



SUL ROSS
KINESIOLOGY DEPARTMENT

SRSU 1101-008
First Year Seminar
Fall 2020

Dr. Billy Jack Ray

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Office Hours: Monday 8-9:30 & 11-2, Tuesday 8-9 & 11-12, Wednesday 11-2, and Thursday 11-12.
By appointment (email to set an appointment)
Meeting: Wednesday 1 – 1:50 pm GPC 106 / Zoom Teleconferencing
Required Text: None

Mission:

The mission of First-Year Seminar is to provide first-year students an opportunity (1) to experience and develop knowledge, behaviors and attitudes that promote successful college study and positive campus participation, and (2) to appreciate multiple perspectives that reflect intellectual and cultural diversity within and beyond college.

Course Description:

First-Year Seminar is designed to help students develop strategies and skills necessary for a successful college career. Topics include adjusting to college, setting academic goals, managing time and keeping organized, learning and studying in college, preparing for and taking tests, understanding college policies and regulations, and accessing and using SRSU computer technology. Students will learn about SRSU's resources, activities, and rich cultural diversity. Throughout the course, students will use critical thinking skills to make informed choices, to understand their responsibilities for academic success, and to become independent, motivated learners.

All First-Year Seminars have the same five common goals. The student will be able to:

1. expand and deepen his/her understanding of the world and of self
2. enhance his/her ability to read and think critically
3. enhance his/her ability to communicate effectively, in writing, speech, and other appropriate forms
4. develop the fundamentals of information literacy and library research
5. work closely with a faculty mentor

Student Learning Outcomes:

1. Implement personal time management strategies based on short and long term goals.
2. Describe behaviors that support personal responsibility for learning, characteristics of an effective learner, techniques that promote student success and problem-solving of academic issues, and be able to discuss respect, civility, and academic integrity at SRSU.

3. Describe institution, department, and course requirements to earn a college degree and be able to identify SRSU policies in relation to them.
4. Identify and/or utilize college resources, activities, and events and demonstrate use of SRSU technology: student e-mail, SRSU website, Blackboard, and Lobo Online.
5. Exhibit financial literacy in relation to college and beyond.
6. Discuss the importance of SRSU in the larger community.

Attendance & Class Participation: Attendance is Mandatory. You will be allotted 1 free absence, every absence afterward will result in the dropping of a letter grade.

Classroom Behaviors: You will be expected to conduct yourself as an adult. No hats, caps, beanies, or hoodies are allowed in class.

Academic Honesty: “The University expects all students to engage in all academic pursuits in a manner that is beyond reproach and to maintain complete honesty and integrity in the academic experiences both in and out of their classroom. The University may initiate disciplinary proceedings against a student accused of any form of academic dishonesty, including but not limited to, cheating on an examination or other academic work, plagiarism, collusion, and the abuse of resource materials.”

--Excerpt from the Student Handbook

Special Needs: It is Sul Ross State University policy to provide reasonable accommodations to students with disabilities. If you would like to request such accommodations because of a physical, mental, or learning challenge, please contact the ADA Coordinator in the Counseling office in Ferguson Hall, Room 112. The mailing address is PO Box C-122, Alpine, TX 79832. E-mail: mschwartz@sulross.edu

Late Work: No late work will be accepted without previous conversation.

Attendance

Attendance for class is mandatory. Every class day is a grade. You will receive 100% credit for being on time, 75% credit for being tardy. **One letter grade will be deducted for every absence after four (2).**

GRADING POLICIES/TESTING/ASSIGNMENTS/ATTENDANCE/EXPECTATIONS

Grade calculation	% of Grade	Grading Scale
Attendance	10% (100 points)	1253 – 1400 A
Introduction	10% (100 points)	1113 – 1252 B
CSI Learning Styles Results	10% (100 points)	973 – 1112 C
Title IX Paper	10% (100 points)	833 – 972 D
SRSU Traditions	10% (100 points)	832 and Below F
Personality Test	10% (100 points)	
SRSU Student Organizations	10% (100 points)	
Goals	10% (100 points)	
CSI Paper	20% (200 points)	Total Points = 1000

No Late Assignments Will Be Accepted. Also, No Credit Will Be Given For Any Late Assignments

Course Schedule

	<u>Wednesday</u>	<u>Blackboard Assignment</u>
<u>Week 1</u>	Welcome to Sul Ross! IceBrakers	No Assignment
<u>Week 2</u>	Blackboard, SRSU Email, Lobo Online (LOL)	No Assignment
<u>Week 3</u>	Introductions	Introduction Discussion Board 09-11-2020
<u>Week 4</u>	Learning Styles / Study Skills / Note Taking	No Assignment
<u>Week 5</u>	SRSU Student Organizations	Student Organizations Discussion Board 09-25-2020
<u>Week 6</u>	Time Management / Stress Management	No Assignment
<u>Week 7</u>	Title IX	Title IX Paper 10-09-2020
<u>Week 8</u>	Mid-Terms	No Assignment
<u>Week 9</u>	SRSU Traditions	SRSU Traditions Discussion Board 10-23-2019
<u>Week 10</u>	Money Management / Financial Aid	No Assignment
<u>Week 11</u>	Personality Traits	Personality Traits Paper 11-06-2019
<u>Week 12</u>	Plagiarism / Information Literacy	No Assignment
<u>Week 13</u>	Setting Goals	Goals Discussion Board 11-20-2019
<u>Week 14</u>	Thanksgiving Week No Class	
<u>Week 15</u>	Staying Motivated	No Assignment
<u>Week 16</u>	Final Exam Week	

Important University Dates:

8/27	Last day to add a class to your schedule
9/09	Last day to drop a course (without it counting against you)
9/25	University "Meal on the Mall"
10/19	Mid-term
11/13	Last day to drop a course with a "W" (by 4pm)
11/25-27	Thanksgiving Holiday
12/2	Last class day before finals
12/3	"Dead Day"
12/4, 7-9	Final Exams
12/11	Graduation begins at 7pm
12/12	Res halls close at Noon

Distance Education Statement

Students enrolled in distance education courses have equal access to the university's academic support services, such as Smarthinking, library resources, online databases, and instructional technology support. For more information about accessing these resources, visit the SRSU website. Students should correspond using Sul Ross email accounts and submit online assignments through Blackboard, which requires secure login information to verify students' identities and to protect students' information. The procedures for filing a student complaint are included in the student handbook. Students enrolled in distance education courses at Sul Ross are expected to adhere to all policies pertaining to academic honesty and appropriate student conduct, as described in the student handbook. Students in web-based courses must maintain appropriate equipment and software, according to the needs and requirements of the course, as outlined on the SRSU website.

Academic Honesty:

Each student is expected to do his or her own work. Suspected cheating will be given the rightful due process, but will be subjected to an "F" given for the assignment/exam. Plagiarized work will receive an "F" for that assignment. All written work is subject to inspection for plagiarism. The university's academic honesty policy is published in the graduate catalog.

Accidents & Injuries

In the case of bodily or personal property damage, the Kinesiology Department will not be held responsible. The student must report any field experience related injury or illness to the Instructor immediately. Any expense incurred due to injury or illness will be the student's responsibility.

Academic Integrity Statement

Academic integrity represents the choice to uphold ethical responsibility for one's learning within the academic community, regardless of audience or situation.

Academic Civility Statement

Students are expected to interact with professors and peers in a respectful manner that enhances the learning environment. Professors may require a student who deviates from this expectation to leave the face-to-face (or virtual) classroom learning environment for that particular class session (and potentially subsequent class sessions) for a specific amount of time. In addition, the professor might consider the university disciplinary process (for Academic Affairs/Student Life) for egregious or continued disruptive behavior.

Academic Affairs Service Statement

Sul Ross faculty, staff, and students are expected to model responsible citizenship through service activities that promote personal and academic growth while enhancing the university, local, regional, national, and global communities. These activities will foster a culture of academic/public engagement that contributes to the achievement of the university's mission and core values.

Academic Excellence Statement

Sul Ross holds high expectations for students to assume responsibility for their own individual learning. Students are also expected to achieve academic excellence by:

- Honoring the core values of Sul Ross.
- Upholding high standards of habit and behavior.
- Maintaining excellence through class attendance and punctuality.
- Preparing for active participation in all learning experiences.
- Putting forth their best individual effort.
- Continually improving as independent learners.
- Engaging in extracurricular opportunities that encourage personal and academic growth.
- Reflecting critically upon feedback and applying these lessons to meet future challenges.

ADA Statement

Sul Ross State University is committed to equal access in compliance with the Americans with Disabilities Act of 1973. It is the student's responsibility to initiate a request for accessibility services. Students seeking accessibility services must contact Mary Schwartze, M. Ed., L.P.C., in Counseling and Accessibility Services, Ferguson Hall, Room 112. The mailing address is P.O. Box C-122, Sul Ross State University, Alpine, Texas 79832. Telephone: 432-837-8691. E-mail: mschwartze@sulross.edu .