

Rosario (Rosie) Ortiz, M.Ed., Licensed Professional Counselor
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SUMMARY:

Doctoral candidate from St. Mary's University-San Antonio, Texas, with a concentration on neurofeedback. A licensed professional counselor with experience working with adults, children, adolescents, couples, families, end of life, and grief and loss. Versatile counselor able to work with high risk offenders in the process of rehabilitation and integrating back into society. Experience and knowledge of evidence-based practices, cognitive behavioral therapy, person-centered therapy, and neurofeedback.

HIGHLIGHTS:

- Doctoral Candidate – Counselor Education/Supervision, Concentration in NeuroFeedback
- License Professional Counselor
- Bilingual (English/Spanish) – Fluent
- Individual and Group Counselor
- Former United States Probation Officer
- Caseload Management
- Substance Abuse Course Facilitator
- Crisis Intervention Training
- Works with end of life, hospice, and palliative care patients
- Specialized in Grief and Loss
- Certified as a Sound Healer Practitioner
- Certified as a Yoga Nidra Practitioner
- Former Abode Contemplative Care for the Dying Board of Directors Member

EXPERIENCE and VOLUNTEER

Repose Mental Health and Wellness – December 2020 – Present

Private Practice Founder – Licensed Professional Counselor

- Offers individual, couples, family therapy in office or telehealth
- Services children, adolescents, adults
- Specializes with grief and loss and hospice care
- Offers different therapy modalities such as psychotherapy, neurofeedback, breath work, sound healing, Yoga Nidra
- Manages private practice office in San Antonio, Texas

The Ecumenical Center, San Antonio, Texas – January – November 2020

Bilingual Counselor

- Provides counseling services to children, adolescents, adults, couples, and families via face to face and virtually
- Provides counseling services to victim of crimes clients
- Services clients suffering from grief and loss
- Services clients at the end of life
- Collaborates with Life After Loss committee members and provide training to future individuals wishing to coordinate Life After Loss groups
- Facilitate Life After Loss groups

Living Stone Worship Center, Del Rio, Texas – February 2018 – July 2020

Ph.D. Student Intern and Counselor Intern

- Offered counseling services to children, adolescents, adults, couples, and families
- Facilitated and provided mental health topics to groups
- Collaborated with pastoral staff and assisted with staffing to better service the community

Abode Contemplative Care for the Dying, San Antonio, Texas – July 2019 – March 2020

LPC-Intern and Board of Directors Member

- Helped provide care for individuals who had been diagnosed with a terminal illness and had 3 months or less to live
- Provided emotional support to house staff, volunteers, and guest families
- Helped the executive director train counselor interns
- Provided self-care workshops to house volunteers and staff

St. Mary's University Family Life Center, San Antonio, Texas – August 2017 – December 2019

Ph.D. Student Intern and Counselor Intern

- Provided counseling services to children, adolescents, adults, couples, and families
- Provided neurofeedback therapy sessions to children, adolescents, and adults

San Antonio Behavioral Healthcare Hospital, San Antonio, Texas - May-August 2018

PRN Therapist

- Facilitated group therapy to adolescents (male and female), chemical dependency groups, and general adult groups
- Assigned to Psychiatric Intensive Care Units
- Administered psychosocial assessments for patients
- Provided individual counseling to patients

San Antonio Counseling and Behavioral Center, San Antonio, Texas – April – July 2018
Counselor Intern

- Provided individual, couples, and family counseling
- Administered psychosocial assessments

BCFS Health and Human Services, Del Rio, Texas - August 2017- March 2018

Ph. D. Student Intern and Counselor Intern

- Provided direct counseling to clients from ages 5-18 at the office and at the schools
- Completed intakes and required documents for clients and maintained a caseload efficiently and accurately using a data system
- Worked closely with clients and their families and provided a treatment plan
- Worked closely with case managers and attended staffing to collaborate with staff to ensure proper treatment plans were adequate for clients

Val Verde County Specialty Court, Del Rio, Texas – September 2017 – December 2017

Counselor Intern

- Attended staffing and collaborated with County Judge, County Probation Offices, State Prosecutor, and Defense attorney to evaluate and review probationer's treatment plans, mental health evaluations, and probationers progress
- Conducted group counseling session with probationers

United States Probation Office, Del Rio, Texas - August 2015 - March 2017

United States Probation Officer-Supervision Officer

- Supervised high, moderate, low/moderate, and low risk offenders
- Supervised offenders with substance abuse and mental health needs
- Supervised former and active gang members
- Conducted treatment staffing with treatment provider and offenders
- Assisted with the re-entry program in the Del Rio office by attending and planning pre-review team meetings at Dismas Charities monthly
- Conducted initial and update case plans
- Proficient with the utilization of STARR skills, cognitive skills, and evidence based practices
- Facilitated life skills classes for federal offenders and their families
- Conducted traditional and non-traditional field work
- Ran criminal records checks
- Conducted collateral contacts
- Consistent communication with various law enforcement offices to obtain information of offenders
- Prepared violation reports to the Court
- Worked closely with Assistant United States Attorney's Office

UNITED STATES PROBATION OFFICE, Del Rio, Texas - August 2010 – August 2015

United States Probation Officer-Presentence Investigator

- Conducted presentence investigations and prepared quality presentence reports for the Court in compliance with Federal Criminal Code and Rules along with U.S. Sentencing Guidelines Commission
- Attended Court hearings and provided the Court with information required to assist the Court in imposing a just sentence
- Answered objections to a presentence report by conducting case law research
- Prepared violation reports for the Court, analyze and summarize legal concepts and issues
- Compiled and summarized information within established time frames, organized, and prioritized work, as well as worked independently with little or no supervision
- Staffed complex cases with senior officers and supervisor

Wintergarden Women's Shelter Eagle Pass, Texas and Carrizo Springs, Texas - 2014

Counselor Intern

- Provided individual and group counseling for victims of domestic violence

New Horizons Women and Children's Center, Del Rio, Texas - 2013

Counselor Intern

- Provided individual and group counseling for victims of domestic violence
- Provided individual and group counseling for children

UNITED STATES PROBATION OFFICE, Del Rio, Texas - August 2008- August 2010

United States Probation Officer Assistant

- Prepared and completed pre-plea collaterals
- Responded to collateral requests from other offices and districts
- Prepared presentence reports
- Translator for non-Spanish speaking officers
- Court coverage as needed
- Conducted inquiries on SENTRY and SARMA reports and assisted with interpretation of report findings
- Ran record checks
- Conducted home inspections
- Assisted support staff with receptionist duties, Data entry

UNITED STATES PROBATION OFFICE, Del Rio, Texas - January 2000-August 2008

Operations Support Specialist

- Prepared sentencing forms
- Submitted presentence report packets to the Court and attorneys

- Prepared certificate of disclosure and disclosed presentence reports via US postal mail and emailed copies to attorneys
- Data entry, Pre-plea collaterals, Review Court docket daily for pleas
- Translated during PSR interviews for non-Spanish speaking United States Probation Officers
- Translated from a dictation device and typed presentence reports and letter correspondence for United States Probation Officers
- Assisted Supervisory Clerk with supervisory duties at the U.S. Probation Annex Building
- Overlooked, guided, and mentored clerks at the U.S. Probation Annex Building
- Assisted as receptionist and mail duties

Teaching Experience

2017 – 2019 Graduate Research Assistant – St. Mary’s University

Worked closely with counseling professor and assisted with teaching graduate level counseling courses, prepared quizzes and exams, assisted with grading and provided feedback to students, assisted with practicum and internship students, gathered research pertaining to course and taught several times per week, assisted with CACREP case study during reaccreditation

2010 – 2017 Course Facilitator – U.S. Probation Office

Taught life skills classes for federal offenders, collaborated with supervisors in preparing curriculum for offenders to meet Texas Western District and Administrative Office of the United States Courts procedures, policies, and regulations, a team member and trainer for the U.S. Probation Office Training Team

2012 - 2014 Teaching Graduate Assistant – Sul Ross State University – Rio Grande College

Assisted counseling professor with gathering research teaching materials for students, assisted professor with grading and mentoring students, provided support to professor during counseling activities, provided support to counseling students in course projects and client case conceptualization work

EDUCATION

2015 – Present St. Mary’s University San Antonio, Texas

- Doctoral Candidate –Counselor Education and Supervision with NeuroFeedback Concentration

2011-2014 Sul Ross State University Rio Grande College Del Rio, Texas

- Graduate - Masters of Education, Counseling

2008-2010

**Sul Ross State University
Rio Grande College
Del Rio, Texas**

- Graduate - Bachelor of Arts Psychology/Minor Criminal Justice

2005-2007

**Southwest Texas Junior College
Del Rio, Texas**

- Graduate - Associate of Applied Science General Education

1995-1997

Executive Secretarial School (Dallas Baptist University Business School) Dallas, Texas

- Graduate - Associate of Applied Science Administrative Assisting Degree

1995

**Del Rio High School
Del Rio, Texas**

- Graduate - Del Rio High School Diploma
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AWARDS

- **2018 Recipient of Baptist Health Scholarship**

AFFILIATIONS

- **Texas Counseling Association**
- **Southern Association for Counselor Education and Supervision (SACES) Member**
- **American Counseling Association (ACA) Member**
- **Association for Death Education and Counseling**
- **Counseling Academic & Professional Honor Society International, Alpha Pi Member**
- **Chi Sigma Iota Doctoral Representative**
- **Meditate School of Mindfulness and Sound Healing**