



KINE 4309-W01
Practicum in Kinesiology
Spring 2026

Dr. Hugh Morrissey
Assistant Professor - Kinesiology

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Office Hours:

- Available **by appointment**
- To schedule a meeting, please email or use the online booking link:
[Schedule an Appointment](#)

Prerequisites

Senior standing and approval from the undergraduate coordinator.

Required Materials

There is no required textbook. All necessary documents and forms will be provided via Blackboard.

Course Delivery Format

This course is web-delivered via Blackboard. All assignments, announcements, and communications will occur through the Blackboard platform. Students are also expected to maintain regular communication with their site supervisors and instructor.

Course Description

This course offers students practical, real-world experience in Kinesiology and related disciplines through a supervised field-based internship. The course is designed to prepare students for careers in the fields of Kinesiology, Health, Recreation, Athletics, Sports Medicine and/or related fields. Students will complete 150 hours of hands-on experience with approved agencies or organizations. Emphasis is placed on professional development, networking, industry research, and personal reflection.

Teaching Methods

This practicum course combines real-world experiential learning with online instruction and reflection. Course activities will include: fieldwork at an approved internship site, required forms and documentation, reflective writing assignments, practicum hours and journals, mock interview, reflective journal, and a final meeting.

As this is a fully online course with a significant self-directed component, strong time management and self-discipline are essential. You are responsible for reviewing the course schedule, meeting all deadlines, and staying on top of your practicum hours and assignments.

If you have any questions about your placement, assignments, or progress in the course, please reach out as soon as possible. You may contact me at hugh.morrissey@sulross.edu or use this link to schedule an appointment:

[Book an appointment](#)

Marketable Skills Developed

The following marketable skills are achieved in this course:

1. Students acquire **communication skills**. Students will develop proper work-related communication skills.
2. Students acquire **collaboration skills**. Students will interact with various coworkers and/or clients.
3. Students demonstrate **creativity**. Students will develop a professional ePortfolio.
4. Students demonstrate **critical thinking**. Students will critically decipher a multitude of real-world scenarios.
5. Students demonstrate **career readiness**. Students will learn skills necessary to thrive in their chosen profession.

Course Objectives

Upon successful completion of the course, students will be able to:

- Analyze a specific profession in the field of Kinesiology.
- Understand the significance of professional networking.
- Demonstrate understanding of the daily operations in a kinesiology-related profession.
- Research and evaluate the job market for careers in the field.
- Recognize the value of certifications, experience, and professional organizations.
- Reflect on growth in knowledge, critical thinking, and professional development.

Removal from placement

All students are expected to adhere to the policies and procedures outlined in the syllabus and course materials for KINE 4309. Violations of these policies may result in academic penalties as described in the syllabus. Serious infractions will lead to immediate termination from the practicum placement.

Examples of such infractions include, but are not limited to:

- Falsifying hours
- Sexual harassment
- Racism or discriminating behaviors
- Having an on-site supervisor request removal from the placement
- Deceitful behaviors or out-right lying to a supervisor
- Abide by any policy set by placement site
- Under the influence of drugs or alcohol
- Discontinuing the placement without prior approval

Upon notification of a major infraction that will result in termination, Dr. Morrissey will notify the student of the nature of the infraction and request that the student set up a meeting. The notification will be sent to the students' SRSU email account in a timely manner and will include a copy of the Termination Policy.

Grading and Course Requirements

Assignment	Points	Percentage
Site Interest Form	20	2%
Internship Instruction Quiz	30	3%
Site Supervisor Agreement Form	50	5%
Practicum Hours (150 hrs x 3 pts)	450	45%
Weekly Journal (10 x 10 pts)	100	10%
Midterm Supervisor Evaluation	75	7.5%
Cover Letter/Resume	50	5%
Final Supervisor Evaluation	75	7.5%
Reflective Journal	80	8%
Interview Questions/Final Meeting	70	7%
Total	1000	100%

Grading Scale

A = 895+ points

B = 795-894

C = 695-794

D = 595-694

F = <594

Tentative Course Calendar

Week	Content	Due
1 1/14 to 1/18	Blackboard - Start Here, Pre-Course Assignments <ul style="list-style-type: none">• Syllabus• Internship Instructions	<ul style="list-style-type: none">• Site Interest Form – 1/18• Internship Instructions Quiz – 1/18
2 1/19 to 1/25 1/19 MLK Holiday No Classes 1/20 Last Day for Late Registration & Schedule Changes	Start your on-site Practicum or prepare to start on-site Practicum in Week 3	<ul style="list-style-type: none">• Site-supervisor Form – 1/25

3 1/26 to 2/1 1/30 Last Day to Drop	Start/continue your on-site Practicum	<ul style="list-style-type: none"> • Practicum Hours 1-15 <ul style="list-style-type: none"> ○ Timesheet #1 – 2/1 • Weekly Journal #1 – 2/1
4 2/2 to 2/8	Continue your on-site Practicum	<ul style="list-style-type: none"> • Practicum Hours 16-30 <ul style="list-style-type: none"> ○ Timesheet #2 – 2/8 • Weekly Journal #2 – 2/8
5 2/9 to 2/15	Continue your on-site Practicum	<ul style="list-style-type: none"> • Practicum Hours 31-45 <ul style="list-style-type: none"> ○ Timesheet #3 – 2/15 • Weekly Journal #3 – 2/15 • Cover Letter – 2/15
6 2/16 to 2/22	Continue your on-site Practicum	<ul style="list-style-type: none"> • Practicum Hours 46-60 <ul style="list-style-type: none"> ○ Timesheet #4 – 2/22 • Weekly Journal #4 – 2/22
7 2/23 to 3/1	Continue your on-site Practicum	<ul style="list-style-type: none"> • Supervisor Midterm Evaluation – 3/1 • Practicum Hours 61-75 <ul style="list-style-type: none"> ○ Timesheet #5 – 3/1 • Weekly Journal #5 – 3/1
8 3/2 to 3/8	Continue your on-site Practicum	<ul style="list-style-type: none"> • Practicum Hours 76 - 90 <ul style="list-style-type: none"> ○ Timesheet #6 – 3/8 • Weekly Journal #6 – 3/8
3/9 to 3/15	Spring Break	<ul style="list-style-type: none"> • Spring Break
9 3/16 to 3/22	Continue your on-site Practicum	<ul style="list-style-type: none"> • Practicum Hours 91 - 105 <ul style="list-style-type: none"> ○ Timesheet #7 – 3/22 • Weekly Journal #7 – 3/22 • Resume – 3/22
10 3/23 to 3/29	Continue your on-site Practicum	<ul style="list-style-type: none"> • Practicum Hours 106 - 120 <ul style="list-style-type: none"> ○ Timesheet #8 – 3/29 • Weekly Journal #8 – 3/29
11 3/30 to 4/5	Continue your on-site Practicum	<ul style="list-style-type: none"> • Practicum Hours 121 - 135 <ul style="list-style-type: none"> ○ Timesheet #9 – 4/5 • Weekly Journal #9 – 4/5

<u>Last Day to Withdraw 'W' 4/3</u>		
12 4/6 to 4/12	Continue your on-site Practicum	<ul style="list-style-type: none"> • Practicum Hours 136 - 150 <ul style="list-style-type: none"> ○ Timesheet #10 – 4/12 • Weekly Journal #10 – 4/12
13 4/13 to 4/19	If needed: Additional time for Timesheets	<ul style="list-style-type: none"> • Supervisor Evaluation Form – 4/19 • Interview Questions – 4/19 • Additional Timesheet – 4/19
14 4/20 to 4/26	Setup Final Meeting	<ul style="list-style-type: none"> • Reflective Journal – 4/26 • Final Meeting/Mock Interview – 4/26
15 4/27 to 5/3	Last chance for Final Meeting	<ul style="list-style-type: none"> • Last chance for Final Meeting/Mock Interview – 5/3
16 5/4 to 5/6		<ul style="list-style-type: none"> • No assignments accepted past – 5/6

Course Assignments

Site Interest Form (20 points)

This short form helps determine whether you already have an internship site confirmed. If you need assistance securing a site, please indicate so on the form.

Internship Instruction Quiz (30 points)

This brief multiple choice and true/false quiz ensures that you have read and understood the internship guidelines. Both the instructions and quiz are available on Blackboard. Completion is required for continued participation in the course.

Site Supervisor Agreement Form (50 points)

This form, available on Blackboard, must be printed and given to your site supervisor to complete and sign. Once the form is completed and signed, collect it from your site supervisor and upload to Blackboard by the posted deadline.

Internship Hours (450 points)

You are required to complete **150 hours** of field experience at your approved internship site during the semester. Each verified hour is worth 3 points (150 hours x 3 = 450 points). Hours will be validated by your site supervisor and must meet professional standards and expectations. Supervisors have final authority on what constitutes approved and completed hours.

Weekly Journals (100 points)

- The journal is a weekly record of the experience and the learning that occurred during the internship. It is hoped that this journal would serve as a valuable resource and tool if the student were to be involved in a similar setting in the future; it should reflect significant reflection on lessons learned, insights gained, and changed perspectives. This journal must be typed and should include adequate detail associated with student observation, activity and learning synthesis. Hours of experience should be included and highlighted such that the advisor can easily confirm that the required numbers of hours and key learning objectives have been achieved. Must include a picture of you actively working at your internship site and provide your anticipated upcoming weekly schedule for the internship.
½ to 1 page, double spaced, Times New Roman, font size 12.
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Mid-Term/Final Supervisor Evaluation (150 points, 75 points each)

At the midpoint of your internship, you must request a formal evaluation from your site supervisor. This evaluation is critical and will impact your final grade. Failure to submit the mid-term and Final evaluation will result in a failing grade for the course.

Resume/Cover Letter (50 points)

You are required to develop a professional resume that reflects your experiences as a Sul Ross Kinesiology student. Your resume should highlight relevant coursework, internships, volunteer work, employment history, extracurricular involvement, and any certifications. The final product should be polished and suitable for job or graduate school applications.

Reflection Journal (80 points)

Upon completion of the required experience, the student will produce a concise and thoughtful reflection of the practicum experience. The written evaluation must include the following:

1. Description of the program (ie. Location, type of experience, hours, duties, etc.
2. Description of goals / expected outcomes of the program
3. Summary of learning / goal attainment / value of experience / effect on future career decisions.
4. Reflection upon a life of purpose and consider the implications in their own professional lives.
5. Double-spaced, 2-3 pages, Times New Roman, Font size 12

Interview Questions / Mock Interview – 70 Points

As part of your practicum experience, you will prepare for future professional opportunities by researching common interview questions and submitting thoughtful, well-written responses. This assignment is designed to help you reflect on your experiences, strengths, and career goals.

After submitting your responses, you will schedule a final meeting with Dr. Morrissey. During this meeting, you will discuss your overall practicum experience and participate in a brief mock interview. This exercise is intended to simulate a real-world interview setting and help you develop confidence and communication skills for future job opportunities.

LATE WORK POLICY

All coursework must be submitted by the deadlines posted in Blackboard. The following policies apply to late submissions:

- **All Assignments**
 - **1–7 days late:** 50% deduction
 - **More than 7 days late:**
 - Must receive **prior approval** from the instructor to be considered for grading.
 - If approved, a **minimum 50% deduction** will apply.

Note: Extensions are not guaranteed. It is the student's responsibility to communicate proactively if extenuating circumstances arise.

UNIVERSITY POLICIES

Americans with Disabilities Act (ADA Statement)

Sul Ross State University (SRSU) is committed to equal access in compliance with Americans with Disabilities Act of 1973. It is SRSU policy to provide reasonable accommodations to students with documented disabilities.

It is the student's responsibility to initiate a request each semester for each class. Students seeking accessibility/accommodations services must contact Mary Schwartz, LPC-S, SRSU's Accessibility Services Coordinator or Ronnie Harris, LPC, Counselor, at 432-837-8203 (please leave a message and we'll get back to you as soon as we can during working hours), or email

mschwartz@sulross.edu or ronnie.harris@sulross.edu. Our office is located on the first floor of Ferguson Hall (Suite 112), and our mailing address is P.O. Box C-122, Sul Ross State University, Alpine, Texas, 79832.

Required Student Responsibilities Statement

All full-time and part-time students are responsible for familiarizing themselves with the [Student Handbook](#) and the [Undergraduate & Graduate Catalog](#) and for abiding by the [University rules and regulations](#). Additionally, students are responsible for checking their Sul Ross email as an official form of communication from the university. Every student is expected to obey all federal, state and local laws and is expected to familiarize themselves with the requirements of such laws.

SRSU Distance Education Statement

Students enrolled in distance education courses have equal access to the university's academic support services, such as library resources, online databases, and instructional technology support. For more information about accessing these resources, visit the SRSU website.

Students should correspond using Sul Ross email accounts and submit online assignments through Blackboard, which requires a secure login. Students enrolled in distance education courses at Sul Ross are expected to adhere to all policies pertaining to academic honesty and appropriate student conduct, as described in the student handbook. Students in web-based courses must maintain appropriate equipment and software, according to the needs and requirements of the course, as outlined on the SRSU website. Directions for filing a student complaint are located in the student handbook.

Academic Integrity Statement

Students in this class are expected to demonstrate scholarly behavior and academic honesty in the use of intellectual property. Students should submit work that is their own and avoid the temptation to engage in behaviors that violate academic integrity, such as turning in work as original that was used in whole or part for another course and/or professor; turning in another person's work as one's own; copying from professional works or internet sites without citation; collaborating on a course assignment, examination, or quiz when collaboration is forbidden. Students should also avoid using open AI sources ***unless permission is expressly given*** for an assignment or course. Violations of academic integrity can result in failing assignments, failing a class, and/or more serious university consequences. These behaviors also erode the value of college degrees and higher education overall.

Classroom Climate of Respect

Importantly, this class will foster free expression, critical investigation, and the open discussion of ideas. This means that all of us must help create and sustain an atmosphere of tolerance, civility, and respect for the viewpoints of others. Similarly, we must all learn how to probe, oppose and disagree without resorting to tactics of intimidation, harassment, or personal attack. No one is entitled to harass, belittle, or discriminate against another on the basis of race, religion, ethnicity, age, gender, national origin, or sexual preference. Still, we will not be silenced by the difficulty of fruitfully discussing politically sensitive issues.

Counseling

Sul Ross has partnered with TimelyCare where all SR students will have access to nine free counseling sessions. You can learn more about this 24/7/365 support by visiting [Timelycare/SRSU](https://www.timelycare.com/srsu). The SR Counseling and Accessibility Services office will continue to offer in-person counseling in Ferguson Hall room 112 (Alpine campus), and telehealth Zoom sessions for remote students and RGC students.

Libraries

The Bryan Wildenthal Memorial Library and Archives of the Big Bend in Alpine offer FREE resources and services to the entire SRSU community. Access and borrow books, articles, and more by visiting the library's website, library.sulross.edu/. Off-campus access requires logging in with your LoboID and password. Librarians are a tremendous resource for your coursework and can be reached in person, by email (srsulibrary@sulross.edu), or by phone (432-837-8123).

No matter where you are based, public libraries and many academic and special libraries welcome the general public into their spaces for study. SRSU TexShare Cardholders can access additional services and resources at various libraries across Texas. Learn more about the TexShare program by visiting library.sulross.edu/find-and-borrow/texshare/ or ask a librarian by emailing srsulibrary@sulross.edu.

Mike Fernandez, SRSU Librarian, is based in Eagle Pass (Building D-129) to offer specialized library services to students, faculty, and staff. Utilize free services such as InterLibrary Loan (ILL), ScanIt, and Direct Mail to get materials delivered to you at home or via email.

Supportive Statement

I aim to create a learning environment for my students that supports various perspectives and experiences. I understand that the recent pandemic, economic disparity, and health concerns, or even unexpected life events may impact the conditions necessary for you to succeed. My commitment is to be there for you and help you meet the learning objectives of this course. I do this to demonstrate my commitment to you and to the mission of Sul Ross State University to create a supportive environment and care for the whole student as part of the Sul Ross Familia. If you feel like your performance in the class is being impacted by your experiences outside of class, please don't hesitate to come and talk with me. I want to be a resource for you.

Tutoring Center

[The Lobo Den Tutoring Center](#) offers FREE tutoring support to help you excel in your courses. Whether you need assistance in Writing, Math, Science, or other subjects, we're here to help!

Important Information:

- **Drop-in and Scheduled Appointments:** Flexible options to fit your needs.
- **Hours of Operation:** Monday–Friday, 8:00 AM – 5:00 PM.
- **Workshops:** Attend our regularly hosted academic workshops on STEM topics and professional development, often in collaboration with specialized faculty.
- **Location:** BWML Room 128.

- **Contact Us:** For more information or to book an appointment, email tutoring@sulross.edu or call (432) 837-8726.

Looking for additional support?

- **Tutor.com** offers FREE 24/7 online tutoring in over 200 subjects, including specialized support for ESL and ELL learners with native Spanish-speaking tutors.
- **Access Tutor.com via Blackboard:** Log in to your Blackboard account to get started anytime, anywhere.

Take advantage of these valuable resources to boost your confidence and performance in your classes. We look forward to helping you succeed!

Accidents & Injuries

In the case of bodily or personal property damage, the Kinesiology Department will not be held responsible. The student must report any field experience related to injury or illness to the instructor immediately. Any expense incurred due to injury or illness will be the student's responsibility.

Academic Civility Statement

Students are expected to interact with professors and peers in a respectful manner that enhances the learning environment. Professors may require a student who deviates from this expectation to leave the face-to-face (or virtual) classroom learning environment for that particular class session (and potentially subsequent class sessions) for a specific amount of time. In addition, the professor might consider the university disciplinary process (for Academic Affairs/Student Life) for egregious or continued disruptive behavior.

Academic Affairs Service Statement

Sul Ross faculty, staff, and students are expected to model responsible citizenship through service activities that promote personal and academic growth while enhancing the university, local, regional, national, and global communities. These activities will foster a culture of academic/public engagement that contributes to the achievement of the university's mission and core values.

Academic Excellence Statement

Sul Ross holds high expectations for students to assume responsibility for their own individual learning. Students are also expected to achieve academic excellence by:

- Honoring the core values of Sul Ross.
 - Upholding high standards of habit and behavior.
 - Maintaining excellence through class attendance and punctuality.
 - Preparing for active participation in all learning experiences.
 - Putting forth their best individual effort.
 - Continually improving as independent learners.
 - Engaging in extracurricular opportunities that encourage personal and academic growth.
 - Reflecting critically upon feedback and applying these lessons to meet future challenges.
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AI Policy Statement: Sul Ross State University Kinesiology Department

The Sul Ross State University Kinesiology Department is committed to upholding the highest standards of academic integrity and excellence. As artificial intelligence (AI) tools become increasingly accessible, we recognize their potential as valuable resources for learning and innovation. However, it is imperative that students use AI tools ethically and responsibly.

The improper use of AI in assignments, including but not limited to, generating content without proper attribution, submitting AI-generated work as one's own, or using AI tools to circumvent the learning process, constitutes academic dishonesty. Such actions undermine the educational goals of our programs and violate the University's Code of Conduct.

Students found to be improperly using AI for assignments may face severe consequences, including but not limited to receiving a failing grade for the assignment or course. Additionally, such violations will be referred to the Dean of Students Office for further disciplinary action, which may include probation, suspension, or expulsion from the University.

We encourage students to seek guidance from their instructors if they have any questions about the appropriate use of AI in their coursework. Our department is committed to fostering an environment of integrity, where students can achieve their academic and professional goals through honest and meaningful engagement with their studies.