



SUL ROSS
KINESIOLOGY DEPARTMENT

PE 1306
FIRST AID
Fall 2021 - GPC 108 - T/Th 9:30-10:45am

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Office Hours: MW 2-4pm; T/Th 11-12pm & 3-5pm; Fri 11-12pm.
Or by appointment (<https://www.schedulicity.com/scheduling/SRSN5W>)
Required Text: N/A - Certification Fee required.

Permanent link to syllabus: HB2504 WEBSITE
(<https://srinfo.sulross.edu/hb2504/courses.php>)

Purpose of the Course

The purpose of this course is to provide an in-depth study of the principles of safety and first aid.

Course Description

The student will be able to identify an emergency and be able to explain a safe scenario. The student will be able to apply skills learned in the class and be prepared for real life scenarios. The student will be able to evaluate safety situations and become CPR certified through this course

Course Student Learning Objectives

The objectives of this course will be met through an integrated teaching style that will include discussion, use of pop quizzes and PowerPoint presentations. Students will be encouraged to remain actively involved in class discussions and will be responsible for reading all assigned material for this class. Upon successful completion of this course students will:

Standard X

The physical education teacher understands the legal issues and responsibilities of physical education teachers in relation to supervision, planning and instruction, matching participants, safety, first aid, and risk management.

Competency 013

The teacher understands legal issues and responsibilities of physical education teachers in relation to supervision, planning and instruction, matching participants, safety, first aid, and risk management.

Course: Marketable Skills

The following marketable skills are achieved in this course:

Critical Thinking/Problem Solving: Exercise sound reasoning to analyze issues, make decisions, and overcome problems. The individual is able to obtain, interpret, and use knowledge, facts, and data in this process, and may demonstrate originality and inventiveness.

Program Learning Outcomes

1. The Kinesiology and Sport Science students will understand the principles of motor learning; understand the practice for developing motor skills; apply knowledge to biomechanical principles; apply knowledge of individual and teams sports and understand the principles of dance, personal performance activities, recreational activities and outdoor pursuits (Movement Skills and Knowledge Domain).

2. The Kinesiology and Sport Science students will understand major body systems, principles of physical fitness and benefits of a healthy lifestyle; understand the principles and activities for developing cardiovascular endurance; understand principles and activities for developing and maintaining flexibility, muscular strength and endurance; and understand health and wellness concepts (Health-Related Physical Fitness Domain).

3. The Kinesiology and Sport Science students will know how to use effective instruction and assessment to prepare physically educated individuals; understand factors relevant to learning and performance in physical education and use knowledge to promote students' development; understand the structure and purposes of physical education programs; and understand legal issues and responsibilities of physical education teachers (The Physical Education Program Domain).

Style Of Teaching:

The objectives of this course will be met through an integrated teaching style that will include in-class presentations and applied skills. Students will be encouraged to remain actively involved in class discussions and will be responsible for reading all assigned material for this class. This is face-to face class that utilizes blackboard for assignments, tests, calendars and communication. No assignments shall be accepted via email and all assignments shall be turned in on blackboard or during class.

Attendance

Attendance for class is mandatory. Every class day is a grade. You will receive 100% credit for being on time, 75% credit for being tardy. One letter grade will be deducted for every absence after four (4). Students with zero (0) absences (not including athletic related absences) and with no missing assignments will be exempt from the final exam.

GRADING POLICIES/TESTING/ASSIGNMENTS/ATTENDANCE/EXPECTATIONS

Outcome Measure	Points Per Item	Number of Items	Available Points	Percentage of Grade
<ul style="list-style-type: none">• Class Attendance• Participation• Pop Quizzes• Labs• Discussions	10	30	300	30%
Study Guides	10	20	200	20%
4NFHS Certifications	50	4	200	20%
Exams: <ul style="list-style-type: none">• Skills Test• Online Test	50	4	200	20%
Final Exam	100	1	100	10%
Extra Credit	25	2	50	
Total/Final Grade*	-	-	1050	100%

*Letter Grading as per SRSU policy will be used in this course.

Extra Credit

You can receive up to 50 points extra credit on your final grade in class. Extra Credit is awarded for every 4 additional NFHS Certifications you turn in, with a maximum of 8.

All Course Requirements Deadline

Due to the time requirement for grading purposes, all course requirements must be submitted/completed by the 'Course Requirements Deadline' of Wednesday in Week 15 at 11:59pm to be counted for credit towards the final letter grade in this course. There will be no exceptions to this policy. Late deductions will apply as per above policy.

Late Work Policy

All coursework must be submitted by the provided due dates in Blackboard or Connect. LearnSmart readings must be completed by the due date for credit – no late work will be accepted.

**PE 1306 - FIRST AID
TENTATIVE COURSE CALENDAR**

Week	Date	Textbook Chapter	Content	Due
1	8/23/8/27		a. Class Intro b. Goal Setting & Time Management	Worksheets
2	8/30-9/3	Chapters 1-3	a. If Not You... Who? b. Responding & Before Giving Care	SQ 1-3
3	9/6-9/10	Chapters 4-5	a. The Human Body b. Checking the Person	SQ 4-5 COVID cert.
4	9/13-9/17	Chapter 7	a. Breathing Emergencies b. cont'd	SQ 7
5	9/20-9/24	Chapter 6 Sul Ross Rodeo (F)	a. Cardiac Emergencies b. cont'd	SQ 6 Sudden Cardiac Cert
6	9/27-10/1	Chapters 8-9	a. Bleeding b. Shock	
7	10/4-10/8	TEST #1 Homecoming Week	a. Skills Test #1 b. Cont'd	Written Test #1 - BB
8	10/11-10/15	Chapters 10-11	a. Soft Tissue Injuries b. Musculoskeletal Injuries	Concussion Cert
9	10/18-10/22	Chapters 12 & 14	a. Injuries to the Extremities b. Injuries to the Chest, Abdomen, & Pelvis	SG 12 & 14
10	10/25-10/29	Chapters 13 & 20 KES Program Fair	a. Head, Neck & Spinal Injuries b. Water Related Emergencies (POOL)	SG 13 & 20 Concussion Cert
11	11/1-11/5	Chapters 15-17	a. Sudden Illnesses b. Poisoning / Bites & Stings	SG 15-17
12	11/8-11/12	Chapters 19	a. Heat & Cold Related Illnesses b. Disaster, Remote & Wilderness Emer.	SG19 Heat Illness Cert
13	11/15-11/19	TEST #2	a. Skill Test #2 b. cont'd	Written Test #2 - BB
14	11/22-11/26	Chapter 18 Thanksgiving No class Th	a. Substance Abuse & Misuse b. No Class	SG 18
15	11/29-12/1	Tu - Last Class Day!	a. Special Situations b. No Class	n/a
16	12/6-12/10	FINAL EXAMS		

UNIVERSITY POLICIES

Accidents & Injuries

In the case of bodily or personal property damage, the Kinesiology Department will not be held responsible. The student must report any field-experience related injury or illness to the Instructor immediately. Any expense incurred due to injury or illness will be the student's responsibility.

Academic Integrity Statement

Students in this class are expected to demonstrate scholarly behavior and academic honesty in the use of intellectual property. A scholar is expected to be punctual, prepared, and focused; meaningful and pertinent participation is appreciated. Examples of academic dishonesty include but are not limited to: Turning in work as original that was used in whole or part for another course and/or professor; turning in another person's work as one's own; copying from professional works or internet sites without citation; collaborating on a course assignment, examination, or quiz when collaboration is forbidden.

Classroom Climate of Respect

Importantly, this class will foster free expression, critical investigation, and the open discussion of ideas. This means that all of us must help create and sustain an atmosphere of tolerance, civility, and respect for the viewpoints of others. Similarly, we must all learn how to probe, oppose and disagree without resorting to tactics of intimidation, harassment, or personal attack. No one is entitled to harass, belittle, or discriminate against another on the basis of race, religion, ethnicity, age, gender, national origin, or sexual preference. Still we will not be silenced by the difficulty of fruitfully discussing politically sensitive issues.

Diversity Statement

I aim to create a learning environment for my students that supports a diversity of thoughts, perspectives and experiences, and honors your identities (including race, gender, class, sexuality, religion, ability, socioeconomic class, age, nationality, etc.). I also understand that the crisis of COVID, economic disparity, and health concerns, or even unexpected life events could impact the conditions necessary for you to succeed. My commitment is to be there for you and help you meet the learning objectives of this course. I do this to demonstrate my commitment to you and to the mission of Sul Ross State University to create an inclusive environment and care for the whole student as part of the Sul Ross Familia. If you feel like your performance in the class is being impacted by your experiences outside of class, please don't hesitate to come and talk with me. I want to be a resource for you.

ADA Statement

SRSU Disability Services. Sul Ross State University (SRSU) is committed to equal access in compliance with Americans with Disabilities Act of 1973. It is SRSU policy to provide reasonable accommodations to students with documented disabilities. It is the student's responsibility to initiate a request each semester for each class. Alpine Students seeking accessibility/accommodations services must contact Rebecca Greathouse Wren, LPC-S, SRSU's Accessibility Services Coordinator at 432-837-8203 (please leave a message and we'll get back to you as soon as we can during working hours), or email rebecca.wren@sulross.edu. Our office is located on the first floor of Ferguson Hall (Suite 112), and our mailing address is P.O. Box C122, Sul Ross State University, Alpine, Texas, 79832.

Library Information

The Bryan Wildenthal Memorial Library in Alpine offers FREE resources and services to the entire SRSU community. Access and borrow books, articles, and more by visiting the library's website, library.sulross.edu. Off-campus access requires logging in with your LoboID and password. Librarians are a tremendous resource for your coursework and can be reached in person, by email (srsulibrary@sulross.edu), or phone (432-837-8123).