KES 3316: River Recreation & Water Craft Safety  
Department of Kinesiology & Human Performance  
Sul Ross State University  
Fall 2021

Instructor Information  
Name: Dr. Chris Herrera, PhD, MBA  
Office: GPC 101A  
Office Hours: Mon-Friday, 130pm-330pm, or by appointment  
Phone: 432.837.8375 Email: Christopher.Herrera@sulross.edu

Classroom Lectures  
Date/Time: Fridays: 11am to 130pm  
Location: CAMPUS POOL

Course Description  
Acquiring an understanding and application of basic paddling skills on various water craft (river board, kayaks, rafts, canoes, inflatables, etc.) Additional content includes: aspects of safety, river policy, history, culture, careers/guiding, equipment maintenance/storage, river camping and leadership. Field days required (1-3 days).

Textbook  
None; Things to Bring to the Every Class

- Swim suit & towel  
- Synthetic shirt (optional, but will keep you a bit warmer)  
- Water bottle & snack  
- Strap for glasses or goggles to protect contacts  
- Completed Medical Form (By 2nd class meeting)

Student Learning Outcomes  
Upon successful completion of the course students will:

- Develop an understanding of water-based recreation for health and sport  
- Gain an understanding of basic canoe, kayak, and SUP skills  
- Learn about the safety considerations when planning a water-recreation trip  
- Apply leadership theory in an outdoor adventure setting  
- Develop excitement for further pursuit of outdoor education
Grade Requirements & Points Distribution

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Points x No of Category Points Subtotal</th>
<th>Due Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Weekly Discussion</td>
<td>25ptsx10</td>
<td>250</td>
</tr>
<tr>
<td>Swim Test</td>
<td>100pts x1</td>
<td>50</td>
</tr>
<tr>
<td>Water Craft Skills Eval</td>
<td>100pts x3</td>
<td>300</td>
</tr>
<tr>
<td>Leadership/Multi-media assignment</td>
<td>100pts x 1</td>
<td>100</td>
</tr>
<tr>
<td>Outdoor Experience Reflection</td>
<td>100pts x1</td>
<td>100</td>
</tr>
<tr>
<td>Book Report</td>
<td>100pts x1</td>
<td>100</td>
</tr>
<tr>
<td>Trip Planning – Presentation/Written</td>
<td>100pts x1</td>
<td>100</td>
</tr>
<tr>
<td>Letter Grade (as per SRSU policy)</td>
<td>x/1000pts</td>
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Required Field Trip
Students are required to participate in **at least one** of the following recreation trips:

- Balmorhea Lake
- Rio Grande (optional)

Note: Recreation and safety equipment, transportation, and water will be provided on all trips. Students are required to bring a snack/lunch or money for the same (e.g. $10/trip). For all trips – students will meet at GPC entrance (near the ping pong table) at 8am; we will pack the vehicle and leave by 9am. We will return by 5pm on the same day.

CURRICULUM NOTE: We recognize that weather, conditions, and student characteristics (previous experience, physical ability, group dynamics, etc.) will partially dictate what can be covered in a given class. This is an introductory course and topics covered may include the following:

**Book Club**
You will have the choice to read ‘Death in Big Bend’, ‘Tales of the Big Bend’ or some other Big Bend & outdoor themed text. Book report will either be a 4 page, APA style report, or a 15 minute presentation – given to this class and other students. All book choices must be approved by faculty on or before 17 Sept 2021.
<table>
<thead>
<tr>
<th>Day/Date</th>
<th>Activity</th>
<th>Notes</th>
</tr>
</thead>
</table>
| Sept 3   | WATER SAFETY & SWIM TESTS  
A Group: 11-1215 (NON-SPORT)  
B Group: 1215-130 (SPORT) | Journal 2 – Kayak |
| Sept 10  | Watercraft Skills – Kayak  
A Group: 11-1215 (NON-SPORT)  
B Group: 1215-130 (SPORT→ PACK TRAILER) | Journal 3 - Canoe  
9/12 TRIP: Balmorhea Lake |
| Sept 17  | Watercraft Skills – Canoe  
B Group: 11-1215 (SPORT)  
A Group: 1215-130 (NON-SPORT→ PACK TRAILER) | Journal 4 – SUP  
9/19 TRIP: Balmorhea/Rio Grande  
(SPORT GROUP B) |
| Sept 24  | Watercraft Skills – SUP  
A Group: 11-1215 (NON-SPORT)  
B Group: 1215-130 (SPORT→ PACK TRAILER) | Journal 5 - Leadership  
9/26 TRIP: Balmorhea/Rio Grande  
(SPORT GROUP B) |
| Oct 1    | Multi-media Day  
B Group: 11-1215 (SPORT)  
A Group: 1215-130 (NON-SPORT→ PACK TRAILER) | Journal 6 - Leadership  
Multi-media Assignment |
| Oct 8    | Leadership Activity / Multi-media  
A Group: 11-1215 (NON-SPORT)  
B Group: 1215-130 (SPORT→ PACK TRAILER) | Journal 7 – Outdoor Pursuits  
Outdoor Reflection Paper DUE |
| Oct 15   | Leadership Activity  
B Group: 11-1215 (SPORT)  
A Group: 1215-130 (NON-SPORT) | Journal 8 – Outdoor Pursuits  
LEADERSHIP ACTIVITY |
| Oct 22   | NO CLASS – TPU; FINISH BOOK | FINISH BOOK |
| Oct 29   | Book Club Journal – GPC 108  
ALL: 11-130pm | Journal 9 – Trip Planning  
REDO WATERCRAFT TESTS |
| Nov 5    | Trip Planning Activity – GPC 108  
ALL: 11-130pm | Journal 10 – Trip Planning  
REDO WATERCRAFT TESTS |
| Nov 12   | PRESENTATIONS – GPC 108  
ALL 11AM-130PM | BOOK REPORT DUE |
| Nov 19   | PRESENTATIONS – GPC 108  
ALL 11AM-130PM | TRIP PLANNING WRITTEN DUE |
| Nov 26   | NO CLASS - Thanksgiving | NO CLASS - Thanksgiving |
| Dec 3    | | FINALE |
ACADEMIC INTEGRITY
Students in this class are expected to demonstrate scholarly behavior and academic honesty in the use of intellectual property. A scholar is expected to be punctual, prepared, and focused. Meaningful and pertinent participation is required. Examples of academic dishonesty include, but are not limited to:

- Turning in work as original that was used in whole for another course and/or professor;
- Turning in another person’s work as one’s own;
- Copying from professional works or internet sites without citation.

Any of these offenses will result in a zero for the assignment with no option to redo for credit

ATTENDANCE/EXCESSIVE ABSENCES
ATTENDANCE IN THIS CLASS IS MANDATORY – POINTS ARE EARNED FOR YOUR PARTICIPATION IN CLASS JOURNALS AND ACTIVITIES. An absence because of participation in an official University activity is considered to be an authorized/excused absence. While every effort will be made by departments to minimize missed class time of students by careful scheduling of authorized University activities, when a student has to miss a class due to an authorized University activity, it will be the responsibility of the student to notify the instructor of the class in advance. The department responsible for the authorized University activity will also notify instructors through the Student Life Office by providing an excused absence list to the office. Instructors will give students participating in an authorized University activity the opportunity to make up class work, including tests, within a reasonable time and at the convenience of the instructor. The instructors may, at their discretion, drop a student from a course when the student has a total of nine absences (or equivalent for classes meeting one or two days). A student who is dropped from a course for excessive absences will be notified in writing by the Center for Enrollment Services after the drop has been approved by the Provost and Vice President for Academic and Student Affairs. Any student dropped for excessive absences will receive either an “F” or a “W” depending upon the faculty member’s discretion.

LATE ASSIGNMENTS
A 5% per day deduction will apply to all late assignments and tests; up to 30% may be deducted for late work. Late assignments more than 7 days without designated approval from instructor.

Blackboard Support
Bookmark the TSUS Blackboard Portal Page
Please contact blackboardsupport@sulross.edu with any SRSU Blackboard questions or concerns.

SRSU DISABILITY SERVICES
The University is committed to equal access in compliance with the Americans with Disabilities Act of 1990 and Section 504 of the Rehabilitation Act of 1973. The Disability Services Coordinator in Counseling and Student Support Services has the responsibility to ensure students with disabilities the opportunity for full participation in programs, services and activities. Students seeking disability services need to contact the Disability Services Coordinator located in the University Center Room 211. The mailing address is PO Box C-171, Sul Ross State University, Alpine, Texas 79832. The telephone is 432-837-8178; fax is 432-837-8724.