Sul Ross State University – Behavioral and Social Science Department PSY 3312 Course Syllabus

Course Title: Human Sexuality

Required Texts (1): LeVay, S., Baldwin, J., & Baldwin, J. (2021). Discovering Human Sexuality. (5th

ed.). Oxford University Press.

Contact Information: Alicia M. Trotman, PhD – <u>alicia.trotman@sulross.edu</u>

Office (LH 306) Hours: By appointment: https://calendly.com/amtsulross/summer-office-hours

Prerequisites: PSY 1302

Description

My name is Alicia Trotman and I am excited to learn with you as we dive into discovering human sexuality. What is sexuality? An all-encompassing term that holds our passion to <u>create</u> at its core and is the <u>hallmark</u> of <u>expression</u>. With sexuality, we create human beings in the physical sense, and in the non-physical sense, we create ideas, initiatives, and life. Every day, we make a decision... to brush our teeth, to put on a nice pair of shoes, to read that tweet, or hopefully read that book! In that breath, we must be nurtured and supported in our efforts to create. Passion does not gain momentum by itself... we need that connection with others to span and heal the gaps, doubts, insecurities, and detachments. Consent is critical, because if not given, one's sexuality can be discredited, insulted, and raped. Safety is also paramount, because if not secured, one's sexuality can be accosted by dis-ease. So sexuality is not only physical? Correct! It is comprised of the essence of the human *being* and with consent and safety, the human can thrive in ways that are exponential.

Course Objective:

This course is designed to introduce you to the psychological study of human sexuality. It will in engage you in current and real-world issues and provides opportunities for you to develop the expertise and practice the skills required to make informed choices about sexuality for yourself and those you care about. Memorization is not key... rather your understanding of common and unique behaviors and mental processes of the human being at each expressive stage.

Student Learning Outcomes:

Throughout the course, you will be encouraged to think about how the research presented can shed light on events going on around the world and in your own lives. Briefly stated, the objectives of this course include (though are not limited to):

- 1. Given that sexuality is the hallmark of human expression, students will be able to <u>identify</u> the variety of ways humans choose to express themselves in life, and <u>illustrate</u> how the physical bodies of human beings are divine as the culmination of those expressions.
 - Method of Formative Assessment: Quizzes, Assignments and Final Exam
- 2. Given that sexuality involves attraction, students will be able to <u>examine</u> the energies behind those passions in building healthy and nurturing relationships, not only with other humans but with lifelong goals.

Method of Formative Assessment: Quizzes, Assignments and Final Exam

Summer I 2023

3. Given that there is a multitude of lifepaths that human beings, there is a multitude of sexual orientations, providing space for you to <u>evaluate</u> your own sexuality in a positive way which most definitely may not look like another's. You can practice this discovery by consistently posting comments and working as a member of our team to explore dilemmas in discussions, your journal entries and assignments.
Method of Formative Assessment: Blog, Discussion and Wiki

4. Given that safety and consent are paramount for sexuality, students will <u>analyze</u> when these expressions become contaminated with disease with either the body or mind (STIs, disorders) or are violated (harassment, assault, violence), and <u>provide</u> concrete solutions to restoring health and well-being. Method of Formative Assessment: Wiki, Discussions, Blog and Final Exam

Course Requirements:

- 1. The text must be obtained (DIGITAL, and older edition is acceptable).
- 2. Respect for students and lecturer must be maintained at all times when we meet. Respect is a basic human characteristic that entitles each person to their own right and identity. It also helps to nurture a healthy learning environment. If you recognize that respecting others may be a problem, please be courteous and alert me or more suitable personnel (e.g. Sul Ross State University psychologists, family members, lecturers, close friends) and or refer to the Student Conduct and Discipline section of the <u>SRSU Student Handbook</u>.
- 3. During the course of this class, you may have strong emotional/psychological reactions to the course material and/or discussions. If you feel that you are having difficulty with the learning environment, please discuss this with me immediately before continuing the course. Counseling and Accessibility Services (https://www.sulross.edu/counseling-and-accessibility-services/) can provide brief, short-term individual and group counseling or refer you to off-campus providers. You have already paid for these services through your Student Service Fee, whether you use them or not.

SRSU Disability Services:

Any student who because of a disability, may require special arrangements in order to meet the course requirements should contact the instructor as soon as possible to make necessary arrangements. If an accommodation is needed, students must present their accommodation letter, obtained from Accessibility Services, as soon as possible. Please note that instructors are not permitted to provide classroom accommodations to a student until the appropriate verification has been received. Accessibility Services is in Ferguson Hall room 112. You can make an appointment by calling Mary Schwartze Grisham at 432 837-8203.

For more information see: https://www.sulross.edu/counseling-and-accessibility-services/

Honoring Academic Integrity

Any instance of academic misconduct such as (1) turning in an identical written assignment for another course without approval, (2) copying from any source without proper citation, (3) crossing the boundary of what is allowed in a group project, (4) lying in connection with your academic work, (5) cheating, (6) plagiarism, (7) misrepresenting facts and/or collusion are contrary to the purpose of any educational institution and will be dealt with most severely to the extent of the university's disciplinary policy and/or through legal action if indicated. An instructor who determines that a student has been dishonest academically can at a minimum issue no credit for the assignment/exam, and/or pursue more severe penalties, including but not limited to failing the course. Before the penalty is imposed, the student has the right to appeal to the division chairperson or Assistant Provost for the Academic Affairs. Further information about Academic Honesty can be read in the SRSU Student Handbook and procedures for dealing with these acts are outlined in the Academic Honesty Policy under Undergraduate Academic Regulations..

Observing Class guidelines

Class Participation

This is a course that requires online interaction and discussion. **Class attendance IS REQUIRED and participation is important**. Class participation and attendance will be worth **20%** of the final grade. The percentage is considerable so your presence will *help* your ability to complete all of assignments for this class.

Participation: This is an online asynchronous course. However, your active, daily participation in this course is essential and required in order to be successful, including checking email daily, checking for Black Board announcements, staying up with readings and participating in online discussions.

Distance Education Statement: Students enrolled in distance education courses have equal access to the university's academic support services, such as library resources, online databases, and instructional technology support. For more information about accessing these resources, visit the SRSU website. Students should correspond using Sul Ross email accounts and submit online assignments through Blackboard, which requires secure login. Students enrolled in distance education courses at Sul Ross are expected to adhere to all policies pertaining to academic honesty and appropriate student conduct, as described in the student handbook. Students in web-based courses must maintain appropriate equipment and software, according to the needs and requirements of the course, as outlined on the SRSU website. Directions for filing a student complaint are located in the Student Handbook.

Regular communications with the professor: It is essential that you keep me current on your progress and any difficulties you may be having so that I can respond in real time to support your success. The most efficient way of contacting me is the VIRTUAL OFFICE on Black Board and/or the syllabus which provides you with contact hours for the rest of the semester.

GENERAL QUESTIONS are to be posted to a discussion board for all. For PERSONAL or PRIVATE ISSUES email me at Alicia.trotman@sulross.edu or leave a voice mail message (432-837-8147) or make an appointment with me (https://calendly.com/amtsulross/summer-office-hours). I strive to respond as soon as possible. If you do not receive a reply within 24 hours during the work week, please resend your email.

Course Behaviors - Respect and Disruptions: Watch the VIDEO on NETTIQUETTE - https://www.youtube.com/watch?v=FWMk_Zv7nB8 and https://www.youtube.com/watch?v=80uRE972uQ0. You are encouraged and expected to openly engage in discussions, ask questions, share ideas, and express your thoughts in this web-based course in the same manner as in a face-to-face course. Please treat each other with dignity and respect and avoid disruptive behaviors. You are responsible for knowing what behaviors are acceptable versus unacceptable as referred to in the Student Conduct and Discipline section of the SRSU Student Handbook (http://www.sulross.edu/sites/default/files//sites/default/files/users/docs/stulife/student_conduct_discipline.pdf).

Cell phone and computer use: During the entire class period, you should be fully engaged in the class's activity. Laptop computers or phones are welcomed for the academic purposes of note taking or following along with the instructor's lesson. Off-topic activity (e.g., reading texts or posts, checking email, game playing) not directly related to the class is considered extremely disrespectful, and will be noted and can result in being marked "absent" for the day.

The **Bryan Wildenthal Memorial Library** in Alpine offers FREE resources and services to the entire SRSU community. Access and borrow books, articles, and more by visiting the library's website, <u>library.sulross.edu</u>. Offcampus access requires logging in with your LoboID and password. Librarians are a tremendous resource for your coursework and can be reached in person, by email (<u>mailto:srsulibrary@sulross.edu</u>), or phone (432-837-8123).

The **Southwest Texas Junior College (SWTJC) Libraries** at Uvalde, Del Rio, and Eagle Pass offer additional access to library spaces and resources. Del Rio, Eagle Pass, and Uvalde students may also use online resources available through SWTJC website, <u>library.swtjc.edu</u>. The SWTJC Libraries serve as pick-up locations for InterLibrary Loan (ILL) and Document Delivery from the Alpine campus.

Late Assignments/Projects/Checklists

You are expected to meet assignment, quiz, discussion and journal deadlines. Discussion posts submitted after their due dates will be marked as <u>zero</u>. Late assignments or journal posts will be reduced by 10% of the overall assignment for the first day of lateness and 40% for lateness beyond that for unexcused absences. For excused absences (university-authorized, legal or medical issues), speak with me **before the absence** so arrangements can be made.

EVALUATION

<u>Quizzes</u> – These quizzes are marked as (Q) below and in the course schedule. This is an online 10 question test given to ensure that you have *read the chapter* and understand the most pertinent concepts. Thus, try to complete the quiz as we're covering the associated chapter. These quizzes are available for the duration of the course but must be completed by **Thursday July 6th**. **They will be marked as <u>zero</u> after this date**. These are automatically graded so you will receive immediate feedback for incorrect answers. You have only two chances to complete the checklist and they are all twenty minutes long.

<u>Assignments</u> – These assignments are marked as (A) below, and in the course schedule and there are eleven (11) assignments in total. These assignments are designed to challenge you to use your critical thinking skills, and to gain a stronger understanding of developmental psychology perspectives.

<u>Discussions</u> – These discussions are marked as (D) below, and in the course schedule and there are six (6) discussions in total. Two of these discussions are highlighted in yellow as paired or grouped which means you will interact with a small group in the class before you post your answer in the discussion chat. You must post and respond to these discussions in a timely manner, as shown in the course schedule. If not, you will receive a <u>zero</u> after the posted due date ONLY for individual (not paired or grouped discussions). A rubric is provided to assess how discussions are scored. All paired or grouped discussions have no replies and must be completed by **Thursday July 6**th.

<u>Journal</u> – These journal entries are marked as (J) below, and in the course schedule, and there are five (5) journal entries in total. Your journal entries will not be shared with other students in the class, so you can choose to write freely. Your journal is available for the duration of the course but must be completed by **Thursday July 6th**. They will be marked as <u>with a reduced grade for lateness</u> after this date. A rubric is provided to assess how journal entries are scored.

<u>Final Exam</u> – One (1) exam will be given at the end of this term. It consists of 50 multiple choice/short answer questions and one (1) essay question. Fifty percent of the questions for this exam will come directly from the quizzes. The date of this exam is **12:00 am until 11:59pm on Friday July 7**th. Please note that there is no **make-up exam** unless you are absent due to illness and with documented proof.

Grading

Students are expected to complete reading assignments prior to class sessions and to engage in thoughtful discussions in light of these assignments. In addition, students will take an in-class midterm and an in-class final exam (objective short answer, multiple choice and/or essay).

Grading:	1000 points total	Final Grade
Video Introduction & Syllabus Quiz	10 points	2%
Quizzes	150 (10 @ 15 points each)	15%
Assignments	100 (20 @ 5 assignments)	10%
Discussion	180 (15 @ 12 posts)	18%
Journal	150 (15 @ 10)	15%
Attendance/Participation:	200 points	20%
Final Exam:	200 points	20%

Course Outline

(This schedule and the topics listed below are subject to modification by the instructor.)

START HERE

Days	Content
June 1st	Getting Started Activities - Syllabus Quiz, Introduction Video

Unit 1 – Pathways to Understanding Sexuality

Days	Content
June 2 nd through 5th	Sexuality – Pathways to Understanding- <i>Chapter 1</i> June 5th: LAST Day for late registration and schedule changes
Homework	(D1) (J1) (Q1) Quiz 1 on Chapter 1

Unit 2 – Women's Bodies & Men's Bodies

Days	Content
June 5th through 12th	Women's Bodies - Chapter 2 Men's Bodies - Chapter 3
Homework	(A1) (D2) (J2) (Q2) Quiz 2 on Chapters 2 & 3

Unit 3 – Diversity & Attraction

Days	Content
June 13th through 16th	Sex Development & Diversity – Chapter 4
Homework	(D3) (J3) (Q3) Quiz 3 on Chapter 4
	Attraction, Arousal and Response – Chapter 5
Homework	(A2) (J4) (Q4) Quiz 4 on Chapter 5

UNIT 4: Fertility, Pregnancy, Childbirth, Contraception & Abortion

Days	Content
June 16th through 22nd	Fertility, Pregnancy & Childbirth – <i>Chapter 8</i>
Homework	(D4) (J5) (Q5) Quiz 5 on Chapter 8
	Contraception & Abortion – <i>Chapter 9</i>
Homework	(A3) (J6) (Q6) Quiz 6 on Chapter 9

Unit 5 – Relationships & Orientation

Days	Content
June 23 rd through 27 th	Sexual Relationships– Chapter 7 June 26th: LAST Day to withdraw from the course with grade of W'
Homework	(A4) (J7) (Q7) Quiz 7 on Chapter 7
	Sexual Orientation – <i>Chapter 12</i>
	(J8) (D5) (Q8) Quiz 8 on Chapter 12

Unit 6 – Disorders, STIs, Assault, Harassment, & Violence

Days	Content
June 28th through July 3rd	Sexual Disorders – Chapter 12 Sexually Transmitted Infections – Chapter 13 Sexual Assault, Harassment, & Partner Violence – Chapter 16
Homework	(D6) (J9) (Q9) Quiz 9 on Chapters 12 & 13
	(A5) (J10) (Q10) Quiz 10 on Chapter 16
July 4th	Happy Independence Day
Friday July 7th	Final Exam Begins at 12:00 am and will be open for 24 hours