Syllabus

ED 5314: PERSONALITY AND COUNSELING THEORY
Sul Ross State University
Summer I 2015

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Virtual Office Hours: Daily, email for appointment or Tuesdays and Thursdays, 10-3 (In Office)

CATALOG COURSE DESCRIPTION:
A study of human personality dynamics as related to counseling theory and practice, emphasis on modern humanistic and phenomenological theories as they apply to counseling and developmental guidance. 3 semester hours

PROGRAM LEARNING OUTCOMES

This course contributes to the following required program learning outcomes:

1. Students will demonstrate their ability to apply within guidance and counseling, their knowledge of human development, diversity, and factors that affect students'/clients' ability to achieve their potential.
2. Students will demonstrate their ability to plan, implement, and evaluate a developmental guidance program; this program will incorporate assessment, as well as individual and group counseling services utilizing appropriate theoretical frameworks, techniques, and interventions to address personal, interpersonal/social, educational, and career needs.
3. Students will demonstrate the ability to communicate and collaborate effectively with others in the school, with students' parents, and/or with the community in order to facilitate student/client success, and will demonstrate the ability to apply ethical, legal, and professional standards.

REQUIRED TEXT:
Seligman, L. W., & Reichenberg, L. W. (2010). Theories of Counseling and Psychotherapy: Systems, Strategies, and Skills, 3rd Edition.

SUGGESTED TEXTBOOK:
All written assignments ***must follow the APA writing style***. If you are unfamiliar with the APA writing style, it is strongly suggested that you purchase an APA 6th edition manual.

TExES COMPETENCIES ADDRESSED IN THIS COURSE:

Domain 1: Understanding Learners
- Competency 001 – Human Development
- Competency 003 – Diversity

Domain 2: Promoting Learners' Growth and Achievement
- Competency 006 – Responsive Services

Domain 3: Counseling in the Learner-Centered Environment
- Competency 012 – Ethical, Legal, and Professional Standards

School Counselor Standard I
Learner-Centered Knowledge: The professional school counselor must have a broad knowledge base.

School Counselor Standard II
Learner-Centered Skills: The professional school counselor applies the knowledge base to promote the educational, personal, social and career development of the learner.

School Counselor Standard III
Learner-Centered Process: The professional school counselor participates in the development, monitoring and evaluation of a developmental school guidance and counseling program that promotes learners' knowledge, skills, motivation and personal growth.

School Counselor Standard IV
Learner-Centered Equity and Excellence for All Learners: The professional school counselor promotes academic success for all learners by acknowledging, respecting

COURSE OBJECTIVES:

The student will be able to:

1. Describe key concepts of various historical and contemporary counseling theories.
2. Identify and/or explain the impact of various counseling theories as related to personal and professional mental wellness.

3. Recognize the need for acting proactively and collaboratively regarding client challenges and drawing from a variety of counseling theories to apply appropriate interventions.
4. Understand how human development, socio-cultural, and environmental factors shape the nature of the counseling relationship and applied theories.
5. Recognize the impact that professional, ethical, and legal issues have on the selection and utilization of various counseling theories.

ATTENDANCE POLICY: Distance Learning Non-Participation Statement

Policies in effect for on-campus, traditional classroom instruction courses also apply to students enrolled in distance learning courses, including Web-based and ITV courses. The University allows a maximum of 20% absences in a course before an instructor may drop a student for excessive absences. In Web courses, this policy is interpreted as not participating for more than 3 weeks in a long semester, 1 week in a summer session, or 3 days in the midwinter session. Any student dropped for non-participation will receive an F in the course dropped. Inactivity may include the following:
not logging on to the course
not submitting assignments
not participating in scheduled activities
not communicating with the instructor by phone or email, and/or
not following the instructor's participation guidelines stated in the syllabus

COURSE REQUIREMENTS:

Assignments
A schedule of assignments is attached to this syllabus. Complete chapter reading and study the material PRIOR to the date for which assignments are due. Discussion board questions and objective quizzes over the assigned readings will be given. A final written research paper will be due Sunday, **June 28**, 12:00(midnight).

GRADING: A=100-91% B=90-81% C=80-71% D=70-61%

Chapter Quizzes	35 %
Discussion Boards	25 %
Final Exam Paper	40 %
Total……..	100%

Graduate students must maintain a 3.0 GPA to remain in good standing.

Grades of **Incomplete (I)** are not given in the Professional Studies Division of Sul Ross State University *except* in the *most extreme* situations.

SRSU Disability Services: The university is committed to equal access in compliance with the Americans with Disabilities Act of 1990 (ADA) and Section 504 of the Rehabilitation Act of 1973. The Disability Services Coordinator, in Counseling and Student Support Services, is responsible for ensuring that students with disabilities are provided opportunity for full participation in programs, services, and activities.

Students seeking disability services must contact the Disability Services Coordinator in Ferguson Hall, Room 112. The mailing address is P.O. Box C-122, Sul Ross State University, Alpine, TX 79832. Telephone: 432-837-8203. Fax: 432-837-8363.

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Calendar of Assignments

NOTE: LATE ASSIGNMENTS ARE NOT ACCEPTED. There is no quiz for chapters 6, 11, and 22.

Be ready to dive right in, one assignment is due nearly every day. Noted in Red are assignments that are due on the same date.

Assignment 1-Due 12:00(midnight)

Discussion Board Postings and Responses-

Chapters 1 and 3-Due: Friday, June 5

Chapter 1 Quiz, Due: Saturday, June 6

Chapter 2 Quiz, Due: Sunday, June 7

Chapter 3 Quiz, Due: Monday, June 8

<u>Assignment 2-Due 12:00(midnight)</u>

Discussion Board Postings and Responses-

Chapter 5-Due: Tuesday, June 9

Chapter 4 Quiz, Due: Wednesday, June 10

Chapter 5 Quiz, Due: Thursday, June 11

<u>Assignment 3-Due 12:00(midnight)</u>

Discussion Board Postings and Responses-

Chapter 7-Due: Friday, June 12

Chapter 7 Quiz, Due: Saturday, June 13

Chapter 8 Quiz, Due: Sunday, June 14

<u>Assignment 4-Due 12:00(midnight)</u>

Discussion Board Postings and Responses-

Chapter 9-Due: Monday, June 15

Chapter 9 Quiz, Due: Tuesday, June 16

Chapter 10 Quiz, Due: Wednesday, June 17

Assignment 5-Due 12:00(midnight)

Discussion Board Postings and Responses-

Chapter 11 Due: Wednesday, June 17

Assignment 6-Due 12:00(midnight)

Discussion Board Postings and Responses-

Chapter 13-Due: Friday, June 19

Chapter 12 Quiz, Due: Saturday, June 20

Chapter 13 Quiz, Due: Sunday, June 21

Assignment 7-Due 12:00(midnight)

Discussion Board Postings and Responses-

Chapter 15-Due: Monday, June 22

Chapter 14 Quiz, Due: Tuesday, June 23

Chapter 15 Quiz, Due: Wednesday, June 24

Assignment 8-Due 12:00(midnight)

Discussion Board Postings and Responses-

Chapter 17-Due: Friday, June 26

Chapter 16 Quiz, Due: Saturday, June 27

Chapter 17 Quiz, Due: Sunday, June 28

<u>Assignment 9-Due 12:00(midnight)</u>

Final Exam Paper:

Due Sunday, June 28, 12:00(midnight)

<u>Assignment 10-Due 12:00(midnight)</u>

Discussion Board Postings and Responses-

Chapter 19-Due: Monday, June 29

Chapter 18 Quiz, Due: Tuesday, June 30

Chapter 19 Quiz, Due: Wednesday, July 1

<u>Assignment 11-Due 12:00(midnight)</u>

Chapter 20 Quiz, Due: Thursday, July 2

<u>Assignment 12-Due 12:00(midnight)</u>

Discussion Board Postings and Responses-

Chapter 21-Due: Friday, July 3

Chapter 21 Quiz, Due: Sunday, July 5

Chapter 23 Quiz, Due: Tuesday, July 7

Writing Style. APA writing format is required. Written assignments must be typed using one-inch margins, 12-point type, and double line spacing; have all pages beginning with the title page numbered; and be edited for spelling, punctuation, and grammar. **Papers with multiple errors and/or high (over 10%) similarity report (SafeAssign) will receive a reduction in grade.**

Final Exam Paper:

Due Sunday, June 28, 12:00(midnight)

Final:

1. Choose three major theories

2. Describe each theory in detail

3. Contrast and compare the theories you chose

4. Based on your own personality and counseling style, which theory or theories do you prefer to use? And explain in detail why.

- This paper should be a minimum of 8 pages in length, excluding the title page and reference section. I strongly suggest using more than just your textbook as a reference. The text for this course is a reliable and useful reference; however, using it as a sole reference will not provide you the needed information to create a flavorful paper. Use only reliable and scholarly sources, such as professional web sites and journal articles. Do not use sites such as Wikipedia; they are not considered scholarly or reliable sources.

All deadlines are based on Central Standard Time (CST