

**PSY 3302-001 THEORIES OF PERSONALITY: Fall 2016**

*MW @ 11am – 12:15pm, Lawrence Hall 200*

<b>Professor:</b>	Dr. Bibiana M. Gutierrez	<b>Office Hours:</b>	& by appt.
<b>Office:</b>	Lawrence Hall 210	<b>Office Phone:</b>	432.837.8163
<b>Email:</b>	<a href="mailto:bibiana.gutierrez@sulross.edu">bibiana.gutierrez@sulross.edu</a>	<b>Course Website:</b>	<a href="http://sulross.blackboard.com">http://sulross.blackboard.com</a>

**Readings From:** Schultz, D.P. and Schultz, S.E., Theories of Personality (11<sup>th</sup> Edition), ISBN 9781305652958

**Course Purpose:** By the end of this course Students will be able to demonstrate an understanding of:

1. Personality psychology as a science and its research methods.
2. How individuals differ, the trait approach, and what the personality does.
3. Biological approaches to personality
4. The historical review of the major personality theories from the psychoanalytic approach through the Humanistic and cross-cultural psychology.
5. The importance of skills for social responsibility, including the abilities to develop principles of personal responsibility for living in a diverse world and to connect choices, actions, and consequences to ethical decision-making through application of the psychological principles and knowledge learned.
6. The need for intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities learned through the application of psychological knowledge and principles learned.

**Prerequisite:** Psychology 1302 or consent of instructor.

**Student Learning Objectives (SLOs):**

The graduating psychology student will attain a level of competency in the areas of . . .

- a. Biological psychology indicating that value has been added over the course of their psychology education.
- b. Clinical-personality psychology indicating that value has been added over the course of their psychology education.
- c. Social psychology indicating that value has been added over the course of their psychology education.
- d. Experimental methods indicating that value has been added over the course of their psychology education.

**Course Policies:****1. Attendance and Class Preparation:**

Class attendance is governed by the SRSU policy stated in the schedule of classes. Students will be dropped with an "F" when you have accumulated six (6) absences. You are expected to have completed the assigned readings by the beginning of the first class day for which they are assigned. See details in below section regarding students with excused absences.

**2. Late Work and Make-Up Assignments:**

If you need to be out of class for an emergency, excused-absence, or university-authorized absence, inform me of the situation as soon as possible. Late or make-up assignments will only be allowed in the case of an emergency or excused absence with appropriate documentation (doctor's note, etc.)

Any student who is absent from classes for a university-authorized absence (such as a game, tournament, or event) will be allowed to take an exam or complete an assignment scheduled for that day. **However, arrangements for missing class due to an excused or university-authorized absence must be made with the**

**instructor BEFORE the absence.** It is your responsibility to speak with me about classes that you will miss well in advance.

**3. Students with Special Needs:**

Sul Ross State University (SRSU) is committed to equal access in compliance with the Americans with Disabilities Act of 1973. It is SRSU policy to provide reasonable accommodations to students with documented disabilities. It is the Student's responsibility to initiate a request. **Please contact Ms. Mary Schwartze, Counselor, Accessibility Services Coordinator, Ferguson Hall (Room 112) at 432.837.8363; the mailing address is P.O. Box C-171 Sul Ross State University, Alpine, Texas 79832. Students should then contact the instructor as soon as possible to initiate the recommended accommodations.**

**4. Religious Observance:**

Any student who is absent from class for the observance of a religious holy day will be allowed to take an exam or complete an assignment scheduled for that day. Arrangements for missing class due to a religious observance must be made with the instructor prior to that absence.

**5. Classroom Respect and Disruptions:**

You are encouraged and expected to openly engage in class discussions, ask questions, share ideas, and express your thoughts. Please treat each other with dignity and respect and avoid disruptive behaviors. You are responsible for knowing what behaviors are acceptable versus unacceptable as referred to in the Student Conduct and Discipline section of the SRSU Student Handbook

([http://www.sulross.edu/sites/default/files//sites/default/files/users/docs/stulife/student\\_conduct\\_discipline.pdf](http://www.sulross.edu/sites/default/files//sites/default/files/users/docs/stulife/student_conduct_discipline.pdf)).

**6. Academic Integrity:**

Any instance of academic misconduct such as: turning in an identical written assignment for another course without approval, cheating and plagiarizing written assignments, collusion, or misrepresenting facts will be punished to the full extent of the university's disciplinary policy and/or through legal action if indicated. You are responsible for reading the statement on *Academic Honesty* in the SRSU Student Handbook

([http://www.sulross.edu/sites/default/files//sites/default/files/users/docs/stulife/student\\_conduct\\_discipline.pdf](http://www.sulross.edu/sites/default/files//sites/default/files/users/docs/stulife/student_conduct_discipline.pdf)). The faculty considers academic dishonesty to be a serious matter and will act accordingly. Students caught

engaging in any form of academic dishonesty will receive no credit for assignments/exams and more severe penalties may be pursued, including but not limited to failing the course.

**7. Technology Policy:**

Out of respect for your fellow students, your professor, and the educational process, all technology devices (cell/smart phones, I-pods, tablets, laptops, etc.) must be powered down and put away, not on the desk or in your pocket, or on your lap, during class. Do not come to class if texting, using social media, and attending to tasks other than the class material is more important than being fully present (this is NOT an excused absence).

If you feel you have an emergency situation that requires your phone to be on vibrate, please inform me before class begins. Students who disregard the policy will be asked to leave class and will be considered absent that day. If you plan to use a laptop for taking notes, please inform me; this privilege will be rescinded if you misuse it. **If you are found to be using your phone during class you will receive one warning after which you will be asked to put your phone on the lectern until the end of class. If this happens repeatedly you will be further disciplined as per SRSU policy for Disruptive Classroom Behavior.**

**8. Communicating with the Professor:**

The best way to contact me is through email at [bibiana.gutierrez@sulross.edu](mailto:bibiana.gutierrez@sulross.edu). I will try to respond as soon as possible. If you do not receive a reply within 24 hours, please resend your email or call my office at 432.837.8163 and leave a message if I am unavailable. During weekends there may be a longer delay in my responding.

**COURSE REQUIREMENTS:**

1. **Regular, punctual attendance and participation (A = 50 points).** This is a subjective judgment on my part. If I do not see you in class regularly or if you are sleeping, texting, day dreaming, talking to your neighbor, or otherwise being disruptive/distracted, this point total will be reduced.
2. **Class Participation (CP =50 points)** includes being attentive, asking/responding to questions, engaging in discussions, indicating you have read assignments before class, etc.
3. **Eight (8) Exams each worth 100 points. (CP = 50 points).**
4. **Complete of a Theory Research Paper (RP = 100 points).**
5. **If regular attendance qualifies you, up to 10 extra credit (EC) points will be added to your final point total before averaging.**

**GRADES:**

90–100 = A; 80 –89 = B; 70–79 = C; 60-69 = D; 0-59 = F

There are eight (8) Exams each worth 100 points. You can drop the lowest Exam score.

The RESEARCH (RP) paper is worth 100 points.

All grades will be averaged together to equal your final grade.

Example:

$(\text{EXAM1} = 75\%) + (\text{EXAM2} = 85\%) + (\text{EXAM3} = 95\%) + (\text{EXAM4} = 105\%) + (\text{EXAM5} = 85\%) + (\text{EXAM6} = 65\% \text{ DROP}) + (\text{EXAM7} = 85\%) + (\text{FINAL EXAM 8} = 95\%) + (\text{RP} = 85\%) + (\text{A} = 50\text{pts}) + (\text{CP} = 50\text{pts}) + (10 \text{ EC points}) / 900 = 90\% = \text{A}$

**THEORY RESEARCH PAPER INSTRUCTIONS:**

There will be one required Theory Research Paper for the semester. It should be original and thoughtful. **I will run your paper through PLAGERISM SOFTWARE to ensure originality.** Please make certain that it is typewritten and double spaced. The paper is worth 100 points. The paper must be written in APA format. The following must be included in your paper:

- 1) Exploration of one theoretical model
- 2) Explanation of how the model addresses:
  - a) The change process.
  - b) How it explains psychopathology (distress/suffering.)
  - c) Individual development (birth to death).
  - d) The fate/hope of the human condition.
- 3) Explain how theory fits you and your life experience.

Your theory paper should have at least six (6) references other than the text. Use original (first) sources whenever possible. Use the APA reference manual for format guidelines. Go to library or SRSU Writing Center for help, or use the internet resources provided on Black Board for this course. The paper should be about six (6) to eight (8) double-spaced pages in length. Please ask for help early on so that you do not get overwhelmed. I am happy to review a draft of your paper and give you feedback before the due date- this is voluntary and always results in a better paper. See attached THEORIES RESEARCH PAPER GRADING SHEET for specifics on grading.

**Submit your choice of theory for approval to me on or before Monday, 10/3/2016 by midnight via email.**

**PAPER IS DUE MONDAY, 11/28/2016**

**EXTRA CREDIT:**

Maximum of up to 10 points extra credit may be received for participating in two of the following activities:

1. **Attend Academic Enhancement Seminars** (<http://www.sulross.edu/page/939/academic-enhancement-seminars>).
2. **Take a career self-assessment, Meyers-Briggs or SIGI** (<http://www.sulross.edu/page/111/career-services>).
3. Attendance at a public lecture or activity related to psychology, such as drug/alcohol abuse, domestic violence, mental health awareness, a cultural event, religious activity different than your own, etc. Please get my approval first for activity.
4. Keep a Reflection Journal. For 30 days write down at the end of each day what you have experienced/reflected upon/learned that relates to psychology. Turn in a report summarizing what you have learned; do not turn in the journal.
5. Participate as a research subject in a psychological experiment.
6. Suggest something that we can discuss/negotiate.

Students with good attendance will receive consideration for extra credit at the end of the semester if additional points are needed to achieve the next higher grade. Each extra credit assignment is worth five points. You may complete two assignments for extra credit for a maximum of ten points.

**PLEASE READ:** During the course of this class, Students may have strong emotional/psychological reactions to the course material and/or discussions. If you feel that you are having difficulty with the learning environment, please discuss this with me immediately before continuing the course. Counseling and Accessibility Services (<http://www.sulross.edu/section/2408/counseling-accessibility-services>) can provide brief, short-term individual and group counseling or refer you to off-campus providers. You have already paid for these services through your Student Service Fee, whether you use them or not.

*If you have any issue or concern, I would appreciate you speaking with me first. If you feel we cannot come to a reasonable resolution, know that you can speak with the BASS Department Chair, Dr. Mark Saka (432.837.8157) regarding your concerns.*

***I endeavor to maintain a safe learning environment for all and expect the highest standard of conduct from each one of us and the collective. I welcome constructive feedback in the service of this goal.***

***This syllabus is accurate to the best of my ability, but I reserve the right to modify it at any time and will inform you as soon as possible. If I do make any changes, I aspire to do so for the reasons of student fairness and/or circumstances beyond my control.***

**COURSE SCHEDULE**

<b>Date</b>	<b>Chapter</b>	<b>Topic</b>	<b>Assignments</b>
M - 8/22	Review syllabus	Course Overview	
W - 8/24	1	Personality: What is It and Why Should You Care?	pp. 1 - 34
M - 8/29	1	Personality: What is It and Why Should You Care?	pp. 1 - 342
W - 8/31	2	Sigmund Freud: Psychoanalysis (cont.)	pp. 35 - 78
M - 9/5	LABOR DAY HOLIDAY ~ NO CLASSES		
W - 9/7	2	Sigmund Freud: Psychoanalysis	pp. 35 - 783
[LAST DAY TO DROP A COURSE WITHOUT CREATING AN ACADEMIC RECORD]			
M - 9/12	3	Carl Jung: Analytical Psychology (cont.)	pp. 79 - 106
W - 9/14	3	Carl Jung: Analytical Psychology	pp. 79 - 106
<b>*W - 9/14</b>	<b>EXAM</b>	<b>Over Chapters 1 &amp; 2</b>	<b>Available on Black Board</b>
		<b>Open from 8am (9/14) closes 8am (9/15)</b>	<b>75 minutes to complete</b>
M - 9/19	4	Alfred Adler: Individual Psychology	pp. 108 - 134
W - 9/21	4	Alfred Adler: Individual Psychology	pp. 108 - 134
M - 9/26	5	Karen Horney: Neurotic Needs and Trends	pp. 135 - 155
W - 9/28	5	Karen Horney: Neurotic Needs and Trends	pp. 135 - 155
<b>*W - 9/28</b>	<b>EXAM 2</b>	<b>Over Chapters 3 &amp; 4</b>	<b>Available on Black Board</b>
		<b>Open from 8am (9/28) closes 8am (9/29)</b>	<b>75 minutes to complete</b>
M - 10/3	6	Erik Erikson: Identity Theory	pp. 157 - 190
<b>*M - 10/3</b>	<b>SUBMIT THEORY RESEARCH PAPER TOPIC FOR APPROVAL (via email by midnight)</b>		
W - 10/5	6	Erik Erikson: Identity Theory	pp. 157 - 190
M - 10/10	7	Gordon Allport: Motivation and Personality	pp. 191 - 212
W - 10/12	7	Gordon Allport: Motivation and Personality	pp. 191 - 212
<b>*W - 10/12</b>	<b>EXAM 3</b>	<b>Over Chapters 5 &amp; 6</b>	<b>Available on Black Board</b>
		<b>Open from 8am (10/12) closes 8am (10/13)</b>	<b>75 minutes to complete</b>
M - 10/17	8	Raymond Cattell, Hans Eysenck, & Others	pp. 213 - 243
W - 10/19	8	Raymond Cattell, Hans Eysenck, & Others	pp. 213 - 243
M - 10/24	9	Abraham Maslow: Needs-Hierarchy Theory	pp. 245 - 270

**COURSE SCHEDULE (cont.)**

<b>Date</b>	<b>Chapter</b>	<b>Topic</b>	<b>Assignments</b>
W – 10/26	9	Abraham Maslow: Needs-Hierarchy Theory	pp. 245 - 270
<b>*W – 10/26</b>	<b>EXAM 4</b>	<b>Over Chapters 7 &amp; 8</b>	<b>Available on Black Board</b>
		<b>Open from 8am (10/26) closes 8am (10/27)</b>	<b>75 minutes to complete</b>
M – 10/31	10	Carl Rogers: Self-Actualization Theory	pp. 271 - 290
W – 11/2	10	Carl Rogers: Self-Actualization Theory	pp. 271 - 290
M – 11/7	12	B.F. Skinner: Reinforcement Theory	pp. 315 - 338
[M – 11/7	LAST DAY FOR INSTRUCTOR INITIATED DROP FOR EXCESSIVE ABSENCES]		
W – 11/9	12	B.F. Skinner: Reinforcement Theory	pp. 315 - 338
<b>*W – 11/9</b>	<b>EXAM 5</b>	<b>Over Chapters 9 &amp; 10</b>	<b>Available on Black Board</b>
		<b>Open from 8am (11/9) closes 8am (11/10)</b>	<b>75 minutes to complete</b>
<b>W -11/9 to 11/18</b>	<b>COMPLETE STUDENT APPRAISAL OF FACULTY (FORM FE-2)</b>		<b>Available on Black Board</b>
[F – 11/11	LAST DAY TO WITHDRAW FROM UNIVERISTY OR TO DROP COURSES WITH A GRADE OF “W”]		
M – 11/14	13	Albert Bandura: Modeling Theory	pp. 339 - 368
W – 11/16	13	Albert Bandura: Modeling Theory	pp. 339 - 368
M – 11/21	14	Facets of Personality	pp. 369 - 405
<b>*M – 11/21</b>	<b>EXAM 6</b>	<b>Over Chapters 12 &amp; 13</b>	<b>Available on Black Board</b>
		<b>Open from 8am (11/21) closes 8am (11/22)</b>	<b>75 minutes to complete</b>
W- 11/23	THANKSGIVING HOLIDAY ~ NO CLASS		
M – 11/28	14	Facets of Personality	pp. 369 – 405
<b>*M – 11/28</b>	<b>THEORY RESEARCH PAPER DUE BY MIDNIGHT (submit via email)</b>		
W - 11/30	15	Personality in Perspective	pp. 407 - 417
R – 12/1	DEAD DAY ~ NO CLASSES		
<b>*T – 12/6</b>	<b>FINAL EXAM 8</b>	<b>Over Chapters 14 &amp; 15</b>	<b>Available on Black Board</b>
		<b>Open <u>ONLY</u> from 10:15am closes 12:15pm</b>	<b>120 minutes to complete</b>
[M – 12/8	FINAL GRADES DUE FOR GRADUATING STUDENTS DUE BY NOON]		
[M – 12/12	FINAL GRADES DUE FOR CONTINUING STUDENTS DUE BY NOON]		

PSY 3302-001 Theories of Personality: Fall2016

Bibiana M. Gutierrez, Ph.D.

NAME: \_\_\_\_\_

## THEORIES RESEARCH PAPER GRADING SHEET

The following must be included in your paper: (from syllabus)

1)	Exploration of one theoretical model	10 points	_____
2)	Explanation of how the model addresses:		
	a) The change process	10 points	_____
	b) How it explains psychopathology (distress/suffering)	10 points	_____
	c) Individual development (birth to death)	10 points	_____
	d) The fate/hope of the human condition	10 points	_____
3)	Explain how theory fits you and your life experience (give examples)	10 points	_____
4)	Organization of Content/Spelling/Grammar/Writing style (6 to 8 pages long)	15 points	_____
5)	APA Style Format		
	a) Title page with Running head	5 points	_____
	b) Abstract	5 points	_____
	c) Correct citation of references and quotes within paper	10 point	_____
	d) Reference page (6 to 8 references)	5 points	_____
		TOTAL	_____ % = _____

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Comments: