PSY 1302-003: INTRODUCTION TO PSYCHOLOGY

Tuesday & Thursday (R) @ 9:30am- 10:45am, Lawrence Hall 300

Professor: Dr. Bibiana M. Gutierrez

Office: Lawrence Hall 210

Email: bmg15th@sulross.edu

Office Hours: M & W – 9:30 – 11am
T – 1:30-3:00pm
R – 12:30-2:00pm or by appt.

Office Phone: 432.837.8163

Course Website: http://sulross.blackboard.com

Required Textbook: Feldman, Robert S., Understanding Psychology, 12th Edition, ISBN 978-1-259-33035-3

Course Purpose: By the end of this course Students will be able to demonstrate:

1. A basic knowledge of the history, research methods, and statistics used in psychology.
2. Knowledge of learning, memory, cognition, language, and intelligence.
3. Gain insight into behavior through the understanding of motivation and emotion, sexuality, and development across the lifespan.
4. Familiarity with basic psychological principles including those related to personality, abnormal behavior and therapy, social psychology, biological psychology, stress and coping, states of consciousness, and eastern psychology.
5. Familiarity with major subfields of psychology, issues of diversity, and neuroscience.
6. Become an informed consumer of psychology and its applications in the 21st century.
7. Develop skills for social responsibility, including the abilities to develop principles of personal responsibility for living in a diverse world and to connect choices, actions, and consequences to ethical decision-making through application of the psychological principles and knowledge learned.
8. Intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities learned through the application of psychological knowledge and principles learned.

Psychology Learning Objectives: The graduating psychology student will attain a level of competency in the areas of . . .

a. Biological psychology indicating that value has been added over the course of their psychology education.
b. Clinical-personality psychology indicating that value has been added of the course of their psychology education.
c. Social psychology indicating that value has been added over the course of their psychology education.
d. Experimental methods indicating that value has been added over the course of their psychology education.

Course Policies:

1. **Attendance and Class preparation:**
   Class attendance is governed by the SRSU policy stated in the schedule of classes. Students will be dropped with an "F" when you have accumulated six (6) absences. You are expected to have completed the assigned readings by the beginning of the first class day for which they are assigned. See details in below section regarding students with excused absences.
2. **Late Work and Make-Up Assignments:**
   If you need to be out of class for an emergency, excused-absence, or university-authorized absence, inform me of the situation as soon as possible. Late or make-up assignments will only be allowed in the case of an emergency or excused absence with appropriate documentation (doctor's note, etc.)
   Any student who is absent from classes for a university-authorized absence (such as a game, tournament, or event) will be allowed to take an exam or complete an assignment scheduled for that day. **However,**

arrangements for missing class due to an excused or university-authorized absence must be made with the instructor BEFORE the absence. It is your responsibility to speak with me about classes that you will miss well in advance.

3. **Students with Special Needs:**
   Sul Ross State University (SRSU) is committed to equal access in compliance with Americans with Disabilities Act of 1973. It is SRSU policy to provide reasonable accommodations to students with documented disabilities. It is the Student's responsibility to initiate a request. **Please contact Ms. Mary Schwartze, Counselor, Accessibility Services Coordinator, Ferguson Hall (Room 112) at 432.837.8363; mailing address is P.O. Box C-171 Sul Ross State University, Alpine, Texas 79832. Students should then contact the instructor as soon as possible to initiate the recommended accommodations.**
4. **Religious Observance:**
   Any student who is absent from classes for the observance of a religious holy day will be allowed to take an exam or complete an assignment scheduled for that day. Arrangements for missing class due to a religious observance must be made with the instructor prior to that absence.
5. **Classroom Respect and Disruptions:**
   You are encouraged and expected to openly engage in class discussions, ask questions, share ideas, and express your thoughts. Please treat each other with dignity and respect and avoid disruptive behaviors. You are responsible for knowing what behaviors are acceptable versus unacceptable as referred to in the Student Conduct and Discipline section of the SRSU Student Handbook (http://www.sulross.edu/sites/default/files//sites/default/files/users/docs/stulife/student_conduct_discipline.pdf).
6. **Academic Integrity:**
   Any instance of academic misconduct such as turning in an identical written assignment for another course without approval, cheating and plagiarizing written assignments, collusion, or misrepresenting facts will be punished to the full extent of the university's disciplinary policy and/or through legal action if indicated. You are responsible for reading the statement on *Academic Honesty* in the SRSU Student Handbook (http://www.sulross.edu/sites/default/files//sites/default/files/users/docs/stulife/student_conduct_discipline.pdf). The faculty considers academic dishonesty to be a serious matter and will act accordingly. Students caught engaging in any form of academic dishonesty will receive no credit for assignments/exams and more severe penalties may be pursued, including but not limited to failing the course.
7. **Technology Policy:**
   Out of respect for your fellow students, your professor, and the educational process, all technology devices (cell/smart phones, I-pods, tablets, laptops, etc.) must be powered down and put away, not on the desk or in your pocket, or on your lap, during class. Do not come to class if texting, using social media, and attending to tasks other than the class material is more important than being fully present (this is NOT an excused absence). If you feel you have an emergency situation that requires your phone to be on vibrate, please inform me before class begins. ***If you are found to be using your phone during class you will get one warning after which you will be asked to put your phone on the lectern until the end of class. If this happens repeatedly you will be further disciplined as per SRSU policy for Disruptive Classroom Behavior.***
8. **Communicating with the Professor:**
   The best way to contact me is through email at bibiana.gutierrez@sulross.edu. I will try to respond as soon as possible. If you do not receive a reply within 24 hours, please resend your email or call my office at 432.837.8163 and leave a message if I am unavailable. During weekends there may be a longer delay in my responding.

COURSE REQUIREMENTS:

1. **Regular, punctual attendance and participation (A = 50 points). This is a subjective judgment on my part. If I do not see you in class regularly or if you are sleeping, texting, day dreaming, talking to your neighbor, or otherwise being distracted or disruptive, this point total will be reduced.**
2. **Class Participation (being attentive, asking/responding to questions, engaging in discussions, indicating you have read assignments, etc.) (CP = 50 points). This is a subjective judgment on my part.**
3. **Seven (7) Exams (EXM) each worth 100 points. Drop the lowest grade. All Exams will be administered via Black Board at scheduled times, NOT IN CLASS (see schedule below).**
4. **Earn up to 10 Extra Credit (EC) points (5pts/activity), to add to your final grade before averaging, by attending maximum of 2 extra-curricular activities.**

GRADE SCALE:

90–100 = A; 80 –89 = B; 70–79 = C; 60-69 = D; 0-59 = F

Example:

(A -50pts) + (CP-50pts) (EXM1 – 60pts)[DROP] + (EXM2 - 85pts) + (EXM3 - 93pts) (EXM4 – 85pts) + (EXM5 – 87pts) + (EXM6 – 100pts) +(EXM7 – 95pts) + (EC -10pts) = 655 /700 = 93.5 = "A"

Extra Credit Activity points may be received for participating in up to two of the following activities (5pts/activity; 10pt maximum):

1. **Attend Academic Enhancement Seminars (http://www.sulross.edu/page/939/academic-enhancement-seminars).**
2. **Take a career self-assessment, Meyers-Briggs or SIGI (http://www.sulross.edu/page/111/career-services).**
3. Attendance at a public lecture or activity related to psychology, such as drug/alcohol abuse, domestic violence, mental health awareness, a cultural event, religious activity different then your own, etc. Submit a summary to me via email of your attendance at the activity and what you learned from it.
4. Keep a Reflection Journal. For 30 days write down at the end of each day what you have experienced/reflected upon/learned that relates to psychology. Submit a summary to me via email of what you learned upon completing; do not turn in the journal.
5. Keep a Dream Journal. For 30 days write down upon awakening what you dreamt. Submit a summary to me via email of what you learned upon completing; do not turn in the journal.
6. Participate as a research subject in a psychological experiment or other SRSU study.
7. Suggest something that we can discuss/negotiate.

PLEASE READ: During the course of this class, Students may have strong emotional/psychological reactions to the course material and/or discussions. If you feel that you are having difficulty with the learning environment, please discuss this with me immediately before continuing the course. Counseling and Accessibility Services (http://www.sulross.edu/section/2408/counseling-accessibility-services) can provide brief, short-term individual and group counseling or refer you to off-campus providers. You have already paid for these services through your Student Service Fee, whether you use them or not.

If you have any issue or concern, I would appreciate you speaking with me first. If you feel we cannot come to a reasonable resolution, know that you can speak with the BASS Department Chair, Dr. Mark Saka (432.837.8157) regarding your concerns.

I endeavor to maintain a safe as possible learning environment for all and expect the highest standard of conduct from each one of us and the collective. I welcome constructive feedback in the service of this goal.

B. GUTIERREZ, 1/11/2017

This syllabus is accurate to the best of my ability, but I reserve the right to modify it at any time and will inform you as soon as possible. If I do make any changes, I aspire to do so for the reasons of student fairness and/or circumstances beyond my control.

COURSE SCHEDULE

DATE	CHAPTER	TOPIC	ASSIGNMENTS
T – 1/17	Syllabus	Course Overview	Preface xxv - xxxviii
R – 1/19	1	Introduction to Psychology and	pp. 3 - 29
T – 1/24	1	Introduction to Psychology and	pp. 3 - 29
R – 1/26	2	Psychological Research	pp. 31 – 55
T – 1/31	2	Psychological Research	pp. 31 – 55
R – 2/2	3	Neuroscience and Behavior (cont.)	pp. 57 - 93
[W – 2/1	*LAST DAY TO DROP A COURSE WITHOUT CREATING AN ACADEMIC RECORD]*		
T – 2/7	3	Neuroscience and Behavior	pp. 57 – 93
***T– 2/7**	**EXAM 1**	**Over Chapters 1 & 2**	**Available on Black Board**
	Open from 8am (2/7) closes 8am (2/8)		**75minutes to complete**
R– 2/9	4	Sensation and Behavior	pp. 95 – 137
T -2/14	4	Sensation and Behavior (cont.)	pp. 95 – 137
R – 2/16	5	States of Consciousness	pp. 139 – 175
T – 2/21	5	States of Consciousness (cont.)	pp. 139 - 175
***T– 2/21**	**EXAM 2**	**Over Chapters 3 & 4**	**Available on Black Board**
		Open from 8am (2/21) closes 8am (2/22)	**75minutes to complete**
R – 2/23	6	Learning	pp. 177 - 209
T – 2/28	6	Learning (cont.)	pp. 177 - 209
R – 3/2	7	Memory	pp. 225 – 243
T – 3/7	7	Memory (cont.)	pp. 225 – 243
***T – 3/7**	**EXAM 3**	**Over Chapters 5 & 6**	**Available on Black Board**
		Open from 8am (3/7 closes 8am (3/8)	**75 minutes to complete**
R – 3/9	9	Intelligence	pp. 279 - 295
T- 3/14	SPRING BREAK~ NO CLASSES		
R – 3/16	SPRING BREAK~ NO CLASSES		
T – 3/21	9	Intelligence (cont.)	pp. 279 - 295
R – 3/23	10	Motivation and Emotion	pp. 309 - 341

COURSE SCHEDULE (cont.)

DATE	CHAPTER	TOPIC	ASSIGNMENT
T – 3/28	10	Motivation and Emotion (cont.)	pp. 309 – 341
***T- 3/28**	**EXAM 4**	**Over Chapters 7 & 9**	**Available on Black Board**
		Open from 8am (3/28) closes 8am (3/29)	**75 minutes to complete**
R – 3/30	11	Sexuality and Gender	pp. 343 – 379
[M – 4/3	*LAST DAY FOR INSTRUCTOR INITIATED DROP FOR EXCESSIVE ABSENCES]*		
T – 4/4	11	Sexuality and Gender (cont.)	pp. 343 – 379
R – 4/6	12	Development	pp. 381 – 435
[F – 4/7	*LAST DAY TO WITHDRAW FROM UNIVERISTY OR TO DROP COURSES WITH A GRADE OF "W"]*		
T – 4/11	12	Development (cont.)	pp. 381 – 435
***T – 4/11**	**EXAM 5**	**Over Chapters 10 & 11** **Open from 8am (4/11 closes 8am (4/12)**	**Available on Black Board** **75 minutes to complete**
R – 4/13	13	Personality	pp. 437 - 471
F – 4/14	GOOD FRIDAY HOLIDAY ~ NO CLASSES		
T – 4/18	13	Personality (cont.)	pp. 437 – 471
R – 4/20	14	Health Psychology	pp. 473 – 501
T – 4/25	14	Health Psychology (cont.)	pp. 473 – 501
***T = 4/25**	**EXAM 6**	**Over Chapters 12 & 13**	**Available on Black Board**
		Open from 8am (4/25) closes 8am (4/26)	**75 minutes to complete**
R – 4/27	15	Psychological Disorders	pp. 503 – 541
T – 5/2	15	Psychological Disorders (cont.)	pp. 503 - 541
R – 5/4	**DEAD DAY ~ NO CLASSES**		
***M – 5/8**	**FINAL EXAM 7**	**Over Chapters 14 & 15**	**IN CLASS EXAM**
		from 8:00am to 10:00am	**120 minutes to complete**
[M – 5/11	*FINAL GRADES DUE FOR GRADUATING STUDENTS DUE BY NOON]*		
[M – 5/15	*FINAL GRADES DUE FOR CONTINUING STUDENTS DUE BY NOON]*		