007** **Associate Editor, *The Exemplar***
Chi Sigma Iota International's Newsletter
- 1995 – 1996** **Editor, *The Sandstorm***
The University of Texas of the Permian Basin's Literary Magazine
- 1995 – 1996** **Page Editor and Designer, *The Mesa Journal***
The University of Texas of the Permian Basin's Newspaper
- 1995 – 1996** **Cartoonist, *The Mesa Journal***
The University of Texas of the Permian Basin's Newspaper
- 1994 – 1995** **Illustrator, *The Sandstorm***
The University of Texas of the Permian Basin's Literary Magazine
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CURRENT RESEARCH INTERESTS

- Advocacy for Professional School Counseling
- Developmental Counseling with Children and Adolescents
- Spiritual Issues in Counseling