



Syllabus

EDSR 7316: Practicum in Guidance and Counseling

Sul Ross State University

Summer 2026

Instructor/University Supervisor: Susan Lingle, LPC-S, LCSW, LCDC, NCC

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Office Hours: By appointment

All class questions and issues addressed by email should be in Blackboard messages. Please expect that an answer will be provided within 24-48 hours for the most part. If you call me, leave me a message that includes a telephone number where you may be reached. However, if you send me an email or call on a Friday you can expect that it may not be until Monday when you receive a response.

Required Materials

Sul Ross State University Clinical Mental Health Counseling Practicum Handbook

American Psychological Association (2020). Publication Manual of the American Psychological Association (7th ed.). Washington, DC: American Psychological Association. ISBN 978-1-4338-3217-8

Course Description

A course that provides reality field experiences in guidance and counseling in an appropriate school or agency setting; students spend a minimum of 160 clock hours under supervision in the conduction of counseling and guidance activities.

Zoom Meeting Room (online video meetings):

This course utilizes Zoom conferencing software to facilitate face-to-face, real-time meetings. To learn how to join a meeting and install the helper application go to Zoom's "How Do I Join A Meeting?" (click the link, it will open in a new window). To install the small helper application and test its functionality, go to the Zoom Join Meeting Test site (<https://zoom.us/test>) and click Join.

When you join the zoom meeting, make sure that you are joining as a future healthcare professional. Do not join the meeting from a public place, loud place, restaurant, car..... You are also expected to turn on your video during web-conferencing sessions.

Required Meeting Times:

To access my Zoom room, please go to:

<https://zoom.us/j/3926676962?pwd=THhleWJWaFJyeWc0cUhkbl0NS9nQT09>

Meeting ID: 392 667 6962

Please also note, this syllabus is a contract for learning which may be revised to correct errors or address unforeseen circumstances. The syllabus may be adjusted to meet the developmental needs of the class (not individual students). The instructor reserves the right to make any revisions to the syllabus. Students will be notified of any changes with ample time to make necessary adjustments. It is the responsibility of each student to review the syllabus carefully and in its entirety. The majority of the time, answers regarding course content and assignments may be answered by reviewing the syllabus. Additionally, exceptions to what is stated will not be taken into account (i.e. extensions, submission of late work).

PROGRAM LEARNING OUTCOMES

This course contributes to the following required program learning outcomes:

1. Students will demonstrate their ability to apply within guidance and counseling, their knowledge of human development, diversity, and factors that affect students'/clients' ability to achieve their potential.
2. Students will demonstrate their ability to plan, implement, and evaluate a developmental guidance program; this program will incorporate assessment, as well as individual and group counseling services utilizing appropriate theoretical frameworks, techniques, and interventions to address personal, interpersonal/social, educational, and career needs.

3. Students will demonstrate the ability to communicate and collaborate effectively with others in the school, with students' parents, and/or with the community in order to facilitate student/client success, and will demonstrate the ability to apply ethical, legal, and professional standards.

In accordance with CACREP best practices standards for all counselors-in-training development, the following areas will be promoted in this course:

CACREP Standards

In accordance with CACREP best practices standards for all counselors-in-training development, the following areas will be promoted in this course:

CACREP Standard	Activity	SLOs
Common Core for all students:		
2. The multiple professional roles and functions of counselors across specialty areas and their relationships with human service and integrated behavioral health care systems, including including interagency and interorganizational collaboration and consultation (IIF1b);	Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, NBCC study guide, www.counseling.org website; Texas Counseling Association website- www.txca.org	1,2,3
3. Counselors' role and responsibilities as members of an interdisciplinary community outreach and emergency management response teams (IIF1c);	Professional Affiliation, Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, , NBCC study guide, www.counseling.org website; Texas Counseling Association website- www.txca.org	1,2,3
5. Role of counseling supervision in the profession (IIF1m);	Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter review, , NBCC study guide, www.counseling.org website; Texas Counseling Association website- www.txca.org	1,2,3
6. Professional organizations, including membership benefits, activities, services to members, and current issues (IIF1f);	Professional Affiliation Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, , NBCC study guide, www.counseling.org website; Texas Counseling Association website- www.txca.org	1,2,3
7. Professional credentialing, including certification, licensure, and accreditation practices and standards, and the effects of public policy on these issues (IIF1g);	Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, NBCC study guide, www.counseling.org website; Texas Counseling Association website- www.txca.org	1,2,3
8. The role and process of the professional counselor advocating on behalf of the profession (IIF1d);	Counseling Interview, University Practicum Manual, LPC Supervisor	1,2,3

	weekly encounter, NBCC study guide, www.counseling.org website; Texas Counseling Association website- www.txca.org	
9. Advocacy processes needed to address institution and social barriers that impede access, equity, and success for clients (IIF1e); and	Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter. , NBCC study guide, www.counseling.org website; Texas Counseling Association website- www.txca.org	1,2,3
10. Ethical standards of professional organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling (IIF1i);	Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, NBCC study guide, www.counseling.org website; Texas Counseling Association website- www.txca.org	1,2,3
12. the impact of heritage, attitudes, beliefs, understandings, and acculturative experiences on an individual's view of others. (IIF2d);	Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, NBCC study guide, www.counseling.org website; Texas Counseling Association website- www.txca.org	1,2,3
14. Crisis intervention and suicide prevention models, including the use of psychological first aid strategies (IIF5m).	Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter Applicable to Mental Health authority, NBCC study guide, www.counseling.org website; Texas Counseling Association website- www.txca.org	1,2,3
Standards for Clinical Mental Health Counseling (CMHC) track		
1. Roles and setting of clinical mental health counseling (CMHC:VC1a);	Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, NBCC study guide, www.counseling.org website; Texas Counseling Association website- www.txca.org	1,2,3
2. Knows the roles and setting of clinical mental health counselors (CMHC: VC2a)	Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, NBCC study guide, www.counseling.org website; Texas Counseling Association website- www.txca.org	1,2,3
3. Mental health service delivery modalities within the continuum of care, such as inpatient, outpatient, partial treatment and aftercare, and the mental health counseling services networks. (CMHC:VC2c);	Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, NBCC study guide, www.counseling.org website; Texas Counseling Association website- www.txca.org	1,2,3
4. Knows the professional organizations, preparation standards, and credentials relevant to the practice of clinical mental health counseling (CMHC:VC2k);	Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, NBCC study guide, www.counseling.org website; Texas Counseling Association website- www.txca.org	1,2,3

5. Is aware of legal and ethical considerations specific to clinical mental health counseling (CMHC:VC2l);	Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, NBCC study guide, www.counseling.org website; Texas Counseling Association website- www.txca.org	1,2,3
6. Understands the record keeping, third party reimbursement, and other practice and management issues in clinical mental health counseling (CMHC:VC2m);	Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, NBCC Preparation , NBCC study guide, www.counseling.org website; Texas Counseling Association website- www.txca.org	1,2,3
7. Understands the impact of crises and trauma on individuals with mental health diagnosis (CMHC:VC2f);	Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, NBCC Preparation , NBCC study guide, www.counseling.org website; Texas Counseling Association website- www.txca.org - if applicable to host site	1,2,3
8. Applies knowledge of legislation and government policy relevant to clinical mental health counseling (CMHC:VC2i);	Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, NBCC Preparation , NBCC study guide, www.counseling.org website; Texas Counseling Association website- www.txca.org	1,2,3
9. Understands effective strategies for interfacing with integrated behavioral health care professionals (CMHC:VC3d)	Counseling Interview, University Practicum Manual, LPC Supervisor weekly encounter, NBCC Preparation , NBCC study guide, www.counseling.org website; Texas Counseling Association website- www.txca.org	1,2,3

Student Learning Outcomes

This course contributes to the following required student learning outcomes:

1. Students will demonstrate their ability to apply within guidance and counseling, their knowledge of human development, diversity, and factors that affect clients' ability to achieve their potential.
2. Students will demonstrate their ability to plan, implement, and evaluate a developmental counseling program; this program will incorporate assessment, as well as individual and group counseling services utilizing appropriate theoretical frameworks, techniques and interventions to address personal, interpersonal/social, educational, and career needs.

3. Students will demonstrate their ability to communicate and collaborate effectively with others in diverse settings, including the community in order to facilitate client success, and will demonstrate the ability to apply ethical, legal, and professional standards.

COURSE OBJECTIVES

The practicum is designed to provide the student intern with an opportunity to experience the process of guidance and counseling services in an actual working situation under the supervision of a certified and/or licensed professional counselor or equivalent. The practicum will include a minimum of 160 hours, of which at least 80 hours must be direct service to clients, that is, individual, group, career/vocational, and family counseling; appraisal/assessment; and, when appropriate, consultation. The other 80 hours are indirect hours and consist of paperwork and preparation for working with clientele within the realm of counseling. It is noted that the LPC board, as well as the University, encourages student interns to strive to complete 100 hours of direct service.

On completion of this experience, the practicum student should be competent to assume the role of a counselor in the setting in which the practicum was completed. The choice of setting and the competence of the on-site supervisor will greatly affect the resulting competency of the student, and should be carefully considered when the intern chooses the site.

Minimum competencies of the intern at completion of the practicum include:

1. The ability to develop a guidance/counseling program for a school or agency similar to that in which the practicum was completed;
2. The ability to provide individual, group, vocational, and assessment counseling services, and in addition, demonstrate the ability to provide efficacious consultation and referral services;
3. The ability to conduct a full and appropriate evaluation of any given client with analysis and rationale for the services needed;
4. The ability to provide clear and accurate interpretation of assessment data when appropriate;
5. The ability to work as an ethical counselor according to the American Counseling Association Code of Ethics, and where appropriate, the American School Counseling Association Code of Ethics.

EVALUATION

Your grade for this course will be determined by evidence of the quality of your learning as demonstrated by your performance on the following:

- Attachments, 1, 2, 3, 4, 5, copy of liability insurance and copy of site supervisors counseling certificate: 5%
- Goals and Objectives: 15%
- Four sets of hours and corresponding reflections: 30%
- Site supervisor's final evaluation: 50%

Course Grade:

- A: 91% - 100%
- B: 81% - 90%
- C: 71% - 80%
- F: Below 71%

NOTE: Graduate students must maintain a 3.0 GPA to remain in good standing.

PARTICIPATION REQUIREMENT

- You may not begin your Practicum before the start of the semester. You must have received approval from your university supervisor, and your documents must also have been received and accepted by your university supervisor.
- You must not assume that your site and site supervisor has been approved.
- You must check you Sul Ross Email and Blackboard messages daily.
- Zoom class will be held 3 times this semester. This is mandatory; there are no make-up classes. There is no makeup; if you do not attend, you will fail this course.
- Each week you will need send me a message in Blackboard detailing your previous week's work at your site. This message needs to be detailed (but without client identifying information) and I want you to include what you learned and what your struggles were that week.

Each intern will be expected to stay in regular communication with his/her university supervisor and will be required to respond to emails and/or telephone calls initiated by the university

supervisor within two days. If a timely response is not received, 10 points per day will be deducted from your overall grade. (No Excuses)

If you have any questions, please contact your university supervisor.

DUE DATES AND CORRESPONDING POINTS

Semester begins May 27th

- Attachments 1, 2, 3, 4, 5, 6, copy of your liability insurance policy, and a copy of your site supervisor's License due **May 31**, 100 points
- Goals and Objectives, due **June 7**, 100 points.
- Mandatory class will be held:
 - June 18** 5:30 pm – 7 pm CST
 - July 9** 5:30 pm – 7 pm CST
 - July 30** 5:30 pm – 7 pm CST
- 1st set of 40 hours and corresponding reflection, due **June 21** , 75 points.
- 2nd set of 40 hours and corresponding reflection, due **July 12**, 75 points.
- 3rd set of 40 hours and corresponding reflection, due **Aug 2**, 75 points.
- 4th set of 40 hours and final reflection, due **Aug 9**, 100 points.
- Site supervisor's final evaluation, due **Aug 9**, 100 points.

SRSU Disability Services:

The university is committed to equal access in compliance with the Americans with Disabilities Act of 1990 (ADA) and Section 504 of the Rehabilitation Act of 1973. The Disability Services Coordinator, in Counseling and Student Support Services, is responsible for ensuring that students with disabilities are provided opportunity for full participation in programs, services, and activities.

Students seeking disability services must contact the Disability Services Coordinator in the University Center, Room 211. The mailing address is P.O. Box C-171, Sul Ross State University, Alpine, TX 79832. Telephone: 432-837-8178. Fax: 432-837-8724.

We hope you have a successful practicum and look forward to working with you.

The Counseling faculty