



SUL ROSS
KINESIOLOGY DEPARTMENT

PE 2304
Individual Skills & Team Sports
Spring 2021

Dr. Billy Jack Ray
Assistant Professor - Kinesiology

Office: Grace-Pierce 101
Phone: 432/837-8444 office
Email: billy.ray@sulross.edu
Office Hours: Monday 1-4, Tuesday/Thursday 9-12, Wednesday 10-11, and Friday by appointment only.
By appointment (email to set an appointment)
Meeting: TR 12:30 pm – 1:15 pm
Required Text: None – Material will be provided to students.

Teacher Assistant: Ms. Mary Powers - mrp17jf@sulross.edu
GPC 102

COURSE DESCRIPTION

A course that emphasizes the training in basic skills and techniques of a wide range of individual and team activities including but not limited to: tennis, golf, badminton, archery, speedball, softball, volleyball, basketball, soccer and other selected individual and team recreational activities

COURSE OBJECTIVES

The student at the conclusion of this course:

- A.** Demonstrates knowledge of techniques, skill progressions, conditioning programs, rules, safety practices, offensive and defensive strategies, and types and uses of equipment for individual, dual, and team sports and activities.
- B.** Analyzes the importance of rules, discipline, etiquette, teamwork, and appropriate participant and spectator behavior in individual, dual, and team sports and activities.
- C.** Analyzes key elements of successful performance in individual, dual, and team sports and activities and strategies for improving students' performance, teamwork, and skill combinations.
- D.** Applies knowledge of principles and techniques for selecting, adapting, and modifying sports activities to improve performance, promote the use of combinations of motor skills, and provide practice in specific sports skills in game like situations.

Marketable Skills – The following marketable skills are met in this course:

- **Collaboration** – students will interact with one another through a multitude of class discussion boards
- **Communication** –
- **Critical Thinking** – students will be asked to critically decipher a multitude of real-world scenarios
- **Career Management** – students will develop the skills necessary to thrive in a management roll in their chosen profession

STUDENT LEARNING OUTCOMES

The students will know how to:

- Understand the principles of motor learning & understand the practice for developing motor skills;
- Apply knowledge to biomechanical principles;
- Apply knowledge of individual and team sports and understand the principles of dance, personal performance activities, recreational activities and outdoor pursuits Movement Skills and Knowledge Domain.

Texas Education Agency Standards:

Physical Education EC-12 Standard I: The physical education teacher demonstrates competency in a variety of movement skills and helps students develop those skills.

Physical Education EC-12 Standard III: The physical education teacher uses knowledge of individual and group motivation and behavior to create and manage a safe, productive learning environment and promotes students' self-management, self-motivation and social skills through participation in physical activities.

Physical Education EC-12 -- Competency 004: The teacher understands and applies knowledge of individual, dual and team sports and activities.

ATTENDANCE

Attendance for class is mandatory. Every class day is a grade. You will receive 100% credit for being on time, 75% credit for being tardy. **One letter grade will be deducted for every absence after four (4). Students with zero (0) absences (not including athletic related absences) and with no missing assignments will be exempt from the final exam.**

Drop Policy – More than 6 absences could result in being dropped from this class

GRADING POLICIES/TESTING/ASSIGNMENTS/ATTENDANCE/EXPECTATIONS

Grade calculation	% of Grade	Grading Scale
Attendance	10% (100 points)	984.5 & Above A
Daily Participation - 10 points/day	27% (300 points)	874.5 – 984.4 B
Quizzes - 5 @ 60 points	27% (300 points)	764.5 – 874.4 C
SR Community Service Project	5% (50 points)	654.5 – 764.4 D
Activities - 5 total = 10 points each	5% (50 points)	654.4 & Below F
Midterm Project	13% (150 points)	Total Points = 1100
Final Exam	13% (150 points)	

Late Assignments WILL NOT Be Accepted. Also, No Credit Will Be Given For Any Late Assignments

Course Schedule

	<u>Tuesday/Thursday</u>	<u>Blackboard Assignment</u>
<u>Week 1</u>	Syllabus/Expectations & Are sports important?	
<u>Week 2</u>	Skill levels & Games (cooperative, competitive, and invasion games)	
<u>Week 3</u>	Combative Sports & Archery	Activity 1 January 28
<u>Week 4</u>	Rugby & Flag Football	Quiz 1: Rugby February 4
<u>Week 5</u>	Track and Field & Ropes Course	
<u>Week 6</u>	Water Sports & Snow Sports	
<u>Week 7</u>	Racquet Sports	Activity February 23 Quiz 2: Racquet sports February 25
<u>Week 8</u>	Cont. racquet sports & Table Tennis	Midterm Test – March 4
<u>Week 9</u>	Basketball & Volleyball	Activity 3 March 18
<u>Week 10</u>	Field hockey & Lacrosse	Quiz 3: Field Hockey March 25
<u>Week 11</u>	Softball & Baseball	
<u>Week 12</u>	Disc sports & Soccer	Quiz 4: Ultimate Frisbee April 8
<u>Week 13</u>	Gymnastics & Dance	Activity 4 April 15
<u>Week 14</u>	Handball & Speed-A-way ball	Quiz 5: Handball April 22
<u>Week 15</u>	Review/Dead Day	Activity 5 April 29
<u>Week 16</u>	Final Exam Week No Class	Final Exam May 5, 2021 10:15 am – 12:15 pm

ALL COURSE REQUIREMENTS DEADLINE

Due to the time requirement for grading purposes, all course requirements must be submitted/completed by the 'Course Requirements Deadline' at *April 28, 2021 @ 11:59pm* to be counted for credit towards the final letter grade in this course. There will be no exceptions to this policy. Late deductions will apply as per above policy.

Assignments

Daily Participation - 300 points

Attendance in class is mandatory (see attendance policy).

Quizzes - 300 points

These quizzes will take place at the beginning of the class after we learn about the sport. When you take your EC-12 Physical Education exam, you will not be able to use notes, so this quiz format will prepare you for your future test.

SR Community Service Project - 50 points

PE 2304 class will host a Table Tennis Tournament for SR students. Participation includes competing, referring, coordinating (brackets, check-ins, etc.). You will need to sign in and out with me the day of the tournament to receive full credit.

Activities - 50 points (5 @ 10 points each)

We will play at least 5 different games during the semester. Your participation and your understanding of the sport will give you these points.

Midterm Project - 150 points

Students will pick a sport and create a slideshow to highlight the motor skills needed, rules, techniques/strategies, and adaptations of the sport. A template will be available. Blackboard submission required. *Late submission will have a 5% deduction each day late.*

Final Exam - 150 points

Final Exam will model questions from the EC-12 Physical Education test. The value of taking a final exam is gaining familiarity with testing questions & strategies and ease test anxieties.

Distance Education Statement

Students enrolled in distance education courses have equal access to the university's academic support services, such as library resources, online databases, and instructional technology support. For more information about accessing these resources, visit the SRSU website. Students should correspond using Sul Ross email accounts and submit online assignments through Blackboard, which requires secure login information to verify students' identities and to protect students' information. The procedures for filing a student complaint are included in the student handbook. Students enrolled in distance education courses at Sul Ross are expected to adhere to all policies pertaining to academic honesty and appropriate student conduct, as described in the student handbook. Students in web-based courses must maintain appropriate equipment and software, according to the needs and requirements of the course, as outlined on the SRSU website.

Academic Honesty:

Each student is expected to do his or her own work. Suspected cheating will be given the rightful due process, but will be subjected to an "F" given for the assignment/exam. Plagiarized work will receive an "F" for that assignment. All written work is subject to inspection for plagiarism. The university's academic honesty policy is published in the graduate catalog.

Accidents & Injuries

In the case of bodily or personal property damage, the Kinesiology Department will not be held responsible. The student must report any field experience related injury or illness to the Instructor immediately. Any expense incurred due to injury or illness will be the student's responsibility.

Academic Integrity Statement

Academic integrity represents the choice to uphold ethical responsibility for one's learning within the academic community, regardless of audience or situation.

Academic Civility Statement

Students are expected to interact with professors and peers in a respectful manner that enhances the learning environment. Professors may require a student who deviates from this expectation to leave the face-to-face (or virtual) classroom learning environment for that particular class session (and potentially subsequent class sessions) for a specific amount of time. In addition, the professor might consider the university disciplinary process (for Academic Affairs/Student Life) for egregious or continued disruptive behavior.

Academic Affairs Service Statement

Sul Ross faculty, staff, and students are expected to model responsible citizenship through service activities that promote personal and academic growth while enhancing the university, local, regional, national, and global communities. These activities will foster a culture of academic/public engagement that contributes to the achievement of the university's mission and core values.

Academic Excellence Statement

Sul Ross holds high expectations for students to assume responsibility for their own individual learning. Students are also expected to achieve academic excellence by:

- Honoring the core values of Sul Ross.
- Upholding high standards of habit and behavior.
- Maintaining excellence through class attendance and punctuality.
- Preparing for active participation in all learning experiences.
- Putting forth their best individual effort.
- Continually improving as independent learners.
- Engaging in extracurricular opportunities that encourage personal and academic growth.
- Reflecting critically upon feedback and applying these lessons to meet future challenges.

ADA Statement

Sul Ross State University is committed to equal access in compliance with the Americans with Disabilities Act of 1973. It is the student's responsibility to initiate a request for accessibility services. Students seeking accessibility services must contact Mary Schwartze, M. Ed., L.P.C., in Counseling and Accessibility Services, Ferguson Hall, Room 112. The mailing address is P.O. Box C-122, Sul Ross State University, Alpine, Texas 79832. Telephone: 432-837-8691. E-mail: mschwartz@sulross.edu .