



SYLLABUS

EDUC 6320 SUBSTANCE USE, ABUSE & ADDICTION

SEMESTER: Spring 2019

Thursdays 6:00 pm

PROFESSOR: Dr. Samuel Garcia, LPC-S

EMAIL: samuel.garcia@sulross.edu

PHONE: (830)703-4823

OFFICE OR ELECTRONIC ADVISING HOURS: PLEASE CALL or EMAIL TO MAKE AN APPOINTMENT:

IN-PERSON - Friday 6:00 -9:00 p.m.

VIRTUAL (Collaborate) –Anytime

Office Location: 205 Wildcat Drive, Rm. 212.

Counseling Program Web Page:

<http://www.sulross.edu/page/2301/master-education-counseling>

Dean for Sul Ross State University Rio Grande College:

<http://www.sulross.edu/news/4031/ver-nica-m-ndez-maqueo-named-dean-sul-ross-rio-grande-college>

Chair for the Education Department/Counseling Program:

<http://www.sulross.edu/faculty-and-staff/2312/professor-education> **Required Texts:**

Required Text:

Lewis, Todd F. Substance Abuse and Dependence Treatment

ISBN-13: 978-0-13-254265-4

Course Purpose: This course addresses prevention and treatment issues involved in chemical abuse and addictions for persons working in schools, community agencies, and criminal justice facilities.

Course Description: This course will examine the use, abuse and addiction of drugs in today's society. Major emphasis will be placed on the impact of substances use and abuse on the individual and on society as well as a balanced account of the physiological, psychological, and sociological aspects of drug use.

Course Objectives

Upon successfully completing this course, students will be able to:

1. Describe the standard diagnostic and assessment practices employed in the field of chemical dependency counseling.
2. Identify, describe and discuss the addictive properties and symptoms of abuse associated with the following substances: alcohol, marijuana, heroin, amphetamines, cocaine, nicotine, prescription medications, anabolic steroids, and inhalants.
3. Identify and discuss the biological factors associated with substance use, abuse and addiction.
4. Identify and discuss the environmental factors associated with substance abuse and addiction.
5. Identify and discuss the multicultural issues associated with substance abuse and addiction.
6. Identify the legal and ethical issues associated with chemical dependency treatment.
7. Describe and discuss the psychodynamic approach to the treatment of chemical dependency.
8. Describe and discuss the cognitive-behavioral approach to the treatment of chemical dependency.
9. Describe and discuss the family systems approach to the treatment of chemical dependency.
10. Identify and describe the signs and symptoms of fetal alcohol syndrome.
11. Describe and discuss current trends in child and adolescent substance abuse and addiction.
12. Identify and describe the major infectious diseases frequently caused by substance abuse.
13. Describe and discuss various therapeutic approaches.

14. Describe the affects of substance abuse and addiction on the significant others in the life of the addict.

15. Identify and describe effective substance abuse prevention strategies.

American with Disabilities Act (ADA):

Sul Ross State University is committed to equal access in compliance with the Americans with Disabilities Act of 1973. It is the student’s responsibility to initiate a request for accessibility services. Students seeking accessibility services must contact the Student Services Specialist for the specific Campus. PLEASE SEE BELOW FOR TECHNOLOGY ASSISTANCE.

Student Support Services:

Student Support Services provides students with the tools and resources they need to achieve academic success and to remove all obstacles to learning, including advising, tutoring and workshops. Tutors are available at each of the three sites, Uvalde, Del Rio, and Eagle Pass during the fall, spring and summer semesters. These tutors offer assistance in mathematics, English, History and PowerPoint presentations. Tutors schedules are posted on bulletin boards around campus as well as [online](#). Tutors are available by appointment or on a walk-in basis.

Student center computers are equipped with Grammarly (<https://www.grammarly.com/>), a software program that helps students achieve academic goals and improve their writing in essays, reports, theses, dissertations, and college entrance application. Grammarly automatically detects grammar, spelling, punctuation, word choice, and style mistakes in your writing.

Please go to: <http://www.sulross.edu/page/1568/student-services> to speak to a support service representative or visit the Student center.

Student Services Specialist are:

Del Rio – Julie Alderete (830) 703-4816
Eagle Pass – Juan Tamez (830) 758-5037
Uvalde- Celso Garza (830) 279-3027

Technology Requirements:

Hardware Requirements: The following minimum hardware and software requirements are necessary in order to access an online class through SRSU-RGC’s current version of Blackboard. Be sure to check your course syllabus and discuss technology needs with your professor as early in the class as possible.

System Requirements: The following minimum hardware and software requirements are necessary in order to access an online class through SRSU-RGC’s current version of Blackboard. Individual instructors may have additional requirements for specific classes. Be sure to check your course syllabus and discuss technology needs with your instructor as early in the class as possible.

	Minimum	Recommend
Operating System	Windows 7 or higher Mac OSX 10.8 or higher	Windows 10 Mac OS 10.12
Processor	1 GHz processor	2 GHz or faster processor
Memory	512 MB of RAM	2 GB of RAM or higher
Monitor Resolution	1024 x 768	1024 x 768 or higher
Free Hard Disk Space	5 GB of free disk space	20 GB or higher of free space
Internet Connection	Broadband (high-speed) Internet connection with a consistent minimum speed of 1.5 Mbps	Broadband (high-speed) Internet connection with a speed of 4 Mbps or higher
Internet Browser	FireFox	FireFox
Java	Java is required to use Blackboard. Visit our Java support page for information about troubleshooting Java.	
Macromedia Flash Player	Flash may be required to play videos within the Blackboard system. You can download Flash from the Adobe website.	

Students are required to have regular, reliable access to a computer with a stable broadband Internet connection. Any system older than 4 years may not have the processing power to work with our current version of Blackboard and its components.

All SRSU-RGC networked computers are configured to use Blackboard and will have software needed to complete online coursework. If additional software is needed on a SRSU-RGC lab computer, please contact the administrator of the lab for assistance.

If your computer is publicly accessed off campus or is loaned to you, you may be prohibited from downloading files or software.

The first step to see if your computer is set up for Blackboard is to check your browser compatibility. We strongly recommend Blackboard students use the latest version of [Mozilla Firefox](#) for Windows or Mac because it is the most compatible with our current Blackboard system.

Browser Downloads	PC	Mac
Mozilla Firefox	Download	Download
Safari	Download	Download
Google Chrome	Download	Download

Generally, it is a good idea to have multiple browsers installed on your system for a couple of reasons. First, you always want a plan B. If you are trying to perform time sensitive tasks in Blackboard, you don't want to waste time troubleshooting your browser or downloading a new browser. Having multiple browsers already installed allows you to quickly switch to a different browser when you have a browser related issue.

Second, it helps to rule out browser related issues. If you are having problems in one browser and not another, then you know there is something going on with your browser or its settings. If you are having the same problem in multiple browsers, then you'll know that it is either a system issue or something related to Blackboard.

Additional Software and Plug-ins: Most of the materials you will be accessing in Blackboard will consist of web pages, Microsoft documents or Adobe Acrobat files. However, instructors may choose to upload content in a variety of formats. Below you will find a list of common file types that may be used in Blackboard. The software required to view these files is given and links to downloadable versions of the software have been provided if available.

Application Downloads File Extension		PC	Mac
Adobe Acrobat Reader	.pdf	Download	Download
Microsoft Office	.doc • .docx .ppt • .pptx .xls • .xlsx .rtf • .txt	Download	Download

Microsoft Office Viewer			
Word Viewer	.doc • .docx	Download	n/a
PowerPoint Viewer	.ppt • .pptx	Download	n/a
Excel Viewer	.xls • .xlsx	Download	n/a

Video Players	Common File Extensions	PC	Mac
Macromedia Shockwave Player	.fla • .swa • .swf	Download	Download
QuickTime	.mov • .qt	Download	Download
Media Player Classic	.avi • .vlc • .wmv	Download	n/a
VLC Media Player	.avi • .vlc • .wmv	Download	Download

Additional Software	PC	Mac
Microsoft Security Essentials	Download	n/a
Ad-Aware Spyware Removal	Download	n/a
Spybot Search and Destroy	Download	n/a

Technical Skills

Technical Skills Required: Students will be required to interact through a virtual media real-time technological program (Collaborate). Moreover, students will be required to know how to send and receive emails; how to cut and paste information; how to post and download assignments onto and from Blackboard; how to access videos and post comments on discussion boards; how to take exams through Blackboard and how to access Collaborate Ultra Real-time feature. Students will also be required to access their generated grade points to measure their progress in the course. **PLEASE REVIEW Introductory Videos** to refresh your understanding of how to access and navigate through these blackboard features.

Other Technological devices/Equipment: Student computer MUST be equipped with fully functional speakers, microphone and video camera. Since this course is instructed through an enhanced video feature like Collaborate Ultra, it is important to keep background noise to a minimum so as not to distort communication; it is preferred that students use ear/headphones with attached microphones to enhance communication clarity. The student microphone icon must remain off unless speaking to help with back-feed sounds. The video camera icon MUST remain on at all times, **PLEASE REVIEW introductory Collaborate video.**

Blackboard: I have posted a course orientation video to help each student understand how to navigate through Blackboard. The Blackboard Orientation Video can be accessed by:

Logging into “Blackboard.”

- A. Select course number and name.
- B. Observe the Course men, which is categorized by submenus.
- C. The student will notice the “Menu” categorized by submenus. They are:

- 1. ORIENTATION**
- 2. COMMUNICATION**
- 3. READING ASSIGNMENT**
- 4. ASSIGNMENTS**
- 5. TOOLS**

- D. Select the “Blackboard Orientation” feature under the “Orientation” Submenu.

Students can also access the Blackboard orientation video clips designed to help students navigate and use Blackboard while taking graduate coursework. Students can access the videos by:

- E. Going to the Blackboard main page.
- F. Access the “Student Resources” located at the red top left block of the Blackboard Log-in Page.
- G. Orientation and “How to” videos are available to help the student navigate and through Blackboard.

Blackboard Representatives:

Sandy Bogus (432-837-8523) : sbogus@sulross.edu M-F 9:00 a.m. - 6:00 p.m. or
Rusty Klein (432-837-8595): rklien@sulross.edu Sat. –Sun. 11:00 a.m. - 6:00p.m.

Collaborative Streaming: As your instructor, I place heavy emphasis on Individual class participation. There will be thirteen graded collaborative meetings and they are each worth 100 points. The interactive component to this course is critical. It will enhance

your reasoning skills, which is very important to the counseling process. Your participation will facilitate others enhancing his or her reasoning skills from drawing from your rich experience(s). The intercultural experiences of students add tremendously to everyone's learning in class. Our live online streaming interaction will provide us the opportunity to review the week's theme of instruction and will also help to alleviate any issues or answer any questions that often arise when taking online coursework. I will ask many open-ended questions to elicit responses. Students will be required to participate in every classroom session.

Collaborate Ultra is a web-based system used for real-time connection. You can access the Collaborate Ultra feature by:

1. Log into Blackboard.
2. Select Course number and name.
3. View you Menu on the Left-hand side of the main course page.
4. Select "Collaborate Ultra" under the "Assignment" Sub Menu.
5. Once in "Collaborate Ultra," select "Get Launch Link."
6. Select "Join Course Room."
7. Turn on the video by depressing the Camera icon and do the same for the microphone when speaking ONLY.

Frequent "Lost connection" is NOT acceptable, and the student will be required to go to the computer lab located at the closest SRSU-RGC university site for the remainder of the semester after two class periods of lost connectivity difficulties. Such disconnection issues interrupt the class dynamics and will not be accepted. Each student is encouraged to take his or her computer hardware to the IT department to assess compatibility before classes begin to ensure standards for connectivity are acceptable. Students are also encouraged to provide the IT representative with the type of home internet service provider and specifications to determine if acceptable for collaborate ultra-connectivity. It is also recommended that your home network usage be limited to your use to prevent slowing the home network connectivity. For example, make sure others including yourself, disconnect wifi from cell phones and other programs that slow home network connection.

IT Technologist for each campus are (**PLEASE CALL BLACKBOARD REPRESENTATIVES ABOVE** for Blackboard issues):

Del Rio - Craten Knope (830)703-4818
Eagle Pass - Juan Garza (830) 758-5010
Uvalde – George Hernandez (830) 279-3045

In consideration of the current advanced mobile technology, it is imperative that students make necessary arrangements to access collaborate at the designated time. Students are not allowed to drive a vehicle or engage in an activity where safety is compromised and exposes the student into a dangerous situation.

Students with Disabilities: It is the policy of the University of Sul Ross State University-Rio Grande College to create inclusive learning environments. If there are

aspects of the instruction or design of any course that results in barriers to your inclusion or to accurate assessment of achievement-such as time-limited exams, inaccessible web content, or the use of non-captioned videos, etc. - Please notify the instructor as soon as possible.

For information about SRSU-RGC disability support services, please contact Student Service Specialist:

Mrs. Kathy Biddick
(830) 279-3003
Email: kbiddick@sulross.edu

Diversity:

Discussion and activities will include issues of diversity as they relate to specific learning objectives. All students will be encouraged to introduce topics they deem applicable to the content and process of the course, particularly those that enhance students' awareness of diversity and multicultural understanding.

Scholastic Misconduct:

As with all University courses, instructors expect students to be engaged in learning the course content. Scholastic dishonesty seriously compromises this learning and is not tolerated. The penalty for scholastic dishonesty in this class depends on the circumstances. Penalties could range from consultation with the instructor and receiving a zero (0) on the assignment in question, to failing the course and facing the University charges of scholastic misconduct.

Etiquette Expectations:

Graduate students are expected to take responsibility for his or her own academic work. Each individual will make sure to understand the content and process of all syllabi. The professor may offer assistance and your advisor may offer you direction; however, the student must demonstrate initiative and maturity to pursue understanding actively.

Students are to communicate questions or statements as directed by the professor. Etiquette considerations will include speech tone, language and expression that is respectful and clear so as to minimize ambiguity; moreover, presentation of questions or statements will not consist of any defamatory, sarcastic, degrading or disrespectful tones, whether in person, telephonically, teleconferenced, enhanced video streaming, email or any other modes of communication.

Culture often influences an individual's mode for gaining understanding and disseminating meaning. Therefore, it is imperative that individuals consider primary language, speaking style, inappropriate terms, distance between parties, eye-contact, inappropriate body language (Example: finger pointing, etc.) and disabilities that may hinder effective communication.

Attendance, Introduction and Participation:

Regular class attendance and participation are required aspects of this course.

- A major component of our first virtual class meeting will require that each student introduce himself or herself, regardless of when your first day of class commences. This will be a great time to get to know each other, since we will be spending significant time sharing each other's lens through which course content is viewed. Points of Introduction must include the following and not to exceed five minutes:
 - Full name.
 - Place of Birth.
 - Place raised
 - Describe family or culture that best describes you.
 - Your interest in your undergraduate degree.
 - Rationale for entering into the counseling program.
 - What you hope to accomplish with a Counseling training.
 - How you conclude this to be important.
- Each attendance is valued at 100 points.
- Each student is required to interact verbally by responding to questions I pose regarding points of discussion or material content, other student's perspectives and statements. Please do not type your responses, this feature in Collaborate is intended to be used for emergency or extraordinary technical circumstances and NOT a consistent form of in-class communication.
- Video reflections and are intended to evoke logical reasoning skills and these cognitive skills often advance at different stages; therefore, peer learning is encouraged by observing other students reflective writing entries.
- If you must be absent, please notify the instructor in advance. This does not excuse your absence, but flexibility may be offered for extenuating circumstances.
- Please read the assigned material before class and be prepared to discuss it. You are expected to actively and verbally participate in classroom discussions and activities.
- **Also, please consider this a friendly reminder to turn off all cell phones, noisemaking devices and back-ground noise during class.**

Late Work:

Assignments must be turned in before the beginning of next scheduled class to receive credit. If you will not be in class to turn in an assignment, it is still your responsibility to see that work is turned in on time. Late work = 0 points.

Grading/Feedback:

Most grading is technologically driven, and grades are posted immediately. However, some quizzes require professor review and grading. In cases where grading is not instantaneously, I will complete all grading two days before the next class meeting time. This will provide ample time for students to review their outcomes and prepare any questions before or during class. Asking questions in class often evokes great discussion points. Feedback of any assignment will be provided no later than two days before the next class meeting. **Students are welcome to contact me to schedule a time to meet virtually to address any questions. In the event I do not answer the phone, please leave a message, so that I may return your call; I respond to all my calls within 24-hours.**

	Qty.	Possible points	Range	
Enhanced Collaborative Streaming	13	1300 (13 x 100 pts. ea.)	A - 1300 B - 1200 C - 1100 D - 1000	A= 3670 - 4180 B= 3290 - 3535 C= 2790 - 3138 D= 2290-2538 F= < 2290
Video/Article Reflection (1 hour – Due after collaborate class)	13	1560 (13 x 120 pts. ea.) Each reflection has the potential for 120 points.	A = 1440 - 1560 B = 1320 - 1439 C = 1200– 1319 D = < 1200	
Quizzes (1 hour – Due after Video Reflection)	13	1300 (100 pts. ea.)	A = 1200 - 1300 B = 1100 - 1190 C = 1000 - 1090 D = <1000	
Research Paper	1	220 pts.	A = 210 - 220 pts. B = 180 - 200 pts. C = 160 - 170pts. D = 140 - 150 pts	
Final Exam	1	100 pts.	A = 90-100 B = 80 - 89 C = 70 –79 D = 60 - 69	

Enhanced Collaborate Streaming and Participation:

As your instructor, I place heavy emphasis on Individual class participation. The interactive component to this course is critical. It will enhance your reasoning skills, which is very important to the counseling process. Your participation will facilitate others enhancing his or her reasoning skills from drawing from your rich experience(s). The intercultural experiences of students add tremendously to everyone’s learning in class. Our live online streaming interaction will provide us the opportunity to review the week’s theme of instruction and will also help to alleviate any issues or answer any questions that often arise when taking online coursework. You will need to have high-speed

Internet service, and the *Adobe Flash Player* loaded into your personal computer. *The IT department has suggested that you use Google Chrome or FireFox as your web browser to alleviate technical difficulties.* I have placed a quick link to *Adobe Flash Player* for quick download onto his or her personal computer. Students are always welcome to use the on-campus computer lab for the Collaborate interactive weekly meetings.

Video/Article Reflection:

Students will access the Video or Article Reflection tab and review the assignment and enter a minimum 3-paragraph reflective comment regarding the assignment immediately after the collaborate class session. There will be thirteen graded video/article reflections with a potential value of 120 points for each assignment with an accumulated potential of 1560 points.

The comment must include your version of what theme or message the author is attempting to convey to his or her audience. Include any rationality, as perceived by the descriptive content; include your thoughts and emotion(s) you experienced while viewing the video, and perceptions of how the information might impact future activities. Please see the rubric below that I use to assess your skill level. You are welcome to enter a personal experience(s) recalled while viewing the video. However, please consider any confidential or sensitive information before elaborating in a public setting.

The assignments mostly consist of short video clips but may consist of an article, or a guest person presentation. You will select the topic title (Example, VR 1, etc.) for the video clip assigned for the week. The video reflection clips are located under the Video/Article Reflections submenu. After selecting the title, it is required to select the thread title. Review the video clip and enter your reflection by selecting the “Reply” feature and enter your reflection. The following rubric is provided to guide your responses.

Competency Level	Advanced (30)	Novice (20)	Student (10)	Unacceptable (0)
Competency 1 Your version of what theme or message the author is attempting to convey to his or her audience.	Student is able to identify two or more aspects of the author’s intent and the rationale that supports his or her reflection.	Student is able to identify one aspect of the author’s intent and the offers rationale that supports his or her reflection.	Student is able to identify one aspect of the author’s intent from his or her general perspective.	Student only restates the video or Text content.
Competency 2 Include any specifics the author(s) used to strengthen his or her point of view.	Student is able to identify two or more aspects of the author’s intent and the rationale that supports his or her reflection.	Student is able to identify one aspect of the author’s intent and the rationale that supports his or her reflection.	Student is able to identify one aspect of the author’s intent.	Student is unable to identify any point of views.
Competency 3. Describe your thoughts and emotion(s) you experienced while viewing the video.	Student is able to identify two or more aspects of the author’s intent and the rationale that supports his or her reflection.	Student is able to identify one aspect of the author’s intent and the rationale that supports his or her reflection.	Student is able to identify one aspect of the author’s intent.	Student only restates the video content.

Competency 4. Explain your perceptions of how the information might impact future activities.	Student is able to identify two or more aspects of the author's intent and the rationale that supports his or her reflection.	Student is able to identify one aspect of the author's intent and the rationale that supports his or her reflection.	Student is able to identify one aspect of the author's intent.	Student only restates the video content.
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Quizzes:

Weekly quizzes are designed to evaluate knowledge level comprehension for each class content reviewed. Each student will complete a quiz on a weekly basis. The quizzes are intended to ensure you can grasp the content of the assigned reading. There is a total of thirteen (13) quizzes, and each quiz has a 100-point potential. Each quiz will contain different amount of questions that correspond with the chapter content, and will consist of true and false, multiple choice, fill-in the blank and short answer questions. If you do well in your quizzes, it is very probable you will do well in the final exam. You will be given the opportunity to use your quizzes to study for the final exam.

Students will be required to complete the Quiz immediately after completing the video/Article reflection, which is completed immediately after collaborate class session. This will provide me the opportunity to provide grading and feedback for potential class discussion.

Scholarly Research Paper:

Topics:

- 1. Implications of Opioids on the brain.**
- 2. Implications of Cannabis on the brain**

Students are expected to write a scholarly research paper on a topic directly related to the study of Substance use, abuse and addiction. Since writing a scholarly research paper is a highly demanding semester-long process, there will be components of the paper due at various intervals during the semester. The **Topic, Title and Research question**, and a draft of the **Reference List** will be due near the beginning of November.

Scholarly Research Papers typically consist of 10 pages of content, a minimum of 12 empirical references reviewed in the body of the paper, and a cover page. An abstract is not necessary. **Students must adhere to the guidelines set forth in the *Publication Manual of the American Psychological Association* (6th ed.). Research papers not written in exact APA format will be returned ungraded.** You are required to strictly adhere to the writing requirements established by the APA in this 6th edition style manual. *(Please be aware that the Instructor is nearly obsessive-compulsive about students' use of appropriate APA style. Do not follow the style of a professional journal. Only follow the 6th edition style manual.)* In addition to the required student workbook and the APA manual, you may find these three web sites helpful with APA style (6th ed.) and format:

- <http://owl.english.purdue.edu/owl/resource/560/01/>
- <http://www.wooster.edu/psychology/apa-crib.html>
- <http://www.apastyle.org/elecref.html>

All research papers must review the scientific literature related to the selected topic. Emphasis should be placed on the empirical literature found in the professional journals. Begin your research immediately. It is safe to assume that very little, if any, information will exist in the junior college library, and only a rare few of your related journal articles will be in *full text* format on the various library databases. You can expect to have to rely on interlibrary loan (online through SRSU) for most of your reference materials.

Students are only allowed to search the *PsychInfo* database available through SRSU (Alpine) via the Library web

page: <https://sulross.blackboard.com/bbcswebdav/library>. No other data bases are acceptable or appropriate for graduate students in Psychopathology. This activity can be done from the computer labs or from your own home or office. You can access PsychInfo from home by going to <https://sulross.blackboard.com/bbcswebdav/library> and using your Sul Ross user name and password. Never conduct a “Google” search for a Scholarly Research Paper. You should consider Internet searches (e.g., Google, Yahoo, Excite) to be totally un scholarly and not acceptable for this research paper. I do not want to see any references to Internet sites in this scholarly paper. However, nearly all of your database searching will be online. In your Reference list you do not need to include the web link for a full-text article, just simply reference the source as a professional journal article (see APA Style Manual). These will most likely have to be ordered through Interlibrary Loan as it is highly unlikely that you will find many of your empirical articles in full text format on the PsychInfo database. (Refer to the “Library Resources” content area on the class Blackboard site.)

Your selected topic must be highly relevant to our geographic location and service population. You will not write papers on general psychopathology concepts such as depression, schizophrenia, and anxiety disorder. Instead your focus and research question must be highly refined for our particular corner of the world and our unique clientele. You are encouraged to use headings and subheadings as an organizational schema for the paper. You are also encouraged to write with a co-author and to work closely with the Instructor as the two of you research and write your co-authored Scholarly Research Paper.

Keep in mind that you have a great opportunity for having a well-written scholarly paper, one that is a unique contribution to the literature, published in professional counseling journals. The final draft of the Scholarly Research Paper is worth a total of **220 Points**. Please remember to have other people thoroughly and critically proof read your Scholarly Research Paper before submitting it to the Instructor. Scholarly Research Papers will be evaluated on the basis of:

- Readability
- APA style
- Organization
- Empirical Support
- Originality and Interest
- Topic/Title/Research Question

- Comprehensive Reference List

Included below is a general outline for the format and content of the Scholarly Research Paper. If this description does not make sense to you, please consult with the Instructor.

A. Introduction

In this beginning section of the paper, you pull the reader in. Get the reader interested in your topic. You will state the purpose of your paper and/or your research question. You should discuss the relevance and importance of this topic to the field of counseling. Why is this topic or research important or of value? Give a general overview of how the paper is laid out. Tell the reader what you intend to do in this paper. (**Caution:** Never use first person in a Scholarly Research Paper. Never say, “I” or “me” or anything similar. Say things like, “The purpose of this research paper is to . . .”)

B. Review of Related Research

Obviously, this is the most important section of the Scholarly Research Paper. This is the “meat-and-potatoes.” This section should be divided into various subheadings, depending on your topic, to facilitate smooth and easy reading. You will decide on your subheadings based upon your topic and how you want to present the studies. Organize this section in a logical format such as reviewing the more general (or least related) research first and working down to the most specific (and most closely related) research. You must review and discuss each study (at least 15 empirical articles). When reviewing a study always present and discuss the following factors for each of the 15 studies: purpose of research, methods employed, results and findings, interpretation of findings/researcher’s conclusions, and criticisms and limitations of the study. Throughout this section of the paper you will need to periodically summarize your findings and tie them back into your thesis statement.

Many students purpose topics and research questions which are original. This is referred to as “original research,” and it means that you are exploring a topic or research question that has not been thoroughly investigated. This is great! You will need to “extrapolate” from research studies that are closely related to your topic, and then draw conclusions from those findings. You will still need to thoroughly review at least 12 empirical studies.

C. Conclusion or Discussion

In this section you will pull it all together. Synthesize and integrate the important points from your Review of Related Research. From this section the reader gets to know what you found in a concise and straight-forward fashion. Reiterate the relevance of this research to the field of counseling and discuss implications of your findings to counseling. Also include discussion on further (or future) research that is needed in this area (your topic).

D. Summary

This section is basically like an abstract but is included at the end of the Scholarly Research Paper. In two or three paragraphs, summarize precisely and concisely your purpose, your findings, and your conclusions.

E. References

Include all references in appropriate APA format. Remember that everything cited in the body of the paper must be included in your References; and every reference citation in your References must be cited in the body of your paper.

Final Exam:

The final exam is a 50-question True/False, multiple-choice and fill-in the blank questions that are designed to assess comprehensive, application, analysis, synthesis and evaluative consideration of knowledge gained over the semester. The final exam primarily derives from the weekly quizzes, forum activities and collaborate content and has a 100-point potential. The exam will be posted on Blackboard on the designated date and each student will have two hours to complete the exam.

PROPOSED COURSE OUTLINE

DATE	TOPIC, ASSIGNMENT DUE AND READINGS
Jan. 24	Introduction: Professor and Student Introduction Syllabus Review Orientation Videos Collaborate: Tuesday, 7:00 p.m.
Jan, 31	Chapter 1: Introduction Quiz 1: VR 1: Matrix Treatment – Roadmap For Recovery Group Collaborative Discussion: Tues. & Thurs, 7:00 pm
Feb. 7	Chapter 2: Terms, Models, and Ethical Issues in Substance Abuse and Addiction Quiz 2 Research Topic/Title Due VR 2 The Ethics of Addiction with Matt Noffs Group Collaborative Discussion: Tues. & Thurs, 7:00 pm

<p>Feb. 14</p>	<p>Chapter 3: Substance Classifications, Effects, and associated dangers</p> <p>Quiz 3</p> <p>Research Question Due</p> <p>VR 3: 1) 10 Dangerous Effects of Drugs on The Human Body 2) The Rise of Fentanyl: Drug Addiction On The I-95 – Two Years On 3) Flaka The Drug News Flakka Drug Flakka Virus 2018-USA Flaka-Zombies – 2018 4) The Secret Life of a Drug Addict</p> <p>Group Collaborative Discussion: Tues. & Thurs, 7:00 pm</p>
<p>Feb. 21</p>	<p>Chapter 4: Assessment, Diagnostic, and Treatment Planning</p> <p>Article: Stages of Change</p> <p>Assessment Tools: DAST, CAGE, AUDIT, CRAFFT, MAST</p> <p>Quiz 4</p> <p>VR 4 1) Evidence-Based Treatment Planning fo Substance Use Disorders 2) Individualized Treatment Plans for Alcohol and Drug Addiction 3) Treatment Planning for Substance Use Disorder</p> <p>Group Collaborative Discussion: Tues. & Thurs, 7:00 pm</p>
<p>Feb. 28</p>	<p>Chapter 5: Motivational Interviewing</p> <p>Quiz 5</p> <p>VR 5: 1) Introduction to Motivational interviewing 2) Motivational Interviewing (MI) with William Miller 3) Rounder</p> <p>Group Collaborative Discussion: Tues. & Thurs, 7:00 pm</p>
<p>Mar. 7</p>	<p>Chapter 6: Cognitive Behavioral therapy</p> <p>Quiz 6</p> <p>VR 6: Cognitive Behavioral Therapy for Addiction</p> <p>Group Collaborative Discussion: Tues. & Thurs, 7:00 pm</p>

<p>Mar. 14</p>	<p>Chapter 7: Relapse Prevention in the Treatment of Substance Abuse and Addiction</p> <p>Quiz 7</p> <p>Research Reference List Due</p> <p>VR 7: Relapse Prevention for Counseling CEUs for LPC, LMHC, LCSW, Addiction and Substance Abuse Counselors</p> <p>Group Collaborative Discussion: Tues. & Thurs, 7:00 pm</p>
<p>Mar. 21</p>	<p>Chapter 8: Applying Group Theory in the Treatment of Substance Abuse and Addiction</p> <p>Quiz 8</p> <p>VR 8: TIP41 Group Therapy for Counseling Training and CEUs for LPC and Addiction Counselors</p> <p>Group Collaborative Discussion: Tues. & Thurs, 7:00 pm</p>
<p>Mar. 28</p>	<p>Chapter 9: Applying family Systems approaches in the treatment of Substance abuse and addiction</p> <p>Quiz 9</p> <p>VR 9: 1) Substance Abuse and Bowen Theory 2) Addiction and Family Systems, Jim Savage</p> <p>Group Collaborative Discussion: Tues. & Thurs, 7:00 pm</p>
<p>Apr. 4</p>	<p>Article: Stress, Motivation, and Drug Addiction</p> <p>Quiz 10</p> <p>VR 10: 1) 15th March 2017: Dr Frances Dark - Neuroscience & motivation within mental health & alcohol and drug 2) Khan Academy Medicine. Drug Abuse & Addiction</p> <p>Group Collaborative Discussion: Tues. & Thurs, 7:00 pm</p>

Apr. 11	<p>Chapter 10: Solution-Focused Therapy in the Treatment of Substance Abuse and Addiction</p> <p>Quiz 11</p> <p>VR 11: Solution Focused Recovery Coaching</p> <p>Group Collaborative Discussion: Tues. & Thurs, 7:00 pm</p>
Apr. 18	<p>Chapter 12: Gestalt Therapy Treatment of Substance Abuse and Addiction</p> <p>Quiz 12</p> <p>Research Rough Draft Available for Review</p> <p>VR 11: 1) Gestalt Therapy and Harm Reduction – Scott Kellogg 2) What is Gestalt Therapy</p> <p>Group Collaborative Discussion: Tues. & Thurs, 7:00 pm</p>
Apr. 25	<p>Chapter 13: Existential Therapy in the Treatment of Substance Abuse and Addiction</p> <p>Quiz 13</p> <p>Research Rough Draft Available for Review</p> <p>VR 13: 1) Existential Therapy 2) Three Approaches to Treating Addiction by Dr. Bob Weathers</p> <p>Group Collaborative Discussion: Tues. & Thurs, 7:00 pm</p>
May 2	<p>Research Paper Due</p> <p>Final Exam</p>