



SUL ROSS
KINESIOLOGY DEPARTMENT

KINE 2314 001
Spring 2025
Skill Tech Indiv
Team Sports

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Office Hours: **By appointment (email to set an appointment)**

Contacting Mr. Renshaw: You may contact me via email, stopping by my office during office hours. If you send an email, I will respond within 24 business hours (unless you are notified otherwise ahead of time). I may not respond to emails over the weekend or once I have left for the day. Plan accordingly

Recommended Text: NA

COURSE DESCRIPTION

Each week will include a combination lectures and participation in a variety of individual and team sports with an emphasis on coaching perspectives.

EXPECTATION OF STUDENTS

Students should come to class ready to participate in sports and activities, including appropriate dress.

MARKETABLE SKILLS – The following marketable skills are met in this course:

- **Collaboration** – students will interact with one another through a multitude of class discussions and activities
- **Critical Thinking** – students will be asked to critically decipher a multitude of real-world scenarios
- **Creativity** - Students should be prepared to teach activities to a variety of age groups ○
- **Career Readiness** – Students should gain experience coaching skills to young people

STUDENT LEARNING OUTCOMES

The learning activities, assignments, and exams in this course are constructed to assess each student's mastery of the following learning outcomes:

1. Communicating rules and objectives of various activities to other students
2. Coaching different skills of athletic participation to others
3. Organizing athletic events for physical education

COURSE OBJECTIVES

Students will be able to:

1. **Understand Fundamental Principles:** Develop a comprehensive understanding of the fundamental principles underlying individual and team sports, including biomechanics, physiology, and psychology.
2. **Master Basic Skills:** Acquire proficiency in the basic skills required for a variety of individual and team sports, such as dribbling, passing, shooting, catching, and strategic positioning.
3. **Apply Techniques in Game Situations:** Demonstrate the ability to apply learned skills and techniques in practical game situations, emphasizing both individual performance and teamwork.
4. **Analyze Performance:** Develop analytical skills to assess and critique individual and team performance, identifying strengths and areas for improvement through video analysis and self-assessment.
5. **Enhance Physical Fitness:** Integrate sport-specific conditioning and fitness training into practice routines to enhance overall physical fitness, endurance, strength, and agility.
6. **Promote Sportsmanship and Ethics:** Cultivate a sense of sportsmanship, fair play, and ethical behavior both on and off the field, emphasizing respect for teammates, opponents, and officials.
7. **Team Dynamics:** Understand the dynamics of team collaboration, communication, and leadership, and how these elements contribute to successful team performance.
8. **Adaptability in Various Sports:** Develop adaptability by gaining exposure to a variety of individual and team sports, fostering versatility and a broader understanding of athletic skills and techniques.
9. **Injury Prevention and Safety:** Learn essential principles of injury prevention and safety in sports, including proper warm-up techniques, equipment usage, and strategies to minimize the risk of injuries.
10. **Critical Thinking in Strategy:** Engage in critical thinking and strategic decision-making within the context of sports, focusing on developing effective game plans and responding to dynamic game situations.
11. **Communication Skills:** Enhance communication skills both on and off the field, emphasizing effective verbal and non-verbal communication with teammates, coaches, and other stakeholders.
12. **Lifelong Fitness and Wellness:** Foster an appreciation for lifelong fitness and wellness, encouraging students to continue participating in physical activities beyond the course for a healthy and active lifestyle.

These objectives aim to provide a well-rounded and practical approach to the skills and techniques of both individual and team sports.

Course Format

The format for this course will include, but is not limited to – face to face delivery. This is primarily a student-lead class. This means students are to choose the sports/activities we will participate in for each class.

Attendance

Attendance for class is mandatory. Every class day is a grade. You will receive 100% credit for being on time, 75% credit for being tardy. **One letter grade will be deducted for every absence after four (4).**

Students with zero (0) absences (not including athletic related absences) and with no missing assignments will be exempt from the final exam.

GRADING POLICIES/TESTING/ASSIGNMENTS/ATTENDANCE/EXPECTATIONS

Grade calculation	% of Grade	Grading Scale
Attendance	700 (70%)	900 or more A
Instructional	300 (30%)	800-899 B
		700-799 C
		600-699 D
		Less than 599 F
		Total Points = 1000

No Late Assignments Will Be Accepted. Also, No Credit Will Be Given For Any Late Assignments



ALL COURSE REQUIREMENTS DEADLINE

All test and assignments will be due on the date shown by 11:59 pm. The final exam will be due by the date and time show

Distance Education Statement

Students enrolled in distance education courses have equal access to the university's academic support services, such as Smarthinking, library resources, online databases, and instructional technology support. For more information about accessing these resources, visit the SRSU website. Students should correspond using Sul Ross email accounts and submit online assignments through Blackboard, which requires secure login information to verify students' identities and to protect students' information. The procedures for filing a student complaint are included in the student handbook. Students enrolled in distance education courses at Sul Ross are expected to adhere to all policies pertaining to academic honesty and appropriate student conduct, as described in the student handbook. Students in web-based courses must maintain appropriate equipment and software, according to the needs and requirements of the course, as outlined on the SRSU website.

Accidents & Injuries

In the case of bodily or personal property damage, the Kinesiology Department will not be held responsible. The student must report any field experience related injury or illness to the Instructor immediately. Any expense incurred due to injury or illness will be the student's responsibility.

Academic Integrity Statement

Students in this class are expected to demonstrate scholarly behavior and academic honesty in the use of intellectual property. A scholar is expected to be punctual, prepared, and focused; meaningful and pertinent participation is appreciated. Examples of academic dishonesty include but are not limited to: Turning in work as original that was used in whole or part for another course and/or professor; turning in another person's work as one's own; copying from professional works or internet sites without citation; collaborating on a course assignment, examination, or quiz when collaboration is forbidden. The Student Handbook can be found at: <https://www.sulross.edu/catalog/undergraduate-academic-regulations-2/#1605412215143-c8b265dc-3e01>
In addition, please note that plagiarism detection software will be used in this class for written assignments.

Academic Civility Statement

Students are expected to interact with professors and peers in a respectful manner that enhances the learning environment. Professors may require a student who deviates from this expectation to leave the face-to-face (or virtual) classroom learning environment for that particular class session (and potentially subsequent class sessions) for a specific amount of time. In addition, the professor might consider the university disciplinary process (for Academic Affairs/Student Life) for egregious or continued disruptive behavior.

Academic Affairs Service Statement

Sul Ross faculty, staff, and students are expected to model responsible citizenship through service activities that promote personal and academic growth while enhancing the university, local, regional, national, and global communities. These activities will foster a culture of academic/public engagement that contributes to the achievement of the university's mission and core values.

Libraries

The Bryan Wildenthal Memorial Library in Alpine.

Offers FREE resources and services to the entire SRSU community. Access and borrow books, articles, and more by visiting the library's website, library.sulross.edu. Off-campus access requires logging in with your LoboID and password. Librarians are a tremendous resource for your coursework and can be reached in person, by email (srsulibrary@sulross.edu), or phone (432-837-8123).

Academic Excellence Statement

Sul Ross holds high expectations for students to assume responsibility for their own individual learning. Students are also expected to achieve academic excellence by:

- Honoring the core values of Sul Ross.
- Upholding high standards of habit and behavior.
- Maintaining excellence through class attendance and punctuality.
- Preparing for active participation in all learning experiences.
- Putting forth their best individual effort.
- Continually improving as independent learners.
- Engaging in extracurricular opportunities that encourage personal and academic growth.
- Reflecting critically upon feedback and applying these lessons to meet future challenges.

ADA Statement

SRSU Disability Services. Sul Ross State University (SRSU) is committed to equal access in compliance with Americans with Disabilities Act of 1973. It is SRSU policy to provide reasonable accommodations to students with documented disabilities. It is the student's responsibility to initiate a request each semester for each class. Students seeking accessibility/accommodations services must contact Rebecca Greathouse Wren, LPC-S, SRSU's Accessibility Services Coordinator at 432-837-8203 (please leave a message and we'll get back to you as soon as we can during working hours), or email rebecca.wren@sulross.edu. Our office is located on the first floor of Ferguson Hall (Suite 112), and our mailing address is P.O. Box C-122, Sul Ross State University, Alpine, Texas, 79832.