



SUL ROSS STATE UNIVERSITY

Department of Kinesiology and Human
Performance
Fall 2021



KES 2311 Recreation and Leisure Services
Monday and Wednesday 11:00 am – 12:15 pm
Graves-Pierce Complex – RM 108
Instructor: Antuan Washington

Office #: GPC 201 OFFICE HOURS:

Monday & Wednesday 9:00 am – 10:00 am, 3:00 pm – 4:00 pm.

Tuesday & Thursday 3:00 pm– 5:00 pm

AND BY APPOINTMENT

Telephone: 432-837-8792

Email: awashington@sulross.edu

Course Description: Introduction to recreation, includes brief historical backgrounds, professional opportunities, present status, past and present leaders. Role of leisure time in our social structure, professional responsibility, familiarization with current issues and trends, and professional literature.

Recommended Text: N?A

Student Learning Outcomes:

The teacher understands principles, techniques, skills and safety practices for dance, personal performance activities, cooperative and nontraditional games, recreational activities and outdoor pursuits.

Texas Education Agency Standards

Standard III

The physical education teacher uses knowledge of individual and group motivation and behavior to create and manage a safe, productive learning environment and promotes students' self management, self-motivation and social skills through participation in physical activities.

Student Learning Objectives: At the conclusion of the course a student will be able to:

- know issues and procedures (e.g., supervision; transitions; logistics related to the use of facilities, outdoor spaces, materials, staff, and technology) involved in engaging students in personal performance activities, fitness and outdoor activities, and nontraditional and cooperative games.
- know strategies, techniques, skills progressions, conditioning programs, and types and uses of equipment for recreational activities and outdoor pursuits (e.g., walking, jogging, aquatics, bowling, cycling, inline skating, orienteering, hiking).
- know the importance of rules, discipline, cooperation, etiquette, and safety practices in personal performance and other activities.
- understands the principles and procedures for selecting, adapting, and modifying activities and games based on student's characteristics, instructional goals, skill levels, range of individual variation, and exceptional needs.
- explore the rudiments of historical and current views of recreation, leisure, play and work.
- become aware of professional responsibilities and resources.
- understand the basic motivations for recreation participation of and provision for various consumer groups.
- examine the spectrum of the recreation resource and delivery systems in the public and private sectors.
- investigate the various aspects of the field including tourism and commercial recreation, natural resource management, visitor information services, programming, planning, research, and therapeutic recreation.

Style of Teaching: The objectives of this course will be met through an integrated teaching style that will include lecture, discussion, and presentations. Students will be encouraged to remain actively involved in class discussions and will be responsible for reading all assigned material for this class. This is a face-to-face and blackboard course. No assignments shall be accepted via email and **all** assignments shall be either turned in on blackboard or during class.

Grading:

1000 total points possible

- Attendance/Participation-400 points
- Tests (2 @ 100 points each)-200 points
- Final Exam-100 points
- Recreational Career Presentation-100 points
- Service Learning Projects-200 points

Letter Grade (as per SRSU policy) x1000points

Calendar:

1. Introduction to Recreation and leisure
2. Self-Presentation
3. History of Recreation
4. Philosophy and Leisure
5. Leisure and Recreation for Individuals in Society
6. Leisure Services Delivery Systems
7. Parks and Protected Areas in Canada and the United States
8. Public Recreation
9. Nonprofit Sector
10. Mid-Term Test 1
11. For-Profit Sector: Recreation, Event, and Tourism Enterprises
12. Therapeutic Recreation
13. Unique Groups
14. Leisure and Recreation Across the Life Span
15. Program Delivery System
16. Recreational Sport Management
17. Recreational Career Presentation
18. Health, Wellness, and Quality of Life
19. Outdoor and Adventure Recreation
20. Arts and Culture
21. The Nature of Recreation and Leisure as a Profession
22. International Perspectives on Recreation and Leisure
23. Test 2
24. Review for Final Exam

Date to be announced

Class attendance: Classroom attendance and participation is a requirement. In accordance with the University catalog, a student with excessive absences will be dropped from the course. Continued tardiness is undesirable and is also grounds for a student to be dropped from the course (three tardies will equal one absence). Nine absences will result in student being dropped. Absolutely no cell phones or other electronic entertainment devices in class at the risk of being removed from the classroom.

SRSU Disabilities Services:

The University is committed to equal access in compliance with the Americans with Disabilities Act of 1990 (ADA) and Section 504 of the Rehabilitation Act of 1973. The Disabilities Services Coordinator in Counseling and Student Support Services has the responsibility to ensure students with disabilities the opportunity for full participation in programs, services, and activities.

Students seeking disability services need to contact the Disabilities Services Coordinator located in the University Center, Room 211. The mailing address is Sul Ross State University, PO Box C-171, Alpine, TX 79832.

The telephone number is 432.837.8178; the fax number is 432.837.8724.