



SUL ROSS
KINESIOLOGY DEPARTMENT

SRSU 1101-004
First Year Seminar
Fall 2019

Dr. Chris Herrera, PhD, MBA
Assistant Professor - Kinesiology

Office: Graves-Pierce 101
Phone: 432/837-8375 office
Email: christopher.herrera@sulross.edu
Office Hours: M/W: 10am-12pm; Tue/Thur: 2-4pm or By appointment (email to set an appointment)
Meeting: Wed 9 - 10 GPC 105
Required Text: None

Mission:

The mission of First-Year Seminar is to provide first-year students an opportunity (1) to experience and develop knowledge, behaviors and attitudes that promote successful college study and positive campus participation, and (2) to appreciate multiple perspectives that reflect intellectual and cultural diversity within and beyond college.

Course Description:

First-Year Seminar is designed to help students develop strategies and skills necessary for a successful college career. Topics include adjusting to college, setting academic goals, managing time and keeping organized, learning and studying in college, preparing for and taking tests, understanding college policies and regulations, and accessing and using SRSU computer technology. Students will learn about SRSU's resources, activities, and rich cultural diversity. Throughout the course, students will use critical thinking skills to make informed choices, to understand their responsibilities for academic success, and to become independent, motivated learners.

All First-Year Seminars have the same five common goals. The student will be able to:

1. expand and deepen his/her understanding of the world and of self
2. enhance his/her ability to read and think critically
3. enhance his/her ability to communicate effectively, in writing, speech, and other appropriate forms
4. develop the fundamentals of information literacy and library research
5. work closely with a faculty mentor

Student Learning Outcomes:

1. Implement personal time management strategies based on short and long term goals.
2. Describe behaviors that support personal responsibility for learning, characteristics of an effective learner, techniques that promote student success and problem-solving of academic issues, and be able to discuss respect, civility, and academic integrity at SRSU.
3. Describe institution, department, and course requirements to earn a college degree and be able to identify SRSU policies in relation to them.

4. Identify and/or utilize college resources, activities, and events and demonstrate use of SRSU technology: student e-mail, SRSU website, Blackboard, and Lobo Online.
5. Exhibit financial literacy in relation to college and beyond.
6. Discuss the importance of SRSU in the larger community.

Attendance & Class Participation: Attendance is Mandatory and you are expected to participate in class discussions. You will be allotted 1 free absence, every absence afterward will negatively affect your grade.

Classroom Behaviors: You will be expected to conduct yourself as an adult. No hats, caps, beanies, or hoodies are allowed in class.

Academic Honesty: “The University expects all students to engage in all academic pursuits in a manner that is beyond reproach and to maintain complete honesty and integrity in the academic experiences both in and out of their classroom. The University may initiate disciplinary proceedings against a student accused of any form of academic dishonesty, including but not limited to, cheating on an examination or other academic work, plagiarism, collusion, and the abuse of resource materials.”

--Excerpt from the Student Handbook

Special Needs: It is Sul Ross State University policy to provide reasonable accommodations to students with disabilities. If you would like to request such accommodations because of a physical, mental, or learning challenge, please contact the ADA Coordinator in the Counseling office in Ferguson Hall, Room 112. The mailing address is PO Box C-122, Alpine, TX 79832. E-mail: mschwartz@sulross.edu

Late Work: No late work will be accepted without previous conversation and email confirmation.

Attendance

Attendance for class is mandatory. Every class day is a grade. You will receive 100% credit for being on time, 75% credit for being tardy. **One letter grade will be deducted for every absence after four (2).**

GRADING POLICIES/TESTING/ASSIGNMENTS/ATTENDANCE/EXPECTATIONS

Grade calculation	% of Grade	Grading Scale
Attendance	10% (100 points)	895 – 1000 A
Introduction	10% (100 points)	795 – 894 B
CSI Learning Styles Results	10% (100 points)	695 – 794 C
Title IX Paper	10% (100 points)	595 – 694 D
SRSU Traditions	10% (100 points)	594 and Below F
Personality Test	10% (100 points)	
SRSU Student Organizations	10% (100 points)	
Goals	10% (100 points)	
CSI Paper	20% (200 points)	Total Points = 1000

No Late Assignments Will Be Accepted. Also, No Credit Will Be Given For Any Late Assignments

Course Schedule

	<u>Wednesday</u>	<u>Blackboard Assignment</u>
<u>Week 1</u>	Welcome to Sul Ross!	
<u>Week 2</u>	Blackboard, SRSU Email, Lobo Online (LOL) <u>Introductions</u>	<u>Introduction Discussion Board</u> 09-06-2019
<u>Week 3</u>	<u>CSI</u>	<u>*CSI Learning Styles Results</u> 09-13-2019
<u>Week 4</u>	Learning Styles / Study Skills / Note Taking	No Assignment
<u>Week 5</u>	<u>SRSU Student Organizations</u>	<u>Student Organizations Discussion Board</u> 09-27-2019
<u>Week 6</u>	Time Management / Stress Management	No Assignment
<u>Week 7</u>	<u>Title IX</u>	<u>Title IX Paper</u> 10-11-2019
<u>Week 8</u>	Mid-Terms	No Assignment
<u>Week 9</u>	<u>SRSU Traditions</u>	<u>SRSU Traditions Discussion Board</u> 10-25-2019
<u>Week 10</u>	Money Management / Financial Aid	No Assignment
<u>Week 11</u>	Personality Traits	<u>Personality Traits Paper</u> 11-08-2019
<u>Week 12</u>	Plagiarism / Information Literacy	No Assignment
<u>Week 13</u>	<u>Setting Goals</u>	<u>Goals Discussion Board</u> 11-22-2019
<u>Week 14</u>	Career Planning	<u>*CSI Paper</u> 11-29-2019
<u>Week 15</u>	Staying Motivated	No Assignment
<u>Week 16</u>	Final Exam Week	

*College Student Inventory (CSI)/ Required Career Planning Activity

- Given online and TBD location by instructor. (Week three)
- Summary and findings discussed with students in the Lobo Den
- Students submit a reflection of discussion to BB

Important University Dates:

8/29	Last day to add a class to your schedule
9/11	Last day to drop a course (without it counting against you)
9/27	University "Meal on the Mall"
11/15	Last day to drop a course with a "W" (by 4pm)
11/21	Res halls close for Thanksgiving at 9am
12/4	Last class day before finals
12/5	"Dead Day"
12/6, 9-11	Final Exams
12/13	Graduation begins at 7pm
12/14	Res halls close at Noon