

.PSY 3304 – 001 ABNORMAL PSYCHOLOGY*Monday & Wednesday 12:30P – 1:45P, Lawrence Hall 303***Professor:** Dr. Bibiana M. Gutierrez**Office Hours:** M & W 11:30A to 12:30P**Office:** Lawrence Hall 301

T & R 8:15A to 9:15A

and by appointment

Email: bibiana.gutierrez@sulross.edu**Course Website:** <http://sulross.blackboard.com>**Office Phone:** 432.837.8163**Readings From:** Sue, D., Sue, D.W., Sue, D., and Sue, S. *Abnormal Behavior* (3rd Edition), ISBN 9781305657663**Course Purpose:** By the end of this course Students will be able to demonstrate an understanding of:

1. The Multipath Model of Mental Disorders, an organizational framework for understanding the numerous causes of mental disorders (biological, psychological, social, and sociocultural), the complexity of their interacting components, and the need to view disorders from a holistic perspective.
2. The critical importance and influence of the multicultural, sociocultural, and diversity aspects of abnormal psychology.
3. Case studies, current controversies, and up-to-date research findings impacting issues of mental health and mental disorders.
4. The latest scholarly research and recent breakthroughs in the etiology (causes) and treatment of mental disorders.
5. The impact of resilience from the field of positive psychology and its relevance to both prevention and recovery from the symptoms associated with various disorders.
6. The many false beliefs that surround the field of abnormal behavior and to distinguish between "Myth versus Reality".
7. The importance of skills for social responsibility, including the abilities to develop principles of personal responsibility for living in a diverse world and to connect choices, actions, and consequences to ethical decision-making through application of the psychological principles and knowledge learned.
8. The need for intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities learned through the application of psychological knowledge and principles learned.

Prerequisite: Psychology 1302 or consent of instructor.**Student Learning Objectives:** The graduating psychology student will attain a level of competency in the areas of . . .

- a. Biological psychology indicating that value has been added over the course of their psychology education.
- b. Clinical-personality psychology indicating that value has been added of the course of their psychology education.
- c. Social psychology indicating that value has been added over the course of their psychology education.
- d. Experimental methods indicating that value has been added over the course of their psychology education.
- e. QEP Communication

Psychology Program Marketable Skills:

- f. Speaking Effectively: Students will demonstrate competency in public speaking and communicating scientific information to diverse audiences.

- g. Describing Feelings: Students will demonstrate empathic or active listening and conversational skills, and/or write clearly about their affective stance, respectfully attuned to the needs of their audiences.
- h. Identifying Resources: Students will demonstrate the aptitude to locate, organize and evaluate the credibility of information from multiple sources.
- i. Analyzing: Students will demonstrate ability to examine the underlying issues of scientific problems, attending to the pertinent details and creating action plans, recognizing ambiguity and complexity as essential components.
- j.

Course Policies:

1. Attendance and Class preparation:

Class attendance is governed by the SRSU policy stated in the schedule of classes. Students will be dropped with an "F" when you have accumulated six (6) or more absences. You are expected to have completed the assigned readings by the beginning of the first class day for which they are assigned.

2. Late Work and Make-Up Assignments:

If you cannot attend class due to an emergency, excused-absence, or university-authorized absence, inform the professor as soon as possible *via email* of the situation. Late or make-up assignments will only accepted in the case of an emergency or excused absence with appropriate documentation (doctor's note, etc.)

Student absent for a university-authorized activity (such as a game, tournament, or event) will be allowed to make up the missed exam and/or complete the assignment scheduled for that day. **However**, it is the Student's responsibility to make these **arrangements for make-up exams/assignments with the professor BEFORE the absence via email request.**

4. If You Get/Are Sick:

Student health services (<https://www.sulross.edu/page/343/student-health-services>) is staffed by a registered nurse located in University Center Suite 211 from 8 am- 5 pm Monday through Friday. Minor treatments, over-the-counter medication and basic first-aid supplies are available at no cost to Students. SRSU has a Student medical agreement with Preventive Care Health Services (PCHS) to provide limited outpatient care, see covered services. The clinic is located opposite Alpine High School across State highway 118 North with parking off Anson Avenue from 8 am to 5 pm Monday through Friday and the 2nd Saturday of each month from 9 am to 3 pm. To schedule an appointment, call (432) 837-4555. Your current Student ID card will be requested at check-in.

5. Students with Special Needs:

Sul Ross State University (SRSU) is committed to equal access in compliance with Americans with Disabilities Act of 1973. It is SRSU policy to provide reasonable accommodations to students with documented disabilities and it is the Student's responsibility to initiate the request. **Please contact Ms. Mary Schwartze, Counselor, Accessibility Services Coordinator, Ferguson Hall (Room 112) at 432.837.8203; mailing address is P.O. Box C-171 Sul Ross State University, Alpine, Texas 79832. Students should then contact the instructor as soon as possible to initiate the recommended accommodations.**

6. Religious Observance:

Any student absent from classes for the observance of a religious holy day will be allowed to take make-up the exam/assignment scheduled for that day. Arrangements for missing class due to a religious observance must be made with the professor vial email **BEFORE** that absence.

7. Classroom Civility:

Students are encouraged and expected to openly engage in class discussions, ask questions, share ideas, and express their thoughts. Please treat each other with dignity and respect and avoid disruptive behaviors. In the

classroom environment each of you are held accountable for both your actions and words. Therefore, Students should commit to behave in a manner that recognizes personal respect and demonstrates concern for the personal dignity, rights, and freedoms of every individual the classroom, including respect for University property and the physical and intellectual property of others. If a student is asked to leave the classroom because of uncivil behavior, the student may not return to that class until they arrange a conference with the professor and *if indicated with the Departmental Chair; it is the Student's responsibility to arrange for this conference*. A judicial process may also be initiated. Students are responsible for knowing what behaviors are acceptable versus unacceptable as referred to in the Student Conduct and Discipline section of the SRSU Student Handbook

(http://www.sulross.edu/sites/default/files//sites/default/files/users/docs/stulife/student_conduct_discipline.pdf).

8. Academic Integrity:

Any instance of academic misconduct such as turning in an identical written assignment for another course without approval, cheating and plagiarizing written assignments, collusion, or misrepresenting facts will be punished to the full extent of the university's disciplinary policy and/or through legal action if indicated. You are responsible for reading the statement on *Academic Honesty* in the SRSU Student Handbook

(http://www.sulross.edu/sites/default/files//sites/default/files/users/docs/stulife/student_conduct_discipline.pdf). The faculty considers academic dishonesty to be a serious matter and will act accordingly. Students caught engaging in any form of academic dishonesty will receive no credit for assignments/exams and more severe penalties may be pursued, including but not limited to failing the course.

9. Technology Policy:

Out of respect for your fellow students, your professor, and the educational process, all technology devices (cell/smart phones, I-pods, tablets, laptops, etc.) must be powered down and put away, not on the desk or in your pocket, or on your lap, during class. Do not come to class if texting, using social media, and attending to tasks other than the class material is more important than being fully present (this is NOT an excused absence). If you feel you have an emergency situation that requires your phone to be on vibrate, please inform the professor before class begins.

- ***If you are found to be using your phone during class, you will get one warning after which you will be asked to put your phone on the lectern until the end of class. If this happens repeatedly you will be further disciplined as per SRSU policy for Disruptive Classroom Behavior.***
- ***ONLY Students with written documentation from the SRSU Disability Services will be allowed to use laptops/tablets/electronic devices in support of their learning accommodation(s). You will be required to sit where the professor can see your screens.***

10. Communicating with the Professor:

The best way to contact me is through email at bmg15th@sulross.edu. I will try to respond as soon as possible. If you do not receive a reply within 24 hours, please resend your email or call my office at 432.837.8163 and leave a message if unavailable. During weekends, holidays, and breaks there may be a longer delay in a response until the next regular work day.

COURSE REQUIREMENTS:

1. **Attendance and Class Participation (ACP = 100pts)** Being attentive, asking/responding to questions, engaging in discussions, indicating you have read assignments, participating group activities, etc. ***This is a subjective judgment on the part of the professor.*** If the Student is not seen in class regularly or if they are sleeping, texting,

day dreaming, talking to their neighbor, or otherwise being distracted/disruptive, this point total will be significantly reduced.

2. **Six (6) Exams (EXM) each worth 100 points. The lowest grade will be dropped automatically.** All Exams will be administered via Black Board at scheduled times, **OUTSIDE OF CLASS** (see schedule below).
3. **Complete of a Mini-Research Paper (RP = 300 points)**
4. **Earn up to 10 Extra Credit (EC) points (5pts/activity). Get out of the classroom;** points will be added to the Student's final grade before averaging by attending maximum of 2 extra-curricular activities.

GRADES:

90–100% = A; 80–89% = B; 70–79% = C; 60–69% = D; 0–59% = F

All grades will be averaged together to equal your final grade.

Example:

(EXAM1 = 85) + (EXAM2 = 98) + (EXAM3 = 95) + (EXAM4 = 105) + (EXAM5 = 85) + (EXAM6 = 95) + (EXAM7 = 85) + (RP = 275) + (A/P = 90pts) + (10 EC points) = 1023/1100 = 93% = A

MINI-RESEARCH PAPER INSTRUCTIONS:

There will be one required Theory Research Paper for the semester. It should be original and thoughtful. **Your paper will be run your paper through PLAGERISM SOFTWARE upon submission to ensure originality.** Please make certain that it is typewritten and double spaced. The paper is worth 100 points. The paper must be written in APA format. The following must be included in your paper:

- 1) Explore of one disorder, therapeutic approach, or mental health issue.
- 2) Explain how it develops/etiology/contributing factors.
- 3) Describe who it affects, how, why?
- 4) Explain how it has impacted you, your family/friends, U.S. society, AND our global community.
- 5) How can this issue be improved for the better of all? And what is YOUR responsibility in this?

Your research paper should have at least six (6) references other than the text. Use at least three (3) peer-reviewed journals (can be electronic). Use the APA reference manual for format guidelines. Go to library or SRSU Writing Center for help, or use the internet resources provided on Black Board for this course. The paper should be about six (6) to eight (8) double-spaced pages in length including the title, abstract, and reference pages. Please ask for help early on so that you do not get overwhelmed. I am happy to review a draft of your paper and give you feedback before the due date- this is voluntary and always results in a better paper. See attached MINI-RESEARCH PAPER GRADING SHEET for specifics on grading.

Submit your choice of theory for approval to me on or before THURSDAY, 10/5/2017 by midnight via email.

MINI-RESEARCH PAPER DUE BY MIDNIGHT Wednesday 4/17 (submit to BLACK BOARD –must be a WORD FILE)

Extra Credit Activity points may be received for participating in up to two of the following activities (5pts/activity; 10pt maximum):

1. **Attend Academic Enhancement Seminars** (<http://www.sulross.edu/page/939/academic-enhancement-seminars>).
2. **Take a career self-assessment, Meyers-Briggs or SIGI** (<http://www.sulross.edu/page/111/career-services>).
3. Attendance at a public lecture or activity related to psychology, such as drug/alcohol abuse, domestic violence, mental health awareness, a cultural event, religious activity different than your own, etc. Submit a summary to me via email of your attendance at the activity and what you learned from it.
4. Keep a Reflection Journal. For 30 days write down at the end of each day what you have experienced/reflected upon/learned that relates to psychology. Submit a summary to me via email of what you learned upon completing; do not turn in the journal.
5. Keep a Dream Journal. For 30 days write down upon awakening what you dreamt. Submit a summary to me via email of what you learned upon completing; do not turn in the journal.
6. Participate as a research subject in a psychological experiment or other SRSU study.
7. Suggest something that we can discuss/negotiate.

PLEASE READ: During the course of this class, Students may have strong emotional/psychological reactions to the course material and/or discussions. If you feel that you are having difficulty with the learning environment, please discuss this with me immediately before continuing the course. Counseling and Accessibility Services (<http://www.sulross.edu/section/2408/counseling-accessibility-services>) can provide brief, short-term individual and group counseling or refer you to off-campus providers. You have already paid for these services through your Student Service Fee, whether you use them or not.

If you have any issue or concern, I would appreciate you speaking with me first. If you feel we cannot come to a reasonable resolution, know that you can speak with the BASS Department Chair, Dr. Mark Saka (432.837.8157) regarding your concerns.

I endeavor to maintain a safe learning environment for all and expect the highest standard of conduct from each one of us and the collective. I welcome constructive feedback in the service of this goal.

This syllabus is accurate to the best of my ability, but I reserve the right to modify it at any time and will inform you as soon as possible. If I do make any changes, I aspire to do so for the reasons of student fairness and/or circumstances beyond my control.

COURSE SCHEDULE

Date	Chapter	Topic	Assignments
W – 1/23	Review syllabus	Course Overview	
M – 1/28	1	Abnormal Behavior	pp. 1 – 21
W – 1/30	1	Abnormal Behavior (cont.)	pp. 1 - 21
M – 2/4	2	Understanding & Treating Mental Disorders	pp. 23 - 53
W – 2/6	2	Understanding & Treating Mental Disorders (cont.)	pp. 23 - 53
[W – 9/13	LAST DAY TO DROP A COURSE WITHOUT CREATING AN ACADEMIC RECORD]		
M – 2/11	3	Clinical Research, Assessment, & Classification	pp. 55 – 83
W – 2/13	3	Clinical Research, Assessment, & Classification (cont.)	pp. 55 - 83
*W – 2/13	EXAM 1	Over Chapters 1 & 2	Available on Black Board

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SPRING 2020

Open from 8am (2/13) closes NOON (2/14) 90 minutes to complete

M – 2/18	4	Anxiety & Obsessive-Compulsive & Related . . .	pp. 85 - 117
W – 2/20	4	Anxiety & Obsessive-Compulsive & Related (cont.)	pp. 85 – 117
M – 2/25	5	Trauma- & Stressor-Related Disorders	pp. 119 - 145
W – 2/27	5	Trauma- & Stressor-Related Disorders (cont.)	pp. 119 - 145
*W – 2/27	EXAM 2	Over Chapters 3 & 4	Available on Black Board
		Open from 8am (2/27) closes NOON (2/28)	90 minutes to complete

COURSE SCHEDULE (cont.)

Date	Chapter	Topic	Assignments
M – 3/4	6	Somatic Symptom & Dissociative Disorders	pp. 147 – 171
*M – 3/4		SUBMIT MIN-RESEARCH PAPER TOPIC FOR APPROVAL (upload to Black Board by midnight)	
W – 3/6	7	Depressive & Bipolar Disorders	pp. 173 - 203
M – 3/11	7	Depressive & Bipolar Disorders (cont.)	pp. 173 - 203
*M – 3/11	EXAM 3	Over Chapters 5 & 6	Available on Black Board
		Open from 8am (3/11) closes NOON (3/12)	90 minutes to complete
3/18 – 3/22	~ SPRING BREAK NO CLASSES ~		
W – 3/13	8	Suicide	pp. 205 - 230
M – 3/25	8	Suicide (cont.)	pp. 205 - 230
W – 3/27	9	Eating Disorders	pp. 233 - 259
M – 4/1	9	Eating Disorders (cont.t)	pp. 233 – 259
*M – 4/1	EXAM 4	Over Chapters 7 & 8	Available on Black Board
		Open from 8am (4/1) closes NOON (4/2)	90 minutes to complete
W – 4/3	10	Substance-Related & Other Addictive Disorders	pp. 261 - 293
M – 4/8 (SWPA)	10	Substance-Related & Other Addictive Disorders (cont.)	pp. 261 - 293
W – 4/10	11	Schizophrenia Spectrum Disorders	pp. 295 – 323
M – 4/15	LIBRARY DAY TO COMPLETE RESEARCH PAPER		
*M – 4/15	EXAM 5	Over Chapters 9 & 10	Available on Black Board
		Open from 8am (4/15) closes NOON (4/16)	90 minutes to complete
[M – 11/13	LAST DAY FOR INSTRUCTOR INITIATED DROP FOR EXCESSIVE ABSENCES]		
W – 4/17	LIBRARY DAY TO COMPLETE RESEARCH PAPER		

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***W – 4/17** MINI-RESEARCH PAPER DUE BY MIDNIGHT (submit to BLACK BOARD –must be a WORD FILE)**W -11/9 to 11/18 COMPLETE STUDENT APPRAISAL OF FACULTY (FORM FE-2) Available on Black Board*

[F – 11/11 LAST DAY TO WITHDRAW FROM UNIVERISTY OR TO DROP COURSES WITH A GRADE OF “W”]

M – 4/22 13 Sexual Dysfunctions, Gender dysphoria, & . . . pp. 351 - 381

W – 4/24 13 Sexual Dysfunctions, Gender dysphoria, & (cont.) pp. 351 – 381

COURSE SCHEDULE (cont.)

Date	Chapter	Topic	Assignments
M – 4/29	14	Personality Psychopathology	pp. 383 - 412
W – 5/1	14	Personality Psychopathology (cont.)	pp. 383 – 412
*W – 5/1	EXAM 6	Over Chapters 11 & 13	Available on Black Board
		Open from 8am (4/29) closes NOON (4/30)	90 minutes to complete
M – 5/6	15	Disorders of Childhood & Adolescence	pp. 415 - 447
W – 5/8	15	Disorders of Childhood & Adolescence (cont.)	pp. 415 – 447
R – 5/9	DEAD DAY ~ NO CLASSES		
*T – 5/14	FINAL EXAM 7	Over Chapters 14 & 15	On Black Board ONLY
		Open <u>ONLY</u> from 12:30pm closes 2:30pm	120 minutes to complete
		~ ABSOLUTLY NO MAKE UP FINALS ~	

[R – 5/16 FINAL GRADES DUE FOR GRADUATING STUDENTS DUE BY NOON] – Email to remind me!**[M – 5/20 FINAL GRADES DUE FOR CONTINUING STUDENTS DUE BY NOON]**

NAME: _____

MINI-RESEARCH PAPER GRADING SHEET

The following must be included in your paper: (from syllabus)

1) Explore of one disorder, therapeutic approach, or mental health issue. NOT COVERED IN YOUR TEXTBOOK	20 points	_____
2) Explain how it develops/etiology/contributing factors.	10 points	_____
3) Describe who it affects, how, why?	10 points	_____
4) Explain how it has impacted you, your community, our U.S. society, AND the global community (world).	10 points	_____
5) How can this issue be improved for the better of all? What is YOUR responsibility?	15 points	_____
4) Organization of Content/Spelling/Grammar/Writing style (6 to 8pages long)	15 points	_____
5) APA Style Format		
a) Title page with Running head	5 points	_____
b) Abstract	5 points	_____
c) Correct citation of references and quotes within paper	5 points	_____
d) Reference page (6 to 8 references)	5 points	_____
	TOTAL	_____X3
	% =	_____

From syllabus: "MINI-RESEARCH PAPER INSTRUCTIONS: There will be one required paper for the semester. It should be original and thoughtful. **I will run your paper through PLAGERISM SOFTWARE to ensure originality.** Please make certain that it is typewritten. The paper is worth 300 points. The paper must be written in APA format.

Your theory paper should have at least six (6) references other than the text. At least 3 references must be peer-reviewed journals (can be electronic journals). Use the APA reference manual for format guidelines. Go to library or SRSU Writing Center for help, or use the internet resources provided on Black Board for this course. The paper should be six (6) to eight (8) double-spaced pages in length. Please ask for help early on so that you do not get overwhelmed. I am happy to review a draft of your paper and give you feedback before the due date- this is voluntary and always results in a better paper.

RESEARCH PAPER TOPIC due by MONDAY, 3/4/19 SUBMIT to Black Board by midnight

PAPER IS DUE WEDNESDAY, 4/17/2019 SUBMIT to Black Board by midnight

Comments: