

Syllabus

ED 6341: PSYCHOPATHOLOGY **Sul Ross State University** **Spring 2019**

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Office Hours: Online hours are from 8:00 a.m.-9:00 a.m. Monday-Thursday. Instructor is available via email and telephone. I do not maintain an office on the university campus; telephone conferences are available by appointment.

Please read through the syllabus carefully and refer to it throughout the course. All course objectives and expectations are outlined in the syllabus. If anything is unclear, please contact the instructor for clarification. This is a web course and is delivered entirely on Blackboard.

PREREQUISITE

Approval of instructor

REQUIRED MATERIALS

Note that two different textbooks are required. One of those is the Whitbourne **textbook**, and the other required text is the **DSM-5**. Details are as follows:

1. Whitbourne, S.K. (2017). *Abnormal psychology: Clinical perspectives on psychological disorders* (8th ed.). New York: McGraw-Hill. **ISBN 9780077861988**

Be sure that you order the correct edition. This Loose-Leaf version can be placed in a binder, or you prefer, you can get a softcover or hardcover edition if you can find one priced reasonably. They have the same content; **just be sure it is the same ISBN 9780077861988 and is the 8th edition**. Don't wait! I'll expect you to be ready to go at the beginning of the semester.

Note: You can shop an online book vendor site for this Loose-Leaf version of the textbook, or you may be able to obtain a good used hardcover or softcover edition, as long as it is the 8th edition. You can obtain the Loose-Leaf textbook new or used at a reasonable amount on such sites as Amazon (typically ranges from approximately \$70, as compared with regular softcover edition retail of \$210).

2. American Psychiatric Association (2013). *Diagnostic and statistical manual of mental disorders, Fifth Edition: DSM-5*. Arlington, VA: American Psychiatric Publishing. **This is required!** You should be able to readily find it through online vendors such as Amazon for approximately \$30 used or \$120 new. Do not order the eBook online version, for the page numbers will not match the assignments in this course. You will need the paperback version **ISBN 9780890425558**

COURSE DESCRIPTION (Official catalog description)

This course examines existing concepts of mental illness and offers a healthier, client-freeing approach. Presentations on medications, stress and the immune system, mental status exam, and cases exemplifying diverse responses to human suffering are included.

STUDENT LEARNING OBJECTIVES

Student will be able to:

1. Identify the signs and symptoms of mental illness, and other forms of psychological and behavioral dysfunction.
2. Apply and use the *DSM-5* system for the classification and diagnosis of psychological disorders.
3. Demonstrate an understanding of the complex factors that contribute to psychological and behavioral dysfunction, including biological, developmental, psychodynamic, and sociocultural issues.

4. Demonstrate a general understanding of the common treatments of major classes of mental illness.
5. Evaluate clients' mental disorders based on presenting symptoms and diagnostic criteria.

STUDENT LEARNING OUTCOME (PROGRAM'S PRIMARY LEARNING OBJECTIVE)

Students will demonstrate their ability to apply within guidance and counseling, their knowledge of human development, diversity, and factors that affect students'/clients' ability to achieve their potential.

REQUIREMENTS

Students will:

- participate in online discussions and activities.
- complete online quizzes and activities based on assigned videos.
- complete reading assignments and study the material prior to submitting assignments online.
- complete all assignments prior to the due dates (no late assignments accepted).
- take two major exams, complete one DSM diagnostics assignment, and complete one case study.
- practice professional conduct and ethics.
- practice respectful learning exchanges.

EVALUATION

Your grade for this course will be determined by evidence of the **quality** of your learning as **demonstrated by your performance** in the following areas:

Video Quizzes	12 @ 10 pts. (20% of course grade)	120 points
Pick the Correct Diagnosis Test	(5% of course grade)	30 points
Case Report	(15 % of course grade)	90 points
DSM Diagnostics Assignment	(15% of course grade)	90 points
"Of Particular Interest" Discussion Boards	2 @ 15 pts. (5% of course grade)	30 points
Midterm Exam	(18% of course grade)	108 points
Final Exam	(18% of course grade)	108 points
Participation Grade	(4% of course grade)	24 points

TOTAL possible 600 points

Course Grade: A=543-600; B=483-542; C= 423-482; F=422 and below

Written work will be evaluated on the basis of content, clarity, clinical insight, attention to formatting, and the correct application of grammar, mechanics, and style.

NOTE: Graduate students must maintain a 3.0 GPA to remain in good standing. Grades of Incomplete (I) are not given in the Professional Studies Division of Sul Ross State University *except* in the *most extreme* situations.

PARTICIPATION

You are expected to participate in the online activities and discussions. Your participation grade will be affected by both the quality and quantity of your participation. You are required to "Introduce Yourself" on the Discussion Board. On the "Of Particular Interest" Discussion Board forums (2), you will be provided an opportunity to demonstrate your knowledge and to interact with others. If you post on the "Questions & Concerns" Discussion Board forum, your questions and responses should give evidence that you are keeping up with the assigned reading and examining all other students' postings. Note: Additional forums may be posted; if so, you will be instructed to interact on those forums. You are required to respond to instructor posts on the "Important Information from Dr. Olive" Discussion Board Forum.

You must reply to any email from the instructor **promptly**, and you **must reply promptly to each post** of the instructor on the **"Important Information from Dr. Olive"** Discussion Board forum. This may be a brief, "I've read it" post, or you may discuss. If the instructor asks you to clarify or expand a post that you have made on

any forum, you are required to do so. Failing to respond via email or on the Discussion Board will result in the loss of Participation points, and in accordance with the attendance policy, may lead to your being dropped from the course with a grade of "F."

You are free to work at your convenience as long as you meet the assignment deadlines. **No late assignments will be accepted.** You are encouraged to work ahead. Your final course grade will be affected by the **quality** of your participation. Your postings and responses on the Discussion Board should give evidence that you have completed the assigned readings and viewing of the required videos and attached materials. Your written communication should reflect professional courtesy toward the instructor and fellow students.

Distance Education Statement: Students enrolled in distance education courses have equal access to the university's academic support services, such as Smarthinking, library resources, such as online databases, and instructional technology support. For more information about accessing these resources, visit the SRSU website. Students should correspond using Sul Ross email accounts and submit online assignments through Blackboard, which requires secure login information to verify students' identities and to protect students' information. This course requires students to maintain adequate technology to open and play required videos specified on the Blackboard course site and to complete online quizzes and activities associated with those videos. The procedures for filing a student complaint are included in the student handbook. Students enrolled in distance education courses at Sul Ross are expected to adhere to all policies pertaining to academic honesty and appropriate student conduct, as described in the student handbook. Students in web-based courses must maintain appropriate equipment and software, according to the needs and requirements of the course, as outlined on the SRSU website.

ATTENDANCE POLICY

You are responsible for reviewing the university policies on Absences and Class Attendance in the SRSU Student Handbook. Students, in order for you to participate in this course, you must reply to an Online Participation Policy forum on the Discussion Board. It is policy at Sul Ross State University that if a student is enrolled in an online course and fails to stay active for a period of 3 weeks (one week during a summer session), fails to submit assignments, and/or does not reply to emails from the instructor, he/she will be dropped from the course with an "F." You are required to respond to the "Online Participation Policy" forum on the Discussion Board with a signed statement. Details are provided on the Blackboard Discussion Board. Any student who fails to submit the required participation policy statement on the Discussion Board will be dropped from the course. **You are expected to check both your Sul Ross email account inbox and the "Important Information" Discussion Board forum daily for the duration of the semester.**

Students in web-enhanced or web classes are expected to log in several times each week to the Blackboard course site on the Internet. The instructor will monitor the Blackboard log-ins for attendance.

ASSIGNMENT DESCRIPTIONS

Reading Assignments. Two books are required for this class. You are expected to read the *Abnormal Psychology* text thoroughly. The *DSM-5* (DSM) should be read selectively and used as a reference. You must become very familiar with its use; you need not memorize all the details of every diagnosis. Reading assignments are listed in the **DUE DATES** below. Please complete the reading assignments and **study** the materials prior to submitting assignments.

Video Quizzes

Students, you are required to view video segments based on specific disorders and then take a quiz. There are 12 different disorders. As you view each disorder, you are required to study the section of the *DSM-5* related to that disorder. You should also read the textbook information regarding that disorder. The quiz will be

based on the video content and the information in the *DSM-5*. You are not expected to memorize criteria in the *DSM-5*, but you will need to be able to answer questions regarding those criteria.

Click on the "**Quizzes--Videos**" purple button on the left of your screen on Blackboard for detailed instructions and to access the videos and quizzes. Assigned videos contain segments of client interviews and/or brief lectures. Watch the assigned video(s) before taking the quiz. Due dates for each quiz are listed in the syllabus. There are 12 quizzes, one for each disorder. No late assignments will be accepted.

Case Report

Students, you will be expected to write a case report, based on a client interview segment. The client is experiencing symptoms of social anxiety.

I am providing you a **sample case report** that you will use to format your own case history assignment. My example is based on an ADHD client. Your report will be based on the client in the assigned video with social anxiety. I have provided you the required format for the case report on the assignment instructions.

You can find detailed instructions regarding accessing the client interview segment and completing the case report on Blackboard via the Assignments link.

You have been given the client's disorder, social anxiety, but you will have to find the correct diagnostic code in the *DSM-5* and complete the total case report based on the information available in this first interview video. You will need to study the video, as well as find the *DSM-5* diagnostic coding information in the *DSM-5* to complete the assignment. You will need to locate the disorder in the *DSM-5* on pages 31-705 (use the Index at the back of the *DSM-5* to quickly find the disorder). Note: Find ICD-10CM Z codes beginning on page 894 in the *DSM-5*.

Study the diagnostic criteria in the *DSM-5* for the disorder and *all of the accompanying information*, including Diagnostic Features, Development and Course, Differential Diagnosis, Functional Consequences, etc. Does the client meet any Specifiers? Approach this case as though you are the counselor!

Open the attachment on Blackboard on the Case Report Assignment (via the Assignment tab on Blackboard) to view the Sample Case Report, based on David, a client with ADHD. **Exactly** follow the format and headings I have utilized, and include a References page, following correct APA style. Additional details may be found in the assignment instructions on the Blackboard course site. Carefully read and follow the instructions for this assignment.

Pick the Correct Diagnosis Test. This is an objective (matching) test in which you are given 9 brief cases. Based on the description of symptoms for each individual, you are to select the correct diagnosis. A list of diagnoses will be provided from which to choose. You must select the correct diagnosis, *DSM-5* diagnostic code number, and appropriate specifiers. Everything counts! You must utilize the *DSM-5* to complete this assignment. Instructions for the test are found on the Blackboard course site.

DSM Diagnostics Assignment. You will be presented with **four** client cases described in the literature. You are then to "diagnose" or classify the condition that is occurring, and prepare a written report of your analysis for each case. Use the report format utilized in the example provided on the DSM Diagnostics assignment instructions on the Assignments tab on Blackboard. Note the due date indicated below on this syllabus. Create one long Microsoft word document; begin a new page for each case, and center the case number at the top of that new page (Case #1; Case #2; Case #3; Case #4). You may submit this assignment any time **before** the due date; **late work will not be accepted.**

General Format for Written Work. Papers must be typed using **one-inch margins** (to adjust your page format, go to Page Layout or Page Setup on the File menu in Word), **Times New Roman 12-point type font**,

and **single line spacing** (double space between questions and/or sections), have **all pages including the first numbered**, and be **edited** for spelling and grammar. **NOTE: Proofread your work, and if needed, engage a trusted individual to assist in proofreading. Your writing reflects your professionalism. Papers with multiple errors will receive a reduction in grade.** Refer to Blackboard assignments for specific formatting directions and/or format examples for each assignment. APA style must be utilized correctly.

Exams. A midterm and a final exam will be given on Blackboard as noted in the **DUE DATES** below. 12 Video Quizzes will be given. You are responsible for **all** material posted online **and** reading assignments. No late exams will be accepted.

Discussion Board Forums. You are required to post a thread on the “Of Particular Interest” Forum #1 and “Of Particular Interest Forum #2, and make a response to another student on each of the forums. You are also required to “Introduce Yourself” and post an “Online Participation Policy” statement of agreement. Additional forums may be posted throughout the semester; in this instance, students will be informed and expected to respond. You are required to briefly respond to each post from the instructor on the “Important Information from Dr. Olive” forum. Due dates are posted in the calendar in this syllabus.

CALENDAR / DUE DATES

This is an intense, very fast-paced course. If you are facing excessive work or course demands this semester, I suggest you wait to take this course until you will have adequate time for learning and success. The instructor reserves the right to amend the calendar. If this becomes necessary, all students will be notified. This is an online course and requires video support materials. It is the students’ responsibility to ensure that their personal technology is adequate, and if a student is traveling, he/she must make provision to have computer access and submit assignments no later than the due date. Extensions will not be granted.

Assignments are **DUE by midnight, Central Time, the day indicated.** **No late assignments will be accepted.**

January 22, 2019	Spring semester officially begins
January 23, 2019	Introduce Yourself on the Discussion Board
January 25, 2019	Email contact information to Instructor. Include your name, telephone number, and whether you can receive text messages. This information is requested so that in the event of a problem with a submitted assignment, you can be reached promptly in order to resolve the concern. Email Dr. Olive at tolive@sulross.edu
January 26, 2019	Reading: Text Chapters 1, 2, 3 & 4 due <i>DSM-5</i> pp.5-24 due
January 27, 2019	Online Participation Policy statement posted on the Discussion Board (you must post this in order to remain in the course).
January 29, 2019	Reading: Text Chapter 5 due ADHD Video Quiz due
January 31, 2019	Tourette’s Disorder Video Quiz due
February 2, 2019	Reading: Text Chapter 6 due Schizophrenia Video Quiz due

February 5, 2019	Reading: Text Chapter 7 due <i>Major Depressive Disorder</i> Video Quiz due
February 8, 2019	<i>Persistent Depressive Disorder</i> Video Quiz due
February 10, 2019	<i>Bipolar Disorder</i> Video Quiz due
February 13, 2019	Reading: Text Chapter 8 due <i>Agoraphobia</i> Video Quiz due
February 16, 2019	<i>Obsessive Compulsive Disorder</i> Video Quiz due
February 19, 2019	<i>Post-Traumatic Stress Disorder</i> Video Quiz due
February 26, 2019	MIDTERM EXAM: online on Blackboard (the exam will be made available at least 2 days prior to the deadline and is due no later than midnight Central Time on 02/26/2019). See additional explanation on Blackboard on the Exams button. The exam will cover Chapters 1-8, and the reading from the <i>DSM-5</i> , pp.5-24.
March 2, 2019	Reading: Text Chapter 9 and 10 due <i>Anorexia Nervosa</i> Video Quiz due
March 5, 2019	Reading: Text Chapter 11 and 12 due <i>Substance Use Disorder</i> Video Quiz due
March 9, 2019	Reading: Text Chapters 13, 14, and 15 <i>Borderline Personality Disorder</i> Video Quiz due
March 11, 2019	“Of Particular Interest” Forum #1 posting on the Discussion Board due
March 12, 2019	Must respond by midnight to one other student’s posting on the “Of Particular Interest” Forum #1
March 14, 2019	“Of Particular Interest” Forum #2 (2 different videos and questions completed— Assignment A <u>and</u> Assignment B) postings on the Discussion Board due
March 15, 2019	Must respond by midnight to one other student’s posting on the “Of Particular Interest” Forum #2
March 27, 2019	Case Report due.
April 4, 2019	Pick the Correct Diagnosis Test due
April 11, 2019	DSM Diagnostics Assignment due
April 16, 2019	FINAL EXAM: online on Blackboard (the exam will be made available at least 2 days early and will must be submitted no later than midnight Central Time.) See additional explanation on Blackboard on the Exams button. The exam will cover Chapters 9-15, diagnostics based on the <i>DSM-5</i> , and information from the Lectures.

SRSU Disability Services: Sul Ross State University is committed to equal access in compliance with the Americans with Disabilities Act of 1990 (ADA) and Section 504 of the Rehabilitation Act of 1973. It is the

student's responsibility to initiate a request for accessibility services. Students seeking disability services must contact Mary Schwartze, M.Ed., LPC, in Counseling and Accessibility Services, Ferguson Hall, Room 112. The mailing address is P.O. Box C-122, Sul Ross State University, Alpine, TX 79832. Telephone: 432-837-8691. Email: mschwartze@sulross.edu

LECTURES/DISCUSSIONS

Note: This course is delivered entirely online. Therefore, all lectures will be posted and available to students from the beginning of the semester, and discussion will occur in forums on Blackboard at the designated times in this syllabus, as well as in ongoing forums.

Lectures will incorporate text and power point presentations including the following topics: course overview; understanding abnormality: a look at history and research methods; classification and treatment plans; assessment; theoretical perspectives; anxiety disorders; somatoform disorders, psychological factors affecting medical conditions, and dissociative disorders; sexual disorders; mood disorders; schizophrenia and related disorders; personality disorders; development-related disorders; aging-related and cognitive disorders; substance-related disorders; eating disorders and impulse-control disorders; and ethical and legal issues.