

SUL ROSS STATE UNIVERSITY

PSYCHOLOGY 1302

INTRODUCTION TO PSYCHOLOGY

Fall, 2015

**Psychology Learning Objectives**

The graduating psychology student will attain a level of competency in the area of biological psychology indicating that value has been added over the course of their psychology education.

The graduating psychology student will attain a level of competency in the area of clinical-personality psychology indicating that value has been added over the course of their psychology education.

The graduating psychology student will attain a level of competency in the area of social psychology indicating that value has been added over the course of their psychology education.

The graduating psychology student will attain a level of competency in the area of experimental methods indicating that value has been added over the course of their psychology education.

**Student Learning Objectives**

By the end of the course students will be able to demonstrate:.

1. A basic knowledge of the history and research methods used in psychology.

2. Knowledge of classical and operant conditioning.
3. Familiarity with basic psychological principles including those related to personality, abnormal behavior and therapy, social psychology, biological psychology, states of consciousness.
4. Familiarity with major subfields of psychology.

### Examinations

There will be two examinations plus a final examination. Each examination will consist of 60 multiple choice items, five fill-in the blank items, and one short essay. Each multiple choice and fill in the blank item is worth one point, the essay is worth five points. Grades are determined on the following basis:

High grade in class	x	90%	=	lowest A
" "	x	80%	=	lowest B
" "	x	65%	=	lowest C
" "	x	55%	=	lowest D

Grades are recorded as numerical scores, not letter grades. Grades from the three examinations are summed to equal total semester grade. The same scale as above is used to determine the final course grade, except the basis is the sum of the high grade in the class on each of the three tests. For example, assume the high grade on the first test is 83, on the second test it is 85 and on the final it is 82. Then the lowest A for the semester would be  $(83 + 85 + 82) \times 90\%$ , or 225.

There are old copies of examinations for this class on reserve in the library. Ask for the file for Dr. Cockrum's psychology class at the check out counter.

### **Attendance**

Attendance will be taken each class. Students with good attendance will receive consideration for extra credit at the end of the semester if additional points are needed to achieve the next higher grade.

### **Assignments**

The reading assignments are all listed on the attached syllabus. Please try to complete reading assignments before class.

### **Turning Point "Clickers"**

To give immediate feedback on the level of comprehension of students, we will be using Turning Point clickers in the class. These devices will allow you to click on your response to a question. Questions will usually be from old examinations. For example, when we finish discussing a topic such as classical conditioning, old test questions from that topic will be projected on to the screen in the front of the class. You will click on what you believe the correct answer is and the class totals will be displayed. It will not display your individual responses, just the total class responses. If it is clear that there is a lack of understanding on a particular topic we will spend more time on that topic before moving on. This will also give you an understanding of the types of questions on the exams and identify for you any areas you need to concentrate on in your study outside of class.

### **Extra Credit**

Extra credit may be received for participating in one of the following activities.

1. Participate as a research subject in a psychological experiment.
  
2. Attendance at a public lecture on a psychological topic, such as drug and alcohol abuse prevention week activities. Also extra credit is available  
  
for attending the study skills workshops.
  
3. Completing a book report on a book related to psychology. Any book may be read, although the attached list of books are all recommended as being interesting and worthwhile. The book selected may be either fiction or non-fiction.
  
3. Use the attached Book Report Form for the outline for your book report. Book reports may be either hand written or typewritten.
  
4. Keeping a dream diary. As soon as you awaken each morning, write down your dreams from the night before. Do this for at least 30 days, then write a report on what you learned about dreams in general and your dreams in particular. Turn in the report, do not turn in the dream diary itself.

Each extra credit assignment is worth five points. You may complete two assignments for extra credit for a maximum of ten points.

*Sul Ross State University is committed to equal access in compliance with the Americans With Disabilities Act of 1973. It is the student's responsibility to initiate a request for accessibility services. Students seeking accessibility services must contact Grace Duffy in Counseling and Accessibility Services, Ferguson Hall, Room 112. The mailing address is P.O. Box C-171, Sul Ross State University, Alpine, Texas 79832. Telephone: 432-837-8203.*

**Psychology 1302:1  
Introduction to Psychology  
Fall 2015**

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**Text:** Manley & Spivey, *Introductory Psychology: An Interactive Text, 3<sup>rd</sup> ed.*

<u>Date</u>	<u>Topic</u>	<u>Assignment</u>
August 24	Introduction	
26	History of Psychology	Ch. 1
28	Research methods	
31	Nature – nurture	pp. 156 – 59
September 2	Behavioral genetics	
4	Learning theory	
7	Labor Day Holiday	
9	Classical conditioning	Ch. 3
11	Operant conditioning	
14	Schedules of reinforcement	
16	Personality theories	Ch. 9
18	Freudian theory	
21	Neo-Freudian theories: Adler, Jung	
23	Erikson Psychosocial theory	pp. 160 -- 61
25	<b>TEST ONE</b>	
28	Abnormal behavior introduction	
30	Abnormal behavior: definition	Ch. 10
October 2	Abnormal behavior: history	
5	Psychoses vs. anxiety disorders	
7	Dissociative disorders	
9	Psychoses: mood disorders	
12	Psychosis: thought disorders	
14	Drug and alcohol abuse	pp. 124 – 29

16	Psychotherapy	Ch. 11
19	Social Psychology, attitudes	Ch. 12
21	Social influence	
23	Interpersonal attraction	
26	Group Processes	
28	<b>TEST TWO</b>	
30	Biopsychology	Ch. 2
November 2	Cerebral cortex	
6	Hemispheric functions	
8	Neurons	
9	Neuronal function	
11	Synaptic transmission	
13	Sleeping and dreaming	pp. 116 - 24
16	Motivation	Ch. 7
18	Hunger	
20	Hypnosis	
23	Emotion	
25	Thanksgiving Holiday – no classes	
27	Thanksgiving Holiday – no classes	
30	Maslow	
December 2	Careers in Psychology	
7	<b>FINAL EXAM, 8:00 am</b>	