Program (ALP) - Kinesiology and Sport Science BS

**College or Division:** Education and Professional Studies  
**Department:** Kinesiology and Human Performance  
**Assessment Coordinator:** Dr. Billy Jack Ray  
**Strategic Plan Goal(s) Supported:** Strategic Goal 1 - Promote growth in academics - research - and artistic excellence  
**Program Marketable Skills have been identified:** Yes  
**Program Marketable Skills:** Communication, Collaboration, Creativity, Career Readiness, and Critical Thinking  
**Marketable Skills Dissemination Strategy:**  
- **Communication** - Students will be asked to submit formal writings, produce PowerPoint presentations, as well as oral presentations in various courses.  
- **Collaboration** - Students will participate in Project Based Learning and Service Learning Projects in various courses.  
- **Creativity** - Students will be given the freedom to produce academic artifacts of different mediums throughout various courses.  
- **Career Readiness** - Students will have the opportunity to sharpen their professional skills in their respective Kinesiology field.  
- **Critical Thinking** - Students will be asked to problem solve a myriad of hypothetical, real world problems in various courses.  

**Statement of Purpose:** The Department of Kinesiology and Human Performance at Sul Ross State University will provide training that will prepare our students for success in their chosen Kinesiology profession through demonstration of written comprehensive competency in core Kinesiology Theories, by quantifying student internship experiences in the form of a student ePortfolio, and validating proficiencies in a variety of communication methods in core Kinesiology courses. Students who graduate from Sul Ross with a degree in Kinesiology will go on to find success in a myriad of professions such as physical educators, athletic coaches, athletic trainers, strength & conditioning coaches, personal trainers, or go on to post graduate allied health programs such as physical therapy or occupational therapy school. Students will be prepared for these fields by having been in classes taught by the highest of qualified instructors, who each have unique expertise and experiences in various kinesiology fields and use this experience to enhance the students’ Communication, Collaboration, Creativity, Career Readiness, and Critical Thinking skills. Add this with the small class sizes the Kinesiology department offers and the students are set-up to embark on real-world success in their futures.  

The faculty is a mixture of all backgrounds of the kinesiology field with international experiences and certifications, which allow for students to be engaged in the highest levels of motor learning. As recent graduate Tristen Licon stated, “The Sul Ross State University Kinesiology Department has played a large role in the academic and athletic success and experiences that have come with being a Lobo. I was given the opportunity to meet amazing people including well-knowledgeable professors who have helped prepare me for my future career as a coach. Each student is given endless opportunities to be the best they can be through the support of everyone around in the Kinesiology department. I am forever grateful to be a part of the Sul Ross family.”  

The program will promote the total well-being of students not only for a career, but for a lifetime. The Kinesiology faculty will strive to Shape Future Leaders in the Kinesiology field.

**Annual Updates**

**2019 - 2020**  
**Evidence of Improvement from Previous Assessment Cycle:** SLO 1-A Target not met; Student enrolled in PE 1301-001 and 002 Introduction to Physical Fitness and KES 2340-
001 Principles of Athletic Coaching wrote assigned research papers (PE 1301 - Historical figures in Kinesiology & Sport / KES 2340 - Coaching Philosophy). A total of 139 students were graded. A total of 122 students scored 80% and higher on their research papers. In total, 89.7% of students scored 80% percent or higher on the research paper, thus not reaching the target goal of 90%. This percentage was up from the 88% total from 2018-2019.

SLO 1-B Target not met; Fifty-seven students completed 20 question comprehensive exam reviewing seven core courses in Kinesiology. Of these 57 students, 47.3% (27) students received a score of 80% of higher. Of these 57 students, 36.8% (21 out of 57) scored 80 - 89%, and 10.5% (6 out of 57) scored 90% or better. This was dramatically better than the previous year when no students scored higher than 80% on the comprehensive exam.

SLO 2-A Target met; For the academic year 2019-2020, 91.8% of the students completing the ePortfolio review scored 80% or higher on their internship portfolio defense. Of these scores, 70.2% of the intern-students scored 100%, 16.2% scored 90 - 99%, and 5.4% scored 80 - 89%.

SLO 2-B N/A due to CoVID-19

SLO 3-B Target met; Students scoring 80% and higher on the power point presentation was 90.7%. Thirty-five students out of 54 scored 90% and higher. Thirteen students scored 80% and six students scored below 80%.

SLO 3-B Target met; In this SLO, 91.3% of the students (53 out of 58) scored 80% and higher on the writing reflection. Of this percentage, 84.9% of students (45 out of 52) scored 90% or higher, 13.8% of students (8 out of 58) scored 80%, and 8.7% of students (5 out of 58) scored below 80%.

Review History: Reviewer #1 Name, Date, and Comments:
Chris Herrera, 6/11/2020
I really like the use of rubrics for many of the SLOs, the variety of courses included in the assessment, and the comprehensive nature of the SLOS goals - as they match up to the stated marketable skills. Specifically, written communication (research paper), oral communication (e-portfolio, PPT presentation), career readiness (e-portfolio), reflection paper (?). I would suggest highlighting or at least thinking how to align each SLO goal to a specific marketable skill. Is creativity or collaboration explicitly being assessed? how?
I would also recommend a more narrative summary here. First, highlight any specific changes, new developments, or new (or loss of) faculty in undergraduate program. Then I would also provide more reflection of the use of results. For example,... "Evidence of improvement can be seen in marginal improvements in students communication, both written (SLO1A, SLO3B) and oral (SLO2A). Specifically, students demonstrated XYZ in writing; XYZ in oral communication." I would also recommend more reflection here on use of results - such as those targets not met - what can be done differently.
Lastly, highlight any future developments, changes, new faculty, expertise, etc that is coming for next year. I think there is substantial work that you are doing that is worth highlighting -cph

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**Student Learning Outcomes**

<table>
<thead>
<tr>
<th>SLO 1 - Undergraduate students will demonstrate written comprehensive competency in Core Kinesiology Theories in the courses listed: PE 3307- Kinesiology, PE 3305- Motor Development, PE 4301- Test and Measurements, and KES 3305- Physiology of Exercise.</th>
<th><strong>Assessment Methods</strong></th>
<th><strong>Results</strong></th>
<th><strong>Use of Results</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Outcome Status:</strong> Active</td>
<td><strong>Written Assignment</strong> - a. Students will be assigned a research paper on Core Kinesiology Theory. Faculty will use a scoring rubric to evaluate student proficiency levels. <strong>Target:</strong> 90% of all students will score 80% or higher on the term paper.</td>
<td><strong>Reporting Period:</strong> 2019 - 2020 <strong>Conclusion:</strong> Target Not Met Student enrolled in PE 1301-001 and 002 Introduction to Physical Fitness and KES 2340-001 Principles of Athletic Coaching wrote assigned research papers (PE1301 - Historical figures in Kinesiology &amp; Sport / KES 2340 - Coaching Philosophy). A total of 139 students were graded. A total of 122 students scored 80% and higher on their research papers. In total, 89.7% of students scored 80% percent or higher on the research paper, thus not reaching the target goal of 90%. This percentage was up from the</td>
<td><strong>Use of Results:</strong> Faculty reevaluated the goal of 90% scoring higher than 80% on the research paper and concluded that this is a viable target as an increase was made form the previous academic year. The assignments were more specifically aligned this academic year to give the students a clearer understanding of expectations.</td>
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08/17/2020

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<td><strong>SLO 2</strong> - Undergraduate students must quantify student internship experience in the form of a student portfolio that will be presented to KES 4360- Practicum in Kinesiology. <strong>Outcome Status:</strong> Active <strong>Start Date:</strong> 12/19/2018</td>
<td><strong>Portfolio Review</strong> - a. Students will compile a portfolio based on their internship experiences. Faculty will use a scoring rubric to evaluate the portfolios. <strong>Target:</strong> 90% of the students will score 80% or higher on their internship portfolio.</td>
<td><strong>Reporting Period:</strong> 2019 - 2020 <strong>Conclusion:</strong> Target Met For the academic year 2019-2020, 91.8% of the students completing the eportfolio review scored 80% or higher on their internship portfolio defense. Of these scores, 70.2% of the intern-students scored 100%, 16.2% scored 90 - 99%, and 5.4% scored 80 - 89%. (06/03/2020)</td>
<td><strong>Use of Results:</strong> Faculty will continue with the internship portfolio defense. The portfolio defense rubric will be evaluated again during the summer faculty meeting. (06/03/2020)</td>
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<tr>
<td><strong>Survey</strong> - b. Students in the internship and their supervisors will both complete a survey on the internship experience. <strong>Target:</strong> All ratings for both students and the internship supervisors will be 80% or higher.</td>
<td></td>
<td><strong>Reporting Period:</strong> 2019 - 2020 <strong>Conclusion:</strong> N/A Due to CoVID-19, this assessment could not be validated this academic year. (06/03/2020)</td>
<td><strong>Use of Results:</strong> Students were unable to complete internships in the spring semester due to CoVID-19, thus the data could not be validated. This will be re-evaluated the following academic year. (06/03/2020)</td>
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<td><strong>SLO 3</strong> - Undergraduate students will demonstrate proficiency in a variety of communication methods in core courses listed: PE 3307- Kinesiology, PE 3305- Motor Development, PE 4301- Test and Measurements, and KES 3305- Physiology of Exercise. <strong>Outcome Status:</strong> Active</td>
<td><strong>Presentation/Performance</strong> - a. Students will create a power point presentation on communication methods and human relations.interpersonal skills. Faculty will evaluate student work with a scoring rubric. <strong>Target:</strong> 90% of participants will score 80% or higher on the presentation.</td>
<td><strong>Reporting Period:</strong> 2019 - 2020 <strong>Conclusion:</strong> Target Met Students scoring 80% and higher on the power point presentation was 90.7%. Thirty-five students out of 54 scored 90% and higher. Thirteen students scored 80% and six students scored below 80%. (05/29/2019)</td>
<td><strong>Use of Results:</strong> Faculty will determine before the fall semester whether to increase the rigor in the PPT presentation rubric. (06/03/2020)</td>
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88% total from 2018-2019. (06/03/2020)

**Target:** 90% of all students will score 80% on higher on the exam.

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Use of Results: The comprehensive exam will continue to be reevaluated during the summer before the fall semester. Concerns include the low amount of questions for a comprehensive exam, quality of questions and motivation for completing the exam. (06/03/2020)

**Reporting Period:** 2019 - 2020 **Conclusion:** Target Not Met In the 2019-2020 academic year, 57 students completed 20 question comprehensive exam reviewing seven core courses in Kinesiology. Of these 57 students, 47.3% (27) students received a score of 80% of higher. Of these 57 students, 36.8% (21 out of 57) scored 80 - 89%, and 10.5% (6 out of 57) scored 90% or better. This was dramatically better than the previous year when no students scored higher than 80% on the comprehensive exam. (06/03/2020)

**Exam/Quiz - In Course** - b. Students will take a comprehensive exam over core theories in kinesiology. the test will be given in PE 4301.

Target: 90% of all students will score 80% on higher on the exam.

**Use of Results:** The comprehensive exam will continue to be reevaluated during the summer before the fall semester. Concerns include the low amount of questions for a comprehensive exam, quality of questions and motivation for completing the exam. (06/03/2020)

**Reporting Period:** 2019 - 2020 **Conclusion:** Target Met For the academic year 2019-2020, 91.8% of the students completing the eportfolio review scored 80% or higher on their internship portfolio defense. Of these scores, 70.2% of the intern-students scored 100%, 16.2% scored 90 - 99%, and 5.4% scored 80 - 89%. (06/03/2020)
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<td>Start Date: 12/19/2018</td>
<td>80% or higher on their power point presentations.</td>
<td><strong>Power point presentation rubric</strong></td>
<td><strong>Use of Results:</strong> Faculty will reevaluate the rubric during the summer. Faculty will determine whether more courses and students should be required to complete a reflection writing assignment and participate in communication related service. (06/03/2020)</td>
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<td></td>
<td><strong>Written Assignment - b. Students will complete a short writing reflection on their communication-related service.</strong></td>
<td><strong>Reporting Period:</strong> 2019 - 2020 <strong>Conclusion:</strong> Target Met <strong>In this SLO, 91.3% of the students (53 out of 58) scored 80% and higher on the writing reflection. Of this percentage, 84.9% of students (45 out of 52) scored 90% or higher, 13.8% of students (8 out of 58) scored 80%, and 8.7% of students (5 out of 58) scored below 80%. (06/03/2020)</strong></td>
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<td><strong>Target:</strong> Using the QEP scoring rubric, 90% of the students will score 80% or higher on the writing reflection.</td>
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<td><strong>Reporting Period:</strong> 2019 - 2020 <strong>Conclusion:</strong> Target Met <strong>In this SLO, 91.3% of the students (53 out of 58) scored 80% and higher on the writing reflection. Of this percentage, 84.9% of students (45 out of 52) scored 90% or higher, 13.8% of students (8 out of 58) scored 80%, and 8.7% of students (5 out of 58) scored below 80%. (06/03/2020)</strong></td>
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**Start Date:** 12/19/2018