

KES 3316: River Recreation & Water Craft Safety

Department of Kinesiology & Human Performance

Sul Ross State University

Fall 2021

Instructor Information

Name: Dr. Chris Herrera, PhD, MBA

Office: GPC 101A

Office Hours: Mon-Friday, 130pm-330pm, or by appointment

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Classroom Lectures Date/Time: Fridays: 11am to 130pm

Location: CAMPUS POOL

Course Description

Acquiring an understanding and application of basic paddling skills on various water craft (river board, kayaks, rafts, canoes, inflatables, etc.) Additional content includes: aspects of safety, river policy, history, culture, careers/guiding, equipment maintenance/storage, river camping and leadership. Field days required (1-3 days).

Textbook

None; **Things to Bring to the Every Class**

- Swim suit & towel
- Synthetic shirt (optional, but will keep you a bit warmer)
- Water bottle & snack
- Strap for glasses or goggles to protect contacts
- Completed Medical Form (By 2nd class meeting)

Student Learning Outcomes

Upon successful completion of the course students will:

- Develop an understanding of water-based recreation for health and sport
- Gain an understanding of basic canoe, kayak, and SUP skills
- Learn about the safety considerations when planning a water-recreation trip
- Apply leadership theory in an outdoor adventure setting
- Develop excitement for further pursuit of outdoor education

Grade Requirements & Points Distribution

Requirement	Points x No of	Category Points Subtotal	Due Dates
Weekly Discussion	25ptsx10	250	Wednesday, Weekly
Swim Test	100pts x1	50	9/3/2021
Water Craft Skills Eval	100pts x3	300	9/12 - Canoe 9/19 - Kayak 9/26 - SUP
Leadership/Multi-media assignment	100pts x 1	100	10/17
Outdoor Experience Reflection	100pts x1	100	10/23
Book Report	100pts x1	100	11/14
Trip Planning – Presentation/Written	100pts x1	100	11/21
Letter Grade (as per SRSU policy)		x/1000pts	

Required Field Trip

Students are required to participate in **at least one** of the following recreation trips:

- Balmorhea Lake
- Rio Grande (optional)

Note: Recreation and safety equipment, transportation, and water will be provided on all trips. Students are required to bring a snack/lunch or money for the same (e.g. \$10/trip). For all trips – students will meet at GPC entrance (near the ping pong table) at 8am; we will pack the vehicle and leave by 9am. We will return by 5pm on the same day.

CURRICULUM NOTE: We recognize that weather, conditions, and student characteristics (previous experience, physical ability, group dynamics, etc.) will partially dictate what can be covered in a given class. This is an introductory course and topics covered may include the following:

Book Club

You will have the choice to read 'Death in Big Bend', 'Tales of the Big Bend' or some other Big Bend & outdoor themed text. Book report will either be a 4 page, APA style report, or a 15 minute presentation – given to this class and other students. All book choices must be approved by faculty on or before 17 Sept 2021.

Class Calendar – changes permitted, announced in class

Day/Date	Activity	Notes
Aug 27	Syllabus Review, Class Expectations, Medical Waiver, Equipment, Safety, Icebreaker Activity, Groups, Trips, Book Club	Journal 1 – Water Safety
Sept 3	WATER SAFETY & SWIM TESTS A Group: 11-1215 (NON-SPORT) B Group: 1215-130 (SPORT)	Journal 2 – Kayak
Sept 10	Watercraft Skills – Kayak A Group: 11-1215 (NON-SPORT) B Group: 1215-130 (SPORT → PACK TRAILER)	Journal 3 - Canoe 9/12 TRIP: Balmorhea Lake
Sept 17	Watercraft Skills – Canoe B Group: 11-1215 (SPORT) A Group: 1215-130 (NON-SPORT → PACK TRAILER)	Journal 4 – SUP 9/19 TRIP: Balmorhea Lake (SPORT GROUP B)
Sept 24	Watercraft Skills – SUP A Group: 11-1215 (NON-SPORT) B Group: 1215-130 (SPORT → PACK TRAILER)	Journal 5 - Leadership 9/26 TRIP: Balmorhea/Rio Grande (SPORT GROUP B)
Oct 1	Multi-media Day B Group: 11-1215 (SPORT) A Group: 1215-130 (NON-SPORT → PACK TRAILER)	Journal 6 - Leadership Multi-media Assignment
Oct 8	Leadership Activity / Multi-media A Group: 11-1215 (NON-SPORT) B Group: 1215-130 (SPORT → PACK TRAILER)	Journal 7 – Outdoor Pursuits Outdoor Reflection Paper DUE
Oct 15	Leadership Activity B Group: 11-1215 (SPORT) A Group: 1215-130 (NON-SPORT)	Journal 8 – Outdoor Pursuits LEADERSHIP ACTIVITY
Oct 22	NO CLASS – TPU; FINISH BOOK	FINISH BOOK
Oct 29	Book Club Journal – GPC 108 ALL: 11-130pm	Journal 9 – Trip Planning REDO WATERCRAFT TESTS
Nov 5	Trip Planning Activity – GPC 108 ALL: 11-130pm	Journal 10 – Trip Planning REDO WATERCRAFT TESTS
Nov 12	PRESENTATIONS – GPC 108 ALL 11AM-130PM	BOOK REPORT DUE
Nov 19	PRESENTATIONS – GPC 108 ALL 11AM-130PM	TRIP PLANNING WRITTEN DUE
Nov 26	NO CLASS - Thanksgiving	NO CLASS - Thanksgiving
Dec 3		FINAL

ACADEMIC INTEGRITY

Students in this class are expected to demonstrate scholarly behavior and academic honesty in the use of intellectual property. A scholar is expected to be punctual, prepared, and focused. Meaningful and pertinent participation is required. Examples of academic dishonesty include, but are not limited to:

- Turning in work as original that was used in whole for another course and/or professor;
- Turning in another person's work as one's own;
- Copying from professional works or internet sites without citation.

Any of these offenses will result in a zero for the assignment with no option to redo for credit

ATTENDANCE/EXCESSIVE ABSENCES

ATTENDANCE IN THIS CLASS IS MANDATORY – POINTS ARE EARNED FOR YOUR PARTICIPATION IN CLASS JOURNALS AND ACTIVITIES. An absence because of participation in an official University activity is considered to be an authorized/excused absence. While every effort will be made by departments to minimize missed class time of students by careful scheduling of authorized University activities, when a student has to miss a class due to an authorized University activity, it will be the responsibility of the student to notify the instructor of the class in advance. The department responsible for the authorized University activity will also notify instructors through the Student Life Office by providing an excused absence list to the office. Instructors will give students participating in an authorized University activity the opportunity to make up class work, including tests, within a reasonable time and at the convenience of the instructor. The instructors may, at their discretion, drop a student from a course when the student has a total of nine absences (or equivalent for classes meeting one or two days). A student who is dropped from a course for excessive absences will be notified in writing by the Center for Enrollment Services after the drop has been approved by the Provost and Vice President for Academic and Student Affairs. Any student dropped for excessive absences will receive either an "F" or a "W" depending upon the faculty member's discretion.

LATE ASSIGNMENTS

A 5% per day deduction will apply to all late assignments and tests; up to 30% may be deducted for late work. Late assignments more than 7 days without designated approval from instructor.

Blackboard Support

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Blackboard questions or concerns.

SRSU DISABILITY SERVICES

The University is committed to equal access in compliance with the Americans with Disabilities Act of 1990 and Section 504 of the Rehabilitation Act of 1973. The Disability Services Coordinator in Counseling and Student Support Services has the responsibility to ensure students with disabilities the opportunity for full participation in programs, services and activities. Students seeking disability services need to contact the Disability Services Coordinator located in the University Center Room 211. The mailing address is PO Box C-171, Sul Ross State University, Alpine, Texas 79832. The telephone is 432-837-8178; fax is 432-837-8724.