



SUL ROSS
KINESIOLOGY DEPARTMENT

KES 2311

Intro Recreation & Leisure

FALL 2022 - (GPC GYM 108) - (M & W 11:00 am -12:15 pm)

Britney Berumen

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Office Hours: M 9:00-11:00 am

M-TH 1:00-3:00 pm

Or by appointment (email to set up an appointment)

Required Text: None

Course Description

Introduction to recreation, includes brief historical backgrounds, professional opportunities, present status, past and present leaders. Role of leisure time in our social structure, professional responsibility, familiarization with current issues and trends, and professional literature.

Expectations Of Students

Students are responsible for keeping up with the reading and are expected to read the assigned chapters and/or other posted readings prior to class in order to contribute to online discussion. Handouts distributed through Blackboard should be kept in a notebook in order to be referred to as necessary.

Marketable Skills -The following marketable skills are achieved in this course:

- **Collaboration** – students will interact with one another through a multitude of class discussions and activities
- **Critical Thinking** – students will be asked to critically decipher a multitude of real-world scenarios

- **Career Management** – students will develop the skills necessary to embark on a career in recreation.

Student Learning Outcomes

The teacher understands principles, techniques, skills and safety practices for dance, personal performance activities, cooperative and nontraditional games, recreational activities and outdoor pursuits.

Course Objectives Upon successful completion of this course students will:

- Know issues and procedures (e.g., supervision; transitions; logistics related to the use of facilities, outdoor spaces, materials, staff, and technology) involved in engaging students in personal performance activities, fitness and outdoor activities, and nontraditional and cooperative games.
- Know strategies, techniques, skills progressions, conditioning programs, and types and uses of equipment for recreational activities and outdoor pursuits (e.g., walking, jogging, aquatics, bowling, cycling, inline skating, orienteering, hiking).
- Know the importance of rules, discipline, cooperation, etiquette, and safety practices in personal performance and other activities.
- Understands the principles and procedures for selecting, adapting, and modifying activities and games based on student's characteristics, instructional goals, skill levels, range of individual variation, and exceptional needs.
- Explore the rudiments of historical and current views of recreation, leisure, play and work.
- Become aware of professional responsibilities and resources.
- Understand the basic motivations for recreation participation of and provision for various consumer groups.

- Examine the spectrum of the recreation resource and delivery systems in the public and private sectors.
- Investigate the various aspects of the field including tourism and commercial recreation, natural resource management, visitor information services, programming, planning, research, and therapeutic recreation.

Texas Education Agency Standards

Standard III The physical education teacher uses knowledge of individual and group motivation and behavior to create and manage a safe, productive learning environment and promotes students' self-management, self-motivation and social skills through participation in physical activities.

Style Of Teaching

The objectives of this course will be met through an integrated teaching style that will include lecture presentations, class activities, labs, and homework assignments. Students will be encouraged to remain actively involved in class discussions and will be responsible for reading all assigned material for this class. There is an online blackboard component required for this course. No assignments shall be accepted via email and all assignments shall be turned in on blackboard or during class.

Attendance/Participation

Attendance for class is mandatory. Every class day is a grade. You will receive 100% credit for being on time and actively participating in class discussions and activities. **Students with zero (0) absences (not including athletic related absences) and with no missing assignments will be exempt from the final exam)** One Letter Grade will be deducted for every absence after 4 (four).

All Course Requirements Deadline

Due to the time requirement for grading purposes, all course requirements must be submitted/completed by the 'Course Requirements Deadline' of **Thursday December 5 at 11:59pm** to be counted for credit towards the final letter grade in this course. There will be no exceptions to this policy. Late deductions will apply as per policy below.

Late Work Policy Late work will be accepted. Each late assignment will be subject to 10% points per day late grade reduction.

GRADING POLICIES/TESTING/ASSIGNMENTS/ATTENDANCE/EXPECTATIONS

Outcome Measure	Points Per Item	Available Points
Attendance/ Participation	12.5 (32)	400
Presentation	100 (1)	100
Activity	20 (5)	100
Reflection	100 (1)	100
Unit Tests (2)	100 (2)	200
Final Test	100 (1)	100
Total/Final Grade*	-	1000

*Letter Grading as per SRSU policy will be used in this course.

COURSE REQUIREMENTS

Class Participation= 400 points

Attendance, active participation in discussions and activities is required to earn daily credit. You will receive 100% credit for being on time and actively participating in class discussions and activities.

Students with zero (0) absences (not including athletic related absences) and with no missing assignments will be exempt from the final exam) One Letter Grade will be deducted for every absence after four (4).

Final Exam = 100 points

The final exam will consist of multiple-choice questions. Exams will cover all material provided in the assigned readings. A = 1100 – 990 B = 989 -880 C = 879 – 770 D = 769 – 660 F = ≤659

All students are expected to take the exam no later than the designated day and time assigned. The final exam will be posted in the Quiz, Test & Exams section of blackboard. All students are expected to take the final exam no later than the designated day and time assigned in the syllabus calendar.

Activities = 100 points.

Activities may consist of various projects related to the chapter. Activities are found in the Assignments section of your menu. All students are expected to complete activities no later than the designated day and time assigned in the syllabus calendar.

UNIT TEST =100 points

Two tests will be given. Both tests will be covered under the PowerPoints done in class.

Reflection =100

This will be a Reflection Paper Minimum of 500 words. This paper will show a reflection of the whole class year and write about what they learned.

KES 2311 TENTATIVE CALENDAR

Week	Content	Due
1	Introduction to Recreation and Leisure & History of Recreation	
2	Activity & Philosophy and Leisure	
3	Leisure and Recreation for Individuals in Society & Activity	
4	Leisure Services Delivery Systems & Parks and Protected Areas in Canada and the United States	
5	Activity & Public Relations	
6	Nonprofit Sector & For-Profit Sector: Recreation, Event, and Tourism Enterprises	Mid Term Test Due 10/2/2022 11:59 pm
7	Activity & Unique Groups	
8	Leisure and Recreation Across the Life Span & Activity	
9	Program Delivery System & Recreational Sport Management	
10	Activity/ Presentation & Health, Wellness and Quality of life	
11	Outdoor and adventure Recreation & Arts and Culture	
12	Activity & The Nature of Recreation and Leisure as a Profession	
13	International Perspectives on Recreation and Leisure & PowerPoint	

14	Test 2	
15 & 16	Review for Final Exam & Final Exam	Final Due 12/ 5 at 11:59pm

UNIVERSITY POLICIES

Accidents & Injuries

In the case of bodily or personal property damage, the Kinesiology Department will not be held responsible. The student must report any field experience related injury or illness to the Instructor immediately. Any expense incurred due to injury or illness will be the student's responsibility.

SRSU Distance Education Statement

Students enrolled in distance education courses have equal access to the university's academic support services, such as library resources, online databases, and instructional technology support. For more information about accessing these resources, visit the SRSU website. Students should correspond using Sul Ross email accounts and submit online assignments through Blackboard, which requires secure login. Students enrolled in distance education courses at Sul Ross are expected to adhere to all policies pertaining to academic honesty and appropriate student conduct, as described in the student handbook. Students in web-based courses must maintain appropriate equipment and software, according to the needs and requirements of the course, as outlined on the SRSU website. Directions for filing a student complaint are located in the student handbook.

SRSU Library Info

The Bryan Wildenthal Memorial Library in Alpine. Offers FREE resources and services to the entire SRSU community. Access and borrow books, articles, and more by visiting the library's website, library.sulross.edu. Off-campus access requires logging in with your LoboID and password. Librarians are a tremendous resource for your coursework and can be reached in person, by email (srsulibrary@sulross.edu), or phone (432-837-8123).

Disability Statement

SRSU Disability Services. Sul Ross State University (SRSU) is committed to equal access in compliance with Americans with Disabilities Act of 1973. It is SRSU policy to provide reasonable accommodations to students with documented disabilities. It is the student's responsibility to initiate a request each semester for each class. Alpine students seeking accessibility/accommodations services must contact Mary Schwartz Grisham, M.Ed., LPC, SRSU's Accessibility Services Coordinator at 432-837-8203 (please leave a message and we'll get back to you as soon as we can during working hours), or email mschwartz@sulross.edu Our office is located on the first floor of Ferguson Hall (Suite 112), and our mailing address is P.O. Box C-122, SUI Ross State University, Alpine. Texas, 79832.

Academic Integrity Statement

Students in this class are expected to demonstrate scholarly behavior and academic honesty in the use of intellectual property. A scholar is expected to be punctual, prepared, and focused; meaningful and pertinent participation is appreciated. Examples of academic dishonesty include but are not limited to: Turning in work as original that was used in whole or part for another course and/or professor; turning in another person's work as

one's own; copying from professional works or internet sites without citation; collaborating on a course assignment, examination, or quiz when collaboration is forbidden.

Classroom Climate of Respect

Importantly, this class will foster free expression, critical investigation, and the open discussion of ideas. This means that all of us must help create and sustain an atmosphere of tolerance, civility, and respect for the viewpoints of others. Similarly, we must all learn how to probe, oppose and disagree without resorting to tactics of intimidation, harassment, or personal attack. No one is entitled to harass, belittle, or discriminate against another on the basis of race, religion, ethnicity, age, gender, national origin, or sexual preference. Still we will not be silenced by the difficulty of fruitfully discussing politically sensitive issues.

Diversity Statement

I aim to create a learning environment for my students that supports a diversity of thoughts, perspectives and experiences, and honors your identities (including race, gender, class, sexuality, religion, ability, socioeconomic class, age, nationality, etc.). I also understand that the crisis of COVID, economic disparity, and health concerns, or even unexpected life events could impact the conditions necessary for you to succeed. My commitment is to be there for you and help you meet the learning objectives of this course. I do this to demonstrate my commitment to you and to the mission of Sul Ross State University to create an inclusive environment and care for the whole student as part of the Sul Ross Familia. If you feel like your performance in the class is being impacted by your experiences outside of class, please don't hesitate to come and talk with me. I want to be a resource for you.

Academic Affairs Service Statement

Sul Ross faculty, staff, and students are expected to model responsible citizenship through service activities that promote personal and academic growth while enhancing the university, local, regional, national, and global communities. These activities will foster a culture of academic/public engagement that contributes to the achievement of the university's mission and core values.

Academic Excellence Statement

Sul Ross holds high expectations for students to assume responsibility for their own individual learning. Students are also expected to achieve academic excellence by:

- Honoring the core values of Sul Ross.
- Upholding high standards of habit and behavior.
- Maintaining excellence through class attendance and punctuality.
- Preparing for active participation in all learning experiences.
- Putting forth their best individual effort.
- Continually improving as independent learners.
- Engaging in extracurricular opportunities that encourage personal and academic growth.
- Reflecting critically upon feedback and applying these lessons to meet future challenges.