

# SUL ROSS STATE UNIVERSITY

## ED 6347: Introduction to Play Therapy SYLLABUS-Summer II 2017

Instructor: Tamara Olive, Ph.D., LPC, NCC  
Office Phone: (325) 234-7174

E-mail: [tolive@sulross.edu](mailto:tolive@sulross.edu)

Office Hours: Online hours are from 8:00 a.m.-9:00 a.m. Monday-Thursday. Telephone conferences are available by appointment. The instructor is available online, via email, and telephone.

### **REQUIRED TEXTS**

Landry, G.L. (2012). *Play therapy: The art of the relationship* (3<sup>rd</sup> ed.). New York, NY: Routledge. ISBN: 978-0415886819 (hardback)

Landry, G. L. (2012). *Child centered play therapy: A clinical session* [DVD/CD-ROM]. Denton, TX: Play Therapy Institute. ISBN: 978-0415623896

**Note: You will need both the textbook and the DVD for this course.  
The bundled ISBN-13: 978-0415623902**

This bundle, including both the hardback text and the DVD/CD-ROM, can be purchased on Amazon for approximately \$109. It is also available from the publisher at the following URL:

<https://www.routledge.com/Play-Therapy-Book--DVD-Bundle/Landreth/p/book/9780415623902>

for \$109 purchase price, and it includes free shipping. Make certain to order the “**Play Therapy Book and DVD Bundle.**”

### **COURSE DESCRIPTION**

Play Therapy explores basic theories, history, and techniques of play therapy. This course includes an overview of essential elements and principles of play therapy, including history of play therapy, theories of play therapy, techniques of play therapy, modalities of play therapy, and applications.

### **STUDENT LEARNING OUTCOME (PROGRAM'S PRIMARY LEARNING OBJECTIVE)**

Students will demonstrate their ability to apply within guidance and counseling, the knowledge of human development, diversity, and factors that affect clients' ability to achieve their potential.

### **STUDENT LEARNING OBJECTIVES**

Student will be able to:

1. Identify and define basic terminology and concepts related to play therapy principles, techniques, and theories.
2. Demonstrate an understanding of the historical, practical/clinical, and theoretical bases underlying the play therapy process.
3. Identify developmentally appropriate play therapy toys and materials that can be incorporated into play therapy for the purposes of both assessment and treatment.

4. Demonstrate a working knowledge of a variety of play therapy strategies and applications.
5. Evaluate a client's presenting clinical problem(s) developmentally and theoretically and conceptualize an appropriate treatment approach in play therapy.
6. Demonstrate an understanding of legal and ethical issues unique to play therapy and those shared with other modalities (i.e., documentation, competence, informed consent, confidentiality, boundaries, duty to warn and protect, and use of touch).

## **REQUIREMENTS**

Students will:

- Comply with Online Participation Policy
- Complete all reading assignments and study the material prior to posting assignments
- Study Blackboard lectures
- Post in-depth and insightful responses on Discussion Board forums; students will remain active on the Discussion Board throughout the entire semester
- Utilize videos to view actual play therapy sessions, videos of play-therapy related topics, and examples of art from play therapy, and submit assignments based on those videos
- Take chapter quizzes
- Take a Final Exam based on textbook readings, the assigned DVD/CD-ROM, research (peer-reviewed professional journal article), and non-directive play with a child
- Practice professional conduct and ethics, including a respect of confidentiality with the same expectations of face-to-face courses, as well as respectful learning exchanges in online discussions

## **EVALUATION**

Your grade for this course will be determined by evidence of the **quality** of your learning as demonstrated by your performance on the following:

Chapter Quizzes (17 quizzes, varied point values)	30% (300 points)
Video Assignments Discussion Board Postings (10 @ 30 pts)	30% (300 points)
Art Assignments Discussion Board Postings (5 @ 30 points)	15% (150 points)
Final Exam (Paper)	25% (250 points)
Total possible points = 1,000 points	

Course Grade:	A	B	C	F
	91% - 100%	81% - 90%	71% - 80%	Below 71%

**NOTE:** Graduate students must maintain a 3.0 GPA to remain in good standing.

## **PARTICIPATION**

This is a web-delivered course and therefore is subject to the **Sul Ross State University online participation policy**. It is the student's responsibility to check the Discussion Board and Sul Ross email continuously for the duration of the course. Because ED 6347 is delivered entirely online, participation will be evaluated in Blackboard online discussions. It is the student's responsibility to check the Discussion Board and Sul Ross email continuously for the duration of the course. In order for you to remain enrolled in ED 6347, you must reply to the Blackboard Discussion Board "Online Participation Policy" forum by the deadline posted on the Due Dates listing contained in this syllabus. It is policy at Sul Ross State University that, if a student is enrolled in a web-delivered course and fails to stay active for a period of 3 weeks in a long semester, or for 1 week during a summer session, fails

to submit assignments, and/or does not reply to emails from the instructor, he/she will be dropped from the course with a grade of "F." You may access the "Online Participation Policy" forum by entering Blackboard, then selecting Discussion Board. Please follow the directions regarding your required response.

You are expected to participate in the online activities and discussions. **NOTE: This course has very heavy use of the discussion board!** You will be expected to participate through initial posts and responses to other students and your instructor. You are required to check **daily** both your Sul Ross email and the "Important Information from Dr. Olive" Discussion Board forum, and to promptly reply.

You are free to work at your convenience as long as you meet the assignment deadlines. **No late assignments will be accepted.** You are encouraged to work ahead. Your final course grade will be affected by the **quality** of your participation. Your postings and responses on the Discussion Board should give evidence that you have completed the assigned readings and viewing of the required videos. Your written communication should reflect professional courtesy toward the instructor and fellow students.

**Distance Education Statement:** Students enrolled in distance education courses have equal access to the university's academic support services, such as Smarthinking, library resources, such as online databases, and instructional technology support. For more information about accessing these resources, visit the SRSU website. Students should correspond using Sul Ross email accounts and submit online assignments through Blackboard, which requires secure login information to verify students' identities and to protect students' information. This course requires students to purchase a DVD/CD-ROM and to maintain adequate technology to open and play the required videos specified on the Discussion Board. The procedures for filing a student complaint are included in the student handbook. Students enrolled in distance education courses at Sul Ross are expected to adhere to all policies pertaining to academic honesty and appropriate student conduct, as described in the student handbook. Students in web-based courses must maintain appropriate equipment and software, according to the needs and requirements of the course, as outlined on the SRSU website.

## **ASSIGNMENT DESCRIPTIONS**

Many of your assignments will utilize the Discussion Board; on it you will have 10 Video Assignments, and 5 Art Assignments (see the Discussion Board on Blackboard for details).

You will take 17 Chapter Quizzes (click on the "Chapter QUIZZES" button on Blackboard to view details for each quiz).

You will create a Final Exam Paper. It is very important that you begin this paper **at the start of the semester** as you watch the DVD/CD-ROM (there is a section of your Final Exam Paper that addresses the **DVD**), and there are sections of the paper that relate to specific **chapters in your textbook**. See below for complete instructions and details about the Final Exam Paper. You will find instructions about the organization of the paper, required headings, etc. Note: *You will be required to **engage in play with a child for 20 minutes** in a specific manner in order to write one of the sections of the Final Exam Paper.* There is also a section of the paper that requires you to locate **a peer-reviewed professional journal article** and write about it. (Note the due date for submitting your selection of article to me for approval.)

You will find examples of APA style for citations and reference entries at the end of this syllabus. Refer to those examples as you write your Discussion Board posts, and as you write your Final Exam Paper. You will be expected to demonstrate correct APA style, as it is standard in graduate school level writing.

**Writing Style.** Papers must be typed using 1 inch margins, 12-point Times Roman type, and double-spaced. Do not number the title page. Do not retype the questions; simply write well-developed paragraphs. Edit for spelling and grammar, and for clarity and logic of idea development. (I strongly encourage you to have someone else proofread your work.) Include citations and a reference page utilizing correct APA style. **NOTE: Your writing reflects your professionalism. Papers with multiple errors in any of the above areas will receive a reduction in grade.**

### **Final Exam (Paper)**

Students, your Final Exam in this course will reflect the assimilation of your knowledge based on your reading the textbook and viewing the DVD (CD-ROM), as well as examining a peer-reviewed journal article. (Details below) Note: You must engage in play with a child in order to complete one section.

The best way to approach this assignment, particularly since we are in a summer semester, is to **work on this paper as you proceed through your textbook reading.** If you will do so, the end of the semester will be much less stressful, and the quality of your paper may be much higher. If you wait until the end of the semester to begin writing, your chances of presenting a document of quality are very poor.

I have provided **headings** for your paper below. Use those headings in your paper and underline them. Beneath each heading, you will write in complete paragraphs to answer the questions. **Do not write the questions!**

In each section (under each heading), you are required to make a **citation** to your textbook or the DVD (CD-ROM). Make direct quotations using correct APA style, or you may make appropriate paraphrases using APA style. *I have provided you with APA examples of citations at the end of this syllabus!*

Also include a **References** page at the end of your paper. You are required to have **3 references**. One is your text; one is the DVD (CD-ROM), and the third is a professional journal article of your choice.

You must have a cover sheet with your name, course number and title, semester, date, and instructor's name. **The body** of your paper should be a **minimum of 8 pages, not including the cover sheet and References page.** With the cover sheet and References sheet, the **minimum total amount of pages will be 10 pages.** If you fail to meet the minimum required number of pages, points will be deducted and you risk receiving a failing grade on this assignment. Double space the entire document (*do not add additional space between paragraphs*). On your Home tab at the top of your document select Paragraph, and click on "Don't add space between paragraphs of the same style." Number the pages, beginning with the first page of the body.

---

### **Organization of Your Final Exam Paper:**

Cover Sheet (include your name, course number/title, semester, date, and instructor's name)

First page of body: Provide a brief but well-developed introductory paragraph. In that paragraph introduce the topic of play therapy and provide a description of this process. Include a citation from your textbook. Then begin the headings/sections on that same page as follows (write the underlined

heading exactly as shown below, double space, and then write your paragraphs for the heading. Repeat the process for each heading/section):

### Interactions with Child and Parent

In this section, in well-developed paragraphs, address how you anticipate interacting with the child client and with his/her parents. What are a few things that are “take-aways” for you from **Chapters 8 and 9**? How would you greet the parents and the child? How would you invite a child to the play room? Make a citation from your text. Reminder: Do not write the questions.

### Setting Limits

In this section, in well-developed paragraphs, address how you anticipate setting limits with the child in play therapy. What are a few things your text says about this in **Chapter 11**, including the rationales for limit-setting? Make a citation. What are the challenges that you, personally, may have in setting limits in child therapy? How might you react to a child who is testing the limits? What might your response be to a child who chooses to remain completely silent during a play therapy session? Reminder: Do not write the questions.

### Typical Problems

What are some typical problems that can occur in the course of play therapy? What are a few things your text says about this in **Chapter 12**? Write well-developed paragraphs, and make a citation. How can you see yourself dealing with these types of problems? Which ones would be the most challenging? Which ones would be easiest for you to address? Reminder: Do not write the questions.

### Informed Consent

What does your text say about important elements that should be included in informed consent (**Chapter 13**)? Make a citation. How do you address the balance of confidentiality with the child, with the parents' right to know what is happening in therapy? How can trust be maintained?

### Facilitative Responses

What are some things your text states, in **Chapter 14**, about the characteristics of facilitative responses? Make a citation. Engage in *non-directive* play with a child for 20 minutes. Use non-evaluative, facilitative responses. Then, write several well-developed paragraphs answering the following: What was the age/gender of the child with whom you played? What is your relationship to the child (relative, friend's child, etc.)? How easy or how difficult was it for you to refrain from evaluative responses or from praising the child? Why? Were you able to offer a neutral stance with simple tracking responses? If not, what happened? Did you learn anything about the child by utilizing facilitative responses? What? How effective do you believe this non-evaluative approach might be with a child in play therapy?

### Termination

What are some things your text states, in **Chapter 15**, about an effective approach to termination? Make a citation. How would you handle an abrupt termination, in which the parent stopped bringing the child without closure? What effects do you think that could have on the child? (In other words, what are the risks of a child not attending a final session?) What are the possible benefits of a child attending a final session? How will you respond if a parent stops bringing their child to play therapy

because, they state, they can no longer afford to pay for play therapy sessions? How will you know when you have had a successful termination?

### Intensive Play Therapy

How does your text, in **Chapter 16**, describe intensive play therapy? For what situations might it be appropriate? Make a citation. Describe a case scenario in which you might utilize intensive play therapy. With what age/stage of child? What type of presenting problem? In what setting? How often and for how long could you anticipate working with the child?

### DVD/CD-ROM With Garry Landreth

As you viewed the **DVD** with Garry Landreth as he worked with the little girl, were there things that were frustrating to watch? Why? What things do you think he did very well? Why? What specific approaches stood out with you in that session? In what ways do you think the child benefitted from play therapy? Did anything amaze or surprise you? If you haven't already addressed this, how did you react when Landreth declined to help the child accomplish a task? Write several well-developed paragraphs, and make a **citation** for both your textbook **and the DVD (CD-ROM)**.

### Self-Assessment

In well-developed paragraphs, address the following:

- Is play therapy what you expected? How so?
- What is interesting to you about play therapy?
- What do you believe about children?
- What do you anticipate to be your greatest personal challenge as you facilitate play therapy?
- What do you feel is your greatest gift you bring to working with children in play therapy?
- What might be the greatest reward to you as you provide play therapy with children?
- What do you believe is the key to becoming a successful play therapist?
- What did you learn about yourself by completing the assignments, watching the YouTube videos and DVD, and interacting with your classmates on the discussion board?

### Research

In this section, you will locate a **peer-reviewed, professional journal article** that has not been addressed in your textbook. You can search in the Sul Ross Library or in any of the online databases, such as PsycINFO, etc. Select an approach in play therapy that particularly appeals to you. It might be using sand tray, using puppets, toys, or using artistic media such as clay, playdough, paints, crayons, etc. Search for a professional journal article that addresses the use of that particular approach in play therapy. In several well-developed paragraphs (be sure to create **citations** for the article), answer the following: What does the article say about that approach? Does this article examine research of that method? If so, is it a qualitative, quantitative, or mixed-method study? What was the outcome? How can you use the information contained in this article in your work in play therapy? **You must email your selection of journal article for approval to your instructor no later than July 27, 2017.**

## Conclusion

Write a brief concluding, well-developed paragraph briefly summarizing your paper. This only needs to be a few sentences, but it is always important to have a conclusion. No citation is necessary, but it is perfectly fine to include citations or quotations if you wish.

## References

On a separate page, create your references list. The word **References** should be centered at the top of your page. Then, in reverse/hanging indentation (in which the first line is against the left-hand margin, and subsequent lines for that particular reference entry are indented with the tab key), type the first reference entry. Type the second and third reference entries also using reverse indentation. Examples can be found in the APA Manual and at the end of this syllabus. You will have a minimum of **three reference entries**. If you want to use more references, you are welcome to do so, but be sure you have read/viewed each of them in the original. In other words, don't reference a source that you just read in your textbook. You have to read that source on its own in order to include it in your References list. *Hint: I have provided the correct APA form for Reference entries for both the textbook and the DVD at the end of this syllabus! If you type them exactly the way they appear here, you'll have them correct! For citations and for reference entries for the journal article, you'll also see exactly how to format them.*

Attach your paper to the [Final Exam-Paper](#) link via the Final Exam button on Blackboard, prior to the deadline. **No late papers will be accepted.** This assignment comprises  $\frac{1}{4}$  of your total course grade, so it is very important.

## **SCHEDULE**

Complete all assignments prior to the deadlines as noted below. Deadlines are **no later than midnight Central Time** (CT) on the date indicated. **You are encouraged to work ahead and submit early.** You are encouraged to begin your Final Exam Paper as you watch the assigned DVD and read your chapters. Take the chapter quizzes after reading the indicated chapters. These are the due dates. No late assignments will be accepted.

July 6, 2017	First day of class; semester begins
July 7, 2017	"Online Participation Policy" posting due on the Discussion Board "Introduce Yourself" posting on the Discussion Board due
July 8, 2017	Watch the DVD (Child Centered Play Therapy: A Clinical Session). Note: It would be a very good idea for you to begin the <i>DVD/CD-ROM with Garry Landreth</i> Section of your Final Exam Paper <b>now!</b>
July 9, 2017	Chapter 1 Quiz (About Me, Garry Landreth) must be submitted by midnight Central Time #1 Video Assignment post must be made on Discussion Board by midnight CT.

- July 10, 2017 Chapter 2 Quiz (The Meaning of Play) must be submitted by midnight Central Time  
Response posted to at least one other student on the #1 Video Assignment forum due.
- July 11, 2017 Chapter 3 Quiz (History and Development of Play Therapy) must be submitted by midnight Central Time
- July 12, 2017 *#2 Video Assignment* post must be made on Discussion Board by midnight CT.
- July 13, 2017 Chapter 4 Quiz (A View of Children) must be submitted by midnight Central Time  
Response posted to at least one other student on the #2 Video Assignment forum due.
- July 14, 2017 *#3 Video Assignment* post must be made on Discussion Board by midnight CT.
- July 15, 2017 Chapter 5 Quiz (Child Centered Play Therapy) must be submitted by midnight Central Time  
Response posted to at least one other student on the #3 Video Assignment forum due.
- July 16, 2017 *#4 Video Assignment* post must be made on Discussion Board by midnight CT.
- July 17, 2017 Chapter 6 Quiz (The Play Therapist) must be submitted by midnight Central Time  
Response posted to at least one other student on the #4 Video Assignment forum due.
- July 18, 2017 *#5 Video Assignment* post must be made on Discussion Board by midnight CT.
- July 19, 2017 Chapter 7 Quiz (Parents as Partners in Play Therapy) must be submitted by midnight Central Time  
Response posted to at least one other student on the #5 Video Assignment forum due.
- July 20, 2017 *#6 Video Assignment* post must be made on Discussion Board by midnight CT.
- July 21, 2017 Chapter 8 Quiz (The Playroom and Materials) must be submitted by midnight Central Time  
Response posted to at least one other student on the #6 Video Assignment forum due.
- July 22, 2017 *#7 Video Assignment* post must be made on Discussion Board by midnight CT.
- July 23, 2017 Chapter 9 Quiz (Beginning the Relationship: The Child's Time) must be submitted by midnight Central Time  
Response posted to at least one other student on the #7 Video Assignment forum due.
- July 24, 2017 *#8 Video Assignment* post must be made on Discussion Board by midnight CT.



- July 25, 2017 Chapter 10 Quiz (Characteristics of Facilitative Responses) must be submitted by midnight Central Time  
Response posted to at least one other student on the #8 Video Assignment forum due.
- July 26, 2017 *#9 Video Assignment* post must be made on Discussion Board by midnight CT.
- July 27, 2017 Chapter 11 Quiz (Therapeutic Limit Setting) must be submitted by midnight Central Time  
Response posted to at least one other student on the #9 Video Assignment forum due.
- Deadline for emailing your selection of peer-reviewed professional journal article for Research section of the Final Exam Paper. Email instructor with the name of the journal in which the article is located, the date of the journal, the name of the article, and the pages on which the article can be found. Also include how you found the article (for example, database search on PsycInfo, ProQuest, or searching the actual hard copy of the journal in the library, etc.).
- July 28, 2017 *#10 Video Assignment* post must be made on Discussion Board by midnight CT.
- July 29, 2017 Chapter 12 Quiz (Typical Problems in Play Therapy and What to Do if...) must be submitted by midnight Central Time  
Response posted to at least one other student on the #10 Video Assignment forum due.  
Art Assignment (A) due on the Discussion Board by midnight CT
- July 30, 2017 Art Assignment (B) due on the Discussion Board by midnight CT  
Response posted to at least one other student on the Art Assignment (A) forum due.
- July 31, 2017 Chapter 13 Quiz (Issues in Play Therapy) must be submitted by midnight Central Time  
Response posted to at least one other student on the Art Assignment (B) forum due.
- August 1, 2017 Art Assignment (C) due on the Discussion Board by midnight CT
- August 2, 2017 Chapter 14 Quiz (Children in Play Therapy) must be submitted by midnight Central Time  
Response posted to at least one other student on the Art Assignment (C) forum due.
- August 3, 2017 Chapter 15 Quiz (Determining Therapeutic Process & Termination) must be submitted by midnight Central Time  
Art Assignment (D) due on the Discussion Board by midnight CT
- August 4, 2017 Art Assignment (E) due on the Discussion Board by midnight CT  
Response posted to at least one other student on the Art Assignment (D) forum due.

- August 5, 2017 Chapter 16 Quiz (Intensive & Short Term Play Therapy) must be submitted by midnight Central Time  
Response posted to at least one other student on the Art Assignment (E) forum due.
- August 6, 2017 Chapter 17 Quiz (Research in Play Therapy) must be submitted by midnight Central Time
- August 9, 2017 Final Exam-Paper due - submitted on Blackboard by midnight Central Time (covers assigned textbook readings, assigned DVD/CD-ROM, research of a peer-reviewed professional journal article, and non-directive play with a child). See details in this syllabus and on Final Exam button on Blackboard.
- August 10, 2017 Semester ends

**SRSU Disability Services:** Sul Ross State University is committed to equal access in compliance with the Americans with Disabilities Act of 1990 (ADA) and Section 504 of the Rehabilitation Act of 1973. It is the student's responsibility to initiate a request for accessibility services. Students seeking disability services must contact Mary Schwartz, M.Ed., LPC, in Counseling and Accessibility Services, Ferguson Hall, Room 112. The mailing address is P.O. Box C-122, Sul Ross State University, Alpine, TX 79832. Telephone: 432-837-8691. Email: [mschwartz@sulross.edu](mailto:mschwartz@sulross.edu)

### **LECTURES/DISCUSSIONS**

Note: This course is delivered entirely online. Therefore, all lectures will be posted and available to students from the beginning of the semester, and discussion will occur in forums on Blackboard at the designated times in this syllabus. A Questions & Concerns forum will remain active throughout the course.

Lectures and discussions will include the following topics: the meaning of play, history and development of play therapy, a view of children, child-centered play therapy, the play therapist, the play room and materials, the parents' part in the process, beginning the relationship, characteristics of facilitative responses, therapeutic limit setting, typical problems in play therapy, issues in play therapy, intensive and short-term play therapy, termination of play therapy, and research in play therapy.

---

Students, sometimes the APA Manual can be confusing, so I have provided some examples for citations (when you use material from your textbook, CD-ROM, or other sources in your writing). I have also included examples for a Reference entry. As you cite material from your textbook in your Final Exam Paper, use the correct form. Also, a Reference entry must be included at the end on a separate sheet. (For your Discussion Board posts, simply place your Reference entry at the bottom of the post.)

As graduate students, it is important to credit sources of information. This is a sign of professionalism, as well as a necessary part of graduate-level writing. I have provided some examples of citations and reference entries below. Remember that every single punctuation, spacing, capitalization, ordering of the words, etc. counts! I hope that these examples help!

Following is an example of a **CITATION** for your **textbook** with correct APA style to be included in the body of your paper:

A play therapist must approach a client in a way that is purposeful and yet nondirective (Landreth, 2012).

Another option is as follows:

According to Landreth (2012), a play therapist must approach a client in a way that is purposeful and yet nondirective.

Since your **CD-ROM** is by the same author and with the same year, we will have to differentiate it within your paper's body for the citation. Therefore, please use the following example:

In the play therapy session with the child (Landreth, 2012 [CD-ROM]), the interaction was initially without purpose.

Or, another option is as follows for the CD-ROM citation:

Landreth (2012 [CD-ROM]) initially did not appear to have purpose in the play therapy session with the child.

Following are correct **REFERENCE ENTRIES** following APA style for both your CD-ROM and your textbook. Please examine every punctuation mark, etc., for each one counts! Also, note the capitalization within the title. Only the first word in the title, all proper nouns, and the first word following a colon are capitalized. All other words in the title are lower case. Note the reverse or hanging indentation!

Landreth, G.L. (2102). *Child centered play therapy: A clinical session* [CD-ROM]. Denton, TX: Play Therapy Institute.

Landreth, G.L. (2012). *Play therapy: The art of the relationship* (3rd ed.). New York, NY: Routledge.

Students, remember that if you are **CITING A JOURNAL**, rather than a textbook, the form will be **different for your reference entry**! Watch every single point of punctuation, the use of capitalization, italics, etc.

Below is additional information when you incorporate a source *other than your textbook*:

Students, you can see above how to cite and reference your textbook and your CD-ROM. As I just pointed out, **APA style for references is different for a journal as compared with a book.**

Here are some examples of a **journal article entry** for your References page:

Smith, J. A. (2002). Group interventions in the schools with dyslexic students: Finding the common ground. *Journal of Educational Psychology*, 24(5), 674-676.

Brown, R. J., Rider, M. T., & Garcia, H. N. (2007). Finding the perfect technique: Engaging in exploratory narration with at-risk clients. *Journal of Counseling Psychology*, 78(4), 23-450.

**For journal articles with DOI (if it is available) use the following form:**

Martinez, K. L., & Rabinovich, N. E. (2004). Effective techniques in families of deployed military personnel. *Health Psychology, 22*, 225-229. doi: 10.1036/0278-6123.24.2.224

**For journal articles retrieved online without a DOI use the following form with the URL:**

Jones, A. R., & Segura, R. V. (2009). Finding the best play therapy techniques for children: Best practices for developmental stages. *Journal of Counseling Psychology, 8*(3), 72-77. Retrieved from <http://ors.lib.swin.edu.au/index.php/ejar>

**Note:** You can find examples of Reference examples in the APA Manual 6<sup>th</sup> edition beginning on page 198. **NOTE:** Use **hanging indentation** (upside down) for your Reference entry.

Refer to the APA Publication Manual, 6<sup>th</sup> edition for additional instructions about how to **cite** your sources in the body of your paper. Here is are some more examples of **citing** within the text:

Studies (Brown, Rider, & Garcia, 2007) have demonstrated the effectiveness of this approach.

**OR** Studies by Brown, Rider, and Garcia (2007) have demonstrated the effectiveness of this approach.

Note that with authors of three or more, after the first citation, you can use et al. This would appear in the text as follows: Studies by Brown, Rider, and Garcia (2007) have demonstrated the effectiveness of this approach. While the clients benefitted from the therapeutic intervention, the authors (Brown et al., 2007) note that it is not necessarily beneficial with those clients who have suffered neurological damage.

What about **secondary citations**? These often “trip up” graduate students! Following is an example:

Freud (as cited in Smith, 2002) stated that it is important to examine conflict between the id and the superego.

## **DIRECT QUOTATIONS**

If you use direct quotations, you **MUST** include the page number, as in the following example:

According to Smith (2002) one benefit of the intervention can be “an insight that transcends the immediate experience” (p. 656).

**OR** One benefit of the intervention can be “an insight that transcends the immediate experience” (Smith, 2002, p. 656).

**NOTE:** Only record on your References page material that you have read **IN THE ORIGINAL!**

**Note:** You may see examples and explanations and blocked quotations in the APA Manual 6<sup>th</sup> edition beginning on page 170.