

SUSAN LINGLE, LPC-S, LCSW, LCDC

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EDUCATION

Counselor Education and Supervision PhD Program, attending since 2023. University of the
Cumberlands | CACREP Accredited

Master of Social Work, 2019 | Health and Behavioral Health Specialization |
University of Houston, Houston, TX | CSWE Accredited

- Selected as representative for Student Ambassador Program 2017-2018
- Completed 500-hour stipend internship with WTVAHCS Social Work Services

Master of Rehabilitation Counseling, 2015 | Texas Tech University Health Science Center,
Lubbock, TX | CORE Accredited

Bachelor of Science, Animal Industries, 2001 | Tarleton State University, Stephenville, TX

PROFESSIONAL QUALIFICATIONS

Licensed Professional Counselor-Supervisor (LPC-S) #75776

Texas State Board of Examiners of Professional Counselors

LPC awarded 2016, LPC-Supervision awarded 2023, renewal due 2025

Licensed Clinical Social Worker (LCSW) #68213

Texas State Board of Social Work Examiners

LMSW awarded 2019, LCSW awarded 2023, renewal due 2025

Licensed Chemical Dependency Counselor (LCDC) # 15507

Texas Department State Health Services, awarded 2020, renewal due 2026

Certified Rehabilitation Counselor (CRC) #00149109

Commission on Rehabilitation Counselor Certification, awarded 2015, renewal due
2025

Certified Case Manager (CCM) #4231872

Commission for Case Manager Certification, awarded 2017 renewal due 2027

Board Certified- TeleMental Health Provider (BC-TMH) BC-TMH-3916

Center for Credentialing and Education, awarded 2024, renewal due 2029

TEACHING EXPERIENCE

Adjunct Instructor –Texas Tech University Health Science Center, School of Health Professions,
Clinical Mental Health Counseling program | CACREP Accredited

Courses Taught-

Treatment Planning and Case Management: Fall 2019, Spring 2020 Addictions: Spring 2020,
Assessment: Fall 2020, Practicum: Spring 2021, Counseling Theories: Spring 2023, Abnormal
Behavior: Spring 2024, Introduction to Counseling & Ethical Development: Fall 2024.

Internship: Fall 2021, Spring 2022, Summer 2022, Fall 2022, Spring 2023, Summer 2023, Fall 2023, Spring 2024, Summer 2024, Fall 2024.

Adjunct Instructor – Sul Ross State University, Department of Education, Counselor Education Program | CACREP aligned program.

PUBLICATIONS

Johnson, S., & Lingle, S. (2020) Career counseling for individuals recovering from substance abuse. In Sametz, R., & Joseph M. (Eds), Career counseling: A holistic view of lifespan & special populations. San Diego, CA. Cognella.

UNIVERSITY SERVICE

Volunteer – University of the Cumberland Online Counseling Conference Nov 17. 2023

SPECIALIZED TRAINING

SAKAI Learning Management System
Blackboard Learning Management System

EMPLOYMENT HISTORY

Superior HealthPlan Abilene, TX October 2021- Present

Behavioral Health Service Manager

- Work with members, their LARs, and other professionals to meet the behavioral healthcare needs of those members.
- Conduct assessments, evaluate service level needs, and develop service plans based on the needs of the individual member.
- Maintain documentation, compliance, ethical standards needed when working with members and other partners.

Resource Care Merkel, TX June 2020-September 2021

Therapist

- Conducted counseling sessions with adults, adolescents, and children. Practiced evidenced based therapeutic modalities based on client needs.
- Conducted assessments and developed treatment plans based on client's goals and needs.
- Maintained documentation and billing requirements to comply with HIPAA and ethical guidelines.

Interim Hospice Abilene, TX August 2019- June 2020

Medical Social Worker

- Serve as Social Worker for hospice patients with Interim Hospice, part time from August 2019 until March 2020 when offered full time position. Provide social work coverage for Abilene and Brownwood offices.
- Work with patients, families, and caregivers to assess their psychological, social, and economic needs, and formulates a treatment plan to help meet these needs.

- Provide supportive and/or bereavement counseling to patients, families, and caregivers coping with grief, loss, fear of death, or other issues related to end of life.
- Coordinate with other staff regarding concerns, make appropriate referrals, and participate in IDG meetings weekly.

Serenity Foundation of Texas Abilene, TX

July 2018 – March 2020

Residential Counselor

- Work as residential counselor with male clients who are admitted to the intensive residential drug and alcohol treatment with Serenity House.
- Conduct daily groups with clients focusing of curriculum topics, developing resources and information within the topic, and managing therapeutic group milieu.
- Develop specific lecture topics and provide them to entire client population as assigned.
- Complete intakes, assessments, treatment plans, utilization reviews, and discharge planning with clients.
- Conduct bi-weekly Seeking Safety groups to client who have been screened to that group due to past trauma or PTSD diagnosis.
- Meet with assigned clients weekly for counseling sessions.
- Maintain documentation and other requirements per state and insurance policies, rules, and regulations.

Texas Tech University Health Science Center Lubbock, TX

August 2019-Present

Adjunct Instructor – School of Health Professions, Clinical Counseling & Mental Health

- Teach assigned classes in graduate programs under the Clinical Counseling & Mental Health program.
- Facilitating communication and support for students in assigned classes throughout the semester.
- Grading assignments and ensuring students are following University policy and guidelines.

TWS – Vocational Rehabilitation Services Abilene, TX

March 2012 – July 2018

Vocational Rehabilitation Counselor, III

(Formerly known as Department of Assistive and Rehabilitative Services)

- Worked as a Vocational Rehabilitation Counselor to assist Texans with disabilities to become employed and/or maintain their employment. Provide case management of 100+ consumers through all stages of their case. Comply with all federal, state, and agency regulations, programs, and policies.
- Worked with adult and high school transition students to determine eligibility and appropriate services.
- Counsel consumers and their family regarding case, personal/family/relationship issues, and disability related events. Work with variety of personality types, disabilities, addictions, criminal backgrounds, and diverse populations to help those consumers gain employment.
- Determined appropriate mental health referrals for consumers based on experience as a counselor; such as VA, MHMR, Regional Crime Victims, and other mental health professionals.

Oceans Behavioral Health Abilene, TX

April 2016 – June 2018

PRN Therapist (formly with Abilene Behavioral Health April 2016- November 2016)

- Work as a PRN Therapist with adult, children & adolescent, and geriatric based on assignment. Worked 15-20 hours a week.
- Trained as PRN Admissions Counselor.
- Run inpatient groups and work individually with patients. Determine curriculum for each group session and therapeutic focus for the day. Conduct family sessions as needed to identify issues & discharge plans.
- Review charts to determine level of participation and identify any concerns regarding patients.
- Complete Biopsychosocial History, Treatment Plans, Mini Mental Status Exams, and Family Contacts.
- Document interactions with all patients during each shift.

Noah Project Abilene, TX

January 2017 – August 2017

Victim Advocate

- Started as Intern during Field I for MSW but was hired in second week due to previous experience and ability to work independently. Worked 20 hours a week.
- Worked in evenings as advocate assisting clients both residential and outpatient.
- Met with client's weekly to help address their needs and provide resources, referrals, and other assistance to clients and their families.
- Answered crisis line calls from potential clients, made appropriate referrals, took intake appointments, and assisted other staff.

Department of Family and Protective Services Abilene, TX

July 2009 – March 2012

Adult Protective Services Specialist, III

- Investigate allegations of abuse, neglect, or exploitation among the elderly or disabled adults. Initiate and investigate allegations in a timely manner as set out by policy. Interview persons related to the case including medical professionals, law enforcement, collaterals, and alleged perpetrators.
- Coordinate service to alleviate the abuse, neglect, or exploitation of clients. Advocate for aged & disabled clients by way of referrals and education. Through service portion worked with multiple referral sources in the community, such as MHMR, charities, non-profits, and service organizations.

AWARDS / HONORS

2018 Distinguished Alumni, Department of Clinical Counseling and Mental Health,
School of Health Professions | Texas Tech University Health Science Center

PROFESSIONAL MEMBERSHIP

American Counseling Association (ACA)

Southern Association Counselor Education & Supervision (SACES)

World Association of Sand Therapy Professionals

COMMUNITY SERVICE

Texas Mission of Mercy Dental Clinic Abilene, TX Triage Scribe	July 14 &15 2023
Hope Haven – Board Member, Vice Chair	2019 - 2022
Military Partnership of West Central Texas – Committee Member	2015- 2021
Operation Brown Bag – Volunteer	2020
Aging & Disability Resource Center Steering Committee Member, WCTCG	2016-2018
Community Resource Coordination Group (CRCG), Taylor County	2016-2018
Mental Health Task Group Member, Abilene, TX	2016
Point In Time (PIT) Count Volunteer	Jan 2017 Jan 2018 Aug 2019 Jan 2020
Stamford Lions Club, Charter Member. Secretary/Treasurer	2008-2009

TRAININGS / CERTIFICATIONS

Institute for Play Therapy – Certified Sandtray Therapist

First Cohort- Training facilitated by: Linda E. Homeyer, PhD, LPC-S, RPT-S; Marshall Lyles, MA, LPC-S, LMFT-S; Elizabeth Kjellstand Hartwig, PhD, LPC-S, LMFT, RPT-S

DBT Skills Course – Dr. Marsha Linehan, Psychwire. 12 hour course

DBT Skills for Adolescents and Families- Dr. Marsha Linehan, Dr. Alec Miller, Dr. Jill Rathus. Psychwire, 12 hours course.

Mental Health First Aid USA Certified

Military Cultural Competency (MCC) Training

Military Veterans Peer Network Basic Training (Phase 1 & 2)