



# SUL ROSS STATE UNIVERSITY



Department of Kinesiology  
and Human Performance  
Spring 2020

## **KES 2320– Foundations Adapted PE and Recreation**

MW - 11:00 – 12:15 am

Graves Pierce Complex – RM 105

Instructor: Jim Hector, Ed.D.

*This syllabi is subject to revision. Please check Blackboard for updates.*

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**Office #:** GPC 202A

**Phone:** (432) 837-8213

**Office Hrs:** Monday and Wednesday: 1:30 – 4:30 pm, Tuesday and Thursday: 11:00 – 12:00 am and 1:30 – 3:30 pm *and by appointment*

**Email:** jhector@sulross.edu

**Course Description:** This course is for a physical education, elementary education and special education undergraduate student who is seeking a certification. The course provides a broad range of experiences and assessment in order to help prepare students with work with special needs children in the future. The course aims to provide a background in adapted physical education as well as a laboratory experiences and practical training through field experiences.

**Recommended Text:** NO REQUIRED TEXT. MATERIAL WILL BE PRESENTED FROM THE FOLLOWING SOURCES:

Winnick, J. P. & Porretta, D.L. (2017). Adapted Physical Education and Sport (6<sup>th</sup> edition). Human Kinetics.

**Student Objectives:** At the conclusion of the course a student will be able to:

- A. Applies knowledge of principles and techniques for selecting, adapting, and modifying sports activities to improve performance, promote the use of combinations of motor skills, and provide practice in specific sports skills in game like situations.
- B. Applies knowledge of principles and procedures for selecting, adapting, and modifying activities and games based on student characteristics, instructional goals, skill levels, range of individual variation, and exceptional needs.
- C. Knows how to create, modify, and adapt physical education activities, games, rules, equipment, and settings to ensure that all students have an equal opportunity to participate, learn, be successful, and enjoy physical activity.
- D. Applies knowledge of principles and techniques for evaluating the effectiveness of the physical education program and for adapting and modifying practices and programs based on reflection, assessment data, observation of students, and program evaluation results.

- E. Demonstrates knowledge of state and federal laws and guidelines regarding student rights and teacher responsibilities in physical education contexts (e.g., in relation to gender equality, inclusion, and privacy).

### **Student Learning Outcomes:**

#### **The students will know how to:**

- use effective, developmentally appropriate instruction and assessment to prepare physically educated individuals.
- apply principles of motor development and motor learning.
- use factors relevant to learning and performance in physical education and use this knowledge to create learning environments and opportunities that promote students' development in various domains (e.g., cognitive, social, emotional).

### **Texas Education Agency Standards**

Standard V: The physical education teacher provides equitable and appropriate instruction for all students in a diverse society.

Standard VI: The physical education teacher uses effective, development appropriate instructional strategies and communication techniques to prepare physically educated individuals.

**STYLE OF TEACHING:** The objectives of this course will be met through an integrated teaching style that will include discussion via Blackboard and PowerPoint presentations. Students will be encouraged to remain actively involved in class discussions and will be responsible for reading all assigned material for this class.

### **Academic Integrity:**

Students in this class are expected to demonstrate scholarly behavior and academic honesty in the use of intellectual property. A scholar is expected to be punctual, prepared, and focused. Meaningful and pertinent participation is required.

1 Examples of academic dishonesty include, but are not limited to:

- o Turning in work as original that was used in whole for another course and/or professor;
- o Turning in another person's work as one's own;
- o Copying from professional works or internet sites without citation.

*Any of these offenses will result in a zero for the assignment with no option to redo for credit*

**General Responsibilities:** No make-up activities will be accepted by email or by handing after or during class. All make-up activities should be sent in via blackboard. Students are responsible for reading their blackboard announcements. *Attendance:* Classroom attendance and participation is a requirement. In accordance with the University catalog, a student with excessive (unexcused) absences will be dropped from the course. Six absences for a Tuesday-Thursday course and nine absences for a Monday-Wednesday-Friday course is considered

excessive. Continued tardiness is undesirable and is also grounds for a student to be dropped from the course. Three tardies will equal one absence. **Excused absences must be made up within one week of the absence by submitting on blackboard a two-paged double spaced type-written summary on the material of the day missed. Students should contact instructor the day after returning to class for the written assignment. An excused absence is an extracurricular activity such as travel in university vehicles, sickness or family matters.** It is the responsibility of the student to notify my office before, or immediately after, the absence if it is to be excused. Students with absences will receive a zero for an activity missed one week after the absence. **Note:** There will be days the instructor will miss a day and have class on-line. The missed day will be announced in advance via classroom announcement, email and blackboard announcement. Students are required to complete blackboard assignments online on the designated due date.

**Style of Teaching:** The objectives of this course will be met through an integrated teaching style that will include lecture, discussion, and presentations. Students will be encouraged to remain actively involved in class discussions and will be responsible for reading all assigned material for this class. This is a face-to-face and blackboard course. No assignments shall be accepted via email and **all** assignments shall be either turned in on blackboard or in class. All communication is done in class, via Sul Ross email and blackboard announcements.

**Cell phone policy:** The use of cell phones, smart phones, computers or other mobile communication devices is disruptive, and is therefore prohibited during class. Except in emergencies, those using such devices must leave the classroom for the remainder of the class period.

**Marketable Skills** – The following marketable skills are met in this course: (please highlight; and specify which assignment/activity in VERY short phrase how it meets the following; it doesn't need to match but at least 1 of these)

- o Career Management
- o Collaboration
- o Communication
- o Critical Thinking

### **Students with Special Needs:**

Sul Ross State University (SRSU) is committed to equal access in compliance with Americans with Disabilities Act of 1973. It is SRSU policy to provide reasonable accommodations to students with documented disabilities. It is the Student's responsibility to initiate a request. Please contact me, Ms. Rebecca Greathouse Wren, M.Ed., LPC-S, Director/Counselor, Accessibility Services Coordinator, Ferguson Hall (Suite 112) at 432.837.8203; mailing address is P.O. Box C-122, Sul Ross State University, Alpine, Texas 79832. Students should then contact the instructor as soon as possible to initiate the recommended accommodations.

## Grading:

### 1000 total points possible

- Orientation = 20 points (Bonus)
- Mid-Term Exam = 100 points (10%)
- In-Class Activities = 20 points per activity @ 600 points (60%)
- Group Presentations = 100 points (10%)
- Community Assignment = 100 points (10%)
- Final Exam = 100 points

900 – 1000 points = A

800 – 899 points = B

700 – 799 points = C

600 – 699 = D

F < 600

### EVALUATION PROCEDURES:

- ✓ **Orientation = 20 bonus points**
  - We will discuss the syllabus during the first day of class and students will be awarded 20 points for attending the class.
- ✓ **Mid-Term and Final Exam = 100 points each**
  - The mid-term and final exam will consist of multiple choice questions. Exams will cover all material provided in the assigned readings and lecture.
  - All students are expected to take the mid-term and final exam **no later than a week after the designated day**. Students are expected to contact the instructor and arrange a make-up exam.
  - Students who do not make up the exam during the designated time will receive a zero.
- ✓ **In-Class Activities = 60% totaling 600 points.** This is a percentage grade and will be calculated at the end of the semester. Example: 40 daily activities would value each daily grade at 20 points each (20 x 30 = 600 points). We will start the semester valuing each daily grade at 20 points.
  - All students are expected to complete daily activities during class.
  - If an absence is excused all students must make-up activities by completing a type written summary on the material of the day missed (see general responsibilities).
  - All summaries must be submitted on blackboard on the column for the day missed (Example: if you missed activity 16 submit the summary on the activity 16 column).
  - Points could be added at the end of the semester if there are not forty activities which would equal 600 points.
- ✓ **Group Presentations = 100 points.**
  - Power point presentations over a topic will be assigned by the instructor.
  - Students will work in groups to complete presentations.
  - All students in a groups will be responsible for presenting PPT.
  - Students will be graded on a rubric based on the quality of their presentation.
- ✓ **Community assignments = 100 points.**

- There will be choices for several community or university service during the semester which will be discussed during class.
- Students must have an excused absence to not attend any of these events and must discuss an alternative assignment with the instructor.
- Students who do not attend a complete event will not receive all points for their grade.
- Students not completing a community assignment will receive a zero.

## Tentative Course Outline

*This schedule is subject to revision. Please check Blackboard for updates.*  
**REVIEW ALL DUE DATES. TOPICS WILL NOT BE AVAILABLE AFTER DUE DATES**

**DROP POLICY:** Access information regarding schedule changes at:  
<http://www.sulross.edu/page/967/schedule-changes-withdrawals>

## Tentative Course Outline

*This schedule is subject to revision. Please check Black Board for updates.*

Day	Topic	Assignment Due
	Chapters 1	Week 1
	Chapters 2 and 3	Week 2
	Chapters 4 and 5	Week 3
	Exam One and review	Week 4
	Chapters 6	Week 5
	Chapter 7 and 8	Week 6
	Exam Two	
	Chapter 9	Week 7
	Chapter 10 and 11	Week 8

	Chapter 12 and 13	Week 10
	Chapter 14	Week 11
	Chapter 15 and 16	Week 12
	Chapter 17 and 18	Week 13
	Final Exam	Week 14 and review

These due dates are final but you can work ahead if you like.