

KINE 1131
Racquet Sports
Spring 2025 M&W 8-8:50
2nd Floor of GPC

Instructor Name: Primo Vasquez
Graduate Assistant: Kinesiology

Office: GPC 102-Graduate Assistant Office

Email: pxv22xu@sulross.edu

Office Hours: email to schedule appointment

Meeting: Monday & Wednesday 8-8:50 a.m

Required Text: N/A

Course Description:

The activity course is designed to teach the basic rules regulations and skills of several racket sports such as tennis, racquetball, badminton, and more. Application to lifespan health and sport will be examined. No experience required. Equipment will be provided.

Purpose of Course:

The purpose of this course is to provide an in-depth study of different racquet sports involving rules, regulations and skills.

Marketable Skills:

The following marketable skills are achieved in this course:

1. Students acquire communication skills through working together in team sports and discussions.
2. Students acquire collaboration skills while working with one another.
3. Students demonstrate critical thinking while playing and being able to think quickly and effectively..

Course Objectives:

By the end of this course students should be able to:

- Ability to demonstrate and perform a wide variety of racquet sport exercises and relate them to specific muscle groups.
- Discuss anatomy and physiology as it relates to racquet sport and exercise.
- Identify lifestyle factors that improve health and longevity.
- Understand and apply the rules and regulations of multiple racquet sports.

Course Schedule

Date	Monday	Wednesday
1/13 & 1/15	NO CLASS	First Day
1/20 & 1/22	NO CLASS	Table Tennis
1/27 & 1/29	Table Tennis	Table Tennis
2/3 & 2/5	Table Tennis	Table Tennis
2/10 & 2/12	Table Tennis	Table Tennis
2/17 & 2/19	Tennis	Tennis
2/24 & 2/26	Tennis	Tennis
3/3 & 3/5	Tennis	Tennis
3/10 & 3/12	Tennis	Tennis
3/17 & 3/19	Pickleball	Pickleball
3/24 & 3/26	Pickleball	Pickleball
3/31 & 4/2	Pickleball	Pickleball
4/7 & 4/9	Pickleball	Pickleball
4/14 & 4/16	Racquetball	Racquetball
4/21 & 4/23	Racquetball	Racquetball
4/28 & 4/30	Racquetball	Racquetball

Attendance:

Attendance for class is mandatory. Every class day is a grade. You will receive 100% credit for being on time, 75% credit for being tardy. One letter grade will be deducted for every absence after four (4).

Grading Policies/Testing/Assignments/Expectations

Grade Calculation	% of Grade	Grading Scale
Attendance/Participation	100	90 or more <u>A</u>
		80-89 <u>B</u>
		70-79 <u>C</u>
		60-69 <u>D</u>
		Less than 59 <u>F</u>

Distance Education Statement:

Students enrolled in distance education courses have equal access to the university's academic support services, such as Smarthinking, library resources, online databases, and instructional technology support. For more information about accessing these resources, visit the SRSU website. Students should correspond using Sul Ross email accounts and submit online assignments through Blackboard, which requires secure login information to verify students' identities and to protect students' information. The procedures for filing a student complaint are included in the student handbook. Students enrolled in distance education courses at Sul Ross are expected to adhere to all policies pertaining to academic honesty and appropriate student conduct, as described in the student handbook. Students in web-based courses must maintain appropriate equipment and software, according to the needs and requirements of the course, as outlined on the SRSU website.

Accidents & Injuries:

In the case of bodily or personal property damage, the Kinesiology Department will not be held responsible. The student must report any field experience related injury or illness to the Instructor immediately. Any expense incurred due to injury or illness will be the student's responsibility.

Academic Integrity Statement:

Academic dishonesty hurts everyone and reduces the value of college degrees. Doing someone else's work, presenting the ideas and work of others as your own, submitting the same paper for multiple classes, and/or failing to cite your sources when you utilize the ideas of others, are all examples of academic dishonesty. It is your responsibility to read and understand the university's policy on academic dishonesty in the SRSU Student Handbook, as all violations will be taken seriously and handled through the appropriate university process. The Student Handbook can be found at:

<https://www.sulross.edu/page/2454/student-handbook> (page 80). In addition, please note that plagiarism detection software will be used in this class for written assignments, as well as monitoring software for course exams.

Academic Affairs Statement:

Students are expected to interact with professors and peers in a respectful manner that enhances the learning environment. Professors may require a student who deviates from this expectation to leave the face-to-face (or virtual) classroom learning environment for that particular class session (and potentially subsequent class sessions) for a specific amount of time. In addition, the professor might consider the university disciplinary process (for Academic Affairs/Student Life) for egregious or continued disruptive behavior.

Academic Excellence Statement:

Sul Ross holds high expectations for students to assume responsibility for their own individual learning. Students are also expected to achieve academic excellence by: Honoring the core values of Sul Ross. Upholding high standards of habit and behavior. Maintaining excellence through class attendance and punctuality. Preparing for active participation in all learning experiences. Putting forth their best individual effort. Continually improving as independent learners. Engaging in extracurricular opportunities that encourage personal and academic growth. Reflecting critically upon feedback and applying these lessons to meet future challenges

A. I (Artificial Intelligence) Policy Statement:

The Sul Ross State University Kinesiology Department is committed to upholding the highest standards of academic integrity and excellence. As artificial intelligence (AI) tools become increasingly accessible, we recognize their potential as valuable resources for learning and innovation. However, it is imperative that students use AI tools ethically and responsibly. The improper use of AI in assignments, including but not limited to, generating content without proper attribution, submitting AI-generated work as one's own, or using AI tools to circumvent the learning process, constitutes academic dishonesty. Such actions undermine the educational goals of our programs and violate the University's Code of Conduct. Students found to be improperly using AI for assignments may face severe consequences, including but not limited to receiving a failing grade for the assignment or course. Additionally, such violations will be referred to the Dean of Students Office for further disciplinary action, which may include probation, suspension, or expulsion from the University. We encourage students to seek guidance from their instructors if they have any questions about the appropriate use of AI in their coursework. Our department is committed to fostering an environment of integrity, where students can achieve their academic and professional goals through honest and meaningful engagement with their studies.

ADA (Americans with Disabilities Act) Statement

Sul Ross State University is committed to equal access in compliance with the Americans with Disabilities Act of 1973. Students with qualifying disabilities who seek accommodations must initiate a request for a meeting for accessibility services. Students seeking accessibility services must contact Rebecca Greathouse Wren, M.Ed., LPC-S, Counseling & Accessibility Services, Telephone: 432-837-8203, or E-mail: rebecca.wren@sulross.edu. For more information see: <https://www.sulross.edu/page/1384/accessibility-services>.

Academic Civility Statement

Students are expected to interact with professors and peers in a respectful manner that enhances the learning environment. Professors may require a student who deviates from this expectation to leave the face-to-face (or virtual) classroom learning environment for that particular class session (and potentially subsequent class sessions) for a specific amount of time. In addition, the professor might consider the university disciplinary process (for Academic Affairs/Student Life) for egregious or continued disruptive behavior.