



SUL ROSS STATE UNIVERSITY

Department of Education
Spring
2016



PE 2303 - 001

Activities for Children

Instructor: Clifford Carroll

Office Hours:

Monday - Friday 9:30 a.m. – 11:30

and By Appointment

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Course Description:

This course is designed to give students a foundation of activities that are appropriate for children of various ages and abilities. It includes activities with and without equipment and information on how to develop skills for these activities.

Course Purpose: The course allows students to become acquainted with various ways of developing the cognitive, physical, and affective skills for involvement in a variety of activities.

Course Standards

Standard II

The physical education teacher understands principles and benefits of a healthy, physically active lifestyle and motivates students to participate in activities that promote this lifestyle.

Competency 006

The teacher understands major body systems, principles of physical fitness development and training and the benefits of a healthy, active lifestyle.

Standard III

The physical education teacher uses knowledge of individual and group motivation and behavior to create and manage a safe, productive learning environment and promotes students' self-management, self-motivation and social skills through participation in physical activities.

Competency 002

The teacher understands principles and practices developing, combining and integrating motor skills.

Competency 004

The teacher understands and applies knowledge of individual, dual and team sports and activities.

Competency 005

The teacher understands principles, techniques, skills and safety practices for dance, personal performance activities, cooperative and nontraditional games, recreational activities and outdoor pursuits.

Standard IV

The physical education teacher uses knowledge of how students learn and develop to provide opportunities that support students' physical, cognitive, and emotional development.

Competency 010

The teacher knows how to use effective, developmentally appropriate instruction and assessment to prepare physically educated individuals.

Standard V

The physical education teacher provides equitable and appropriate instruction for all students in a diverse society.

Competency 011

The teacher understands factors relevant to learning and performance in physical education and uses this knowledge to create learning environments and opportunities that promote students' development in various domains (e.g., cognitive, social, emotional).

Standard VI

The physical education teacher uses effective, developmentally appropriate instructional strategies and communication techniques to prepare physically educated individuals.

Competency 010

The teacher knows how to use effective, developmentally appropriate instruction and assessment to prepare physically educated individuals.

Standard VII

The physical education teacher understands and uses formal and informal assessment to promote students' physical, cognitive, social and emotional development in physical education contexts.

Competency 012

The teacher understands the structure, organization, goals and purposes of physical education programs.

Standard X

The physical education teacher understands the legal issues and responsibilities of physical education teachers in relation to supervision, planning and instruction, matching participants, safety, first aid, and risk management.

Competency 013

The teacher understands legal issues and responsibilities of physical education teachers in relation to supervision, planning and instruction, safety, first aid and risk management.

Program Learning Outcomes

1. The Kinesiology and Sport Science students will understand the principles of motor learning; understand the practice for developing motor skills; apply knowledge to biomechanical principles; apply knowledge of individual and teams sports and understand the principles of dance, personal performance activities, recreational activities and outdoor pursuits (Movement Skills and Knowledge Domain).
2. The Kinesiology and Sport Science students will understand major body systems, principles of physical fitness and benefits of a healthy lifestyle; understand the principles and activities for developing cardiovascular endurance; understand principles and activities for developing and maintaining flexibility, muscular strength and endurance; and understand health and wellness concepts (Health-Related Physical Fitness Domain).

3. The Kinesiology and Sport Science students will know how to use effective instruction and assessment to prepare physically educated individuals; understand factors relevant to learning and performance in physical education in physical education and uses knowledge to promote students' development; understands the structure and purposes of physical education programs; and understand legal issues and responsibilities of physical education teachers (The Physical Education Program Domain).

Course Outline:

Instruction

Development of Lesson Plans Planning of Physical Education

Classes Development of Skills Teaching Activities

Reaction Papers

Blackboard Class Attendance: Online class attendance is mandatory, as per policy set by Sui Ross State University and the

Department of Kinesiology and Sport Science.

Attendance / Absences: Will be taken and points will be awarded periodically. NO make ups will be given for unexcused absences, unless authorized.

Text:

Pangrazi, Robert P. Dynamic Physical Education for Elementary Children.. 16 edition

Course Requirements:

The final grade for this course will be derived from the total number of points acquired.

Tests	200
Final Exam	100
Weekly	
Assignments	200
TOTAL	500 pts.

TOTAL POINTS:

- 450 pts. = A
- 400 pts. = B
- 350 pts. = C
- 300 pts. = D
- >30 pts. = F

Class Calendar

PE 2303 Class Day

1. Introduction / Expectation
2. Why Physical Education is Important
3. Definition / Objective / Uniqueness of Physical Education
4. AAHPERD / NASPE Title IX
5. Movement Education vs. Fitness Education European Influences on U.S. P.E.
6. Conceptual Learning / Understanding Growth Patterns
7. Content Standards
8. Test# 1

9. Lesson Plan Development
10. Lesson Plan Development
11. GroupillJS Activity Choice
12. GroupillJS Lesson Plan
13. Lesson Plans Due
14. Group 1 Presentation
15. Group 2 Presentation
16. Group 3 Presentation
17. Group 4 Presentation
18. Group 5 Presentation
19. Group 6 Presentation
20. Group 7 Presentation
21. Test # 2
22. Group 8 Presentation
23. Group 9 Presentation
24. Group 10 Presentation
25. Make Up Presentation
26. Review for Final
27. Review for Final

Academic Integrity

Sul Ross defines academic integrity as the pursuit of scholarly activity in an open, honest and responsible manner. All students should act with personal integrity, respect other students' dignity, rights and property, and help create and maintain an environment in which all can succeed through the fruits of their.

Dishonesty of any kind will not be tolerated in this course. Dishonesty includes, but is not limited to, cheating, plagiarizing, fabricating information or citations, facilitating acts of academic dishonesty by others, having unauthorized possession of examinations, submitting work of another person or work previously used without informing the instructor, or tampering with the academic work of other students. Students who are found to be dishonest will receive academic sanctions and will be reported to the University's Judicial Affairs office for possible further disciplinary sanction.

SRSU Disability Services:

The University is committed to equal access in compliance with the Americans with Disabilities Act of 1990 and Section 504 of the Rehabilitation Act of 1973. The Disability Services Coordinator in Counseling and Student Support Services has the responsibility to ensure students with disabilities the opportunity for full participation in programs, services and activities. Students seeking disability services need to contact the Disability Services Coordinator located in the University

Center Room 211. The mailing address is PO Box C-171, Sul Ross State University, Alpine, Texas 79832. The telephone is 432-837-8178; fax is 432-837-8724.