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Updated: August 31, 2023

## **EDUCATION:**

### **Northcentral University, Prescott, Arizona**

- Post-Graduate courses (54 hours completed) in General Psychology (2002-2011)
- Goal was to obtain Ph.D. in Psychology; goal abandoned in late 2011 with the cost of tuition increases and various life-stressors 'above & beyond.'

### **Sul Ross State University, Alpine, Texas**

- 15 hours Coursework for MS degree in Health and Human Performance
- M.Ed., Art (with emphasis in Art Therapy): December 1994
- M.Ed., School Administration: Mid-Management: May 1986
- M.Ed., Counseling: May 1984
- B.F.A., Art: May 1980

### **University of Illinois at Chicago, Chicago, Illinois, 1992-1994.**

- Graduate courses in Art Therapy for course requirements to obtain Art Therapist Registered (ATR) certification with the American Art Therapy Association

### **University of Texas at the Permian Basin, Odessa, Texas, 1983-1984.**

- Graduate courses in Special Education to obtain my Special Education certification with Texas Education Agency (TEA).

## **PROFESSIONAL EXPERIENCE:**

**November 2021- May 2022, Licensed Professional Counselor for AHEAD (helloahead: [www.helloahead.com](http://www.helloahead.com)) online program**, Diagnosis of mental disorders, ADHD, online meetings/sessions.

**January 2020- December 2021, Director & Counselor**, Counseling and Accessibility Services, Sul Ross State University.

**September 2015- December 2019 Counselor**, Counseling and Accessibility Services, Sul Ross State University.

**2015- present Student Teacher Supervisor, Grand Canyon University, Az.**

**2004- present Court Ordered Supervised Visitation - Supervisor**, Private Practice.

**1996- present Supervisor of LPC Interns, Private Practice**, Wren Professional Counseling Service.

**1996- present Adjunct Instructor**, Sul Ross State University, Psychology and Education departments.

Courses taught:

- Undergraduate Courses: Abnormal Behaviors, Developmental Psychology, Human Sexuality, Introduction to Psychology, Language Acquisition and Emergent Reading, Multicultural Psychology, Psychology of Dreams.
- Graduate Courses: Socio-Cultural Aspects of Counseling; Counseling in Multicultural Society. Administration of Counseling and Guidance Programs; Issues and Ethics in Counseling; Ethical and Legal Issues in Counseling.

**Feb. 2011- Dec. 2011 Program Manager, Rural Border Intervention (RBI)**, Hospital Region 10, University Medical Center Hospital of El Paso, Trauma Department, OSAR.

**2000- 2006 Forensic Interviewer, Children's Advocacy Center of the Big Bend, Inc.**, Alpine, TX.

**1995- 2010 Clinical Director, High Frontier, Inc.** residential treatment center.

**1988- 1995 District Counselor, Fort Davis ISD**, all campuses of Fort Davis, Texas.

**1987- present Private Practice**, counseling services, currently "Wren Professional Counseling Service."

**1985- 1988 Principal/ Counselor**, High Frontier School, Fort Davis ISD.

**1982- 1985 Assistant Principal and Special Education Teacher**, High Frontier School, Fort Davis ISD.

**1976- 1982 Various Positions, including:**

- Career Counselor: CETA Manpower Agency, Alpine, Texas.
- Contract Counselor: Family Crisis Center of the Big Bend, Alpine, Texas.
- Advertising Design: Alpine Avalanche, Alpine, Texas.
- Museum Artist: Museum of the Big Bend, Sul Ross State University, Alpine, Texas.
- Museum (Weekend) Receptionist: Museum of the Big Bend, Sul Ross State University, Alpine, TX
- Student Co-Op Worker: Sul Ross State University History Department & Fort Davis National Historic Site.
- Youth Conservation Corp (YCC): Angelina National Forest, Zavalla, Texas.

## COMMITTEE MEMBERSHIPS while at Sul Ross State University:

- 2020 - 2021 Diversity, Diversity, and Inclusion Committee, Sul Ross State University.
- 2020 - 2021 Financial Aid Appeals Committee, Sul Ross State University.
- 2020 - 2021 Academic Appeals Committee, Sul Ross State University.
- 2020 - 2021 ADA (Americans Disability Act) Committee, Sul Ross State University, Co-Chair.
- 2015 - 2021 Alcohol and Other Drugs (prevention) Committee, Sul Ross State University, Secretary.
- 2016 - 2021 Wellness Committee/Working Group, Sul Ross State University, Secretary.
- 2016 - 2019 Staff Council, Sul Ross State University, Alternate member for Student Life.

## TRAINING AND CERTIFICATION:

**Texas State Board of Examiners of Professional Counselors- Licensed Professional Counselor (LPC) and Supervisor (LPC-S)** • Licensed Professional Counselor (LPC) since August 1987 • License Number: 9061

- LPC Supervisor, license attachment since 1995 (supervise LPC-Interns/Associates).

**Texas Council on Sex Offender Treatment- Licensed Sex Offender Treatment Provider (LSOTP) and Supervisor (LSOTPS):** • Licensed Sex Offender Treatment Provider since inception of the License in

2005 until 2014 (I let the license go because it was not cost-productive) • Registered Sex Offender Treatment Provider from 1999 until 2005, when the Certification turned into a License. • License Number: 98437 • Supervisor for those seeking LSOTP licensure. ***I did not renew this license because it was not cost-effective for me.***

**Texas Education Agency: Provisional Certificates:** • All-Level Art (Grades PK-12) • Secondary Health Education (Grades 6-12) • Secondary Psychology (Grades 6-12) • Secondary Social Studies Composite (Grades 6-12) • English as a Second Language (Grades PK-12) • Generic Special Education (Grades PK-12) • Emotionally Disturbed Endorsement (Grades PK-12).

**Texas Education Agency: Professional Certificates:** • Mid-Management Administrator (Grades PK-12) • Supervisor (Grades PK-12) • Special Education Supervisor (Grades PK-12) • Counselor (Grades PK-12) • Special Education Counselor (Grades PK-12); **Other:** • Texas Teacher Appraisal System Teacher Appraiser (now outdated).

**EMDR Institute:** Levels I and II Training of EMDR (eye movement desensitization and reprocessing): Level I completed in 2001, Level II completed 2002.

**EMDRIA Certification:** EMDR certification through the EMDRIA (since 2017).

## PROFESSIONAL ASSOCIATIONS:

- American Counseling Association.
- EMDR International Association.
- Integral Life Member.

## HONORS, AWARDS, AND LISTINGS:

- Certificate of Excellence in Mental Health Literacy: Gatekeeper in Action
- La Vida Lobo Award 2021 for Community Service.

## RESEARCH:

None

**PUBLICATIONS:** 2021 NASPA Strategies Conferences: Presentation with Glenn Albright, Ph.D., and Nikita Khalid, BA: "Utilizing an Emotionally Responsive Virtual Human Role-Play Training Simulation to Teach College and University Students to Exercise Their Role in Fostering Safe Academic Environments Through Sexual Misconduct Prevention," January 14, 2021.

## CONSULTING AND OTHER INVITED PROFESSIONAL PRESENTATIONS:

- Wren Professional Counseling Service: Team Building Seminar/Workshop (2.5 days) for university management and leadership (The Executive Committee and the Deans of the colleges of SRSU): Sul Ross State University, Alpine, Texas: Office of the President. 2014.
- Organize and give a presentation for the Counseling Education Department: Day Retreat for School Counselors and Licensed Professional Counselors: February 10, 2017; Presentation: "Practicing Meditation in Counseling;"
- Organize and give a presentation for the Counseling Education Department: Day Retreat for School Counselors and Licensed Professional Counselors: April 23, 2019; Presentation: "Psychological Masks of Medical Issues;"
- Presentation to Girl Scouts of the Desert Southwest-Southern New Mexico & West Texas: Volunteer Conference 2018, September 8, 2018: "How to Meditate and Why Meditation is so Beneficial;"
- Organize and participate for the Sul Ross State University (SRSU) Counseling & Accessibility Center, a Professional Panel Presentation and Discussion: February 5, 2019, "Anxiety: Everyone Gets Anxious: What Do You Do About It?"
- Presentation to Girl Scouts of the Desert Southwest-Southern New Mexico & West Texas: Volunteer Conference 2019, September 7, 2019: "Mindful-Eating Meditation & Mindful-Eating Life-Style."
- Organize and give a presentation through the I-MINT organization for the Sul Ross State University Police Academy: Stress Management through Mindfulness Meditation, Fall, 2020.
- Sul Ross State University, Student Life: Residential Living, Resident Assistance Training, January 5, 2021.

## **CONSULTING AND OTHER INVITED PROFESSIONAL PRESENTATIONS:**

- 2021 NASPA Strategies Conferences: Presentation with Glenn Albright, Ph.D., and Nikita Khalid, BA: "Utilizing an Emotionally Responsive Virtual Human Role-Play Training Simulation to Teach College and University Students to Exercise Their Role in Fostering Safe Academic Environments Through Sexual Misconduct Prevention," January 14, 2021.
- Sul Ross State University, Student Life: Residential Living, Resident Assistance Training, "Recognizing Emotional Problems in Students & How to Help in Mental Health Crisis:" August 6, 2021.

## **GRANTS RECEIVED:**

None

## **OTHER AFFILIATIONS AND INVOLVEMENT:**

### **MeditateFortDavis, Mindfulness Meditation for Stress Management for Law Enforcement Course, Fort Davis & Alpine,**

**Texas.** Founder/leader of Class Development and Presentation of a Mindfulness Meditation course for stress management for Law Enforcement. I-MINT- International Mindfulness Instructors Nurturing Tranquility: A free course of Mindfulness Meditation for stress reduction, self-care, and personal well-being for law enforcement agencies both in the United States and in Mexico; from Fall 2020 and on.

**Wren Professional Counseling Service:** Private Counseling Services in the Tri-County Area since 1991. Offices in Fort Davis and Alpine. Weekend and evening sessions.

**Wellness Committee Summer Pilot Program: Grounding-Walking Meditation:** Lead: for Sul Ross State University Faculty & staff: Mondays - Thursdays, 3:05-3:25 pm; lawn in front of fountain on Campus Mall, since May 2019.

**Morning Silent Group Meditation:** Lead: for Sul Ross State University community (faculty, staff, students, their families & guests of SRSU) Mondays through Fridays, 7:30-7:50 am, in Ferguson Hall, Suite 112, since 2016-2021.

**Sul Ross State University: Wellness Committee/Work Group:** Member, attend, participate and Secretary; 2016- 2021.

**Sul Ross State University: Alcohol and Other Drug Education Coalition Committee (AOD):** Secretary, 2016-2021.

**MeditateFortDavis:** Fort Davis, Texas: Lead a group of community members on Monday evenings for meditation and education; since 2013.

**Adopt a Highway:** Texas Department of Transportation. Cleaning trash from highways four times a year on a two-mile section of Texas Hwy. 118 North, on outskirts of Fort Davis, Texas, in honor of my parents (David McLeod and Margy Amador Greathouse), 2012-2019.

**Davis Mountains' "The Artist's Way" Women's Group:** Formed and led a 6-month group for women in and around Fort Davis, Texas to address and improve creativity; 2011.

**Grand Companions Humane Society:** Fort Davis, Texas. Member since its inception in the early 1990's.

**Family Crisis Center of the Big Bend:** Alpine, Texas • Board of Directors member from 1996 through 2004, and Board Secretary from 2000 to 2004.

**Parish Council Member: St. Joseph Catholic Church:** Fort Davis, Texas • Two terms.

**St. Joseph Catholic Church: Fort Davis, Texas** • Group Leader of Youth Group • Confirmation Class teacher.

**Our Lady of Peace Catholic Church:** Alpine, Texas • CCD Teacher for Grade 5.

## **Other Professional TRAINING:**

- "CBT Strategies for Evidence-Based Treatment: Nothing by the Skills!" Jeff Riggerbach, Ph.D., 9-29-23, Envision Counselling & Consulting, Inc., 2 hrs CEU credit.
- "The Dangerous Intersection of Negative Body Image, Social Media, the Diet Industry, and Eating Disorders," Nicole Hawkins, Ph.D., CED-S, Center for Change, 9-20-23, 1 hr. CE awarded.
- "Human Trafficking Webinar Series: Centering the Experience of Boys, Young Men, and Male Identifying Students in Human Trafficking," NCSSE, September 13, 2023, 1.5 hrs.
- "2023 Suicide Prevention Summit," MentalHealth Academy, August 25, 26, and 27, 2023, (10 LPC CEU's):
  - Suicide Prevention and AI, 1 hr. CEU.
  - Safety is Skill: Lived Experience Storytelling that Does No Harm, 1 hr. CEU.
  - Natives Helping Natives: The Journey of the Native and Strong, 1 hr. CEU.
  - "2 Ears, 1 Heart" The Kevin Berthia Story, 1 hr. CEU.
  - A Common Sense Approach to Clinical Suicidology, 1 hr. CEU.
  - PROTECT: Navigating Risk vs Recovery- Practical Uses of the Care Compass, 1 hr. CEU.
  - The Neuroscience of Suicidal Ideation and Behavior, 1 hr. CEU.
  - Suicide Intervention and Treatment for Counselors and Psychologists, 1 hr. CEU.
  - Ketamine-Assisted Therapy for Treatment- Resistant Depression, 1 hr. CEU.
  - Growth Potential in the Suicide Experience, 1 hr. CEU.
- "Understanding the Effect of Emotional Energy on the Physical Body in the Treatment of Eating Disorders," Center for Change, 8-24-23, 1 hr. CE awarded.
- "Good Marketing, Bad Operations," Dr. Christopher Ardueser, 8-17-23, Texas South-West SBDCs, 1 hr.

## Other Professional TRAINING, continued:

- "Harnessing the Power of Your Vagus Nerve Expert Masterclass," Dr. Peter Kan, and others: Envision Counselling & Consulting, Inc., 2 hrs. CEU credit.
  - Circadian Rhythm and Vagus Nerve Connection, Jason Prall, 8-10-23 1 hr.
  - Vagus Nerve and Stress Resiliency, Ari Whitter, 8-10-23, 1 hr.
  - Vagus Nerve and Mood & Cognition, Parts I, II, and III, Dr. Peter Kan, 8-10-23, 3 hrs.
  - Your Vagus Nerve and Autoimmunity, Dr. Tom O'Bryan, 8-11-23, 1 hr.
  - The Vagus Nerve and Digestion, Dr. David Jockers, 8-11-23, 1 hr.
  - Vagus Nerve and GI Health and Dysfunction, Parts I, and II, Dr. Peter Kan, 8-11-23, 2 hrs.
  - Mold Toxicity and Vagal Nerve Dysfunction, Dr. Jaban Moore, 8-12-23, 1 hr.
  - Vagus Nerve and Neurodegeneration, Dr. Greg Eckel, 8-13-23, 1 hr.
  - The Vagus Nerve and Physical/Emotional Health, Dr. Keesha Ewers, 8-14-23, 1 hr.
  - Trauma, Stress and the Vagus Nerve, Dr. Eva Detko, 8-14-23, 1 hr.
- "DBT in the Real World: Practical Skills Training Adapted for ANY Setting!" Jeff Rigenbach, Ph.D., 8-3-23, Envision Counselling & Consulting, Inc., 2 hrs CEU credit.
- "Essential Telehealth Law and Ethical Issues," telehealth.org, Marlene M. Maheu, Ph.D., 8-1-23, 3 hrs. CEU credit.
- "SRSU Cybersecurity Awareness Training 2023," Online Training, Blackboard, SHSU.edu, 7-28-23, 30 min.
- "The Truth About Adrenals: Overcoming Adrenal Dysfunction & Fatigue," Webinar, Peter Kan, MD, Hope Family Wellness, 7-26-23, 1 hr.
- "Post Traumatic Slave Syndrome, Self-Image & African American Mental Health," Webinar, Chelsi Clark, Ph.D., CharlieHealth.com, 7-20-23, 1 hr.
- "Cybersecurity and Data Privacy 101 for Small Businesses," Webinar, Sul Ross State University: SBDC, 7-20-23, 1 hr.
- "Square Solutions: Tools to Run Your Business," Webinar, Sul Ross State University SBDC, 7-18-23, 1 hr.
- "Multicultural Diversity & Equity Training for Legal & Ethical Compliance," Webinar, Telehealth.org, Marlene M. Maheu, PhD, 7-17-23, 4 hrs. CE awarded.
- "Essential Telehealth Law & Ethical Issues: Master Class" Online Course, Telehealth.org, July 14-15, 2023, 3 hrs. awarded.
- "Language Matters: Treating Body Image in Eating Disorder Patients:" Webinar, Claire St. John, MPH, RD CEDRD-S, Center for Change, 7-13-23, 1 hr. CE awarded.
- "Grants for Small Businesses," Webinar, Sul Ross State University SBDC, Daniel McCoy, 7-13-23, 1 hr.
- "Building Protective Factors to Reduce Student Vulnerability to Human Trafficking:" Webinar: 6-28-23, 1 hr, 30 min.
- "ChatGPT: What is it and how will it impact me?" Innovate to Elevate: Webinar: Brown School of Professional Studies: Mike Grandinetti, PhD, Brown University, 6-28-23, 1 hour.
- "How to Take Charge of Your Metabolic Health: Empowering Change for Yourself!" ESPYR Webinar: Lauren Waterworth, M.Ed., NBC-HWC, Health Coach Leader, 6-9-23, 1 hour.
- "Be Kind to Your Mind, Spring Women's Empowerment," Sul Ross State University SBDC, Sarah Cash, LMSW, May 10, 2023, 1 hr.
- "Online Course Redesign & Faculty Certification Course," Sam Houston State University, Fall 2022, Cohort I.
- "Chronic Pain and its Management from a Behavioral Health Perspective:" HMP Global Learning Network: Deb Elliot-DeSorbo, Ph.D. and Dawn Prentice, LCSW, 4-6-23, 1 hour.
- "Telehealth: How to Legally and Ethically Practice Over State Lines & International Borders:" Telehealth.org: Marlene M. Maheu, Ph.D. 1-27-23, 1 hr.
- "Advanced Master Program on the Treatment of Trauma:" Webinar: National Institute for Clinical Application of Behavioral Medicine:
  - How to Work with Patients Whose Trauma Triggers Problems in Their Current Relationships, 10-26-22, 1 hr.
  - How to Ease the Pain of Trauma-Induced Shame, 10-19-22, 1 hour.
  - How to Work with Emerging Defense Responses to Trauma (Beyond the Fight/Flight/Freeze Model), 10-12-22, 1 hour.
  - How to Identify and Treat Dissociation (Even when it's Subtle), 10-5-22, 1 hour.
  - Strategies to Treat Patients Trapped in the Freeze Response, 9-29-22, 1 hour.
- "Mental Strength Masterclass:" Melli O'Brien, 9-27-22, 1.5 hours.
- "The Body Keep the Score: Trauma Healing:" Bessel van der Kolk, MD, 9-22-22 and 9-23-22, 12.5 CEU hours.
- "Foundations of Kindness 4-Week Course," Love Serve Remember Foundation: Online: 9-20-22 through 10-11-22, 2 hrs. weekly: 8 hrs. total.
- "Healing Invisible Wounds: Working Through Past Sexual Trauma in Relationships," Clearly Clinical, Dr. Juli Schwartz Gottman, 9-2-22, 1 hour.

## Other Professional TRAINING, continued:

- "2022 Suicide Prevention Summit:" MentalHealth Academy, August 19, 20, and 21, 2022, 11 hours:
  - How Can We Use Technology to Improve Suicide Prevention? Dr. Evan Kleiman, 8-19-22, 1 hour.
  - Suicide Intervention With Older Adults, Dr. Laura Shannonhouse, 8-19-22, 1 hour.
  - Posttraumatic Growth After Suicide Loss Across the Lifespan, Dr. Melinda Moore, 8-20-22, 1 hour.
  - Youth Suicide Prevention: Connecting Dots Between Schools and Communities, Dr. Jonathan A. Singer, 8-20-22, 1 hour.
  - Understanding and Preventing Suicide in Older Adulthood, Dr. Matthew Fullen, 8-20-22, 1 hour.
  - Clinical Work with Those Bereaved by Suicide, Dr. Vanessa McGann, 8-20-22, 1 hour.
  - Lived Experience as a Bridge from Public Health Knowledge to Action, Dr. DeQuincy Meiffren-Lezine, 8-20-22, 1 hour.
  - Competency-based & Interprofessional Approaches to Training Healthcare Professionals in Suicide Prevention, 8-21-22, 1 hr.
  - Reducing suicide rates among LGBTQ Youth of Color, Dr. Cirecie West-Olatunji, 8-21-22, 1 hour.
  - It Takes a Village to Raise a Child... And a Child to TEACH a Village: The Lessons Learned from the Suicide of Jamal Clay, 8-21-22, 1 hour.
  - likakiimaat: A Best Practice, Angela Grier, 8-21-22, 1 hour.
- "Ethical Scenarios- Ethics Case Examples: Collections of Complex Cases," ESPYR: Dr. William F. Doverspike, 8-12-22, 6 hours.
- "Our Role Moving Forward: Reproductive Justice as Harm Reduction and Ethical Imperative," Clearly Clinical online course, 8-9-2022, 1 hour.
- "The Science of Suffering and Moving Forward- The Pandemic and Beyond," Clearly Clinical online course, 8-9-2022, 1 hour.
- "Integrated Pathways: Sensory Processing, Trauma and Imago Attachment," Integrative Pathways Group, LLC, August 6 and 7, 2022, 14 hours.
- "When Client/Therapist Values Clash: The Diversity Training EVERY Clinician Needs Right Now," Clearly Clinical online course, 8-4-2022, 1 hour.
- "Psychedelics in Therapy: MDMA, Psilocybin, Ketamine, Micro-Dosing & More," Online Webinar, Psychotherapy Network, July 27 & 28, 2022, 10 hrs. CEU.
- "The Foundations of Kindness": Psychotherapy Network, Katy Milkman, July 27-28, 2022, 10 CEU's awarded.
- "How to Take Charge of your Metabolic Health," ESPYR, June 10, 2023, 1 hr.
- "Disaster Mental Health: In the Aftermath of a Shooting," Clearly Clinical online course, 5-28-2022, 1 hr.
- "Texas Human Trafficking Resource Center HEART Training," Texas Department of State Health Services, 3-29-22, 1.5 hours.
- "Clinical Supervision: Proven Tools and Techniques for Success," PESI Certificate of Continuing Education Course, completed 3-26-2022, 6 hours.
- "Journey to Wellness," HealthSelect of Texas, December 12, 2021, 45 min.
- "How to Change," Katy Milkman: University of Michigan, Center for Positive Organizations: online webinar, 10-15-21, 1 hour.
- "Healthy Minds MasterClass: Founders Edition:" Online Webinar, October 13- November 17, 2021, 2 hrs. every Wednesday.
- "HIPAA Security Training- Certificate Program," and "HIPAA Security for Mental Health Training- Certificate Program:" through HIPAATraining.com 10-14-21.
- Psychedelics Education for Mental Health and Addiction Professionals: Sana Symposium: Psychedelic Medicine Association, September 17- 19, 2021, 20 hrs.
- "Change Your Mind," Webinar: Rick Hanson, PhD, August 28-29, 2021, 8 hrs. awarded.
- "Hiring Best Practices: Record Keeping for Small Businesses," Webinar: Sul Ross State University, SBDC, 8-21-21, 1 hr.
- "Accommodations in College: Successfully Navigating the Transition," Governor's Committee on People with Disabilities: Webinar: 8-18-21, 1 hour.
- "Positive Relationships:" MentorCoach Course: August 4 – September 15, 2021, complete 24 hours.
- "Redefining Disability; Disability Matters," Webinar, 8-4-21, 1 hour.
- "Building Empathy: A Key to Thriving Workplaces," Webinar: July 29, 2021, 1 hour.
- "Ethan Kross: Chatter: The Voice in Our Head, Why It Matters, and How to Harness It," University of Michigan, Center for Positive Organizations: 7-16-21, 1 hour.
- "HR Red Flags," UTSA SBDC- Center for Government Contracting: July 12, 2021, 1 hour.
- "Life After Covid Summit: Preparing for the New Normal:" Being-Well Organization: May 21, 22, 23, and 24, 2021; 10 hrs, 20 minutes.
  - Accepting the Past: Steven C. Hayes, PhD., 1 hour.
  - Being with Grief: Joanne Cacciatore, PhD., 1 hour.
  - Relating to Traumatic Experiences: Bruce Perry, MD, PhD., 1 hour.

## Other Professional TRAINING, continued:

- CONTINUED: "Life After Covid Summit: Preparing for the New Normal:" Being-Well Organization: May 21, 22, 23, and 24, 2021; 10 hrs, 20 minutes.
  - Changing for Good: Rick Hanson, PhD, 1 hour.
  - Dealing with Difficult People: Ramani Durvasula, PhD, 1 hour, 20 minutes.
  - Building Healthy Boundaries: Nedra Glover Tawwab, MSW, LCSW, 1 hour.
  - Calming Fear and Anxiety: Stephen Porges, PhD, 1 hour.
  - Embracing Our True Nature: Dacher Keltner, PhD, 1 hour.
  - Compassion and Cultivation: Sharon Salzberg, 1 hour.
  - Belonging: Alison Briscoe-Smith, PhD, 1 hour
- "Nutrition in a Nutshell:" BCBS: May 18, 2021, 50 minutes.
- "FY21 SRSU Human Resources EEO Training:" Human Resources Training: SRSU: May 11, 2021, 1 hour.
- "Child Protection Training:" SRSU: Human Resources Training: May 11, 2021, 1 hour.
- "SRSU Cybersecurity Awareness Training 2021," SRSU: Office of Information Security: May 10, 2021, 1 hour.
- "10 Keys to Sexual Violence Prevention in 2021 | An Expert Panel Discussion," Vector Solutions: SafeColleges: April 28, 2021, 1 hour.
- "Foundations, Coaching Course:" March 11 – July 29, 2021, MentorCoach Course: 63 hours.
- "Teletherapy, Wellness, and Student Success," The Chronicle of Higher Education: March 3, 2021.
- "Complex Trauma and Dissociation Across the Lifespan Part 2: Treatment, Trauma Processing and Defenses [EMDR]," on January 15 and 29, February 2, 12, & 26, 2021. Agate Institute: Awarded 15 CE Credits.
- "Breaking Down Barriers: Supporting Marginalized Communities During COVID-19," Kognito: January 26, 2021.
- "All Texas Access Conference," HHSC, December 9, 2020. Awarded 6 CE Credits.
- "Have Stress? Or Does it Have you?" Health Select of Texas: December 8, 2020.
- "2020 Texas Tech Mental Health Law Symposium," November 20, 2020, Awarded 5 CE Credits.
- "Judicial Summit on Mental Health Virtual Conference," Texas Judicial Commission on Mental Health: November 9-10, 2020. Awarded 13.5 CE Credits.
- "Developing Intentional Strategies to Improve Campus Climate: A Discussion Space," Academic Impressions: October 20, 2020, 1 hour.
- "Mental Health First Aid for Youth, USA Training," certificate program. National Council for Behavioral Health, Permia-Care- Certified October 9, 2020.
- "Blended Learning," Glean-Audio Notetaker: October 6, 2020.
- "Adult Mental Health First Aid, USA, Training," certificate program. National Council for Behavioral Health, Permia-Care- Certified September 18, 2020.
- "How leaders can address inequality at work," Qualtrics Team: Dr. Judith Williams: June 17, 2020.
- "Aspiring Social Justice Ally Identity Development:" Keith E. Edwards: June 12, 2020.
- "Effective Distance Learning:" Globalyceum: May 5, 2020.
- "Is your online evaluation system WCAG 2 compliant?" David Berman Communications: Accessibility Webinar: April 23, 2020.
- "Telemental Health Training:" The Counseling Team International, Carolyn Burleson, LPC: April 4, 2020, Awarded 3 CE Credits.
- "Student Persistence: Critical & Holistic Support Strategies Responding To COVID-19:" Innovative Educators: April 2, 2020.
- "Advising & Counseling Online: Responding Effectively to Academic & Mental Health Issues," Innovative Educators: March 26, 2020.
- "The Anxiety Summit 5: Gut-Brain Axis," Health Means & Health Talks Online: Trudy Scott: November 11-17, 2019.
- "Trauma & Attachment Summit:" Dr. Diane Poole Heller: September 21-28, 2019.
- Day Retreat for School Counselors and Licensed Professional Counselors: Sul Ross State University (SRSU) Counseling Education Department: April 23, 2019. Awarded 6 CE Credits.
- "Mental Health First Aid Training:" PermiaCare/Midland, TX- April 11, 2019. Awarded 4 CE Credits.
- "1<sup>st</sup> Virtual Summit of EMDR Therapy with Medical and Somatic Conditions," April 5, 6, 12, and 13, 2019. Awarded 14 CE Credits.
- "Removing Students with Suicidal and Mental Health Issues: How to Reduce Legal Liability and Increase Student Safety:" Innovative Educators: March 28, 2019, Awarded 1 CE Credit.
- "Buddhism and Modern Psychology:" Online course: Princeton University: Coursera: Robert Wright: November 2013, 8 hrs.
- "1<sup>st</sup> Virtual Summit of EMDR Therapy & Addictions," March 9, 10, 16, and 17, 2018. Awarded 12 CE Credits.
- "Thriving as Helpers and Advocates in a Changing World;" TUCCCC 2018 Conference: February 8, 9, 2018. Awarded 5.5 CE Credits.
- "SuperHuman O.S:" Ken Wilbur's 10-week online course about Integral Psychology; 2018.

**Other Professional TRAINING, continued:**

- "The Power of Awareness Course:" online Meditation Teacher Certification Program. Awarded CE Credits.
- "Simple Strategies to Create an Inclusive Classroom for Gender Variant Students:" Magna Publications online presentation: September 25, 2017: Awarded 1 CE Credit.
- "Trends in Higher Education Mental Health- Research Highlights:" Kognito Webinar: September 21, 2017. Awarded 1 CE Credit.
- "Protecting Your Counselor License: Common Legal and Ethical Issues:" Lippincott Professional Development: September 20, 2017. Awarded 1 CE Credit.
- "Multicultural Counseling with Immigrant and Refugee Communities:" American Counseling Association: September 13, 2017. Awarded 1 CE Credit.
- "Everybody Present: Mindfulness in the Classroom:" Magna Publications online presentation: August 22, 2017: Awarded 40 min. CE Credit.
- "Trauma & Resilience in the Borderland Conference:" Professional Counselors of El Paso: June 16 and 17, 2017. Awarded 10.5 CE Credits.
- "Day Retreat for School Counselors and Licensed Professional Counselors:" Sul Ross State University (SRSU) Counseling Education Department: February 10, 2017. Awarded 6 CE Credits.
- 2<sup>nd</sup> Online Summit of EMDR Therapy and Attachment; January 13, 14, 20 and 21, 2017. Awarded 12 CE Credits.
- Uri Bergmann PhD, "The Neurobiology of Information processing and EMDR: A Glimpse Inside the Brain," January 14, 21, 28, February 4, and 11, 2014. Awarded 14 CE Credits.