

KES 4390
Independent Study: Problems in Kinesiology
Summer 2023

TOPIC ASSIGNMENTS

Name	Class Sub	Topic	Related link	Assignment
Daniela Ibarra	elective	Therapeutic Exercise	https://www.science-direct.com/science/article/pii/S2095254619300493	Pick a special population (neck pain, low back pain, multiple sclerosis, athletes, etc) to focus on
Elijah Gomez	elective	Medical Exercise Specialist	https://prism.ucalgary.ca/items/cbe4b3a7-b5e2-4e95-9676-c5d5ea6f21c0	Pick a special population (diabetic, pregnancy, cancer, cardiac, etc) to focus on
Reagan Ramsey	elective	Nutrition for Sports Performance: Running	https://journals.human Kinetics.com/view/journals/ijsnem/29/2/article-p117.xml?content=fulltext	Pick a specific running distance to focus on pre/during/post race nutrition and supplementation