

## Curriculum Vitae

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### Employment History

8/2025-Present      **Lecturer, Sul Ross State University, Department of Nursing-Alpine, Texas**

1. **Teaching and Supervising** – Deliver lectures and facilitate learning in both classroom and clinical settings, providing guidance and supervision to nursing students.
2. **Clinical Skill Development** – Support students in developing essential clinical competencies, including patient care, therapeutic communication, and critical thinking skills.
3. **Curriculum Implementation** – Contribute to the delivery of the nursing curriculum, ensuring alignment with academic standards, accreditation requirements, and program outcomes.
4. **Evaluation and Assessment** – Assess students' academic and clinical performance through examinations, practical evaluations, and continuous feedback to foster growth and improvement.
5. **Collaboration** – Work closely with colleagues, interdisciplinary healthcare teams, and clinical partners to create enriching learning experiences.
6. **Professional Development** – Actively engage in ongoing learning, attending workshops, conferences, and training to remain current with nursing education trends and evidence-based practices.
7. **Advising and Mentoring** – Provide academic advising, career guidance, and mentorship to students, fostering both professional and personal growth.
8. **Administrative Responsibilities** – Carry out administrative tasks such as preparing course materials, maintaining records, and contributing to departmental planning and reporting.
9. **Promoting Patient Safety** – Emphasize the importance of safety protocols, ensuring students practice safe, ethical, and quality patient care at all times.
10. **Research and Scholarship** – Participate in scholarly activities such as research, publishing, and presenting at professional forums to advance nursing knowledge and education.

10/2022 to 8/2025      **Assistant Clinical Professor, University of Texas of the Permian Basin, Department of Nursing – Odessa, Texas.**

1. **Teaching and Supervising:** Instructing nursing students in clinical settings, providing guidance, and supervising their clinical activities.
2. **Clinical Skill Development:** Helping students develop clinical skills, including patient care techniques, communication skills, and critical thinking.

3. **Curriculum Implementation:** Assisting in the implementation of the nursing curriculum, ensuring that it meets educational standards and objectives.
4. **Evaluation:** Assessing students' clinical performance and providing feedback to help them improve.
5. **Collaboration:** Collaborating with other faculty members, healthcare professionals, and clinical agencies to enhance the learning experience.
6. **Professional Development:** Engaging in professional development activities to stay current with nursing education trends and best practices.
7. **Advising and Mentoring:** Advising students on academic and career matters, and serving as a mentor to help them navigate their educational journey.
8. **Administrative Tasks:** Performing administrative tasks related to clinical education.
9. **Promoting Patient Safety:** Ensuring that students adhere to safety protocols and guidelines to promote patient safety and quality care.
10. **Research and Scholarship:** Engaging in scholarly activities, such as research, writing, and presentations, to contribute to the field of nursing education.

1/2019 to 10/2022      **Clinical Adjunct, University of Texas of the Permian Basin,  
Department of Nursing – Odessa, Texas.**

1. **Clinical Instruction:** Providing direct supervision and instruction to nursing students during clinical rotations, ensuring they develop essential clinical skills and knowledge.
2. **Facilitation of Learning:** Facilitating student learning experiences in the clinical setting, including guiding students in patient care activities, case studies, and simulations.
3. **Clinical Skills Development:** Assisting students in developing clinical skills such as patient assessment, medication administration, wound care, and patient education.
4. **Patient Care:** Providing direct patient care as needed, demonstrating best practices and serving as a role model for students.
5. **Evaluation:** Assessing student performance during clinical rotations, providing constructive feedback, and evaluating their clinical competency.
6. **Collaboration:** Collaborating with other clinical adjuncts, nursing faculty, and healthcare providers to ensure a comprehensive and cohesive learning experience for students.
7. **Compliance:** Ensuring that students adhere to clinical policies, procedures, and ethical standards, and promoting patient safety and quality care.
8. **Documentation:** Maintaining accurate records of student attendance, clinical experiences, and evaluations according to program requirements.
9. **Professional Development:** Engaging in ongoing professional development to stay current with best practices in nursing education and clinical practice.
10. **Communication:** Communicating regularly with nursing faculty, clinical coordinators, and students to provide updates, feedback, and support.
11. **Advising and Mentorship:** Providing guidance and mentorship to students, helping them navigate their clinical experiences and develop professionally.

12. **Committee Participation:** Participating in nursing program committees and meetings as needed to contribute to program development and improvement.
13. **Role Modeling:** Demonstrating professionalism, compassion, and ethical behavior in all interactions with students, patients, and colleagues.
14. **Cultural Competence:** Promoting cultural competence and sensitivity among students, emphasizing the importance of diversity and inclusivity in patient care.

4/2017 to 7/2023      **Registered/ Charge Nurse, Odessa Regional Medical Center – Odessa, Texas.**

1. **Providing Direct Patient Care:** Delivering nursing care to patients in various units, following the facility's policies and procedures.
2. **Assessment and Monitoring:** Assessing patients' conditions, monitor vital signs, and observe for any changes in health status.
3. **Collaboration:** Collaborating with other healthcare professionals, such as physicians, nurses, and allied health staff, to ensure comprehensive patient care.
4. **Patient Education:** Educating patients and their families about their conditions, treatments, and self-care techniques along with follow-up.
5. **Documentation:** Maintaining accurate and up-to-date medical records, including patient assessments, interventions, and outcomes.
6. **Compliance:** Ensuring compliance with regulatory standards and facility policies related to patient care and safety.
7. **Flexibility:** Demonstrating flexibility and adaptability in adjusting to different units and patient populations.
8. **Communication:** Communicating effectively with patients, families, and healthcare team members to facilitate optimal patient outcomes.
9. **Critical Thinking:** Applying critical thinking skills to assess situations, make informed decisions, and prioritize care effectively in dynamic healthcare environments.

1/2017 to 8/2019      **Program Director for Certified Nursing Assistant, Odessa College, Continuing Education – Odessa, Texas.**

1. **Curriculum Development:** Designing and developing the curriculum for the CNA program, ensuring it meets state regulations and prepares students for certification exams.
2. **Instruction:** Providing classroom and clinical instruction to CNA students, covering topics such as basic nursing skills, patient care, and communication.
3. **Supervision:** Supervising clinical experiences to ensure students are gaining hands-on skills in a safe and effective manner.
4. **Student Assessment:** Evaluating student performance through exams, skills demonstrations, and clinical evaluations to track progress and ensure competency.
5. **Program Management:** Overseeing all aspects of the CNA program, including budgeting, scheduling, and staffing.
6. **Compliance:** Ensuring the CNA program complies with state regulations and accreditation standards.

7. **Professional Development:** Staying current with trends in nursing education and best practices by attending conferences, workshops, and continuing education courses.
8. **Student Support:** Providing guidance and support to students throughout the program, including academic advising and career counseling.
9. **Collaboration:** Collaborating with other healthcare professionals, educators, and community partners to enhance the program and student outcomes.
10. **Record-Keeping:** Maintaining accurate records of student attendance, grades, and clinical experiences.
11. **Quality Improvement:** Identifying areas for program improvement and implementing changes to enhance student learning and program effectiveness.
12. **Communication:** Communicating regularly with students, faculty, and stakeholders to ensure a smooth and effective program operation.
13. **Promotion:** Promoting the CNA program to attract potential students and raise awareness in the community.
14. **Advisory Board:** Working with an advisory board comprised of healthcare professionals and community members to provide input and guidance on program development and improvement.

### Courses

NURS 3370 Medical Surgical Nursing Didactic: Introduction to medical-surgical nursing with the application of the nursing process in the care of an acute and/or chronically ill adult client. Clinical application will take place on a medical surgical unit.

NURS 3371 Medical Surgical Nursing Clinical: Demonstration in clinical setting(s) of integration of evidence-based safe quality holistic nursing practice under the direct supervision of a registered professional nurse (RN) to address low-acuity alterations in chronic and/or acute health of adult population(s). Practice of ethical clinical reasoning critical thinking and professional accountability in the delivery of person-centered nursing.

NURS 3368 Pathophysiology: Focus on the pathophysiologic responses that occur in the body related to health and illness across the lifespan emphasis on principles of patient safety.

NURS 4286 Men's Health Nursing: This course introduces students to the concept of men's health and the gender gap in achieving health for men. It provides also an overview of health promotion and maintenance disease prevention and management and decision-making related to health care for men. It further provides the knowledge skills and attitudes needed to deliver holistic patient-centered culturally congruent nursing care for men across the health-illness continuum

NURS 4350 Health Science Research Method: Evidence Based Practice—this course introduces the formal study of research methods, including literature search, hypothesis generation and testing, sampling theory, research design, data analysis and report-writing. The course provides for integration of basic research methods for analyzing research studies and incorporating current quality standards and evidence-based protocols into healthcare.

NURS 4282 Geriatric Health Nursing: Examine theories of aging including developmental tasks and holistic nursing assessments expected to identify benefits and risks associated with prescriptive interventions.

NURS 4190 Community & Population Health: An interdisciplinary course that examines health from a broad community and population-based perspective. It explores the social determinants of health, epidemiology, health promotion, disease prevention, and healthcare disparities affecting diverse populations. This course emphasizes the importance of public health initiatives, policy development, community engagement, and interprofessional collaboration in addressing health challenges at local, national, and global levels. Students develop skills in community assessment, program planning, and evaluating interventions to improve population health outcomes.

NURS 4191 Community & Population Health Clinical: This course provides a hands-on experience in applying community and population health principles in real-world settings. Students engage in community assessments, health education, disease prevention initiatives, and interprofessional collaboration to address public health challenges. Clinical experiences may take place in various settings such as public health departments, community clinics, schools, non-profit organizations, and other community-based healthcare environments. The focus is on developing skills in advocacy, health promotion, and culturally competent care to improve health outcomes at the community and population levels.

HSHP 4310 Social Determinants of Health: This course explores the impact of Social Determinants of Health (SDOH) on overall well-being, physical performance, and health outcomes. Students examine how economic stability, education, healthcare access, environment, and social factors influence physical activity, injury prevention, rehabilitation, and community health. The course emphasizes the role of public health, policy, and advocacy in promoting equitable opportunities and optimizes human performance across diverse populations.

NURS 4310 Social Determinants of Health Nursing: This course explores the impact of Social Determinants of Health (SDOH) on individuals and community health outcomes. Students will examine how factors such as economic stability, education, healthcare access, environment, and social context influence disease prevention, health promotion, and patient care. The course emphasizes the nurse's role in addressing health disparities, advocating for vulnerable populations and implementing evidence-based strategies to improve health equity and patient well-being.

## **Semester Courses**

### **University of Texas Permian Basin Spring 2023**

**NURS 3370 Medical Surgical Nursing Didactic:** Introduction to medical-surgical nursing with the application of the nursing process in the care of an acute and/or chronically ill adult client. Clinical application will take place on a medical surgical unit.

**NURS 3371 Medical Surgical Nursing Clinical:** Demonstration in clinical setting(s) of integration of evidence-based safe quality holistic nursing practice under the direct supervision of a registered professional nurse (RN) to address low-acuity alterations in chronic and/or acute health of adult population(s). Practice of ethical clinical reasoning critical thinking and professional accountability in the delivery of person-centered nursing.

**Volunteer Committee:** Serves on the volunteer committee to ensure students were able to complete their volunteer hour requirements. I precepted students at the airsho as well as football games for first aid.

**Progressions Committee:** Served on the progressions committee. Part of this committee was to oversee the advancement of nursing students through their academic programs.

### **University of Texas Permian Basin Fall 2023**

**NURS 3370 Medical Surgical Nursing Didactic:** Introduction to medical-surgical nursing with the application of the nursing process in the care of an acute and/or chronically ill adult client. Clinical application will take place on a medical surgical unit.

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#### **University of Texas Permian Basin Spring 2024**

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NURS 3371 Medical Surgical Nursing Clinical: Demonstration in clinical setting(s) of integration of evidence-based safe quality holistic nursing practice under the direct supervision of a registered professional nurse (RN) to address low-acuity alterations in chronic and/or acute health of adult population(s). Practice of ethical clinical reasoning critical thinking and professional accountability in the delivery of person-centered nursing.

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**Progressions Committee Chair:** Serving as a leader to review and go through the decision process regarding student academic progression in the nursing program. This role involves overseeing student performance evaluation, addressing academic concerns, ensuring adherence to program policies, and facilitating meetings to assess student progress.

### **University of Texas Permian Basin Spring 2025**

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supervision of a registered professional nurse (RN) to address low-acuity alterations in chronic and/or acute health of adult population(s). Practice of ethical clinical reasoning critical thinking and professional accountability in the delivery of person-centered nursing.

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### **Education**

Expected December 2025      Chamberlain University, Doctorate in Nursing Practice

April 2019                      Grand Canyon University, Master in Public Health

December 2015              The University of Texas Permian Basin, Bachelors of Nursing

### **Licensures and Certifications**

March 2016- Texas Board of Nursing Expiration October 2025

March 2027- BLS

March 2025-ACLS

### **Awards and Honors**

June 2024- Young Professional of Odessa Honoree

September 2024- Speaker for Permian Basin Leadership Symposium

January 2025: Member of the Year Young Professionals of Odessa.

July 2025: Sigma Theta Tau-Phi Pi Chapter

### **Media Appearances and Interviews**

February 2024: Featured Instructor: UTPB Media Appearance

June 2024- Young Professionals of Odessa Gala

April 2025: Media Interview on Open Educational Resources (OER)

### **Faculty Development Activities**

August 2024- Watermark Training

May 2024 -COPE Training

February 2025: CITI Program: Biomedical Research

### **Professional Positions**

October 2022- Assistant Clinical Professor, University of Texas of the Permian Basin,  
Department of Nursing – Odessa, Texas.

April 2017- Registered/ Charge Nurse, Odessa Regional Medical Center – Odessa, Texas.

### **Professional Membership**

April 2024- American Nursing Association

July 2025: Sigma Theta Tau-Phi Pi Chapter

### **Presentations**

September 2024- Permian Basin Leadership Symposium- "Transforming Nursing  
Practice: The Strategic Importance of Advanced Education"

October 2024- Texas Tech Breast Cancer Symposium: “Empowering Hope and  
Advancing Care: Innovations in Breast Cancer Management”

February 2025- Permian Basin leadership Symposium- “Cultivating a legacy in Nursing  
Education”

### **Professional Service**

October 2019- Young Professionals of Odessa

October 2024: Permian Basin Autism Symposium Committee

November 2024: Young Professionals of Odessa: Leadership Liaison