



# SUL ROSS STATE UNIVERSITY

Department of Education

Fall 2015



## KES 4362 Senior Capstone

Instructor:

Jim Hector, Ed.D.

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OFFICE HOURS: Monday - Friday: 2:00 – 4:00 pm

AND BY APPOINTMENT

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Location: Sul Ross campus – GPC 202A

### Course Description:

This is a capstone course in which teacher candidates will review and update their Physical Education philosophy; showcase their Physical Education portfolio; further develop their professional goals and plan for professional development; review and further develop their advocacy plan; and complete a practical advocacy plan; and complete a practical of areas related to the major.

### Class Meeting Times:

Monday and Wednesday: 12:30 – 1:45

### Recommended Text:

[certifyteacher.com](http://certifyteacher.com)

Texas Exam: EC – 12 Physical Education

### Southern Association of Schools and Colleges (SACS)

#### Program Learning Outcomes:

1. The Kinesiology and Sport Science students will understand the principles of motor learning; understand the practice for developing motor skills; apply knowledge to biomechanical principles; apply knowledge of individual and teams sports and understand the principles of dance, personal performance activities, recreational activities and outdoor pursuits Movement Skills and Knowledge Domain).
2. The Kinesiology and Sport Science students will understand major body systems, principles of physical fitness and benefits of a healthy lifestyle; understand the principles and activities for developing cardiovascular endurance; understand principles and activities for developing and maintaining flexibility, muscular

strength and endurance; and understand health and wellness concepts (Health-Related Physical Fitness Domain).

3. The Kinesiology and Sport Science students will know how to use effective instruction and assessment to prepare physically educated individuals; understand factors relevant to learning and performance in physical education in physical education and uses knowledge to promote students' development; understands the structure and purposes of physical education programs; and understand legal issues and responsibilities of physical education teachers (The Physical Education Program Domain).

## **Texas Examination of Educator Standards ( TExES)**

### **STANDARDS**

#### **Physical Education EC – 12:**

##### **Standard I**

The physical education teacher demonstrates competency in a variety of movement skills and helps students develop these skills.

##### **Standard II**

The physical education teacher understands principles and benefits of a healthy, physically active lifestyle and motivates students to participate in activities that promote this lifestyle.

##### **Standard III**

The physical education teacher uses knowledge of individual and group motivation and behavior to create and manage a safe, productive learning environment and promotes students' self-management, self-motivation and social skills through participation in physical activities.

##### **Standard IV**

The physical education teacher uses knowledge of how students learn and develop to provide opportunities that support students' physical, cognitive, and emotional development.

##### **Standard V**

The physical education teacher provides equitable and appropriate instruction for all students in a diverse society.

##### **Standard VI**

The physical education teacher uses effective, developmentally appropriate instructional strategies and communication techniques to prepare physically educated individuals.

##### **Standard VII**

The physical education teacher understands and uses formal and informal assessment to promote students' physical, cognitive, social and emotional development in physical education contexts.

##### **Standard VIII**

The physical education teacher is a reflective practitioner who evaluates the effects of his/her actions on others (e.g., students, parents/caregivers, other professionals in the learning environment) and seeks opportunities to grow professionally.

**Standard IX**

The physical education teacher collaborates with colleagues, parents/caregivers and community agencies to support students' growth and well-being.

**Standard X**

The physical education teacher understands the legal issues and responsibilities of physical education teachers in relation to supervision, planning and instruction, matching participants, safety, first aid, and risk management.

**Texas Examination of Educator Standards ( TExES)****DOMAINS and COMPETENCIES*****Domain I - Movement and Skill******Competency 001***

The teacher understands and applies principles of motor development and motor learning.

***Competency 002***

The teacher understands principles and practices developing, combining and integrating motor skills.

***Competency 003***

The teacher understands and applies knowledge of movement concepts and biomechanical principles.

***Competency 004***

The teacher understands and applies knowledge of individual, dual and team sports and activities.

***Competency 005***

The teacher understands principles, techniques, skills and safety practices for dance, personal performance activities, cooperative and nontraditional games, recreational activities and outdoor pursuits.

***Domain II - Health-Related Physical Fitness******Competency 006***

The teacher understands major body systems, principles of physical fitness development and training and the benefits of a healthy, active lifestyle.

***Competency 007***

The teacher understands principles and activities for developing and maintaining cardiovascular endurance.

***Competency 008***

The teacher understands principles and activities for developing and maintaining flexibility, posture and muscular strength and endurance.

***Competency 009***

The teacher understands health and wellness concepts, including those related to nutrition, weight control and stress management, and analyses ways in which personal behaviors influence health and wellness.

### ***Domain III - The Physical Education Program***

#### ***Competency 010***

The teacher knows how to use effective, developmentally appropriate instruction and assessment to prepare physically educated individuals.

#### ***Competency 011***

The teacher understands factors relevant to learning and performance in physical education and uses this knowledge to create learning environments and opportunities that promote students' development in various domains (e.g., cognitive, social, emotional).

#### ***Competency 012***

The teacher understands the structure, organization, goals and purposes of physical education programs.

#### ***Competency 013***

The teacher understands legal issues and responsibilities of physical education teachers in relation to supervision, planning and instruction, safety, first aid and risk management.

### **Course Requirements:**

#### **General Responsibilities**

##### *Attendance*

All practicum students are expected to arrive at the practicum site on time and remain at the site for the duration of the prearranged work schedule. All interns must immediately contact their site supervisor and the university supervisor if they are absent for any reason. Failure to do so may result in disciplinary action. If the practicum requires travel between facilities, the intern must arrive on time at each site location.

##### *Appearance*

All internship students must comply with the practicum sites dress code at all times. Failure to do so may result in disciplinary action.

##### *Professionalism*

All practicum students are expected to conduct themselves as professionals at all times while at the practicum site location. Interns are required to abide by and uphold all of the rules and regulations set by the practicum site. As representatives of Sul Ross State University and the Department of Kinesiology and Sport Science, all interns are prohibited from the use of profanity, alcohol, and/or non-prescription drugs while at the internship site. Failure to do so may result in disciplinary action.

##### *Background Check/Insurance*

Practicum sites may require a background check and/or professional liability insurance. Payment for these will be the responsibility of the student. A copy of proof of professional liability insurance must be filed with the internship site if required.

## Evaluation

### 450 total points possible

- Comprehensive Exam = 100 points
- Quizzes (10 @ 25 points each) = 100 points
- Portfolio = 100 points
- Attendance/Participation= 150 points

|                |               |
|----------------|---------------|
| <b>Grading</b> | 405 - 450 = A |
|                | 360 - 403 = B |
|                | 315 - 359 = C |
|                | 252 - 314 = D |
|                | ➤ 252 = F     |

### SRSU Disability Services:

The University is committed to equal access in compliance with the Americans with Disabilities Act of 1990 and Section 504 of the Rehabilitation Act of 1973. The Disability Services Coordinator in Counseling and Student Support Services has the responsibility to ensure students with disabilities the opportunity for full participation in programs, services and activities. Students seeking disability services need to contact the Disability Services Coordinator located in the University Center Room 211. The mailing address is PO Box C-171, Sul Ross State University, Alpine, Texas 79832. The telephone is 432-837-8178; fax is 432-837-8724.

### Academic Integrity:

Students in this class are expected to demonstrate scholarly behavior and academic honesty in the use of intellectual property. A scholar is expected to be punctual, prepared, and focused. Meaningful and pertinent participation is required.

- 1 Examples of academic dishonesty include, but are not limited to:
  - o Turning in work as original that was used in whole for another course and/or professor;
  - o Turning in another person's work as one's own;
  - o Copying from professional works or internet sites without citation.

*Any of these offenses will result in a zero for the assignment with no option to redo for credit*