



# SUL ROSS STATE UNIVERSITY

Department of Education  
Summer II 2016



## PE 3303 Theory and Practice of Baseball & Softball

Instructor:  
Jim Hector, Ed.D.

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OFFICE HOURS: Monday - Friday: 9:30 – 11:30 am  
AND BY APPOINTMENT  
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Location: Sul Ross campus – GPC 202A

### COURSE DESCRIPTION

This course is a physical education course designed to teach the administration, organization, management, and instructional skills necessary in coaching a successful high school or college baseball and softball program. This is a three credit hour course. **REQUIRED / SUGGESTED COURSE MATERIALS**

### RECOMMENDED TEXTBOOK

Coaching Baseball: Technical and Tactical Skills (2006) American Sport Education Program with Tom O'Connell.

Coaching Fastpitch Softball Successfully (2206 ) Kathy Veroni and Roanna Brazier.

### PROGRAM LEARNING OUTCOMES:

1. The Kinesiology and Sport Science students will understand the principles of motor learning; understand the practice for developing motor skills; apply knowledge to biomechanical principles; apply knowledge of individual and teams sports and understand the principles of dance, personal performance activities, recreational activities and outdoor pursuits Movement Skills and Knowledge Domain).
2. The Kinesiology and Sport Science students will understand major body systems, principles of physical fitness and benefits of a healthy lifestyle; understand the

principles and activities for developing cardiovascular endurance; understand principles and activities for developing and maintaining flexibility, muscular strength and endurance; and understand health and wellness concepts (Health-Related Physical Fitness Domain).

3. The Kinesiology and Sport Science students will know how to use effective instruction and assessment to prepare physically educated individuals; understand factors relevant to learning and performance in physical education in physical education and uses knowledge to promote students' development; understands the structure and purposes of physical education programs; and understand legal issues and responsibilities of physical education teachers (The Physical Education Program Domain).

### **STANDARD ALIGNMENT:**

- Standard IV: The physical education teacher uses knowledge of how students learn and develop to provide opportunities that support students' physical, cognitive, social, and emotional development.
- Standard V: The physical education teacher provides equitable and appropriate instruction for all students in a diverse society.
  - ✓ *Competency 011:* The teacher understands factors relevant to learning and performance in physical education and uses this knowledge to create learning environments and opportunities that promote students' development in various domains (e.g., cognitive, social, emotional).
- Standard VII: The physical education teacher is a reflective practitioner who evaluates the effects of his/her actions on others (e.g., students, parents/caregivers, other professionals in the learning environment) and seeks opportunities to grow professionally.
  - ✓ *Competency 012:* The teacher understands the structure, organization, goals and purposes of physical education program.

### **GENERAL/MISCELLANEOUS**

**Students will be held responsible for the information on these pages.**

#### **Academic Honesty**

Each student is expected to maintain the highest standards of honesty and integrity in online academic and professional matters. The University reserves the right to take disciplinary action, up to and including dismissal, against any student who is found guilty of academic dishonesty or otherwise fails to meet these standards. Academic dishonesty includes, but is not limited to, dishonesty

in quizzes, tests, or assignments; claiming credit for work not done or done by others; and nondisclosure or misrepresentation in filling out applications or other University records. Cheating or gaining illegal information for any type of graded work is considered dishonest and will be dealt with accordingly.

### **Plagiarism**

Offering the work of another as one's own, without proper acknowledgment, is plagiarism; therefore, any student who fails to give credit for quotations or essentially identical expression of material taken from books, encyclopedias, magazines and other reference works, or from the themes, reports, or other writings of a fellow student, is guilty of plagiarism. Plagiarism violates the academic honesty policy and is considered cheating.

## **GRADING POLICY**

Students attending this class will be evaluated according to the following grading scale:

1200 – 1080 points = A; 1079 - 960 = B; 959 - 840 = C; 839 – 720 = D; 719 < = F

### **Point Values**

Teaching Fundamentals	100 points
Softball Defense	100 points
Softball Hitting and Offense	100 points
Baseball Hitting	100 points
Baseball Throwing	100 points
Baseball Infield	100 points
Baseball Outfield	100 points
Baseball Pitching	100 points
Baseball Bunting	100 points
Baseball Running	100 points
FINAL EXAM: Baseball Scorekeeping	200 points
TOTAL	1200 points

### **Tentative Schedule of Activities:**

Teaching Fundamentals	Wednesday, July 13
Softball Defense	Saturday, July 16
Softball Hitting and Offense	Tuesday, July 19
Baseball Hitting	Friday, July 22
Baseball Throwing	Monday, July 25
Baseball Infield	Thursday, July 28
Baseball Outfield	Sunday, July 31
Baseball Pitching	Wednesday, August 3
Baseball Bunting	Saturday, August 6
Baseball Running	Tuesday, August 9
FINAL EXAM: Baseball Scorekeeping	Wednesday, August 10

Final grade will reflect weekly assignment work posted in specific course objectives. All blackboard assignments shall be completed as necessary for a passing grade. Work must be completed by assigned dates for a passing grade.

### **SRSU Disability Services:**

The University is committed to equal access in compliance with the Americans with Disabilities Act of 1990 and Section 504 of the Rehabilitation Act of 1973. The Disability Services Coordinator in Counseling and Student Support Services has the responsibility to ensure students with disabilities the opportunity for full participation in programs, services and activities. Students seeking disability services need to contact the Disability Services Coordinator located in the University Center Room 211. The mailing address is PO Box C-171, Sul Ross State University, Alpine, Texas 79832. The telephone is 432-837-8178; fax is 432-837-8724.

### **Academic Integrity:**

Students in this class are expected to demonstrate scholarly behavior and academic honesty in the use of intellectual property. A scholar is expected to be punctual, prepared, and focused. Meaningful and pertinent participation is required.

- 1 Examples of academic dishonesty include, but are not limited to:
  - o Turning in work as original that was used in whole for another course and/or professor;
  - o Turning in another person's work as one's own;
  - o Copying from professional works or internet sites without citation.

*Any of these offenses will result in a zero for the assignment with no option to redo for credit*

### **Navigating the Course**

Navigating Blackboard and this course is essential to your success as a student. If you have problems submitting assignments contact Ms. Sandy Bogus; Office of Information Technology; [sbogus@sulross.edu](mailto:sbogus@sulross.edu) ; (432) 837-8510.

**DROP POLICY:** Access information regarding schedule changes at:  
<http://www.sulross.edu/page/967/schedule-changes-withdrawals>