



SUL ROSS
KINESIOLOGY DEPARTMENT

KINE 2302

Recreation and Leisure Services

Fall 2024

Dr. Hugh Morrissey

Assistant Professor - Kinesiology

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Office Hours:

- Mondays: 9:00 am-10:00 am; 11:00 am-12:00 pm; 1:00 pm-3:00 pm
- Tuesdays/Thursdays: 1:00 pm-3:00 pm
- Wednesdays: 9:00 am-10:00 am; 11:00 am-12:00 pm; 2:00 pm-3:00 pm
- or by appointment (email or <https://outlook.office365.com/book/SulRossStateUniversityKinesiology@sulross.onmicrosoft.com/> to set an appointment)

Meeting: Tuesday/Thursdays 11:00 am – 12:15 pm; Room 106; online via BlackBoard
Required Text: Sully Shelf: Introduction to Recreation and Leisure, Fourth Edition
Author: Tyler Tapps and Mary Wells
Publisher: Human Kinetics, Inc.

All the required course materials for your classes are being delivered through Sully Shelf Book Fee (\$250), the campus-wide course materials program. Your student account will be charged automatically, and you will not need to make a separate purchase.

For this course we will be using a digital eBook accessed through **BryteWave, powered by RedShelf**. You will receive an email directly from BryteWave donotreply@redshelf.com, with a link to access your account. Please follow directions in the email to access your virtual bookshelf. The first time you access the eBook you will see a screen prompting you to “View Course Materials”.

Need more info or have questions? Check out the Sully Shelf FAQs: [Access | Lobo Outfitters - Sul Ross State University \(bkstr.com\)](#), or call the campus store at (432) 837-8194. Your dedicated customer support email address is sullyshelf@follett.com.

Course Description

Introduction to Recreation and Leisure provides a broad view of the field of parks, recreation, and leisure, offering a solid foundation for understanding the industry and the opportunities available to graduates. The course focuses primarily on recreation and leisure within the United States and Canada, but it also includes perspectives from scholars and professionals from Brazil, China, and Nigeria, fostering an international outlook.

The course follows the organization of the textbook.

- Part I explores the foundations of recreation and leisure, including the historical, philosophical, and social issues that shaped the field.
- Part II describes the field's various sectors, including parks and protected areas; public recreation; the nonprofit sector; the for-profit sector; therapeutic recreation; age-specific recreation; and recreation within unique contexts, such as universities, esports, faith-based communities, worksites, and the armed forces.
- Part III focuses on the programming of recreation and leisure services, with topics including program delivery systems; recreational sport management; health, wellness, and quality of life; outdoor and adventure recreation; and arts and cultural experiences. The course ends by providing practical advice concerning recreation and leisure as a profession, then widening the scope of the discussion to include international perspectives.

Learning Objectives

Upon completion of this course, students should be able to do the following:

- Explain the evolution of recreation and leisure as concepts and the history of the recreation and leisure industry.
- Describe domestic and international perspectives within the recreation and leisure industry.
- Understand the various sectors, programming options, and delivery systems within the recreation and leisure industry.
- Develop recreation and leisure programming options.
- Recognize the need for inclusive recreation and leisure programming to serve diverse populations.
- Identify the prerequisite skills and training needed to succeed within the various sectors of recreation and leisure.
- Synthesize information needed to make informed decisions about the many professional opportunities that exist within the recreation and leisure industry.

GRADING POLICIES/TESTING/ASSIGNMENTS EXPECTATIONS

Grade calculation	% of Grade	Grading Scale
Attendance	100 points (10%)	895 or more A
eBook Chapter Quizzes	19 @ 10 = 190 points (19%)	795-894 B
Tests	4 @ 50 = 200 points (20%)	695-794 C
Learning Activities	22 @ 10 = 220 points (22%)	595-694 D
Activity Participation & Economic Log Project	12 @ 10 = 120 points (50 points final paper) = 170 points (17%)	Less than 594 F
Pre-Course Assignments	20 points (2%)	Total Points = 1000
Article Critiques	4 @ 25 = 100 points (10%)	

*Letter Grading as per SRSU policy will be used in this course.

Marketable Skills – The following marketable skills are met in this course:

- **Collaboration** – students will interact with one another through a multitude of class discussions and activities
- **Critical Thinking** – students will be asked to critically decipher a multitude of real-world scenarios
- **Career Management** – students will develop the skills necessary to train athletes by understanding proper motor learning and motor development.

TENTATIVE COURSE CALENDAR

Week	Content	Due
<p>1</p> <p>8/26 to 9/1 <u>Last Day for Late Registration & Schedule Changes – 8/29</u></p>	<p>Syllabus Review, Class Expectations, Demonstrations, Blackboard</p> <p>Pre-Course Assignment</p>	<p>Pre-Course Check & Quiz - 9/1</p> <p>Intro Post – 8/30</p> <p>Intro Replies – 9/1</p> <p>eBook Ch. 1 Quiz - 9/1</p> <p>Recreation and Leisure Careers 9/1</p>
<p>2</p> <p>9/2 to 9/8 <u>Labor Day Holiday – 9/2</u></p>	<p>Chapter 1 – Parks, Recreation, and Leisure</p>	<p>eBook Ch. 2 & 3 Quiz – 9/8</p> <p>AP & EL 1 – 9/8</p> <p>Article Critique 1 - 9/8</p> <p>Learning Activity 1 – 9/8</p>
<p>3</p> <p>9/9 to 9/15 <u>Last Day to Drop – 9/11</u></p>	<p>Chapter 2 – History of Recreation</p> <p>Chapter 3 – Philosophy and Leisure</p>	<p>eBook Ch. 4 Quiz – 9/15</p> <p>AP & EL 2 – 9/15</p> <p>Learning Activity 2 & 3 – 9/15</p>
<p>4</p> <p>9/16 to 9/22</p>	<p>Chapter 4 – Leisure and Recreation for Individuals in Society</p>	<p>eBook Ch. 5 & 6 Quiz – 9/22</p> <p>AP & EL 3 – 9/22</p> <p>Learning Activity 4 – 9/22</p> <p>Article Critique 2 – 9/22</p> <p><u>Test #1 (Ch. 1-4) – 9/22</u></p>
<p>5</p> <p>9/23 to 9/29</p>	<p>Chapter 5 – Leisure Service Delivery Systems</p>	<p>eBook Ch.7 & 8 Quiz – 9/29</p> <p>AP & EL 4 – 9/29</p>

	Chapter 6 – Parks and Protected Areas in Canada and the United States	Learning Activity 5 & 6 – 9/29
6 9/30 to 10/6	Chapter 7 – Public Recreation Chapter 8 – Nonprofit Sector	eBook Ch. 9 Quiz – 10/6 AP & EL 5 – 10/6 Learning Activity 7 & 8 – 10/6
7 10/7 to 10/13	Chapter 9 – For-profit Sector – Recreation, Event, and Tourism Enterprises	eBook Ch. 10 & 11 Quiz – 10/13 AP & EL 6 – 10/13 Learning Activity 9 – 10/13 Article Critique 3 – 10/13 Test #2 (Ch. 5-9) – 10/13
8 10/14 to 10/20	Chapter 10 – Therapeutic Recreation Chapter 11 – Unique Groups	eBook Ch. 12 & 13 Quiz – 10/20 AP & EL 7 – 10/20 Learning Activity 10 & 11 – 10/20
9 10/21 to 10/27	Chapter 12 – Leisure and Recreation Across the Life Span Chapter 13 – Program Delivery System	eBook Ch. 14 Quiz – 10/27 AP & EL 8 – 10/27 Learning Activity 12 & 13 – 10/27
10 10/28 to 11/3	Chapter 14 – Recreational Sport Management	eBook Ch. 15 & 16 Quiz – 11/3 AP & EL 9 – 11/3 Learning Activity 14 – 11/3 Article Critique 4 – 11/3 Test #3 (Ch. 10-14) – 11/3
11 11/4 to 11/10 <u>Last Day to Withdraw</u> <u>'W' - 11/8</u>	Chapter 15 – Health, Wellness, and Quality of Life Chapter 16 – Outdoor and Adventure Recreation	eBook Ch. 17 & 18 Quiz – 11/10 AP & EL 10 – 11/10 Learning Activity 15 & 16 – 11/10
12 11/11 to 11/17	Chapter 17 – Arts and Culture Chapter 18 – The Nature and Future of Recreation and Leisure as a Profession	eBook Ch. 19 – 11/17 AP & EL 11 – 11/17 Learning Activity 17 & 18a – 11/17

13 11/18 to 11/24	Invite Guest Speakers here	AP & EL 12 – 11/24 Learning Activity 18b & 18c – 11/24
14 11/25 to 12/1 <u>Thanksgiving Holiday – 11/27-11/29</u>	No Class	<u>Thanksgiving Holiday – 11/27-11/29</u>
15 12/2 to 12/8 <u>Last Class Day – 12/4</u>	Chapter 19 – International Perspectives on Recreation and Leisure Get ready for the Final Exam	Learning Activity 19 – 12/8 <u>Test #4 (Ch.15-19) – 12/8</u>
16 12/9 to 12/15	AP & EL Final Paper	<u>AP & EL Final Paper – 12/11</u> <u>Will not accept anything past – 12/12 @ 11:59 pm</u>

Course Requirements

Pre-Course Assignments (30 points total).

- Pre-Course Check & Quiz – 10 questions worth 10 points total, 1 point for each question. The Syllabus Quiz will demonstrate that you have read and understand the content located in various headings of the syllabus. By submitting the syllabus quiz, you are indicating that you have completely read the syllabus and understand what is expected of a student of this online course.
- Introduce Yourself Discussion – worth 20 points total (post your reply 10 points and 2 replies 10 points). This assignment will help you, your instructor, and your fellow class members get to know each other. Use the prompts that are given to introduce yourself to your classmates, and respond to at least 2 of your classmate's posts.

eBook Chapter Quizzes (190 total points, 10 points each)

There are 19 chapters that will be covered in this course and are due before the start of each chapter (this is a “flipped classroom”). Chapter Quizzes must be done by the due date. **LATE WORK WILL NOT BE ACCEPTED.** All due dates for chapter readings are found in Course Calendar (**every Sunday @ 11:59 pm**). Highly encourage you to work ahead of the due dates. Students need to finish the Chapter Readings before starting the weekly test. There will be 1 Quiz due a week. The chapter quizzes will be taken and submitted in BlackBoard. You will get unlimited attempts for each chapter quiz (Will keep the grade of the highest grade). Chapter Quizzes include multiple-choice questions and True/False. Once you start a test, you will have unlimited time to complete. The questions are automatically scored after you take the quiz and are available after quiz completion.

TESTS (50 points each for Test 1-4; 200 points total).

Four tests will be given; No comprehensive Final Exam. Chapter Tests will be due **every Sunday night @ 11:59 pm**. You only get one attempt for each Test. Tests include multiple-choice and True/False questions. Once you start a test, you will have unlimited time to complete the questions. The questions are automatically scored after you take the Test. Each day Tests are turned in late

carries a 30% deduction for 1-7 days late. PowerPoints for each chapter are posted in Blackboard which can be helpful while taking tests. Chapter Readings and class discussions/lectures will also be helpful; however, it is recommended that students take notes to better prepare themselves.

Activity Participation and Economic Log (170 total points)

12 AP and EL logs, 10 points each. 1 Focus Paper 50 points.

Each of you will monitor and analyze a week's worth of your recreation and leisure activities and their expenses. This project must include logging and charting your behavior, as well as documenting a brief analysis of your experience.

Focus of Paper:

- Amount of time spent and money spent in recreation activities – this will be done in a chart format
- Your thoughts and reactions to your participation in activities and spending
- Connection between your activity involvement and spending to issues and concepts discussed in class or any relevant issues that you have read about or discussed with people outside of class.
- Personal views and opinions

Learning Activities (10 points each; 210 points total).

21 Learning Activities will be completed during class. If absent; learning activities will be posted in BlackBoard.

Article Critiques (100 total points)

4 Article critiques, 25 points each. Students will follow this format when completing:

[Writing an Article Critique | UAGC Writing Center](#)

Attendance (100 total points)

Get points for coming to class each day; ½ points deduction for coming late. If tardy, must talk to the professor after class in order to get ½ points. Don't assume the professor will automatically change your grade after the class. If come to class late and don't talk to the professor after class, points may not be awarded for being late and will stay a 0. If a class is missed without a verified, documented reason, the student will not receive the participation points for that class, and attending class does not in and of itself guarantee that a student will earn the points. In-class assignments and labs, which are missed due to class absence may not be made up unless the student has a verified reason in writing (medical, family funerals, a car breaks down on the way to class, military service, excused athletic travel & competition listed in their competitive schedule for SRSU student-athletes, etc., with written documentation) for missing class, and contacts the instructor via email, on the day missed or prior to making arrangements to complete the lab or to turn in missed work prior to the next class.

All Course Requirements Deadline

Due to the time requirement for grading purposes, all course requirements must be submitted/completed by the 'Course Requirements Deadline' of *Wednesday of Week 16 at 11:59 p.m.* to be counted for credit towards the final letter grade in this course. There will be no exceptions to this policy. Late deductions will apply as per the above policy.

Be sure to complete all assignments by the due date.

Depending on the assignment, late assignments may not be accepted or may be accepted but will have points deducted!

LATE WORK POLICY

All coursework must be submitted by the provided due dates in Blackboard or Connect. LearnSmart readings must be completed by the due date for credit – **NO LATE WORK WILL BE ACCEPTED**. All other work: labs, activities, discussions, tests, and homework carry a 30% deduction for 1-7 days late. For consideration to turn in work passed 1 week late, must be approved by the professor for grading consideration. If approved by the professor, assignments turned in over 1 week late will carry a minimum 50% deduction.

UNIVERSITY POLICIES

Academic Integrity Statement

Students in this class are expected to demonstrate scholarly behavior and academic honesty in the use of intellectual property. Students should submit work that is their own and avoid engaging in behaviors that violate academic integrity, such as turning in work as original that was used in whole or part for another course and/or professor; turning in another person's work as one's own; copying from professional works or internet sites without citation; collaborating on a course assignment, examination, or quiz when collaboration is forbidden. Students should also avoid using open AI sources unless permission is expressly given for an assignment or course. Violations of academic integrity can result in failing assignments, failing a class, and/or more serious university consequences. These behaviors also erode the value of college degrees and higher education overall.

As an SRSU student, it is your responsibility to read and understand the university's expectations about academic integrity. All violations will be taken seriously and handled through the appropriate university process. The policy can be found at:

<https://www.sulross.edu/about/administration/university-policies/>

In addition, please note that plagiarism detection software will be used in this class for written assignments.

Americans with Disabilities Act (ADA Statement)

Sul Ross State University (SRSU) is committed to equal access in compliance with Americans with Disabilities Act of 1973. It is SRSU policy to provide reasonable accommodations to students with documented disabilities.

It is the student's responsibility to initiate a request each semester for each class. Students seeking accessibility/accommodations services must contact Mary Schwartz, LPC-S, SRSU's Accessibility Services Coordinator at 432-837-8203 (please leave a message and we'll get back to you as soon as we can during working hours), or email mary.schwartz@sulross.edu. Our office is located on the first floor of Ferguson Hall (Suite 112), and our mailing address is P.O. Box C-122, Sul Ross State University, Alpine, Texas, 79832.

Classroom Climate of Respect

Big Three:

- Show up on time.
- Be present for the 50 minutes we are together.
- Be respectful to other classmates.

Importantly, this class will foster free expression, critical investigation, and the open discussion of ideas. This means that all of us must help create and sustain an atmosphere of tolerance, civility, and respect for the viewpoints of others. Similarly, we must all learn how to probe, oppose and disagree without resorting to tactics of intimidation, harassment, or personal attack. No one is entitled to harass, belittle, or discriminate against another based on race, religion, ethnicity, age, gender, national origin, or sexual preference. Still, we will not be silenced by the difficulty of fruitfully discussing politically sensitive issues.

Counseling

Sul Ross has partnered with TimelyCare where all SR students will have access to nine free online counseling sessions. You can learn more about this 24/7/356 support by visiting [Timelycare/SRSU](https://www.timelycare.com/sulross). The SR Counseling and Accessibility Services office will continue to offer in-person counseling in Ferguson Hall room 112 (Alpine campus), and telehealth Zoom sessions for remote students and RGC students.

SRSU Library Services

The Sul Ross Library offers FREE resources and services to the entire SRSU community. Access and borrow books, articles, and more by visiting the library's website, library.sulross.edu. Off-campus access requires your LoboID and password. Check out materials using your photo ID. Librarians are a tremendous resource for your coursework and can be reached in person, by email (srsulibrary@sulross.edu), or phone (432-837-8123).

No matter where you are based, public libraries and many academic and special libraries welcome the general public into their spaces for study. SRSU TexShare Cardholders can access additional services and resources at various libraries across Texas. Learn more about the TexShare program by visiting library.sulross.edu/find-and-borrow/texshare/ or ask a librarian by emailing srsulibrary@sulross.edu.

Supportive Statement

I aim to create a learning environment for my students that supports various perspectives and experiences. I understand that the recent pandemic, economic disparity, and health concerns, or even unexpected life events may impact the conditions necessary for you to succeed. My commitment is to be there for you and help you meet the learning objectives of this course. I do this to demonstrate my commitment to you and to the mission of Sul Ross State University to create a supportive environment and care for the whole student as part of the Sul Ross Familia. If you feel like your performance in the class is being impacted by your experiences outside of class, please don't hesitate to come and talk with me. I want to be a resource for you.

Technical Support

The Support Desk is where you can direct your more technical questions. For example, the Support Desk can help you if you are having issues submitting a document, getting videos to play, or using BlackBoard. The support desk is open 24 hours a day/7 days a week for your convenience.

You can reach the support desk:

- By calling 888.837.6055
- Via email blackboardsupport@sulross.edu

- Using resources from the Technology Support tab within blackboard
- Clicking the Support Desk graphic on the course homepage

Tutoring

- a) Tutoring and Learning Center located in the library (call 432-837-8982 for a reservation with a tutor)
- b) Tutor.com (online tutoring services available on BlackBoard) – be sure to allow 48 hours turnaround time for a writing assignment.

Distance Education Statement

Students enrolled in distance education courses have equal access to the university's academic support services, such as Smarthinking, library resources, online databases, and instructional technology support. For more information about accessing these resources, visit the SRSU website. Students should correspond using Sul Ross email accounts and submit online assignments through Blackboard, which requires secure login information to verify students' identities and to protect students' information. The procedures for filing a student complaint are included in the student handbook. Students enrolled in distance education courses at Sul Ross are expected to adhere to all policies pertaining to academic honesty and appropriate student conduct, as described in the student handbook. Students in web-based courses must maintain appropriate equipment and software, according to the needs and requirements of the course, as outlined on the SRSU website.

Accidents & Injuries

In the case of bodily or personal property damage, the Kinesiology Department will not be held responsible. The student must report any field experience related to injury or illness to the instructor immediately. Any expense incurred due to injury or illness will be the student's responsibility.

Academic Civility Statement

Students are expected to interact with professors and peers in a respectful manner that enhances the learning environment. Professors may require a student who deviates from this expectation to leave the face-to-face (or virtual) classroom learning environment for that particular class session (and potentially subsequent class sessions) for a specific amount of time. In addition, the professor might consider the university disciplinary process (for Academic Affairs/Student Life) for egregious or continued disruptive behavior.

Academic Affairs Service Statement

Sul Ross faculty, staff, and students are expected to model responsible citizenship through service activities that promote personal and academic growth while enhancing the university, local, regional, national, and global communities. These activities will foster a culture of academic/public engagement that contributes to the achievement of the university's mission and core values.

Academic Excellence Statement

Sul Ross holds high expectations for students to assume responsibility for their own individual learning. Students are also expected to achieve academic excellence by:

- Honoring the core values of Sul Ross.
- Upholding high standards of habit and behavior.
- Maintaining excellence through class attendance and punctuality.
- Preparing for active participation in all learning experiences.
- Putting forth their best individual effort.
- Continually improving as independent learners.

- Engaging in extracurricular opportunities that encourage personal and academic growth.
- Reflecting critically upon feedback and applying these lessons to meet future challenges.

AI Policy Statement: Sul Ross State University Kinesiology Department

The Sul Ross State University Kinesiology Department is committed to upholding the highest standards of academic integrity and excellence. As artificial intelligence (AI) tools become increasingly accessible, we recognize their potential as valuable resources for learning and innovation. However, it is imperative that students use AI tools ethically and responsibly.

The improper use of AI in assignments, including but not limited to, generating content without proper attribution, submitting AI-generated work as one's own, or using AI tools to circumvent the learning process, constitutes academic dishonesty. Such actions undermine the educational goals of our programs and violate the University's Code of Conduct.

Students found to be improperly using AI for assignments may face severe consequences, including but not limited to receiving a failing grade for the assignment or course. Additionally, such violations will be referred to the Dean of Students Office for further disciplinary action, which may include probation, suspension, or expulsion from the University.

We encourage students to seek guidance from their instructors if they have any questions about the appropriate use of AI in their coursework. Our department is committed to fostering an environment of integrity, where students can achieve their academic and professional goals through honest and meaningful engagement with their studies.