



Parental Influence in Depressive Symptoms in Mexican American Female Adolescents

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Research Questions

- How does acculturation affect Latinx youth?
- What are the cultural aspects of Mexican American families and parenting?
- What are the depressive symptoms among Mexican American female Adolescents recorded in the literature?
- How are Mexican American parenting and depressive symptoms among Mexican American female Adolescents linked?

Participants in Research Studies

- The authors primarily used participants that were ages 10-18
- They were from Latinx origin
 - Mexican American
 - Puerto Rican
- Parents?



Latinx Culture

- ▶ Very family oriented and religious
- ▶ Gender roles
- ▶ Acculturation



Mexican Cultural Terms that have Conflict with Acculturation

- Machismo
- Manimiso
- Familismo



Latina/ Latino Youth

- ▶ Where they come from
- ▶ How well they speak English
- ▶ Generational Status
- ▶ Gender



Gaps in the Literature

- More Mexican-American oriented studies
- Focus on Latina youth
- Gender role discrepancies
- The role of American culture in terms of the status quo or society's role



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