

Counseling and Accessibility Services

432.837.8203

7am – 5pm (Monday through Friday)

Email: counseling@sulross.edu

24-Hour National Suicide Prevention Hotline: 988.273.8255

Ferguson Hall 112 - Alpine - 432.837.8203

Del Rio Academic Building 110C - RGC - 830.703.4822

The Counseling and Accessibility Office provide face-to-face and telehealth sessions in a supportive environment that helps facilitate positive change and promote mental health and emotional well-being.

The office is staffed with licensed professional counselors who provide confidential services at no cost to Sul Ross students, staff, and faculty.

Services include:

- Brief, short-term individual and group counseling
- Workshops, presentations, and other activities promoting mental health
- A comprehensive referral network to off-campus providers
- Accommodation for students with disabilities



Mary Schwartz Grisham
Director of Counseling
and Accessibility Services

Ronnie Harris
Counselor

Nicole Cohen
Administrative Specialist