

# **SUL ROSS STATE UNIVERSITY**

## **ED 7316: Practicum in Guidance and Counseling**

**Fall 2024**

**Instructor: Glenn Short, M.Ed., LPC**

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**Office Hours: By arrangement**

**Virtual Office Hours: Monday through Friday by arrangement**

### **REQUIRED Materials**

Sul Ross State University Practicum Manual

Sul Ross State University Practicum Syllabus

### **Course Description**

A course that provides reality field experiences in guidance and counseling in an appropriate school or agency setting; students spend a minimum of 160 clock hours under supervision in the conduction of counseling and guidance activities.

### **PROGRAM LEARNING OUTCOMES**

**This course contributes to the following required program learning outcomes:**

1. Students will demonstrate their ability to apply within guidance and counseling, their knowledge of human development, diversity, and factors that affect students'/clients' ability to achieve their potential.
2. Students will demonstrate their ability to plan, implement, and evaluate a developmental guidance program; this program will incorporate assessment, as well as individual and group counseling services utilizing appropriate theoretical frameworks, techniques, and interventions to address personal, interpersonal/social, educational, and career needs.
3. Students will demonstrate the ability to communicate and collaborate effectively with others in the school, with students' parents, and/or with the community in order to facilitate student/client success, and will demonstrate the ability to apply ethical, legal, and professional standards.

**In accordance with CACREP best practices standards for all counselors-in-training development, the following areas will be promoted in this course:**

CACREP Standard	Activity	SLOs
<b>Common Core for all students:</b>		
<p>2. The multiple professional roles and functions of counselors across specialty areas and their relationships with human service and integrated behavioral health care systems, including interagency and inter-organizational collaboration and consultation (IIF1b);</p>	<p>Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, NBCC study guide, <a href="http://www.counseling.org">www.counseling.org</a> website; Texas Counseling Association website- <a href="http://www.txca.org">www.txca.org</a></p>	<p>1,2,3</p>
<p>3. Counselors' role and responsibilities as members of an interdisciplinary community outreach and emergency management response teams (IIF1c);</p>	<p>Professional Affiliation, Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, , NBCC study guide, <a href="http://www.counseling.org">www.counseling.org</a> website; Texas Counseling Association website- <a href="http://www.txca.org">www.txca.org</a></p>	<p>1,2,3</p>
<p>5. Role of counseling supervision in the profession (IIF1m);</p>	<p>Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter review, , NBCC study guide, <a href="http://www.counseling.org">www.counseling.org</a> website; Texas Counseling Association website- <a href="http://www.txca.org">www.txca.org</a></p>	<p>1,2,3</p>
<p>6. Professional organizations, including membership benefits, activities, services to members, and current issues (IIF1f);</p>	<p>Professional Affiliation Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, , NBCC study guide, <a href="http://www.counseling.org">www.counseling.org</a> website; Texas Counseling Association website- <a href="http://www.txca.org">www.txca.org</a></p>	<p>1,2,3</p>
<p>7. Professional credentialing, including certification, licensure, and accreditation practices and standards, and the effects of public policy on these issues (IIF1g);</p>	<p>Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, NBCC study guide, <a href="http://www.counseling.org">www.counseling.org</a> website; Texas Counseling Association website- <a href="http://www.txca.org">www.txca.org</a></p>	<p>1,2,3</p>

<p>8. The role and process of the professional counselor advocating on behalf of the profession (IIF1d);</p>	<p>Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, NBCC study guide, <a href="http://www.counseling.org">www.counseling.org</a> website; Texas Counseling Association website- <a href="http://www.txca.org">www.txca.org</a></p>	<p>1,2,3</p>
<p>9. Advocacy processes needed to address institution and social barriers that impede access, equity, and success for clients (IIF1e); and</p>	<p>Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter. , NBCC study guide, <a href="http://www.counseling.org">www.counseling.org</a> website; Texas Counseling Association website- <a href="http://www.txca.org">www.txca.org</a></p>	<p>1,2,3</p>
<p>10. Ethical standards of professional organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling (IIF1i);</p>	<p>Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, NBCC study guide, <a href="http://www.counseling.org">www.counseling.org</a> website; Texas Counseling Association website- <a href="http://www.txca.org">www.txca.org</a></p>	<p>1,2,3</p>
<p>12. the impact of heritage, attitudes, beliefs, understandings, and acculturative experiences on an individual’s view of others. (IIF2d);</p>	<p>Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, NBCC study guide, <a href="http://www.counseling.org">www.counseling.org</a> website; Texas Counseling Association website- <a href="http://www.txca.org">www.txca.org</a></p>	<p>1,2,3</p>
<p>14. Crisis intervention and suicide prevention models, including the use of psychological first aid strategies (IIF5m).</p>	<p>Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter Applicable to Mental Health authority, NBCC study guide, <a href="http://www.counseling.org">www.counseling.org</a> website; Texas Counseling Association website- <a href="http://www.txca.org">www.txca.org</a></p>	<p>1,2,3</p>
<p><b>Standards for Clinical Mental Health Counseling (CMHC) track</b></p>		

<p>1. Roles and setting of clinical mental health counseling (CMHC:VC1a);</p>	<p>Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, NBCC study guide, <a href="http://www.counseling.org">www.counseling.org</a> website; Texas Counseling Association website- <a href="http://www.txca.org">www.txca.org</a></p>	<p>1,2,3</p>
<p>2. Knows the roles and setting of clinical mental health counselors (CMHC: VC2a)</p>	<p>Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, NBCC study guide, <a href="http://www.counseling.org">www.counseling.org</a> website; Texas Counseling Association website- <a href="http://www.txca.org">www.txca.org</a></p>	<p>1,2,3</p>
<p>3. Mental health service delivery modalities within the continuum of care, such as inpatient, outpatient, partial treatment and aftercare, and the mental health counseling services networks. (CMHC:VC2c);</p>	<p>Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, NBCC study guide, <a href="http://www.counseling.org">www.counseling.org</a> website; Texas Counseling Association website- <a href="http://www.txca.org">www.txca.org</a></p>	<p>1,2,3</p>
<p>4. Knows the professional organizations, preparation standards, and credentials relevant to the practice of clinical mental health counseling (CMHC:VC2k);</p>	<p>Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, NBCC study guide, <a href="http://www.counseling.org">www.counseling.org</a> website; Texas Counseling Association website- <a href="http://www.txca.org">www.txca.org</a></p>	<p>1,2,3</p>
<p>5. Is aware of legal and ethical considerations specific to clinical mental health counseling (CMHC:VC2l);</p>	<p>Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, NBCC study guide, <a href="http://www.counseling.org">www.counseling.org</a> website; Texas Counseling Association website- <a href="http://www.txca.org">www.txca.org</a></p>	<p>1,2,3</p>
<p>6. Understands the record keeping, third party reimbursement, and other practice and management issues in clinical mental health counseling (CMHC:VC2m);</p>	<p>Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, NBCC Preparation , NBCC study guide,</p>	<p>1,2,3</p>

	<a href="http://www.counseling.org">www.counseling.org</a> website; Texas Counseling Association website- <a href="http://www.txca.org">www.txca.org</a>	
7. Understands the impact of crises and trauma on individuals with mental health diagnosis (CMHC:VC2f);	Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, NBCC Preparation, NBCC study guide, <a href="http://www.counseling.org">www.counseling.org</a> website; Texas Counseling Association website- <a href="http://www.txca.org">www.txca.org</a> - if applicable to host site	1,2,3
8. Applies knowledge of legislation and government policy relevant to clinical mental health counseling (CMHC:VC2i);	Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, NBCC Preparation, NBCC study guide, <a href="http://www.counseling.org">www.counseling.org</a> website; Texas Counseling Association website- <a href="http://www.txca.org">www.txca.org</a>	1,2,3
9. Understands effective strategies for interfacing with integrated behavioral health care professionals (CMHC:VC3d)	Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, NBCC Preparation, NBCC study guide, <a href="http://www.counseling.org">www.counseling.org</a> website; Texas Counseling Association website- <a href="http://www.txca.org">www.txca.org</a>	1,2,3

## Student Learning Outcomes

**This course contributes to the following required student learning outcomes:**

1. Students will demonstrate their ability to apply within guidance and counseling, their knowledge of human development, diversity, and factors that affect clients' ability to achieve their potential.
2. Students will demonstrate their ability to plan, implement, and evaluate a developmental counseling program; this program will incorporate assessment, as well as individual and group counseling services utilizing appropriate theoretical frameworks, techniques and interventions to address personal, interpersonal/social, educational, and career needs.
3. Students will demonstrate their ability to communicate and collaborate effectively with others in diverse settings, including the community in order to facilitate client success, and will demonstrate the ability to apply ethical, legal, and professional standards.

## **COURSE OBJECTIVES**

The *practicum* is designed to provide the student intern with an opportunity to experience the process of guidance and counseling services in an actual working situation under the supervision of a certified and/or licensed professional counselor or equivalent. The practicum will include **a minimum of 160 hours**, of which at least **80 hours** must be **direct service to clients**, that is, individual, group, career/vocational, and family counseling; appraisal/assessment; and when appropriate, consultation. The other **80 hours are indirect hours**, and consist of paperwork and preparation for working with clientele within the realm of counseling. It is noted that the LPC board, as well as the University encourages student interns to strive to complete 100 hours of direct service.

On completion of this experience, the intern should be competent to assume the role of a counselor in the setting in which the practicum was completed. The choice of setting and the competence of the on-site supervisor will greatly affect the resulting competency of the student intern, and should be carefully considered when the intern chooses the site.

### **Minimum competencies of the intern at completion of the practicum include:**

1. The ability to develop a guidance/counseling program for a school or agency similar to that in which the practicum was completed;
2. The ability to provide individual, group, vocational, and assessment counseling services, and in addition, demonstrate the ability to provide efficacious consultation and referral services;
3. The ability to conduct a full and appropriate evaluation of any given client with analysis and rationale for the services needed;
4. The ability to provide clear and accurate interpretation of assessment data when appropriate;
5. The ability to work as an ethical counselor according to the American Counseling Association Code of Ethics, and where appropriate, the American School Counseling Association Code of Ethics.

## **EVALUATION**

Your grade for this course will be determined by evidence of the **quality** of your learning as **demonstrated by your performance** on the following:

- \*Attachments, 1, 2, 3, 4, 5, copy of liability insurance and copy of site supervisors counseling certificate-5%
- \*Goals and Objectives-15%
- \*Four sets of hours and corresponding reflections-30%
- \*Site supervisor's final evaluation-50%

Course Grade:

A	B	C	F
91% - 100%	81% - 90%	71% - 80%	Below 71%

**NOTE:** Graduate students must maintain a 3.0 GPA to remain in good standing.

### **PARTICIPATION REQUIREMENT**

- **YOU MAY NOT BEGIN THE PRACTICUM BEFORE THE START OF THE SEMESTER; you must have received approval from your university supervisor, and your documents must also have been received and accepted by your university supervisor.**

### **YOU MUST CHECK YOUR SUL ROSS EMAIL EACH DAY!**

**Each intern will be expected to stay in regular communication with his/her university supervisor and will be required to respond to emails and/or telephone calls initiated by the university supervisor within two days. If a timely response is not received, 10 points per day will be deducted from your overall grade. (No Excuses)**

**If you have any questions, please contact your university supervisor.**

### **DUE DATES AND CORRESPONDING POINTS**

CLASS BEGINS August 26th

-Attachments 1, 2, 3, 4, 5, 6, copy of your liability insurance policy, and a copy of your site supervisors License due Aug 30th, 100 points

-Goals and Objectives, due Sept. 4<sup>th</sup>, 100 points.

-1st set of 40 hours and corresponding reflection, due Sept. 28th, 75 points.

-2nd set of 40 hours and corresponding reflection, due Oct. 19, 75 points.

-3rd set of 40 hours and corresponding reflection, due Nov. 16, 75 points.

-4th set of 40 hours and final reflection, due Dec. 7th, 100 points.

-Site supervisor's final evaluation, due Dec.9th, 100 points.

**SRSU Disability Services: The university is committed to equal access in compliance with the Americans with Disabilities Act of 1990 (ADA) and Section 504 of the Rehabilitation Act of 1973. The Disability Services Coordinator, in Counseling and Student Support Services, is responsible for ensuring that students with disabilities are provided opportunity for full participation in programs, services, and**

**activities.**

**Students seeking disability services must contact the Disability Services Coordinator in the University Center, Room 211. The mailing address is P.O. Box C-171, Sul Ross State University, Alpine, TX 79832. Telephone: 432-837-8178. Fax: 432-837-8724.**

*We hope you have a successful practicum and look forward to working with you.*

*The Counseling faculty*