



# EDUC 6320 Substance Abuse Counseling Summer II 2016

## **Instructor Information :**

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## **Course Description:**

This course addresses prevention and treatment issues involved in chemical abuse and addictions for persons working in schools, community agencies, and criminal justice facilities.

## **Text:**

Doweiko, H. E. (2012). *Concepts of chemical dependency* (8<sup>th</sup> ed.). Belmont, CA: Brooks/Cole Cengage Learning.

## **Class Sessions:**

Online

## **Course Requirements and Grading:**

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|--|--------------|
| ✓ Regular attendance and participation is required | A = 90-100%  |
|  | B = 80-89%   |
| ✓ Final exam (total of 25%)                        | C = 70-79%   |
|  | D = 60-69%   |
|  | F = 59 and ↓ |
| ✓ Blackboard Activities – 35%                      |              |
| ✓ Film Analysis – 15%                              |              |
| ✓ Case Study – 25%                                 |              |

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Total of 100%

## **Objectives:**

1. Describe the standard diagnostic and assessment practices in the field of chemical dependency counseling.
2. Identify, describe and discuss the addictive properties and symptoms of abuse associated with alcohol, marijuana, heroin, amphetamines, cocaine, nicotine, prescription medications, anabolic steroids and inhalants.
3. Identify and discuss the biological, environmental and multicultural factors associated with substance abuse and addiction.
4. Identify and describe the major infectious diseases frequently caused by substance abuse.
5. Identify and describe the signs and symptoms of fetal alcohol syndrome.
6. Describe and discuss current trends in child and adolescent substance abuse and addiction.
7. Describe and discuss the Twelve-Step model of Alcoholics Anonymous.
8. Describe the affects of substance abuse and addiction on the significant others in the life of the addict.

## **Competencies:**

### Domain I: Understanding Students

#### 001 (Human Development)

- The school counselor understands processes of human development and applies this knowledge to provide a developmental guidance program, including counseling services, that encourages meeting the needs of all students.

#### 002 (Student Diversity)

- The school counselor understands human diversity and applies this knowledge to ensure that the developmental guidance and counseling program is responsive to all students.

#### 003 (Factors Affecting Students)

- The school counselor understands factors that may affect students' development and school achievement and applies this knowledge to promote students' ability to achieve their potential.

### Domain II: Planning and Implementing the Developmental Guidance and Counseling Program

#### 005 (Developmental Guidance Program)

- The school counselor knows how to provide a comprehensive developmental guidance program that promotes all students' personal growth and development.

#### 006 (Counseling)

- The school counselor understands how to provide effective counseling services to individuals and small groups.

### Domain III: Collaboration, Consultation, and Professionalism

#### 009 (Collaboration with others in the School and Community)

- The school counselor understands how to work collaboratively with other professionals and with community members to promote positive change and to facilitate student learning.

010 (Professionalism)

- The school counselor understands and complies with ethical, legal, and professional standards relevant to the profession.

### **Tentative Schedule:**

<u>Date</u>	<u>Assignment</u>
<b>July 7 (Thurs.)</b>	Introductions/Syllabus/Course Description, Expectations Ch. 1 "Why worry about substance abuse?" Ch. 2 " The nature of the beast" Ch. 25 "Medical Model of the addictions" Ch. 26 "Psychosocial models of the addictions" Ch. 27 "Spiritual Model of the Addictions"
July 13 (Wed.)	Ch. 3 "Pharmacology" Ch. 17 "Neonatal Drug Exposure" Ch. 18 "Addiction in Women" Ch. 19 "Hidden faces of Substance use disorders (minorities)" <b>(Blackboard Due at Midnight)</b>
<b>July 14 (Thurs.)</b>	Ch. 4 "Social Alcohol use" Ch. 5 "Chronic Alcohol use" View Video
July 20 (Wed.)	Ch. 20 "Substance use by Children and Adolescents" Ch. 21 "Substance abuse in College Settings" Ch. 28 "Assessment of the Patient" Ch. 29 "Intervention" <b>(Blackboard Due at Midnight), Film Analysis Due</b>
<b>July 21 (Thurs.)</b>	<b>Ch. 6 "Barbiturates"</b> <b>Ch. 7 "Benzodiazepines"</b> <b>Ch. 8 "Amphetamines"</b> <b>Ch. 9 "Cocaine"</b> <b>Ch. 10 "Marijuana"</b> Ch. 22 "Codependency" Ch. 23 "Addictions and the Family" Ch. 24 "Dual Diagnosis"
July 27 (Wed.)	Ch. 33 "Pharmacotherapy" <b>(Blackboard Due at Midnight)</b>

July 28 (Thurs.)

Ch. 30 "Treatment Settings"  
Ch. 31 "Treatment Formats"  
Ch. 32 "Treatment Process"

August 3 (Wed.)

Ch. 34 "Treatment Problems"  
Ch. 35 "Support Groups"  
Ch. 36 "Drug use and infections"

**(Blackboard Due at Midnight), Case Study Due**

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August 4 (Thurs.)

Ch. 11 "Narcotic Analgesics"  
Ch. 12 "Hallucinogens"  
Ch. 13 "Inhalants"  
Ch. 14 "Steroids"  
Ch. 15 "OTC Analgesics"  
Ch. 16 "Tobacco Use"

Ch. 37 "Drug use and crime"  
Ch. 38 "Legalization Issues"

August 10 (Wed.)

**FINAL EXAM via Blackboard 5:00-7:00 p.m.**

# ASSIGNMENTS AND REQUIREMENTS

## **Exam: 25%**

There will be a Final Exam administered on Wednesday, August 10. It will be administered on Blackboard and will be available from 5:00-7:00 p.m. The exams will consist of 50 multiple choice questions worth 2 pts each.

## **Film Analysis: 15%**

You will view the film, "Requiem for a Dream". Prior to viewing the film, you will be provided with questions to prompt your thinking. The questions are currently posted under "Course Documents". Your role will not be to critique the film. Rather, you will analyze situations in the film depicting illicit drug use. This paper should be three to four double-spaced typed pages in length. It will be due Wednesday, July 20<sup>th</sup>, 2016 at midnight.

## **Blackboard Activities: 35%**

This will include activities and Blackboard assignments. **Blackboard assignments will be due on Wednesdays at midnight.**

## **Case Study: 25%**

All students are expected to write a professional, graduate-level case study utilizing research along with the case study. The purpose of this project is to provide students the opportunity to write an in-depth, scholarly professional paper in the area of substance abuse counseling. This paper must be fully compliant with the APA Publication Manual, 6<sup>th</sup> edition. Please note that the paper will be processed through SafeAssign, a plagiarism detection program accessible via Blackboard. Any paper revealing 10% or more plagiarism will be returned to the student for No Credit. The Case Study is due by Wednesday, August 3, 2016 at midnight. Below are the listed criteria that are to be included in the Case Study:

### **Selection of the Subject for the Case Study:**

Each student should select a person whose life has been affected in some way by substance abuse or addiction. The subject of the case study can be you, a family member, friend, colleague, client or a student. Please use a pseudonym to protect the subject's identity.

The written case study must include the following headings:

### **Introduction**

In this section, introduce the reader to the field of substance abuse and substance treatment. Describe how you will develop a case study for a specific client in this paper to present relevant information in the field and how it is

applied. Include an explanation of the model of addiction to which you subscribe and the implications of that model as applied in your counseling practice.

### **Subject Description and Background Information**

Include a narrative with the following information:

Age

Gender

Marital status/history

Educational level

Living situation

Self-presentation

Physical appearance

General health

Any other relevant demographic information

### **Family Background**

Include information on the client's family of origin. Also include information on the client's current family situation.

### **Presenting Problem**

Describe the client's presenting problem (substance abuse or other). If the client has had legal issues regarding substance abuse such as DUIs or incarceration for intoxication, that info belongs here. Indicate how long the problem has persisted.

Describe other relevant problems such as co-occurring physical and mental health diagnoses and explain what treatment is being provided for each condition, if any.

Describe how you came to know the client and or became aware of the substance abuse problem.

### **Relevant History**

Describe specific life events that are relevant to the case study and the treatment plan you will develop.

### **Environmental Factors**

Describe elements in the environment which function as stressors to the client. Describe elements in the environment which function as support for the client, including friends, family, living accommodations, recreational activities, financial situation, etc.

### **Personality Dynamics (effects of substance abuse on subject)**

*Cognitive Factors* – (mental processes and thinking)

Intelligence

Mental alertness

Persistence of negative cognitions

Level of insight (considers hypotheses about his/her own and others' behavior)

Capacity of judgment – client's ability to make decisions and carry out the practical affairs of daily living

*Emotional Factors –*

Typical or most common emotional states

Moods

Range of emotions the client has the capacity to display

Cyclical aspects of the client's emotional life

*Behavioral Factors –*

Psychosomatic symptoms

Other physical related symptoms

Existence of persistence habits or mannerisms

Sexual functioning

Eating patterns

Sleeping patterns

**Treatment Plan**

In this section, you will propose a treatment plan that would be appropriate for the client. Be creative and appropriate with all the information you have about substance abuse treatment and insert it into your plan wherever appropriate.

Include:

*Clinical Diagnosis -*

*Outcome Goals –*

Develop a specific long-range goal demonstrating the desired outcome you and the client are working toward attaining.

*Objectives –*

Develop relevant measurable, observable objectives, which are to be stated as specific concrete steps to be used to attain the goals listed above. Ideally, if the objectives are achieved, then the goal is automatically attained.

*Interventions –*

Describe the techniques/interventions you will be using to facilitate the client's work toward achieving the objectives. These should incorporate provisions for the substance abuse issues as well as any co-occurring mental and physical health problems.

*Timelines/ Schedules –*

Address the amount of time/number of sessions, etc., for which your treatment plan is designed.

*Evaluation –*

Describe in specific language how you and the client will evaluate the client's progress. Consider whether provisions for relapse should be incorporated into your plan.

*Relevant Ethical Issues –*

Describe each of the specific ethical considerations pertaining to this treatment plan and explain how you will deal with each one..

*Summary –*

Write a professional summary of this paper to bring closure to all that you have accomplished here. Include:

*Conclusions and Recommendations -*

**Late Assignments:**

**Late assignments will not be accepted.**

**Disability Statement**

No person shall be excluded from participation in, denied the benefits of, or be subject to discrimination under any program or activity sponsored by Sul Ross State University on any basis prohibited by applicable law, including, but not limited to race, color, national origin, religion, sex, age, or disability.

**Distance Education Statement:** Students enrolled in distance education courses have equal access to the university's academic support services, library resources, and instructional technology support. For more information about accessing these resources, visit the SRSU website. Students should submit online assignments through Blackboard or SRSU email, which require secure login information to verify students' identities and to protect students' information. ***[If the course requires students to take proctored exams or to purchase additional software or equipment, please describe those requirements here.]*** The procedures for filing a student complaint are included in the student handbook. Students enrolled in distance education courses at Sul Ross are expected to adhere to all policies pertaining to academic honesty and appropriate student conduct, as described in the student handbook. Students in web-based courses must maintain appropriate equipment and software, according to the needs and requirements of the course, as outlined on the SRSU website.