



SUL ROSS
KINESIOLOGY DEPARTMENT

KES 4360-W01
Practicum in Kinesiology
Summer 2019

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Office Hours: MTWR 9-11 & 1-4 and F 9-12 **By appointment** (email to set up an appointment)
Required Text: *None*
Meeting: via Blackboard

Course Description

Supervised internship with selected agencies and organizations such as intramural sports, city recreation departments, YMCAs and YWCAs, Boys' Clubs, Girl and Boy Scouts, rehabilitation centers, and similar agencies and organizations. Prerequisite Course(s): Senior classification and approval of department head.

Course Purpose

The course is designed to prepare students for careers in the fields of Kinesiology, Health, Recreation, Athletics, Sports Medicine and/or related fields. The course will provide real-world learning experiences in a professional setting. Students must provide at least one written analytical reflection in their e-portfolio that answers, at a minimum, two prompts related to the SLOs:

- Demonstrate growth in acquisition, integration, construction, and application of knowledge
- Improve cognitive complexities
- Enhance interpersonal development
- Develop interpersonal competence
- Develop an appreciation of humanitarianism and civic engagement

The experience supervisor will evaluate the reflection using a standard rubric.

Course Principles

Upon completion of this course, the student should be able to _____ within the Kinesiology, Health, Recreation, Athletics, Sports Medicine, or related field.

- 1 – ... provide critical analysis of a particular profession ...
- 2 – ... provide an overview related to the importance of professional networking ...
- 3 – ... develop an expanded appreciation of how the 'business' of the profession is conducted on a daily basis ...
- 4 – ... research the current job market (salaries, employment availability, opportunity for advancement, etc.) of a particular profession ...
- 5 – ... provide an overview related to the importance of certifications, work experience, and professional organizations ...
- 6 – ... design and present a paper which details a particular profession ...

Course Format

The format for this course will include, but is not limited to – work experience (150 hours for the semester), active participation in class discussions via Blackboard, research-based reaction papers, reflective journal, and ePortfolio.

Student Learning Outcomes:

1. The Kinesiology and Sport Science students will understand the principles of motor learning; understand the practice for developing motor skills; apply knowledge to biomechanical principles; apply knowledge of individual and teams sports and understand the principles of dance, personal performance activities, recreational activities and outdoor pursuits (Movement Skills and Knowledge Domain).
2. The Kinesiology and Sport Science students will understand major body systems, principles of physical fitness and benefits of a healthy lifestyle; understand the principles and activities for developing cardiovascular endurance; understand principles and activities for developing and maintaining flexibility, muscular strength and endurance; and understand health and wellness concepts (Health-Related Physical Fitness Domain).
3. The Kinesiology and Sport Science students will know how to use effective instruction and assessment to prepare physically educated individuals; understand factors relevant to learning and performance in physical education and use knowledge to promote students' development; understand the structure and purposes of physical education programs; and understand legal issues and responsibilities of physical education teachers (The Physical Education Program Domain).

Learning Objectives

Physical Education EC – 12:

Standard I

The physical education teacher demonstrates competency in a variety of movement skills and helps students develop these skills.

Standard II

The physical education teacher understands principles and benefits of a healthy, physically active lifestyle and motivates students to participate in activities that promote this lifestyle.

Standard III

The physical education teacher uses knowledge of individual and group motivation and behavior to create and manage a safe, productive learning environment and promotes students' self-management, self-motivation and social skills through participation in physical activities.

Standard IV

The physical education teacher uses knowledge of how students learn and develop to provide opportunities that support students' physical, cognitive, and emotional development.

Standard V

The physical education teacher provides equitable and appropriate instruction for all students in a diverse society.

Standard VI

The physical education teacher uses effective, developmentally appropriate instructional strategies and communication techniques to prepare physically educated individuals.

Standard VII

The physical education teacher understands and uses formal and informal assessment to promote students' physical, cognitive, social and emotional development in physical education contexts. **Standard VIII**

The physical education teacher is a reflective practitioner who evaluates the effects of his/her actions on others (e.g., students, parents/caregivers, other professionals in the learning environment) and seeks opportunities to grow professionally.

Standard IX

The physical education teacher collaborates with colleagues, parents/caregivers and community agencies to support students' growth and well-being.

Standard X

The physical education teacher understands the legal issues and responsibilities of physical education teachers in relation to supervision, planning and instruction, matching participants, safety, first aid, and risk management.

DOMAINS and COMPETENCIES

Domain I - Movement and Skill Competency 001

The teacher understands and applies principles of motor development and motor learning.

Competency 002

The teacher understands principles and practices developing, combining and integrating motor skills.

Competency 003

The teacher understands and applies knowledge of movement concepts and biomechanical principles.

Competency 004

The teacher understands and applies knowledge of individual, dual and team sports and activities.

Competency 005

The teacher understands principles, techniques, skills and safety practices for dance, personal performance activities, cooperative and nontraditional games, recreational activities and outdoor pursuits.

Domain II - Health-Related Physical Fitness Competency 006

The teacher understands major body systems, principles of physical fitness development and training and the benefits of a healthy, active lifestyle.

Competency 007

The teacher understands principles and activities for developing and maintaining cardiovascular endurance.

Competency 008

The teacher understands principles and activities for developing and maintaining flexibility, posture and muscular strength and endurance.

Competency 009

The teacher understands health and wellness concepts, including those related to nutrition, weight control and stress management, and analyses ways in which personal behaviors influence health and wellness.

Domain III - The Physical Education Program Competency 010

The teacher knows how to use effective, developmentally appropriate instruction and assessment to prepare physically educated individuals.

Competency 011

The teacher understands factors relevant to learning and performance in physical education and uses this knowledge to create learning environments and opportunities that promote students' development in various domains (e.g., cognitive, social, emotional).

Competency 012

The teacher understands the structure, organization, goals and purposes of physical education programs.

Competency 013

The teacher understands legal issues and responsibilities of physical education teachers in relation to supervision, planning and instruction, safety, first aid and risk management.

Evaluation

- 300 pts **Field Experience Hours** – You will be expected to successfully complete 150-hours of field experience at your approved worksite during the semester. Each hour worked is worth 2 points. NOTE: Hours will be verified with your field experience supervisor; he/she has the ultimate authority to 'count' hours based upon successful completion of duty which are performed to professional standards of best practice. **Weekly work log is DUE each week by Tuesday at 12 pm. Final work log is DUE by August 6.**
- 200 pts **Discussion Board Participation** – You are expected to fully participate in class discussions via Blackboard. Your active and professional engagement is paramount to providing a dynamic discussion forum and learning environment. Learning can best be achieved through vigorous and engaging dialogue. It is imperative that you actively participate in this course. Each discussion topic is worth 30 possible points. **Discussion Topics will be posted each week on Sunday by noon ... Discussion Board Participation is DUE no later than Friday at 12pm each week.**
- 50 pts **Midterm Supervisor Evaluation** – You will be required to request a final evaluation from your supervisor. This assignment will dictate your final grade status. Submission guidelines: Supervisor evaluations must be turned in via email from your supervisors direct email address. Failure to turn in a midterm evaluation will result in failing the course. **Final evaluation from field placement supervisor is DUE by July 15 by 12 pm.**

- 100 pts **ePortfolio** – You will be required to create an ePortfolio using Google Sites, which highlights your career as a Sul Ross Kinesiology student. An academic ePortfolio is a digital collection created by a student of their course-related work, like essays, posters, photographs, videos, and artwork; academic ePortfolios can also capture other aspects of a student's life, such as volunteer experiences, employment history, extracurricular activities, and more. This should also include a working resume and a working cover letter. **The ePortfolio is DUE by 12 pm, Thursday, July 17. LATE ePortfolio will NOT be accepted.**
- 100 pts **PowerPoint** – You will be required to create a PowerPoint which highlights your field placement. This should include job title, job location, supervisor, job duties performed, logo of your field placement, 20+ photos of you ‘in action’ in various professional situations, important certifications related to your profession (include logo of each), relevant professional organizations related to your career goal (include logo of each), networking list, job board sites related to your profession, etc. **The PowerPoint is DUE by 12 pm, Thursday, July, 31. LATE PowerPoint will NOT be accepted.**
- 200 pts **Reflective Journal** – You will be required to write a reflective journal which addresses the following points: Your dream job, why you chose this particular field experience, mission/vision statement of your worksite, overview of daily duties, pros/cons of your field placement, did you feel like your Kinesiology degree (classes, experiences, faculty member, etc.) prepared you for your field experience, recommendations for future students who might work at this worksite, etc. The reflective journal should also include the following: dream job (did it change??), certifications needed to obtain your dream job, professional organizations that you should join to enhance your future career, list of professionals that you have formed a relationship with (networking), list of skills/experiences that you obtained on-the-job, list of skills and/or experience that you still need, etc. Discussion of what you know NOW that you wish you knew when THEN (when you were a freshman and/or when you started this semester). **The Reflective Journal is DUE by 12 pm, Wednesday, August 7. LATE Reflective Journal will NOT be accepted.**
- 50 pts **Final Supervisor Evaluation** – You will be required to request a final evaluation from your supervisor. This assignment will dictate your final grade status. **A negative evaluation will result in an “F” for the course.** Submission guidelines: Supervisor evaluations must be turned in via email from your supervisors direct email address. Failure to turn in a final evaluation will result in failing the course. **Final evaluation from field placement supervisor is DUE by August 12 by 12 pm**

GRADING POLICIES/TESTING/ASSIGNMENTS/ATTENDANCE/EXPECTATIONS

Grade calculation	% of Grade (Points)	Grading Scale
Field Experience	30% (300 points)	
Discussion Board	20% (200 points)	
Midterm Supervisor Evaluation	5% (50 points)	
ePortfolio	10% (100 points)	89.5% and Above A
PowerPoint	10% (100 points)	79.5 to 89.4% B
Reflective Journal	20% (200 points)	69.5 to 79.4% C
Final Supervisor Evaluation	5% (50 points)	59.5 to 69.4% D
Total Points	1000	59.4% and Below F

No Late Assignments Will Be Accepted. Also, No Credit Will Be Given For Any Late Assignments

Accidents & Injuries

In the case of bodily or personal property damage, the Kinesiology Department will not be held responsible. The student must report any field experience related injury or illness to the Instructor immediately. Any expense incurred due to injury or illness will be the student's responsibility.

Academic Integrity Statement

Academic integrity represents the choice to uphold ethical responsibility for one's learning within the academic community, regardless of audience or situation.

Academic Civility Statement

Students are expected to interact with professors and peers in a respectful manner that enhances the learning environment. Professors may require a student who deviates from this expectation to leave the face-to-face (or virtual) classroom learning environment for that particular class session (and potentially subsequent class sessions) for a specific amount of time. In addition, the professor might consider the university disciplinary process (for Academic Affairs/Student Life) for egregious or continued disruptive behavior.

Academic Affairs Service Statement

Sul Ross faculty, staff, and students are expected to model responsible citizenship through service activities that promote personal and academic growth while enhancing the university, local, regional, national, and global communities. These activities will foster a culture of academic/public engagement that contributes to the achievement of the university's mission and core values.

Academic Excellence Statement

Sul Ross holds high expectations for students to assume responsibility for their own individual learning. Students are also expected to achieve academic excellence by:

- Honoring the core values of Sul Ross.
- Upholding high standards of habit and behavior.
- Maintaining excellence through class attendance and punctuality.
- Preparing for active participation in all learning experiences.
- Putting forth their best individual effort.
- Continually improving as independent learners.
- Engaging in extracurricular opportunities that encourage personal and academic growth.
- Reflecting critically upon feedback and applying these lessons to meet future challenges.

ADA Statement

Sul Ross State University is committed to equal access in compliance with the Americans with Disabilities Act of 1973. It is the student's responsibility to initiate a request for accessibility services. Students seeking accessibility services must contact Mary Schwartz, M. Ed., L.P.C., in Counseling and Accessibility Services, Ferguson Hall, Room 112. The mailing address is P.O. Box C-122, Sul Ross State University, Alpine, Texas 79832. Telephone: 432-837-8691. E-mail: mschwartz@sulross.edu .