



# SUL ROSS STATE UNIVERSITY

Department of Education

Spring 2016



## KES 5909 Practicum in Exercise Science

Instructor:

Jim Hector, Ed.D.

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OFFICE HOURS: Monday - Friday: 9:30 – 11:30 am

AND BY APPOINTMENT

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Location: Sul Ross campus - MAB, 304

### **Course Description:**

Limited to students who have completed all 24 hours and have demonstrated their ability to complete their practicum work sponsored by the Kinesiology Department and who are considered able to do independent work. Before registering for the practicum, students should have completed all 24 hours on their degree plan, and consult with the advisor concerning their program of study. Students are expected to work independently with supervisors, mentors, or directors. Evidence of progress demonstrated by papers and discussion. Consent of a faculty supervisor and Department Chair.

### **Course Objective:**

The Health and Human Performance Master of Science degree incorporates coursework with a practical experience through the practicum program that results in a cumulative learning experience that will prepare graduate students for a career in the exercise sciences or related fields.

### **Class Meeting Times and Course Content:**

All students must also complete the other requirements of the Practicum Manual provided in order to pass this class, except where the manual is in conflict with this syllabus. In summary, students must sign a practicum agreement, an intern waiver, keep and complete a weekly activity log, submit practicum objectives, complete an evaluation of the practicum coordinator, present the practicum in a power point presentation before a panel via WebEx. See the Practicum Manual for more details. The Manual may be accessed at any time at Blackboard on the Sul Ross State University website ( [www.sulross.edu](http://www.sulross.edu) ).

## **Program Learning Outcomes:**

- 1.** The Kinesiology and Sport Science students will understand the principles of motor learning; understand the practice for developing motor skills; apply knowledge to biomechanical principles; apply knowledge of individual and teams sports and understand the principles of dance, personal performance activities, recreational activities and outdoor pursuits Movement Skills and Knowledge Domain).
- 2.** The Kinesiology and Sport Science students will understand major body systems, principles of physical fitness and benefits of a healthy lifestyle; understand the principles and activities for developing cardiovascular endurance; understand principles and activities for developing and maintaining flexibility, muscular strength and endurance; and understand health and wellness concepts (Health-Related Physical Fitness Domain).
- 3.** The Kinesiology and Sport Science students will know how to use effective instruction and assessment to prepare physically educated individuals; understand factors relevant to learning and performance in physical education in physical education and uses knowledge to promote students' development; understands the structure and purposes of physical education programs; and understand legal issues and responsibilities of physical education teachers (The Physical Education Program Domain).

## **General Responsibilities**

### *Attendance*

All practicum students are expected to arrive at the practicum site on time and remain at the site for the duration of the prearranged work schedule. All interns must immediately contact their site supervisor and the university supervisor if they are absent for any reason. Failure to do so may result in disciplinary action. If the practicum requires travel between facilities, the intern must arrive on time at each site location.

### *Appearance*

All internship students must comply with the practicum sites dress code at all times. Failure to do so may result in disciplinary action.

### *Professionalism*

All practicum students are expected to conduct themselves as professionals at all times while at the practicum site location. Interns are required to abide by and uphold all of the rules and regulations set by the practicum site. As representatives of Sul Ross State University and the Department of Kinesiology and Sport Science, all interns are prohibited from the use of profanity, alcohol, and/or non-prescription drugs while at the internship site. Failure to do so may result in disciplinary action.

### *Background Check/Insurance*

Practicum sites may require a background check and/or professional liability insurance. Payment for these will be the responsibility of the student. A copy of proof of professional liability insurance must be filed with the internship site if required.

### **Specific Responsibilities**

All practicum students are strongly encouraged to participate in all activities planned by the practicum site. In addition, interns must:

- Complete and submit a Weekly Activity Log (Appendix C) via Black Board.
- Complete a reflection for each Weekly Activity Log ( Appendix D )
- Provide the Site Supervisor with the Site Supervisor Student Evaluation (Appendix I).
- Create a presentation detailing your practicum experience (See Appendix G).

### *Time Requirement*

All practicum students must complete a total of 40 internship hours as a part of their enrollment in KES 5909. Practicum students are strongly encouraged to complete a minimum of 10 practicum hours per week to maximize their practicum learning experience.

### **Evaluation of the Graduate Practicum Student**

All graduate practicum students will be assessed based on his or her completion of all necessary documents, including but not limited to Weekly Activity Logs, and the successful presentation detailing his or her practicum experience to Health and Human Performance faculty members.

### **Point Values**

Practicum Agreement	5 points
Personal Data Sheet	5 points
Practicum Waiver	5 points
Weekly Activity Log #1	5 points
Reflection #1	5 points
Weekly Activity Log #2	5 points
Reflection #2	5 points
Weekly Activity Log #3	5 points
Reflection #3	5 points
Weekly Activity Log #4	5 points
Reflection #4	5 points
Student Evaluation HHP Coordinator	5 points
Site Supervisor Student Evaluation	10 points
Practicum Portfolio (25) and defense (10)	30 points
<b>TOTAL</b>	<b>100 points</b>

<b>Grading</b>	90-100 = A
	80-89 = B
	70- 79 = C
	60-69 = D
	➤ 60 = F

### **Tentative Schedule of Activities:**

<b>May 23-30</b>	<b>Class WebEx Video Conference 9-12:00 CST</b>
<b>June 7</b>	<b>DUE 1<sup>st</sup> Reflection and Log</b>
<b>June 14</b>	<b>DUE 2<sup>nd</sup> Reflection and Log</b>
<b>June 21</b>	<b>DUE 3<sup>rd</sup> Reflection and Log</b>
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<b>June 28</b>	<b>DUE 4<sup>th</sup> Reflection and Log</b>
<b>June 6-7</b>	<b>Practicum Portfolio Presentation</b>

### **SRSU Disability Services:**

The University is committed to equal access in compliance with the Americans with Disabilities Act of 1990 and Section 504 of the Rehabilitation Act of 1973. The Disability Services Coordinator in Counseling and Student Support Services has the responsibility to ensure students with disabilities the opportunity for full participation in programs, services and activities. Students seeking disability services need to contact the Disability Services Coordinator located in the University Center Room 211. The mailing address is PO Box C-171, Sul Ross State University, Alpine, Texas 79832. The telephone is 432-837-8178; fax is 432-837-8724.

### **Academic Integrity:**

Students in this class are expected to demonstrate scholarly behavior and academic honesty in the use of intellectual property. A scholar is expected to be punctual, prepared, and focused. Meaningful and pertinent participation is required.

- 1 Examples of academic dishonesty include, but are not limited to:
  - o Turning in work as original that was used in whole for another course and/or professor;
  - o Turning in another person's work as one's own;
  - o Copying from professional works or internet sites without citation.

*Any of these offenses will result in a zero for the assignment with no option to redo for credit*

### **Navigating the Course**

Navigating Blackboard and this course is essential to your success as a student. If you

have problems submitting assignments contact Ms. Sandy Bogus; Office of Information Technology; [sbogus@sulross.edu](mailto:sbogus@sulross.edu) ; (432) 837-8510.

**NOTE:** Other assignment due dates are contained in the Practicum Manual. See the Practicum Manual for more details.