



SUL ROSS STATE UNIVERSITY

Department of Education
Fall 2019



PE 2304 Skills & Techniques of Individual and Team Sports

Online

Instructor: Jim Hector, Ed.D.

This syllabi is subject to revision. Please check Blackboard for updates.

OFFICE HOURS:

Monday, Wednesday an Friday: 11:00 – 12:00 and 1:30 – 4:30.

and By Appointment

Telephone: 432-837-8213

Email: jhector@sulross.edu

Location: Sul Ross campus – GPC 202A

COURSE DESCRIPTION

A course that emphasizes the training in basic skills and techniques of a wide range of individual and team activities including but not limited to : tennis, golf, badminton, archery, speedball, softball, volleyball, basketball, soccer and other selected individual and team recreational activities.

RECOMMENDED TEXTBOOK: Sports and Recreational Activities (12th edition) By Mood, Musker, and Rink WCB/McGraw-Hill ISBN 0-07-092111-3

COURSE OBJECTIVES:

The student at the conclusion of this course:

1. Demonstrates knowledge of techniques, skill progressions, conditioning programs, rules, safety practices, offensive and defensive strategies, sand types and uses of equipment for individual, dual, and team sports and activities.
2. Analyzes the importance of rules, discipline, etiquette, teamwork, and appropriate participant and spectator behavior in individual, dual, an d team sports and activities.
3. Analyzes key elements of successful performance in individual, dual, and team sports and activities and strategies for improving students' performance, teamwork, and skill combinations.
4. Applies knowledge of principles and techniques for selecting, adapting, and modifying sports activities to improve performance, promote the use of combinations of motor skills, and provide practice in specific sports skills in game like situations.

STUDENT LEARNING OUTCOMES:

1. The Kinesiology and Sport Science students will understand the principles of motor learning; understand the practice for developing motor skills; apply knowledge to biomechanical principles; apply knowledge of individual and teams sports and understand the principles of dance, personal performance activities, recreational activities and outdoor pursuits (Movement Skills and Knowledge Domain).

STANDARD ALIGNMENT:

Standard III

The physical education teacher uses knowledge of individual and group motivation and behavior to create and manage a safe, productive learning environment and promotes students' self-management, self-motivation and social skills through participation in physical activities.

Competency 004

The teacher understands and applies knowledge of individual, dual and team sports and activities.

GENERAL/MISCELLANEOUS

Academic Integrity:

Students in this class are expected to demonstrate scholarly behavior and academic honesty in the use of intellectual property. A scholar is expected to be punctual, prepared, and focused. Meaningful and pertinent participation is required.

Examples of academic dishonesty include, but are not limited to:

- Turning in work as original that was used in whole for another course and/or professor;
- Turning in another person's work as one's own;
- Copying from professional works or internet sites without citation.

Any of these offenses will result in a zero for the assignment with no option to redo for credit

METHOD OF INSTRUCTION: Online Student Participation is a must. **Note: This is an all blackboard course. If you have difficulty turning in an assignment, discussion board or quiz contact the instructor by email.**

COURSE EVALUATION METHOD: At the end of the semester, each student will be asked to complete an evaluation form on the effectiveness of the course and on the instructor.

DISCUSSION BOARD: There will be a discussion question posted under the discussion tab for you to respond. To respond to the discussion you click on the hyperlink to the discussion and then click on create new thread. Put your last name and the week in the subject line (eg. LastNameDiscussion1). You can respond directly in the message area, however, I suggest you type your response in a word document, spell check, then copy and paste it into the message area. You

can upload your response as an attachment, but please ALSO copy and paste it into the message area so we do not have to open an attachment to read your post. Answering a discussion question is worth **30 points**.

Responses to others: Under each discussion post you must respond to another classmate's original discussion post. The response is worth 10 points (respond to two separate classmates for **20 points**). The response must be more than "good job", "I like what you said", etc., it must be a substantial response that would be as if you were having a discussion on the topic in class. A substantial response would include, but not limited to: adding to the discussion with further information you find (cite your source), asking relevant questions, as well as critiquing in a positive way the post. ALWAYS spell check and edit your responses. These should be academic responses and not chat room or informal language. Do be respectful of others, do use proper language – do NOT hurt others feelings. To respond to another's post, click on their post and reply. Title the subject of your response with your last name and "response to _____ week 1 post" (eg. Hector's response to Henderson's Discussion 1 post).

DISCUSSION BOARD GRADING EXAMPLE:

Discussion post = 30 points

Discussion response = 10 points

Second discussion response = 10 points

Total points: = 50 points

GRADING:

1100 total points possible

- Final Exam = 100 points
- Chapter Quizzes (10 @ 50 points each) = 500 points
- Activities (4 @ 50 points each) = 200 points
- Discussion Boards = (4 @ 50 points each) = 200
- Special Project = 100 points
- Syllabus Quiz = 20 points

A = 1100 – 990

B = 989 -880

C = 879 – 770

D = 769 – 660

F = ≤659

Note: On the left side of the of the blackboard menu you will see "**My Grades.**" My Grades will total all of your grades on the row titled "**Total.**" By the end of the grading period your totaled numerical grades will add up to your final letter grade. I will grade most assignments within a week of being submitted on blackboard.

EVALUATION PROCEDURES:

✓ **Syllabus Quiz = 20 bonus points**

- There will be a syllabus quiz worth twenty points. The syllabus quiz will be available in the Quiz, Test & Exams section. **See syllabus calendar for due date.**

✓ **Final Exam = 100 points**

- The final exam will consist of multiple choice questions. Exams will cover all material provided in the assigned readings.

- All students are expected to take the exam no later than the designated day and time assigned.
 - The final exam will be posted in the Quiz, Test & Exams section of blackboard.
 - **All students are expected to take the final exam no later than the designated day and time assigned in the syllabus calendar.**
- ✓ **Quiz, Test & Exams = 50 points each totaling 500 points.**
- There will be 10 quizzes that may consist of multiple choice questions. Quizzes could cover any material provided in the assigned reading.
 - Fifty point quizzes can be found in the Quiz, Test, Exams section of blackboard.
 - **All students are expected to take the quiz no later than the designated day and time assigned in the syllabus calendar.**
- ✓ **Activities = 50 points each totaling 200 points.**
- Activities may consist of various projects related to the chapter.
 - Activities are found in the Assignments section of your menu.
 - **All students are expected to complete activities no later than the designated day and time assigned in the syllabus calendar.**
- ✓ **Discussion Board = 50 points each totaling 200 points.**
- Discussed online on Discussion Board which can be found on the menu of blackboard.
 - **Students must participate in discussion board activities no later than the dates outlined in the syllabus calendar.**
- ✓ **Special Project = 100 points**
- Discussed online on the activity section of blackboard.
 - This will be an end of the year activity and will be explained in more detail in the **Content** section of blackboard.

Note: All grading will be based on the quality of the assignment submitted; factors such as a student's ability and the effort put into an assignment will only be assessed to the extent that they influence the quality of the work submitted. All written work should be submitted in APA format.

EXPECTATION OF STUDENTS:

- Students are responsible for keeping up with the chapter reading and are expected to complete the assigned activities and/or other posted readings prior to class in order to contribute to online discussion.

ADA Accommodations: The University is committed to equal access compliance with the American with Disabilities Act of 1990 (ADA) and Section 504 of the Rehabilitation Act of 1973. The Disability Services Coordinator in Counseling and Student Support Services has the responsibility to ensure students with disabilities the opportunities for full participation in programs, services, and activities. Students seeking disability services need to contact the Disability Services Coordinator:

Counseling Accessibility Services;

Ferguson

ACADEMIC DISHONESTY OR MISCONDUCT: Sul Ross State University is committed to the highest standards of integrity and ethical conduct. Participating in behavior that violates academic integrity (plagiarism, etc.) will result in disciplinary action and may include: receiving a failing grade for the assignment, failing the course, and suspension and/or dismissal from the University.

DROP POLICY: Access information regarding schedule changes at:
<http://www.sulross.edu/page/967/schedule-changes-withdrawals>

Tentative Course Outline

This schedule is subject to revision. Please check Black Board for updates.
REVIEW ALL DUE DATES. TOPICS WILL NOT BE AVAILABLE AFTER DUE DATES

| Topic | Due Dates |
|---------------------------------|--------------------------------|
| <i>Syllabus Quiz available</i> | <i>Monday, August 26</i> |
| | |
| | |
| <i>Syllabus Quiz due</i> | <i>Sunday, September 1</i> |
| <i>Quiz 1 – Chapter 1</i> | <i>Sunday, September 8</i> |
| <i>Discussion board 1</i> | <i>Wednesday, September 11</i> |
| | |
| <i>Quiz 2 – Chapter 2</i> | <i>Sunday, September 15</i> |
| | |
| | |
| <i>Activity 1</i> | <i>Sunday, September 22</i> |
| <i>Quiz 3 – Chapter 3</i> | <i>Sunday, September 29</i> |
| <i>Discussion board 2</i> | <i>Wednesday, October 2</i> |
| | |
| | |
| <i>Activity 2</i> | <i>Sunday, October 6</i> |
| <i>Quiz 4 – Chapter 11 NSCA</i> | <i>Sunday, October 6</i> |
| | |

| | |
|-----------------------------|---|
| | |
| <i>Quiz 5 – Chapter 11</i> | <i>Sunday, October 13</i> |
| | |
| <i>Quiz 6 – Chapter 12</i> | <i>Sunday, October 20</i> |
| | |
| | |
| <i>Quiz 7 – Chapter 13</i> | <i>Sunday, October 27</i> |
| | |
| | |
| <i>Quiz 8 – Chapter 14</i> | <i>Sunday, November 3</i> |
| <i>Activity 3</i> | <i>Wednesday, November 10</i> |
| | |
| <i>Quiz 9 – Chapter 15</i> | <i>Sunday, November 10</i> |
| <i>Discussion Board 3</i> | <i>Wednesday, November 13</i> |
| <i>Activity 4</i> | <i>Sunday, November 17</i> |
| | |
| <i>Quiz 10</i> | <i>Wednesday, November 20</i> |
| | |
| <i>Discussion Board 4</i> | <i>Sunday, November 24</i> |
| <i>Thanksgiving Holiday</i> | <i>Wednesday, November 27- Sunday, December 1</i> |
| | |
| <i>Final Exam</i> | <i>Wednesday, December 4</i> |

SRSU Disabilities Services:

The University is committed to equal access in compliance with the Americans with Disabilities Act of 1990 (ADA) and Section 504 of the Rehabilitation Act of 1973. The Disabilities Services Coordinator in Counseling and Student Support Services has the responsibility to ensure students with disabilities the opportunity for full participation in programs, services, and activities.

Students seeking disability services need to contact the Disabilities Services Coordinator located in the University Center, Room 211. The mailing address is Sul Ross State University, PO Box C-171, Alpine, TX 79832. The telephone number is 432.837.8178; the fax number is 432.837.8724.