



Cynthia Castillo MSN, RN CA-SANE

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PROFESSIONAL SUMMARY

Passionate and compassionate Registered Nurse committed to delivering top-tier patient care with over nineteen years of invaluable experience in the healthcare sector. A person of integrity, dedicated to maintaining the highest standards of nursing practice, particularly in critical care settings. Highly adept and versatile across various healthcare domains including the Emergency Department, Medical Surgical Unit, Day Surgery, Hospice, and SANE (Sexual Assault Nurse Examiner). With 5 years of experience as a Clinical Instructor for ADN RN students, I excel in mentoring and guiding the next generation of nurses, fostering a positive learning environment, and ensuring high standards of clinical education. Skilled in fostering collaborative team environments to achieve optimal patient outcomes while adhering to stringent compliance standards and excelling under pressure. Committed to driving innovation in healthcare processes. Fluent in both English and Spanish, with strong communication skills facilitating clear explanations of complex procedures and conditions. Known for empathy and compassion towards patients and their families, coupled with exceptional organizational abilities in maintaining meticulous patient records.

EDUCATION

- **Texas A&M University, College Station, Texas**
Master of Science, Forensic Nursing, Dec. 2020
- **University of Texas, El Paso, Texas**
Bachelor of Arts, Nursing, Dec. 2018
- **Galen College of Nursing, San Antonio, Texas**
Associate of Applied Science, Nursing, Dec. 2016
- **Southwest Texas Junior College, Uvalde, Texas**
Associate of Science, Nursing, May. 2005

EMPLOYMENT HISTORY

- **Associate of Applied Science Degree in Nursing Faculty, Southwest Texas Junior College, Uvalde, Texas**

Aug. 2019 – Present

Primary duties include classroom, simulation, and clinical instruction in the Associate of Applied Science Degree in Nursing (ADN) program. Evaluates and alters curriculum in degree program. Participates in recruiting, advising, and counseling students in the ADN program. Participates and serves on division and college committees. Selects appropriate materials/equipment for program use. Directly supervises academic and clinical activities. Participates in state-wide nursing meetings and workshops. Communicates effectively with students, college personnel, healthcare personnel, and management.

- **SANE RN/ PRN, Methodist Hospital San Antonio**

Mar. 2021 – Oct. 2022

Responsible for collection of evidence according to the Texas Evidence Collection Protocol published by the Office of the Attorney General Sexual Assault Prevention and Crisis Services Division. Compiles and maintains accurate documentation on the Emergency Department record as well as any and all forensic examination forms provided in the examination kit. Ensures proper patient and family teaching & counseling is available on site, as well as proper referrals & follow-up instructions for appropriate counseling. Ensures proper law enforcement notification. Administers physician-ordered medication per protocol to the patient who has had potential exposure to sexually transmitted diseases and provides follow-up instructions.

- **Emergency Department RN, Uvalde Memorial Hospital, Uvalde, Texas & SANE**

Jan. 2015 – Present (Part-Time)

Triaged patients entering the Emergency Department. Provided direct and indirect care for 20-30 patients per shift. Evaluated care based on physical and psychosocial needs, prioritized treatment, and maintained patient flow through the system. Responded quickly and accurately to changes in conditions or response to treatment. Accurately documents all elements of nursing assessment, treatments, medication, discharge instructions, and follow-up care. Forensic Medical Examinations of Adolescent and Adult population.

- **Day Surgery /Medical Surgical RN (floated within hospital), Uvalde Memorial Hospital, Uvalde, Texas**

Jan. 2015 – Dec. 2019

Monitored pre and post-op vitals, set up PCA, fluids, reviewed post-op orders, and oriented patients in the ambulatory surgery setting. Assisted with non-surgical outpatient procedures, minor surgeries, and with the care of surgical and endoscopy patients. Provided direct and indirect patient care in the surgical setting. Recorded patient medical history, vital statistics, and test results in the medical records.

- **LVN/RN Hospice, Uvalde Memorial Hospital, Uvalde, Texas**

May. 2005 – Present PRN

Managed the care of 5 patients per day with a hospice patient census of 30-35 patients. Implemented a customized hospice plan that met each patient's specific needs. Provided specific planning, coordinating, and detailed documenting care of terminally ill patients from day of admission until discharge. Maintained quality care systems and standards including creating and improving medical protocols/guidelines. Provided continuous compassionate care and precise assessment of patients' pain and symptoms.

CERTIFICATIONS

Basic Life Support (**BLS**) Certification 2016
to Present Pediatric Life Support (**PALS**)
Certification 2016 to Present Advanced
Cardiac Life Support (**ACLS**) 2016 to Present
CPR certified through American Heart
Association Trauma Nurse Core Course
(**TNCC**) Current

ENPC

Forensic Evidence Collection for Registered Nurses Certification 2016- PRESENT
Texas Sexual Assault Nurse/Examiner/Forensic Nursing Education Course: Adolescent/Pediatric 2024- pending CP
SANE Certification
Texas Sexual Assault Nurse/Examiner/Forensic Nursing Education Course: Adult/Adolescent 2019 -CP SANE
certification Mock Testimony Course2019
Texas A&M Photography Certification 2021
SANE-CA CERTIFICATE
