

PE 1306

First Aid

Spring 2017

Sul Ross State University
Department of Kinesiology

Class Time: MWF 9:00 a.m. – 9:50 a.m.

Class Location: GPC 106

Instructor: Dee Dee De La O

Office Location: 108

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Office Phone: 432-837- 8445

Office Hours: By appointment

Student Learning Outcomes: The purpose of this course is to provide an in-depth study of the principles of safety and first aid. The student will be able to identify an emergency and be able to explain a safe scenario. The student will be able to apply skills learned in the class and be prepared for real life scenarios. The student will be able to evaluate safety situations and become CPR certified through this course.

Standard X

The physical education teacher understands the legal issues and responsibilities of physical education teachers in relation to supervision, planning and instruction, matching participants, safety, first aid, and risk management.

Competency 013

The teacher understands legal issues and responsibilities of physical education teachers in relation to supervision, planning and instruction, matching participants, safety, first aid, and risk management.

Student Objectives: At the end of the course the students will be able to

- A. Apply knowledge of legal and ethical issues and responsibilities relevant to physical education (e.g., confidentiality, supervision, standard of care, professional liability, negligence).
- B. Demonstrate knowledge of state and federal laws and guidelines regarding student rights and teacher responsibilities in physical education contexts (e.g., in relation to gender equity, inclusion and privacy).
- C. Demonstrate an understanding of the development and use of safety rules, risk-management plans, emergency plans and injury reports.
- D. Demonstrate knowledge of inherent risks, physical and environmental dangers (e.g., heat, wind), potential safety hazards and potential liabilities associated with

participation in physical activities and techniques for informing students, families and staff of potential risks.

READING MATERIAL:

Other Materials: There may be handouts from various sources and outside readings assigned periodically. Additional course materials may be posted on Blackboard.

COURSE DESCRIPTION: This course is designed to provide students with information that will increase a safety awareness, promote accident prevention, and enable injury care. The information will equip students with necessary skills to deal with possible emergency situations, sudden illness and CPR.

STYLE OF TEACHING: The objectives of this course will be met through an integrated teaching style that will include discussion via Blackboard and PowerPoint presentations. Students will be encouraged to remain actively involved in class discussions and will be responsible for reading all assigned material for this class.

GRADING:

1000 total points possible

- Final Exam 100 points
- Quizzes (25 @ 10 points each) = 250 points
- Discussion Boards (8 @ 20 points each) = 160 points
- In Class Activities (10 @ 30 points each) = 300 points
- CPR Certification 190 points

A = 1000 – 900
B = 899 – 800
C = 799 – 700
D = 699 – 600
F = ≤599

SUBJECT TO CHANGE AT MY DISCRETION

EVALUATION PROCEDURES:

- ✓ **Final Exam = 100 points each**
 - The final exam may consist of essay, fill-in, short answer, true/false, and/or multiple choice questions and could cover any material provided in the assigned readings.
 - All students are expected to take the exam on the designated day and time assigned. If a student cannot take the exam during the scheduled time, it is the student’s responsibility to approve the absence and request a make-up exam with the instructor at least one week PRIOR to the week of the exam.
 - In the case of an unexpected emergency, proper documentation for the absence is required (e.g., physician’s excuse) in order to be able to make-up the exam for full credit. Students who fail to take an exam on the designated day and time (without proper documentation or prior notification) will be allowed to make up the exam for half credit only (i.e., 50 points maximum). The make-up exam may differ from the regularly scheduled exam (and will likely be more difficult).

- ✓ **Quizzes = 10 points each**
 - Quizzes may consist of essay, fill-in, short answer, true/false, and/or multiple choice questions and could cover any material provided in the assigned readings.

- All students are expected to take quizzes on the designated day and time assigned. If a student cannot take the quiz during the scheduled time, it is the discretion of the instructor to allow the student to make-up a missed quiz.
- ✓ **Weekly Articles = 30 points each**
 - Each week students will have a discussion board due.
- ✓ **In-class Activities = 30 points each**
 - In-class activities will consist of various projects related to the topic area of discussion for the week.
 - Each student will submit a “homework” assignment following the in-class activity. This will be done during the scheduled class time.
- ✓ **Group Presentations = 100 points**
 - Students will give a professional presentation discussing a nutrition-related disease deficiency as described in class.
 - Groups will be preselected by the instructor and consist of 3 to 5 students.
 - A rubric with detailing the expectations of the group presentation assignment will be distributed by the instructor.

Note: All grading will be based on the quality of the assignment submitted; factors such as a student's ability and the effort put into an assignment will only be assessed to the extent that they influence the quality of the work submitted. All written work should be submitted in APA format.

- ✓ **Attendance/Participation = 100 points**
 - Regular and punctual attendance is expected of all students.
 - Each designated class meeting will be worth 3 points. Students will receive points for significant contributions to discussion.
 - Emergencies will be handled on an individual basis.

Note: The first week of class will not count toward attendance

EXPECTATION OF STUDENTS:

- Students are responsible for keeping up with the reading and are expected to read the assigned chapters and/or other posted readings prior to class in order to contribute to online discussion.
- Handouts distributed through Blackboard and in class should be kept in a notebook in order to be referred to as necessary.

ACADEMIC DISHONESTY OR MISCONDUCT: Sul Ross State University is committed to the highest standards of integrity and ethical conduct. Participating in behavior that violates academic integrity (plagiarism, etc.) will result in disciplinary action and may include: receiving a failing grade for the assignment, failing the course, and suspension and/or dismissal from the University.

DROP POLICY: Access information regarding schedule changes at:
<http://www.sulross.edu/page/967/schedule-changes-withdrawals>

ADA (Americans with Disabilities Act)

Sul Ross State University is committed to equal access in compliance with the Americans with Disabilities Act of 1973. It is the student's responsibility to initiate a request for accessibility services. Students seeking accessibility services must contact Mary Schwartze, M. Ed., L.P.C., in counseling and accessibility services, Ferguson Hall, Room 112.