

PSY 3304 – 001 ABNORMAL PSYCHOLOGY: Fall 2016

MW @ 12:30PM – 1:45pm, Lawrence Hall 200

Professor:	Dr. Bibiana M. Gutierrez	Office Hours:	M & W – 2-3:30pm, T – 1:30-3:30pm, R – 12:30-2:30pm, or by appt.
Office:	Lawrence Hall 210	Office Phone:	432.837.8163
Email:	bibiana.gutierrez@sulross.edu	Course Website:	http://sulross.blackboard.com

Readings From: Sue, D., Sue, D.W., Sue, D., and Sue, S. Abnormal Behavior (3rd Edition), ISBN 9781305657663

Course Purpose: By the end of this course Students will be able to demonstrate an understanding of:

1. The Multipath Model of Mental Disorders, an organizational framework for understanding the numerous causes of mental disorders (biological, psychological, social, and sociocultural), the complexity of their interacting components, and the need to view disorders from a holistic perspective.
2. The critical importance and influence of the multicultural, sociocultural, and diversity aspects of abnormal psychology.
3. Case studies, current controversies, and up-to-date research findings impacting issues of mental health and mental disorders.
4. The latest scholarly research and recent breakthroughs in the etiology (causes) and treatment of mental disorders.
5. The impact of resilience from the field of positive psychology and its relevance to both prevention and recovery from the symptoms associated with various disorders.
6. The many false beliefs that surround the field of abnormal behavior and to distinguish between "Myth versus Reality".
7. The importance of skills for social responsibility, including the abilities to develop principles of personal responsibility for living in a diverse world and to connect choices, actions, and consequences to ethical decision-making through application of the psychological principles and knowledge learned.
8. The need for intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities learned through the application of psychological knowledge and principles learned.

Prerequisite: Psychology 1302 or consent of instructor.

Student Learning Objectives (SLOs):

The graduating psychology student will attain a level of competency in the areas of . . .

- a. Biological psychology indicating that value has been added over the course of their psychology education.
- b. Clinical-personality psychology indicating that value has been added over the course of their psychology education.
- c. Social psychology indicating that value has been added over the course of their psychology education.
- d. Experimental methods indicating that value has been added over the course of their psychology education.

Course Policies:**1. Attendance and Class Preparation:**

Class attendance is governed by the SRSU policy stated in the schedule of classes. Students will be dropped with an "F" when you have accumulated six (6) absences. You are expected to have completed the assigned readings by the beginning of the first class day for which they are assigned. See details in below section regarding students with excused absences.

2. Late Work and Make-Up Assignments:

If you need to be out of class for an emergency, excused-absence, or university-authorized absence, inform me of the situation as soon as possible. Late or make-up assignments will only be allowed in the case of an emergency or excused absence with appropriate documentation (doctor's note, etc.)

Any student who is absent from classes for a university-authorized absence (such as a game, tournament, or event) will be allowed to take an exam or complete an assignment scheduled for that day. **However, arrangements for missing class due to an excused or university-authorized absence must be made with the instructor BEFORE the absence.** It is your responsibility to speak with me about classes that you will miss well in advance.

3. Students with Special Needs:

Sul Ross State University (SRSU) is committed to equal access in compliance with the Americans with Disabilities Act of 1973. It is SRSU policy to provide reasonable accommodations to students with documented disabilities. It is the Student's responsibility to initiate a request. **Please contact Ms. Mary Schwartze, Counselor, Accessibility Services Coordinator, Ferguson Hall (Room 112) at 432.837.8363; the mailing address is P.O. Box C-171 Sul Ross State University, Alpine, Texas 79832. Students should then contact the instructor as soon as possible to initiate the recommended accommodations.**

4. Religious Observance:

Any student who is absent from class for the observance of a religious holy day will be allowed to take an exam or complete an assignment scheduled for that day. Arrangements for missing class due to a religious observance must be made with the instructor prior to that absence.

5. Classroom Respect and Disruptions:

You are encouraged and expected to openly engage in class discussions, ask questions, share ideas, and express your thoughts. Please treat each other with dignity and respect and avoid disruptive behaviors. You are responsible for knowing what behaviors are acceptable versus unacceptable as referred to in the Student Conduct and Discipline section of the SRSU Student Handbook

(http://www.sulross.edu/sites/default/files//sites/default/files/users/docs/stulife/student_conduct_discipline.pdf).

6. Academic Integrity:

Any instance of academic misconduct such as: turning in an identical written assignment for another course without approval, cheating and plagiarizing written assignments, collusion, or misrepresenting facts will be punished to the full extent of the university's disciplinary policy and/or through legal action if indicated. You are responsible for reading the statement on *Academic Honesty* in the SRSU Student Handbook

(http://www.sulross.edu/sites/default/files//sites/default/files/users/docs/stulife/student_conduct_discipline.pdf). The faculty considers academic dishonesty to be a serious matter and will act accordingly. Students caught engaging in any form of academic dishonesty will receive no credit for assignments/exams and more severe penalties may be pursued, including but not limited to failing the course.

7. Technology Policy:

Out of respect for your fellow students, your professor, and the educational process, all technology devices (cell/smart phones, I-pods, tablets, laptops, etc.) must be powered down and put away, not on the desk or in

your pocket, or on your lap, during class. Do not come to class if texting, using social media, and attending to tasks other than the class material is more important than being fully present (this is NOT an excused absence). If you feel you have an emergency situation that requires your phone to be on vibrate, please inform me before class begins. Students who disregard the policy will be asked to leave class and will be considered absent that day. If you plan to use a laptop for taking notes, please inform me; this privilege will be rescinded if you misuse it. **If you are found to be using your phone during class you will receive one warning after which you will be asked to put your phone on the lectern until the end of class. If this happens repeatedly you will be further disciplined as per SRSU policy for Disruptive Classroom Behavior.**

8. Communicating with the Professor:

The best way to contact me is through email at bibiana.gutierrez@sulross.edu. I will try to respond as soon as possible. If you do not receive a reply within 24 hours, please resend your email or call my office at 432.837.8163 and leave a message if I am unavailable. During weekends there may be a longer delay in my responding.

COURSE REQUIREMENTS:

1. **Regular, punctual attendance and participation (A = 50 points). This is a subjective judgment on my part. If I do not see you in class regularly or if you are sleeping, texting, day dreaming, talking to your neighbor, or otherwise being distracted/disruptive, this point total will be reduced.**
2. **Class Participation (CP =50 points) includes being attentive, asking/responding to questions, engaging in discussions, indicating you have read assignments before class, etc.**
3. **Eight (8) Exams each worth 100 points. (CP = 50 points). You can drop the lowest Exam score.**
4. **Complete of a Abnormal Research Paper (RP = 100 points).**
5. **If regular attendance qualifies you, up to 10 extra credit (EC) points will be added to your final point total before averaging.**

GRADES:

90–100 = A; 80 –89 = B; 70–79 = C; 60-69 = D; 0-59 = F

All grades will be averaged together to equal your final grade.

Example:

$(\text{EXAM1} = 75\%) + (\text{EXAM2} = 85\%) + (\text{EXAM3} = 95\%) + (\text{EXAM4} = 105\%) + (\text{EXAM5} = 85\%) + (\text{EXAM6} = 65\% \text{ DROP}) + (\text{EXAM7} = 85\%) + (\text{FINAL EXAM 8} = 95\%) + (\text{RP} = 85\%) + (\text{A} = 50\text{pts}) + (\text{CP} = 50\text{pts}) + (10 \text{ EC points}) / 900 = 90\% = \text{A}$

ABNORMAL RESEARCH PAPER INSTRUCTIONS:

There will be one required Theory Research Paper for the semester. It should be original and thoughtful. **I will run your paper through PLAGERISM SOFTWARE to ensure originality.** Please make certain that it is typewritten and double spaced. The paper is worth 100 points. The paper must be written in APA format. The following must be included in your paper:

- 1) Explore of one disorder, therapeutic approach, or mental health issue.
- 2) Explain how it develops/etiology/contributing factors.
- 3) Describe who it affects, how, why?
- 4) Explain how it has impacted you, your family/friends, U.S. society, AND the global community.

5) How can this issue be improved for the better of all? What is YOUR responsibility in this?

Your theory paper should have at least five (5) references other than the text. Use original (first) sources whenever possible. Use the APA reference manual for format guidelines. Go to library or SRSU Writing Center for help, or use the internet resources provided on Black Board for this course. The paper should be about five (5) to seven (7) double-spaced pages in length. Please ask for help early on so that you do not get overwhelmed. I am happy to review a draft of your paper and give you feedback before the due date- this is voluntary and always results in a better paper. See attached THEORIES RESEARCH PAPER GRADING SHEET for specifics on grading.

**Submit your choice of theory for approval to me on or before Monday, 10/3/2016 by midnight via email.
PAPER IS DUE MONDAY, 11/28/2016**

EXTRA CREDIT:

Maximum of up to 10 points extra credit may be received for participating in two of the following activities:

1. **Attend Academic Enhancement Seminars** (<http://www.sulross.edu/page/939/academic-enhancement-seminars>).
2. **Take a career self-assessment, Meyers-Briggs or SIGI** (<http://www.sulross.edu/page/111/career-services>).
3. Attendance at a public lecture or activity related to psychology, such as drug/alcohol abuse, domestic violence, mental health awareness, a cultural event, religious activity different than your own, etc. Please get my approval first for activity.
4. Keep a Reflection Journal. For 30 days write down at the end of each day what you have experienced/reflected upon/learned that relates to psychology. Turn in a report summarizing what you have learned; do not turn in the journal.
5. Participate as a research subject in a psychological experiment.
6. Suggest something that we can discuss/negotiate.

Students with good attendance will receive consideration for extra credit at the end of the semester if additional points are needed to achieve the next higher grade. Each extra credit assignment is worth five points. You may complete two assignments for extra credit for a maximum of ten points.

PLEASE READ: During the course of this class, Students may have strong emotional/psychological reactions to the course material and/or discussions. If you feel that you are having difficulty with the learning environment, please discuss this with me immediately before continuing the course. Counseling and Accessibility Services (<http://www.sulross.edu/section/2408/counseling-accessibility-services>) can provide brief, short-term individual and group counseling or refer you to off-campus providers. You have already paid for these services through your Student Service Fee, whether you use them or not.

If you have any issue or concern, I would appreciate you speaking with me first. If you feel we cannot come to a reasonable resolution, know that you can speak with the BASS Department Chair, Dr. Mark Saka (432.837.8157) regarding your concerns.

I endeavor to maintain a safe learning environment for all and expect the highest standard of conduct from each one of us and the collective. I welcome constructive feedback in the service of this goal.

This syllabus is accurate to the best of my ability, but I reserve the right to modify it at any time and will inform you as soon as possible. If I do make any changes, I aspire to do so for the reasons of student fairness and/or circumstances beyond my control.

COURSE SCHEDULE

Date	Chapter	Topic	Assignments
M - 8/22	Review syllabus	Course Overview	
W - 8/24	1	Abnormal Behavior	pp. 1 - 21
M - 8/29	2	Understanding & Treating Mental Disorders	pp. 23 - 53
W - 8/31	2	Understanding & Treating Mental Disorders (cont.)	pp. 23 - 53
M - 9/5	LABOR DAY HOLIDAY ~ NO CLASSES		
W - 9/7	3	Clinical Research, Assessment, & Classification	pp. 55 - 83
*W - 9/7	EXAM 1	Over Chapters 1 & 2	Available on Black Board
		Open from 8am (9/14) closes 8am (9/15)	75 minutes to complete
[LAST DAY TO DROP A COURSE WITHOUT CREATING AN ACADEMIC RECORD]			
M - 9/12	3	Clinical Research, Assessment, & Classification (cont.)	pp. 55 - 83
W - 9/14	4	Anxiety & Obsessive-Compulsive & Related . . .	pp. 85 - 117
M - 9/19	4	Anxiety & Obsessive-Compulsive & Related (cont.)	pp. 85 - 117
W - 9/21	5	Trauma- & Stressor-Related Disorders	pp. 119 - 145
M - 9/26	6	Somatic Symptom & Dissociative Disorders	pp. 147 - 171
*M - 9/26	EXAM 2	Over Chapters 3 & 4	Available on Black Board
		Open from 8am (9/26) closes 8am (9/27)	75 minutes to complete
W - 9/28	7	Depressive & Bipolar Disorders	pp. 173 - 203
M - 10/3	7	Depressive & Bipolar Disorders (cont.)	pp. 173 - 203
*W - 10/3	EXAM 3	Over Chapters 5 & 6	Available on Black Board
		Open from 8am (10/3) closes 8am (10/4)	75 minutes to complete
W - 10/5	8	Suicide	pp. 205 - 230
*W - 10/5	SUBMIT THEORY RESEARCH PAPER TOPIC FOR APPROVAL (via email by midnight)		
M - 10/10	8	Suicide (cont.)	pp. 205 - 230
W - 10/12	9	Eating Disorders	pp. 233 - 259
M - 10/17	9	Eating Disorders (cont.t)	pp. 233 - 259

*M – 10/17	EXAM 4	Over Chapters 7 & 8	Available on Black Board
		Open from 8am (10/17) closes 8am (10/18)	75 minutes to complete
W – 10/19	10	Substance-Related & Other Addictive Disorders	pp. 261 - 293

COURSE SCHEDULE (cont.)

Date	Chapter	Topic	Assignments
M – 10/24	10	Substance-Related & Other Addictive Disorders (cont.)	pp. 261 - 293
W – 10/26	11	Schizophrenia Spectrum Disorders	pp. 295 – 323
M – 10/31	11	Schizophrenia Spectrum Disorders (cont.)	pp. 295 - 323
*M – 10/31	EXAM 5	Over Chapters 9 & 10	Available on Black Board
		Open from 8am (10/31) closes 8am (11/1)	75 minutes to complete
W – 11/2	12	Neurocognitive Disorders	pp. 325 - 349
M – 11/7	13	Sexual Dysfunctions, Gender dysphoria, & . . .	pp. 351 - 381
[M – 11/7	LAST DAY FOR INSTRUCTOR INITIATED DROP FOR EXCESSIVE ABSENCES]		
W – 11/9	13	Sexual Dysfunctions, Gender dysphoria, & (cont.)	pp. 351 - 381
*W – 11/9	EXAM 6	Over Chapters 11 & 12	Available on Black Board
		Open from 8am (11/9) closes 8am (11/10)	75 minutes to complete
W -11/9 to 11/18	COMPLETE STUDENT APPRAISAL OF FACULTY (FORM FE-2)		Available on Black Board
[F – 11/11	LAST DAY TO WITHDRAW FROM UNIVERISTY OR TO DROP COURSES WITH A GRADE OF “W”]		
M – 11/14	14	Personality Psychopathology	pp. 383 - 412
W – 11/16	14	Personality Psychopathology (cont.)	pp. 383 - 412
*W – 11/16	ABNORMAL RESEARCH PAPER DUE BY MIDNIGHT (submit via email)		
M – 11/21	15	Disorders of Childhood & Adolescence	pp. 415 - 447
*M – 11/21	EXAM 7	Over Chapters 13 & 14	Available on Black Board
		Open from 8am (11/21) closes 8am (11/22)	75 minutes to complete
W- 11/23	THANKSGIVING HOLIDAY ~ NO CLASS		
M – 11/28	16	Law & Ethics in abnormal Psychology	pp. 449 - 473
R – 12/1	DEAD DAY ~ NO CLASSES		
*T – 12/6	FINAL EXAM 8	Over Chapters 15 & 16	Available on Black Board
		Open <u>ONLY</u> from 12:30pm closes 2:30pm	120 minutes to complete
[M – 12/8	FINAL GRADES DUE FOR GRADUATING STUDENTS DUE BY NOON]		

[M – 12/12]

FINAL GRADES DUE FOR CONTINUING STUDENTS DUE BY NOON]

PSY 3304-001 Abnormal Psychology: Fall2016

Bibiana M. Gutierrez, Ph.D.

NAME: _____

ABNORMAL RESEARCH PAPER GRADING SHEET

The following must be included in your paper: (from syllabus)

1) Explore of one disorder, therapeutic approach, or mental health issue.	20 points	_____
2) Explain how it develops/etiology/contributing factors.	10 points	_____
3) Describe who it affects, how, why?	10 points	_____
4) Explain how it has impacted you, your community, our U.S. society, AND the global community (world).	10 points	_____
5) How can this issue be improved for the better of all? What is YOUR responsibility?	15 points	_____
4) Organization of Content/Spelling/Grammar/Writing style (5 to 7 pages long)	15 points	_____
5) APA Style Format		
a) Title page with Running head	5 points	_____
b) Abstract	5 points	_____
c) Correct citation of references and quotes within paper	5 points	_____
d) Reference page (6 to 8 references)	5 points	_____
	TOTAL	_____ % = _____

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Submit your choice of theory for approval on or before WEDNESDAY, 10/5/2016 via email by midnight

PAPER IS DUE MONDAY, 11/16/2016 by midnight via email

Comments:

